

**The results of the 15th National Inter-zonal Junior Athletic Championship:  
Bhopal, September 13-15,2003**

**Junior men (under-20):**

100m:	1. Vishal Saxena (UP) 10.87s	2. Arun Goel (Del) 10.91	3. Bhimsen Mardi (Jhar) 11.26.
200m:	1. Anmol Ratantete (Jhar) 22.01s	2. A. Arvind (TN) 22.04	<b>3. Syed Shoiab (Mah) 22.10</b>
400m:	1. Anmol Ratan Tete (Jhar) 48.34s	2. Parmod Kumar (Har) 48.63	<b>3. Sayed Shoaib (Mah) 49.94.</b>
800m:	1. Bachu Durlav (Ben) 1:58.86	<b>2. Shibu Tudu (Mah) 1:59.03</b>	3. Birendra Singh (Ori) 1:59.11
1,500m:	1. Jai Prakash (Utr) 4:07.9	2. Gopal Singh (Utr) 4:08.3	<b>3. Shibu Tuddu (Mah) 4:08.7.</b>
5000m:	1. Gopal Singh (Utr) 15:31.32	<b>2. Ashok Yadav (Mah) 15:36.12</b>	3. Pritam Bind (Utr) 15:42.17
10,000m:	1. Manoj Kumar (UP) 32:06.3	<b>2. Ashok Yadav (Mah) 32:39.4</b>	3. Brij Lal (UP) 32:46.0.
3000m steeplechas	1. Vikas Singh (UP) 9:45.38	2. P. Sunny Sharma (AP) 10:11.76	3. Chandra Shekar T. (Kar) 10:12.91.
110m hurdles:	1. K. Krishna Raju (AP) 15.05s	2. Jitendra Singh (UP) 15.33	3. A. Karuppa Samy (TN) 15.39
400m hurdles:	1. Akhilesh Singh (UP) 54.45s	2. M. Mohan Ram (TN) 54.73	3. Kawaljit Singh (Pun) 55.35.
High jump:	1. Rajesh Kumar (Har) 2.00m	2. Anil Kumar (UP) 1.97	3. Tamil Selvan (TN) 1.90.
Pole vault:	1. Naseemuddin (UP) 4.20m	2. Faujdar (Del) 4.05	3. P. Sivashumugam (TN) 3.90.
Long jump:	1. D. Arivazhan (TN) 7.14m	<b>2. Mukesh Kumar Singh (Mah) 6.99</b>	3. Manas Ranjan (Ori) 6.92
Triple jump:	<b>1. Praful Gaurav (Mah) 14.95m</b>	2. Avtar Singh (Pun) 14.58	3. Jaspal (Pun) 14.39.
Shot put:	1. Sandeep Kumar (Har) 15.99m	<b>2. Satyawan Shinde (Mah) 14.58</b>	3. Vikrant Jha (Jhar) 13.98.
Discus:	<b>1. Simranjeet Singh (Pun) 51.62m (NMI)</b>	2. Ch. Ankush Punia (UP) 50.13	3. Nitish Rathi (AP) 45.74.
Javelin:	1. Harminder Singh (Del) 59.38m	2. Parag Jyoti Baishya (Asm) 57.87	3. Imran Ahmed (UP) 55.10.
Hammer:	1. Ashish Kumar Singh (UP) 64.39m	2. H. Mishra (AP) 64.12	3. Ramesh Jha (Jhar) 51.81.
10,000m walk:	<b>1. Mahendra Gupta (Mah) 46:50.6</b>	<b>2. Neeraj Gaud (Mah) 47:12.6</b>	3. Bhupinder Singh (Har) 47:49.1.
Decathlon:	1. K. Shankar (TN) 6130 pts	2. Upender Singh (Raj) 5911	3. Vijay Pal (UP) 5424.
4x100m relay:	1. East Zone 43.86s	<b>2. West Zone 44.05</b>	3. South Zone 50.55.
Best athlete:	Simranjeet Singh (Pun) (Discus).		

