

NATIONAL SPRINTS MEET-2009						
Org By:- PUNJAB ATHLETICS ASSOCIATION						
Venue:- NS,NIS PATIALA {18th & 19th SEPTEMBER 2009}						
Event # 1 MENS 100m						
# N.R.::ANIL PRAKASH NEW DELHIHI 10.30 24.08.2005						
RESULTS OF FINALS						
1	MOHAMMED ABDUL NAJEEB QURESHI	26/02/88	ONGC	156	+0.0 M/S	10.56
2	B.G.NAGRAJ .	05/05/82	WESTERN RAILWAY	197		10.64
3	GANESH SATPUTE .	25/11/80	CENTRAL RAILWAY	104		10.73
4	RITESH ANAND .	04/04/86	CENTRAL RAILWAY	105		10.74
5	RAHAMATULLA MOLLA	30/03/87	WEST BENGAL	194		10.74
6	AJAY KUMAR NAYAK	08/03/85	SOUTH EASTERN RLY	175		10.79
7	AMIYA KUMAR MALLICK	14/04/92	ORISSA	157		10.80
8	ARUNJITH S. .	28/02/87	SOUTHERN RAILWAY	184		10.86
RESULTS HEAT-1						
1	MOHAMMED ABDUL NAJEEB QURESHI	26/02/88	ONGC	156	+0.0 M/S	10.81
2	AJAY KUMAR NAYAK	08/03/85	SOUTH EASTERN RLY	175		10.83
3	KADAR KHAN .	20/06/87	DELHI	116		11.21
4	MONAL .	03/08/89	GUJRAT	128		11.91
	SAMRESH MAITY .		SOUTH EASTERN RLY	179		DNF
	AMIT KHANNA .	05/08/73	DELHI	111		DNS
	ASHU BHATIA .		JHARKHAND	134		DNS
RESULTS HEAT-2						
1	RITESH ANAND .	04/04/86	CENTRAL RAILWAY	105	-0.3 M/S	10.80
2	GANESH SATPUTE .	25/11/80	CENTRAL RAILWAY	104		10.84
3	AMIYA KUMAR MALLICK	14/04/92	ORISSA	157		10.85
4	ARUNJITH S. .	28/02/87	SOUTHERN RAILWAY	184		11.03
5	VILAS NEELGUND .	25/05/83	SOUTHERN RAILWAY	189		11.06
6	SANDEEP PARMAR .		MAHARASTRA	150		11.37
7	RAHUL PANWAR .	15/04/89	UTTAR PRADESH	192		11.42
	T.KAMAT .		WESTERN RAILWAY	200		DNS
RESULTS HEAT-3						
1	B.G.NAGRAJ .	05/05/82	WESTERN RAILWAY	197	+0.4 M/S	10.90
2	RAHAMATULLA MOLLA	30/03/87	WEST BENGAL	194		10.97
3	A.ARVIND .	10/11/85	SOUTHERN RAILWAY	183		11.11
4	JASWINDER SINGH	02/10/88	PUNJAB	171		11.77
	RITESH DAS .		SOUTH EASTERN RLY	178		DNF
	RAMNARESH YADAV .		WESTERN RAILWAY	199		DNS
	VISHAL SAXENA .		BSNL	101		DNS
	JAMALUDDIEN J. .		WESTERN RAILWAY	198		DNS
Event # 2 MENS 200m						
# N.R.::ANIL PRAKASH BANGLORE 20.73 17.07.2000						
FINAL RESULTS						
1	MOHAMMED ABDUL NAJEEB QURESHI	26/02/88	ONGC	156		21.74
2	ARUNJITH S. .	28/02/87	SOUTHERN RAILWAY	184		21.86
3	AMIYA KUMAR MALLICK	14/04/92	ORISSA	157		21.90
4	NITIN .	20/09/87	DELHI	119		22.00

5	RITESH ANAND .	04/04/86	CENTRAL RAILWAY	105		22.30
6	KADAR KHAN .	20/06/87	DELHI	116		22.88
