

48th OPEN NATIONAL ATHLETICS CHAMPIONSHIPS -2008
MAHARAJA's COLLEGE GROUND KOCHI-KERALA
8th TO 11th Sep 2008
FINAL RESULTS

Event # 1 MENS 100m Run

TIME:- 0900 Hrs

N.R.:ANIL KUMAR P. NEW DELHI 10.30

% M.R.:ANIL KUMAR P. SSCB 10.37

RESULTS OF FINALS Heat 1

1	B.G.NAGRAJ .	RAILWAYS	+0.3m/s	10.74
2	ABDUL NAJEEB QURESHI	ANDHRA PRADESH	+0.3m/s	10.84
3	GANESH SATPUTE .	RAILWAYS	+0.3m/s	10.85
4	RAHMATULLAH MOLLA	POLICE	+0.3m/s	10.86
5	SHAMEER MON .	SERVICES	+0.3m/s	10.94
6	AJAY NAYAK .	JHARKHAND	+0.3m/s	11.04
7	ARUNJIT .	RAILWAYS	+0.3m/s	11.06
8	HARGOVIND RAI .	BIHAR	+0.3m/s	11.08

RESULTS OF SEMIS Heat 1

1	ABDUL NAJEEB QURESHI	ANDHRA PRADESH	+0.8m/s	10.71
2	GANESH SATPUTE .	RAILWAYS	+0.8m/s	10.72
3	HARGOVIND RAI .	BIHAR	+0.8m/s	10.85
4	B.P.RAMCHANDER RAO	ANDHRA PRADESH	+0.8m/s	11.12
5	RAMNARESH YADAV .	GOA	+0.8m/s	11.33
6	M.ALAMEEN .	TAMILNADU	+0.8m/s	11.35
7	HARI OM SHARMA .	UTTAR PRADESH	+0.8m/s	11.53
	SATYAJIT NANDI .	ORDENANCE FACTORY BD		DNS

RESULTS OF SEMIS Heat 2

1	SHAMEER MON .	SERVICES	+1.2m/s	10.64
2	RAHMATULLAH MOLLA	POLICE	+1.2m/s	10.78
3	R.SEENIVASAN .	SERVICES	+1.2m/s	10.94
4	B.RAMU .	KARNATAKA	+1.2m/s	11.14
5	N.SELVAM .	TAMILNADU	+1.2m/s	11.17
6	ANAS C.G. .	KERALA	+1.2m/s	11.20
7	VINEETH V S .	KERALA	+1.2m/s	11.35
8	VENKAT RAMAN R .	MADHYA PRADESH	+1.2m/s	11.49

RESULTS OF SEMIS Heat 3

1	ARUNJIT .	RAILWAYS	+1.2m/s	10.85
---	-----------	----------	---------	-------

2	B.G.NAGRAJ .	RAILWAYS	+1.2m/s	10.86
3	AJAY NAYAK .	JHARKHAND	+1.2m/s	10.89
4	SANDEEP SARKARIA	ONGC	+1.2m/s	11.02
5	HARVIR MALLIK .	SERVICES	+1.2m/s	11.23
6	JAGDISH .	POLICE	+1.2m/s	11.29
7	K.RAVI KUMAR YADAV	ANDHRA PRADESH	+1.2m/s	11.40
8	PRAGNESH PATEL .	GUJRAT	+1.2m/s	11.47
RESULTS OF PRELIMS Heat 1				
1	B.P.RAMCHANDER RAO	ANDHRA PRADESH	+0.0m/s	11.23
2	N.SELVAM .	TAMILNADU	+0.0m/s	11.28
3	ANAS C.G. .	KERALA	+0.0m/s	11.30
4	AJAY GIRE .	JHARKHAND	+0.0m/s	11.48
5	PARMESHWARRAM BHAGAT	CHATTISGARH	+0.0m/s	12.04
	AMIT KHANNA .	DELHI		DNF
RESULTS OF PRELIMS Heat 2				
1	SANDEEP SARKARIA	ONGC	+0.1m/s	10.90
2	ARUNJIT .	RAILWAYS	+0.1m/s	10.93
3	HARVIR MALLIK .	SERVICES	+0.1m/s	11.19
4	VINEETH V S .	KERALA	+0.1m/s	11.22
5	RAKESH KUMAR .	UTTARAKHAND	+0.1m/s	11.70
6	VIKAS V.GHLOT .	GUJRAT	+0.1m/s	11.99
RESULTS OF PRELIMS Heat 3				
1	B.G.NAGRAJ .	RAILWAYS	+0.0m/s	10.82
2	AJAY NAYAK .	JHARKHAND	+0.0m/s	10.94
3	K.RAVI KUMAR YADAV	ANDHRA PRADESH	+0.0m/s	11.15
4	PRAGNESH PATEL .	GUJRAT	+0.0m/s	11.31
5	VENKAT RAMAN R .	MADHYA PRADESH	+0.0m/s	11.33
6	SUNIL KUMAR SINGH	ORDENANCE FACTORY BD	+0.0m/s	12.31
	VIJAY SINGH .	RAJASTHAN		DNS
RESULTS OF PRELIMS Heat 4				
1	ABDUL NAJEEB QURESHI	ANDHRA PRADESH	+0.1m/s	10.63
2	GANESH SATPUTE .	RAILWAYS	+0.1m/s	10.79
3	B.RAMU .	KARNATAKA	+0.1m/s	11.09
4	JAGDISH .	POLICE	+0.1m/s	11.28
5	HARI OM SHARMA .	UTTAR PRADESH	+0.1m/s	11.34
6	H.JAYACHANDRAN .	L.I.C.	+0.1m/s	11.98
	M.MANIKANDARAJ .	TAMILNADU	+0.1m/s	DNS