**Boys (under-18):**

100m:	1. Rahamatullah Molana (Ben) 10.98s	2. Dushyant Kumar (UP) 11.09	3. Vinay Chaudhary (UP) 11.10.
200m:	1. Vipin Kumar (UP) 22.62s	2. R. Srikanth (AP) 22.73	3. Rahamatulla Mollana (Ben) 22.83
400m:	1. Siva Nagaraju (AP) 49.19s	2. Atul Barman (Ben) 50.07	3. Ganesh Ch. Mahata (Jhar) 50.56.
800m:	1. Sunaram Tiria (Ori) 1:57.77	2. Ajay Kumar Yadav (Utr) 1:58.06	3. K. Siva Nagaraju (AP) 1:58.43.
1,500m:	1. Sanjeev Kumar (Jhar) 4:03.7	2. Civil Sarjan Singh (Utr) 4:05.7	3. Sunaram Tiria (Ori) 4:08.1.
5000m:	1. Sanjeev Kumar (Jhar) 15:20.88	2. Mohammed Yunus (UP) 15:22.84	3. Rakesh Yadav (UP) 15:29.18
2000m steeplechas	1. Sunaram Tiria (Ori) 6:11.91	2. Shiv Poojan Bind (UP) 6:12.30	<b>3. Chandrakant Patil (Mah) 6:20.90.</b>
110m hurdles:	1. S. Baskar (TN) 14.97s	2. Mohammed Wasim (Jhar) 15.05	3. Daler Singh (Pun) 15.14
400m hurdles:	1. K. Shiva Nagaraju (AP) 54.60s	<b>2. Tejas Karkhanis (Mah) 57.28</b>	3. Vinay Kumar Singh (UP) 57.62.
High jump:	<b>1. Rajesh (Har) 2.04m NR (old 2.03)</b>	2. S. Karthik (TN) 1.92	3. Kamaljeet Singh (Jhar) 1.90.

Pole vault:	1. Virendra Singh (AAFI) 4.00m	2. Digvijay Singh (Har) 4.00	3. Anil Kumar Yadav (UP) 3.50.
Long jump:	1. A. Amlanthan (TN) 6.93m	2. Sikander Singh (Utr) 6.93	3. Sirajuddeen (TN) 6.76
Triple jump:	1. P. Vinoth Kumar (TN) 14.38m	2. Malkit Singh (Pun) 14.38	3. Manoj (Har) 14.35.
Shot put:	1. Saurabh Vij (Del) 16.21m	2. Sandeep (Har) 14.36	3. K. Sathiswaran (TN) 13.99.
Discus:	1. Puneet Vij (Del) 50.56m	2. Saurabh Vij (Del) 44.93	<b>3. Vilas Chouhan (Mah) 44.07</b>
Javelin:	1. Anuj Kumar (UP) 66.78m	2. Arun Kumar Patel (UP) 63.63	<b>3. Bhimrao Dabba (Mah) 55.19.</b>
Hammer:	<b>1. Shahnawaz Khan (UP) 63.64m (NR)</b>	2. Jai Nath Yadav (MP) 58.89	3. K. Sathiswaran (TN) 58.55.
10,000m walk:	1. Raj Kumar (Del) 49:49.3	2. Neeraj Sharma (Utr) 50:49.1	3. Hinga Ram (Cht) 52:57.2.
Octathlon:	1. Mohan G.K. (Kar) 4706 pts	2. Bhupender Singh (Raj) 4186	3. Satbir Kumar (Jhar) 3896.
4x100m relay:	1. North Zone 44.14s	2. East Zone 44.41	<b>3. West Zone 45.76.</b>
Best athlete:	Rajesh (Har) (High jump).		