7	KULKARNI GAURAV .	02/08/88	MAHARASTRA	147		23.02
8	RAHUL PANWAR .	15/04/89	UTTAR PRADESH	192		23.61
9	MONAL .	03/08/89	GUJRAT	128		25.20
	B.G.NAGRAJ .	05/05/82	WESTERN RAILWAY	197		DNS
	MANOJ BALLYAL .	22/08/87	DELHI	118		DNS
	T.KAMAT .		WESTERN RAILWAY	200		DNS
	SAMRESH MAITY .		SOUTH EASTERN RLY	179		DNS
	VIKAS SINGH .	01/05/90	DELHI	126		DNS
	JAMALUDDIEN J. .		WESTERN RAILWAY	198		DNS
	AMRIK .	02/03/90	DELHI	112		DNS
RESULTS RACE-A						
1	MOHAMMED ABDUL NAJEEB QURESHI	26/02/88	ONGC	156	-0.3 M/S	21.74
2	ARUNJITH S. .	28/02/87	SOUTHERN RAILWAY	184		21.86
3	AMIYA KUMAR MALLICK	14/04/92	ORISSA	157		21.90
4	RITESH ANAND .	04/04/86	CENTRAL RAILWAY	105		22.30
5	RAHUL PANWAR .	15/04/89	UTTAR PRADESH	192		23.61
	B.G.NAGRAJ .	05/05/82	WESTERN RAILWAY	197		DNS
	MANOJ BALLYAL .	22/08/87	DELHI	118		DNS
	AMRIK .	02/03/90	DELHI	112		DNS
RESULTS RACE-B						
1	NITIN .	20/09/87	DELHI	119	-0.4 M/S	22.00
2	KADAR KHAN .	20/06/87	DELHI	116		22.88
3	KULKARNI GAURAV .	02/08/88	MAHARASTRA	147		23.02
4	MONAL .	03/08/89	GUJRAT	128		25.20
	T.KAMAT .		WESTERN RAILWAY	200		DNS
	SAMRESH MAITY .		SOUTH EASTERN RLY	179		DNS
	VIKAS SINGH .	01/05/90	DELHI	126		DNS
	JAMALUDDIEN J. .		WESTERN RAILWAY	198		DNS
Event # 3 MENS 400m						
# N.R.:K.M. BINU ATHENS 45.48 20.08.2004						
RESULTS OF FINALS						
1	S.K.MORTAZA .	30/01/81	WEST BENGAL	193		46.72
2	V.B.BINISH .	02/02/87	SOUTHERN RAILWAY	188		46.96
3	K.M.BINU .	20/12/80	CUSTOM	106		47.31
4	AVIN A.THOMAS .		SOUTHERN RAILWAY	185		47.90
5	AJAY KUMAR .	24/01/87	HARYANA	129		48.37
6	VIKAS .	01/07/87	POLICE	158		48.85
7	JITIN PAUL .	13/03/90	SOUTHERN RAILWAY	186		48.92
8	NITIN .	20/09/87	DELHI	119		49.04
RESULTS HEAT-1						
1	S.K.MORTAZA .	30/01/81	WEST BENGAL	193		47.32
2	AJAY KUMAR .	24/01/87	HARYANA	129		48.13
3	VIKAS .	01/07/87	POLICE	158		48.60
4	JITIN PAUL .	13/03/90	SOUTHERN RAILWAY	186		48.67
5	T.BALAMURUGAN .		SOUTHERN RAILWAY	187		49.43
6	AUGOSTIN T. J. .	13/04/86	MAHARASTRA	141		50.03

	AMRIK .	02/03/90		DELHI	112		DNS
RESULTS HEAT-2							
1	V.B.BINISH .	02/02/87		SOUTHERN RAILWAY	188		47.85
2	AVIN A.THOMAS .			SOUTHERN RAILWAY	185		48.46
3	JOSEPH A. ABRAHAM			SOUTHERN RAILWAY	190		48.82
4	SATNAM SINGH .			RCF	204		49.78
5	SHAMMI YADAV .	11/12/84		DELHI	122		51.76
6	MANOJ BALLYAL .	22/08/87		DELHI	118		52.33
	VIKAS SINGH .	01/05/90		DELHI	126		DNS
RESULTS HEAT-3							
1	K.M.BINU .	20/12/80		CUS	106		47.18
2	NITIN .	20/09/87		DELHI	119		48.82
3	GHAMANDA RAM .			ONGC	203		49.47
4	RAJESH .	14/12/86		DELHI	121		49.57
5	VIRENDER KUMAR PANKAJ	12/01/88		POLICE	159		50.62
6	VIKAS DABAS .	10/01/89		DELHI	125		52.86
7	D.SOUTHERN RAILWAYINIVAS RAO .			SOUTH EASTERN RLY	177		55.51
	AMREEK RANA .			WESTERN RAILWAY	196		DNS
Event # 4 MENS 4x100m Relay							
# N.R.::INDIAN TEAM BUSAN 39.36 13.10.2002							
1	HARYANA						44.27
130	DHARMBIR .	10/12/1990	131	MANISH .	07/09/1993		
205	KULDEEP .	_/_/_	132	RAVINDER .	12/08/1992		
2	PUNJAB						45.26
171	JASWINDER SINGH	02/10/1988	165	AGYA PAL SINGH .	04/04/1990		
169	VARINDR MOR .	_/_/_	166	AMANDEEP SINGH .	13/12/1991		
3	RAJASTHAN						46.27
220	AMANVIR SINGH .	_/_/_	212	AMIT KUMAR .	_/_/_		
210	KARANJIT SINGH .	_/_/_	211	RUPINDERJIT SINGH	_/_/_		
	AFI						DNF
	MAHARASTRAARASTRA						DNS
	DELHIHI						DNS
Event # 5 WOMENS 100m							
# N.R.::RACHITA MISTRY TRIVENDRAM 11.38 12.08.2000							
1	NIDHI K.SINGH .	05/06/84		CENTRAL RAILWAY	103	+0.0 M/S	12.31
2	ALKA RANI .	18/04/82		UTTAR PRADESH	191		12.79
3	RAJI C.T. .	01/08/88		KERALA	136		12.93
4	BABITA .			DELHI	107		13.52
5	JASPREET KAUR .	25/03/92		PUNJAB	160		14.04
	SAVE PRANITA .	01/09/92		MAHARASTRA	137		DNS
Event # 6 WOMENS 200m							
# N.R.::SARWASTI SAHA LUDHIANA 22.82 28.08.2002							
1	NAVPREET KAUR .			PUNJAB	201	+0.4 M/S	25.49
2	NIDHI K.SINGH .	05/06/84		CENTRAL RAILWAY	103		25.82
3	ALKA RANI .	18/04/82		UTTAR PRADESH	191		25.89
4	VIDWANS SHRIYA .	11/06/90		MAHARASTRA	138		26.32
5	HASMEET KAUR .	01/06/91		DELHI	108		26.41
6	SINDU K.D. .			KERALA	202		26.74

7	SIMARJEET KAUR .	12/07/90	PUNJAB	162		28.81
	SAVE PRANITA .	01/09/92	MAHARASTRA	137		DNS
Event # 7 WOMENS 400m						
# N.R.::M. KAUR CHENNAI 51.05 16.06.2004						
1	MANDEEP KAUR .		ONGC	207		53.92
2	MANJEET KAUR .		PUNJAB	206		54.63
3	SAWARSTI CHAND .		ORISSA	213		56.52
4	SUNITA .	12/12/75	DELHI	110		59.41
5	PRIYANSHU PANDEY		CENTRAL RAILWAY	215		1:03.44
	PRIYANKA PANWAR .		WESTERN RAILWAY	195		DNS
	SINI JOSE .		SOUTHERN RAILWAY	208		DNS