### Boys (under-16):

100m:	1. Budhram Singh (Ori) 11.41s	2. Harveer Malik (UP) 11.44	3. Deepak Chaudhary (Del) 11.62.
400m:	1. Dinesh Kumar (Har) 51.13s	2. Lakhan Mardi (Jhar) 51.18	3. S. Goverdhanan (AP) 51.42.
800m:	1. Lakhan Mardi (Jhar) 2:00.50	<b>2. Chandrasha Madavi (Mah) 2:00.67</b>	3. Dandu Soren (Ori) 2:01.13.
2,000m:	1. Mukesh Kumar Patel (UP) 5:51.8	2. Amjad Mullick (Jhar) 5:52.0	<b>3. Mandhata Nishad (Mah) 5:52.7.</b>
100m hurdles:	1. Tanka Roy (Ben) 13.92s	2. Avinash Akudia (MP) 14.26	3. Rajbir Singh (Bih) 14.28
High jump:	<b>1. Laxman Chavda (Mah) 1.88m</b>	2. Dipankar Mondal (Ben) 1.85	3. Bhanu Pratap (Utr) 1.75.
Long jump:	1. Budhram Singh (Ori) 7.03m	2. Amrinder Singh (Pun) 6.95	3. Rakesh Kumar Singh (UP) 6.69
Shot put:	1. Ajay Kumar (UP) 15.03m	2. Inderjit Singh (MP) 14.85	3. Ashwani (Del) 14.23.
Discus:	1. Dinesh Kumar (Har) 44.83m	2. Gagan Deep (Har) 44.46	3. Nirmal Sher Singh (AAFI) 42.42
Javelin:	1. Javed (UP) 58.83m	2. Jai Bhagwan (Har) 52.65	3. Pradeep Kumar (Bih) 50.58.
Hammer:	1. Ubed ur-Rahman Khan (AP) 49.57m	2. A. Dorendro Singh (Man) 37.97.	
5,000m walk:	1. M. Dung Dung Meetal (Man) 25:21.68	2. Hardeep Singh (Pun) 25:24.66	3. Th. Nanda Kumar (Man) 25:46.50.
Pentathlon:	1. Veelajhaya (AP) 4035 pts	2. Baburao (Ori) 3743	3. L. Rajivgandhi (TN) 3623.
1000m medley relay:	1. Uttaranchal 2:04.71	<b>2. Maharashtra 2:05.80</b>	3. Jharkhand 2:06.69.
Best athlete:	Budhram Singh (Ori) (Long jump).		

### Boys under-14:

100m:	1. Harihar Kadam (AP) 11.78s	2. Bipankar Roy (Ben) 11.88	3. Kedar Banchor (Ori) 12.19.
Long jump:	1. Jogender Singh (Har) 6.12m	2. Bipankar Roy (Ben) 6.03	3. V. Sirajuddeen (TN) 5.81.
Triathlon:			
Group `A':	1. Bipankar Roy (Ben) 1760 pts	2. Ikbal Hussain (Tri) 1610	3. Jogender Singh (Har) 1596.
Group `B':	1. Kedar Banchor (Ori) 1609 pts	<b>2. Aman Singh (Mah) 1470</b>	3. Tapan Devnath (Tri) 1452.
Group `C':	1. Mithun Tripura (Tri) 2089	2. R. Mohakud (Ori) 2079	3. Ravi Kumar (MP) 1803.

### Junior women (under-20):

100m:	1. Shilpi Dhali (Ben) 12.05s
200m:	1. K. Aruna Kumari (AP) 24.97s
400m:	1. Shilpi Dhali (Ben) 57.05s
800m:	<b>1. Abha Rani (Mah) 2:12.66</b>
1,500m:	<b>1. Abha Rani (Mah) 4:45.56</b>
3000m:	1. S. Thabaton Devi (Man) 10:17.00
5000m:	1. Nasima Khatun (Ben) 18:47.2
100m hurdles:	1. Sasmita Sing Roy (Ben) 15.77s
400m hurdles:	<b>1. Mini Suvarna (Mah) 1:05.17</b>
High jump:	1. A. Amudha (TN) 1.68m
Pole vault:	<b>1. V.S. Surekha (TN) 3.40m (NR)</b>
Long jump:	1. A. Amudha (TN) 5.56m
Triple jump:	1. A. Amudha (TN) 11.99m
Shot put:	1. Shakshi Sharma (Chd) 12.15m
Discus:	1. Priyanka (Har) 36.34m
Javelin:	1. S. Saraswathi (TN) 43.92m
Hammer:	1. Gurinder Kaur (Pun) 39.79m
10,000m walk:	1. M. Manjula (TN) 57:01.88
Heptathlon:	1. Sushmita (Ben) 4252 pts
4x400m relay:	1. South Zone 4:01.31
Best athlete:	V.S. Surekha (TN) (Pole vault).

### Girls (under-18):

100m:	1. R. Rama Devi (AP) 12.44s
200m:	1. R. Rama Devi (AP) 25.63s
400m:	1. K. Rama Devi (AP) 57.22s
800m:	1. N. C. Mohanlal (TN) 2:23.11
1,500m:	1. Sudha Singh (UP) 4:53.10
3000m:	1. Sudha Singh (UP) 10:35.74
100m hurdles:	1. Pooja (Har) 15.19s
400m hurdles:	1. Anita Yadav (UP) 1:07.15
High jump:	1. D. Karpuramala (TN) 1.50m
Long jump:	1. P. Laxmi (TN) 5.72m
Triple jump:	1. K. Revathi (TN) 12.10m
Shot put:	1. Neha Singh (UP) 10.58m
Discus:	1. Indu Bala (Har) 40.34m

2. K. Aruna Kumari (AP) 12.27
2. Shilpi Dhali (Ben) 25.01
2. C. Bhuvneshwari (TN) 57.15
2. Sima Majumdar (Ben) 2:14.00
<b>2. Kavita Raut (Mah) 4:50.75</b>
<b>2. Kavita Raut (Mah) 10:25.88</b>
2. Shashi Saroj (UP) 18:49.1
2. Gitanjali Bora (Asm) 16.49
2. Pooja Jhakar (Del) 1:06.50
2. Mallika Mondal (Ben) 1.65
2. Suman (Har) 2.80.
2. Priyanka (UP) 5.36
2. Renu (Har) 11.46
<b>2. Ketaki Bakare (Mah) 12.04</b>
2. Nisha (Har) 34.65
2. Sanjo Devi (HP) 41.85
2. M. Malarvizhi (TN) 38.99
2. Seema Meshram (MP) 59:15.75
2. V. Leelayathi (TN) 3731
2. East Zone 4:05.43

2. Pankaja Kumari (Jhar) 12.81
2. Pankaja Kumari (Jhar) 26.04
2. Mandeep Kaur Jr. (Pun) 57.91
2. Monika Biswas (Ben) 2:24.41
2. R. Ashwini (Kar) 4:54.7
2. Raja Sree Patil (Kar) 10:38.78
2. Monalisa Bora (Asm) 15.36
<b>2. Michelle Pereira (Mah) 1:08.67</b>
<b>2. Poonam Vidwans (Mah) 1.45</b>
2. K. Revti (TN) 5.68
2. D. Karpuramala (TN) 11.40
<b>2. Supriya Jagdale (Mah) 10.38</b>
2. Babli (Har) 37.27

3. Ranjita Roy (Ben) 12.41.
3. Iyleen Samantha (AP) 25.10
3. Harini C. Sekar (Kar) 57.53.
3. Sushma (Del) 2:16.93
3. Sushama (Del) 4:53.68.
3. Shashi Saroj (UP) 10:28.26
3. Sushila Singh (UP) 20:22.4.
3. Renu (Har) 16.91
3. H. Amudha (TN) 1:07.06.
3. Sumitra Nayak (Ori) 1.57.
3. V. S. Surekha (TN) 5.14
3. Kalpana Das (Ben) 11.41.
3. S. Saraswathi (TN) 10.86.
3. M. Malarvizhi (TN) 33.40.
3. Kalyani Cheity (Asm) 38.25.
3. Sukanya Misra (UP) 35.85.
3. C. Sharda Devi (Man) 1:02:22.02.
<b>3. Sharda Patil (Mah) 3640.</b>
<b>3. West Zone 4:08.23.</b>

3. Rekha Haldar (Ben) 12.89.
3. Rekha Haldar (Ben) 26.39
<b>3. Sangita Gade (Mah) 1:03.66.</b>
3. Priyanka S. Patel (UP) 2:26.51.
3. V. Johnshi Rani (TN) 4:56.20.
3. L. Suriya (TN) 10:51.66
3. P. Laxmi (TN) 15.37
3. Santi Barman (Ben) 1:09.06.
<b>3. Akanksha Nirale (Mah) 1.45.</b>
3. Shalu Chaudhary (UP) 5.33
3. Poonam Gill (Har) 11.31.
3. Indu Bala (Har) 10.00.
3. Dipali Ghose (Ben) 32.66.