Event # 9 BOYS 20&UN 100m						
# N.R.::JAS PREET . NORTH 10.50 FEB.,2000						
RESULTS OF FINALS						
1	MANISH .	07/09/93	HARYANA	131	+0.0 M/S	11.04
2	YESU RAJ .	03/02/91	PUNJAB	170		11.07
3	NINAWA PRATIEK .	10/06/93	MAHARASTRA	149		11.29
4	ASHWANI .	07/08/92	DELHI	113		11.39
5	AGYA PAL SINGH .	04/04/90	PUNJAB	165		11.74
6	SHANNU .	07/09/91	DELHI	123		11.80
RESULTS HEAT-1						
1	YESU RAJ .	03/02/91	PUNJAB	170	+0.4 M/S	11.28
2	NINAWA PRATIEK .	10/06/93	MAHARASTRA	149		11.30
3	SHANNU .	07/09/91	DELHI	123		11.30
	VARINDR MOR .		PUNJAB	169		DNS
	RAVINDER .	12/08/92	HARYANA	132		DNS
	HEMANT KUMAR .	06/01/91	DELHI	115		DNS
RESULTS HEAT-2						
1	MANISH .	07/09/93	HARYANA	131	+0.5 M/S	11.26
2	ASHWANI .	07/08/92	DELHI	113		11.42
3	GURKARAN SINGH .	09/11/91	DELHI	114		11.54
4	AGYA PAL SINGH .	04/04/90	PUNJAB	165		12.02
	MULE RAHUL .	04/02/92	MAHARASTRA	148		DNS
	BHAGWANT SINGH .	11/11/92	PUNJAB	167		DNS
Event # 10 BOYS 20&UN 200m						
# N.R.::AJAY RAJ SINGH INDIA 21.19 JUNE,96						
1	MANISH .	07/09/93	HARYANA	131	+0.4 M/S	22.49
2	SIDDHANT THINGALAYA	01/03/91	MAHARASTRA	154		22.78
3	ASHWANI .	07/08/92	DELHI	113		22.93
4	GURKARAN SINGH .	09/11/91	DELHI	114		23.06
5	AMANDEEP SINGH .	13/12/91	PUNJAB	166		24.05
	DHARMBIR .	10/12/90	HARYANA	130		DNS
	MULE RAHUL .	04/02/92	MAHARASTRA	148		DNS
	MANOJ .	02/02/93	DELHI	117		DNS
Event # 11 BOYS 20&UN 400m						
#N.R.::V.KUMAR PANKAJ U.P. 46.99 26.11.06						
1	DHARMBIR .	10/12/90	HARYANA	130		48.79

2	ARUN SINGH .		UTTAR PRADESH	209		49.54
3	RAHUL SINGH .	10/12/91	DELHI	120		50.02
4	MANOJ .	02/02/93	DELHI	117		51.40
5	SHANSHAH .	03/05/92	PUNJAB	168		51.54
6	GURKARAN SINGH .	09/11/91	DELHI	114		52.65
7	SUMIT .	11/12/92	DELHI	124		52.98
8	SANDEEP .	13/05/94	HARYANA	133		54.06
Event # 13 GIRLS 20&UN 100m						
#N.R.::	S.DEY NEW DELHIHI NEW DELHIHI 11.75 JULY,96					
1	BHAGYASHREE SHIRKE	08/02/91	MAHARASTRA	140	+0.4 M/S	12.45
2	VIDWANS SHRIYA .	11/06/90	MAHARASTRA	138		12.53
3	SAVE PRANITA .	01/09/92	MAHARASTRA	137		12.66
4	HASMEET KAUR .	01/06/91	DELHI	108		12.70
5	HARMAN KAUR CHHINA	08/07/95	PUNJAB	164		13.71
6	SIMARTI .	19/11/91	PUNJAB	163		13.88
7	RAJINDER KAUR .		PUNJAB	161		14.14
	JASMEET KAUR .	14/02/92	DELHI	109		DNF