Javelin:	1. Aplesh (Har) 37.00m	2. Kanti S. Ekka (Ori) 36.06	3. Ranjeeta Xess (Ori) 34.00.
Hammer:	1. Shilpa Chauhan (UP) 39.47s	2. Th. Chooai Devi (Man) 39.43	3. L. Sanatobi Devi (Man) 31.49.
5,000m walk:	1. Rajwinderjit Kaur (Pun) 30:36.41	2. Subhasmita Ratha (Ori) 30:59.15	3. Sukhdeep Kaur (Pun) 31:50.66.
Heptathlon:	<b>1. Pradnya Patil (Mah) 4145 pts</b>	2. D. Karpuramala (TN) 3865	3. C. Dhyalini (TN) 3679.
Best athlete:	Indu Bala (Har) (Discus).		

#### Girls (under-16):

100m:	1. R. Srija Mole (TN) 12.92s	2. Argina Khatun (Ben) 13.17	3. Swati Parmanik (Ben) 13.34.
400m:	1. Shoba Rani (AP) 1:00.18	<b>2. Kavita Jagtap (Mah) 1:01.94</b>	3. Meena Mohanta (Ori) 1:03.19.
800m:	<b>1. Jhuma Khatun (Ben) 2:17.62 (NR)</b>	2. R. Mahalakshmi (Kar) 2:19.03	3. K. P. Sowmiya (Kar) 2:19.51.
2,000m:	<b>1. Jhuma Khatun (Ben) 6:43.75 (NMR)</b>	2. B. E. Indra (Kar) 6:45.71	3. Pushpa Rani (TN) 6:48.52.
100m hurdles:	1. Pavithra Swopna (TN) 15.72s	2. Sneha (Kar) 16.04	3. Sreyoshi Das (Ben) 16.37
High jump:	1. D. Divya Priya (TN) 1.60m	2. Antra Khatun (Ben) 1.60	<b>3. Teja Karkhanis (Mah) 1.55.</b>
Long jump:	1. Safina Khatun (Ben) 5.41m	2. R. Aruna (TN) 5.40	3. Rajni Hembram (Ori) 5.32.
Shot put:	<b>1. A. Anitcham (TN) 11.61m (NR)</b>	2. Steffi Cardozo (Goa) 9.78	3. Manpreet Kaur (Pun) 9.24
Discus:	1. A. Anicham (TN) 36.48m	2. Rinku (Har) 35.15	3. Priyanka Bhanot (Del) 33.64.
Javelin:	1. Neelam Sangwan (Har) 32.16m	2. Parmila Kangadi (Ori) 29.78	3. S.S. Vaishnavi (TN) 29.09.
3000m walk:	1. Manju (Har) 16:44.68	2. S. Varalakshmi (AP) 17:08.61	3. Th. Thoitoi Chanu (Man) 18:42.50.
Pentathlon:	1. Birangana Thakrey (Ben) 2449 pts	2. Safina (Ben) 2353	3. P. Divya Priya (TN) 2250.
1000m medley relay:	1. Karnataka 2:25.75	<b>2. Maharashtra 2:25.98.</b>	
Best athlete:	Jhuma Khatun (Ben) (800m, 2000m).		

#### Girls under-14:

100m:	1. Labina Khatun (Ben) 13.20s	<b>2. Shriya Vidwans (Mah) 13.30</b>	3. Jauna Murmu (Ori) 13.59.
Long jump:	1. Labina Khatun (Ben) 5.00m	2. Rina R. Toppo (Ori) 4.68	3. Jauna Murmu (Ori) 4.66.
Triathlon:			
Group `A':	1. Labina Khatun (Ben) 1276 pts	2. Sangeet Bohra (Utr) 1052	3. Devanshi Patil (AAFI) 1023.
Group `B':	1. Arti (Har) 1105 pts	2. Srabni Nanda (Ori) 1076	<b>3. Gauri Kulkarni (Mah) 986.</b>
Group `C':	1. Jauna Murmu (Ori) 1450 pts	2. Saba B.B. (Kar) 1341	3. Rina R. Toppo (Ori) 1336.
Team championship:	1. Tamil Nadu.	2. Uttar Pradesh.	