RESULTS OF PRELIMS Heat 5

1	R.SEENIVASAN .	SERVICES	+0.0m/s	11.15
2	M.ALAMEEN .	TAMILNADU		11.36
3	SATYAJIT NANDI .	ORDENANCE FACTORY BD	+0.0m/s	11.79
4	PAWAN KUMAR .	RAJASTHAN	+0.0m/s	12.10
	MANISH CHAUDHARY	UTTAR PRADESH		DNS
	KHAJAN SINGH .	HARYANA		DNS
	HARGOVIND RAI .	CHATTISGARH		DNS

RESULTS OF PRELIMS Heat 6

1	SHAMEER MON .	SERVICES	+0.0m/s	10.70
2	RAHMATULLAH MOLLA	POLICE	+0.0m/s	10.82
3	HARGOVIND RAI .	BIHAR	+0.0m/s	10.96
4	RAMNARESH YADAV .	GOA	+0.0m/s	11.11
5	DEBASHISH DAS .	WEST BENGAL	+0.0m/s	11.40
6	TARIT SINGHA RAY	ORDENANCE FACTORY BD	+0.0m/s	11.47
7	RAJA RAM .	DELHI	+0.0m/s	11.48

Event # 2 MENS 200m Run

TIME:- 0920 Hrs

N.R.:ANIL KUMAR P. BANGLORE 20.73

% M.R.:ARUNJITH S. RSPB 20.92

RESULTS OF FINALS Heat 1

1	VISHAL SAXENA .	RAILWAYS	+0.6m/s	21.45
2	ABDUL NAJEEB QURESHI	ANDHRA PRADESH	+0.6m/s	21.69
3	NITIN KUMAR .	SERVICES	+0.6m/s	21.79
4	AMIT KHANNA .	DELHI	+0.6m/s	22.08
5	KUNJU MUHAMMED P.	KERALA	+0.6m/s	22.20
6	SHAMEER MON .	SERVICES	+0.6m/s	22.21
7	VIKAS PUTHRAN .	KARNATAKA	+0.6m/s	22.41
8	SWAROOP RAJAN .	SERVICES	+0.6m/s	22.42

RESULTS OF SEMIS Heat 1

1	ABDUL NAJEEB QURESHI	ANDHRA PRADESH	+0.0m/s	21.72
2	NITIN KUMAR .	SERVICES	+0.0m/s	21.99
3	AMIT KHANNA .	DELHI	+0.0m/s	22.17
4	SANDEEP SARKARIA	ONGC	+0.0m/s	22.32
5	AMREEK RANA .	RAILWAYS	+0.0m/s	22.57
6	K.RAVI KUMAR YADAV	ANDHRA PRADESH	+1.4m/s	22.90
7	NEERAJ PANWAR .	UTTAR PRADESH	+1.4m/s	23.23

	AJAY KUMAR .	HARYANA		DNS
RESULTS OF SEMIS	Heat 2			
1	VISHAL SAXENA .	RAILWAYS	+1.4m/s	21.74
2	SHAMEER MON .	SERVICES	+1.4m/s	22.11
3	KUNJU MUHAMMED P.	KERALA	+1.4m/s	22.23
4	SWAROOP RAJAN .	SERVICES	+1.4m/s	22.25
5	VIKAS PUTHRAN .	KARNATAKA	+0.0m/s	22.29
6	KADIR KHAN .	DELHI	+1.4m/s	22.92
7	ARUNJIT .	RAILWAYS	+1.4m/s	23.33
	RAMNARESH YADAV .	GOA		DNS
RESULTS OF PRELIMS	Heat 1			
1	ARUNJIT .	RAILWAYS	+0.0m/s	22.08
2	AMIT KHANNA .	DELHI	-0.3m/s	22.10
3	VIKAS PUTHRAN .	KARNATAKA	+0.0m/s	22.60
4	VIVEK VARDHAN .	HIMACHAL PRADESH	-0.3m/s	24.75
5	AJAY SHARMA .	MADHYA PRADESH	+0.0m/s	25.10
	PARMESHWARRAM BHAGAT	CHATTISGARH		DNS
	RUPESH THAKUR .	POLICE		DNS
RESULTS OF PRELIMS	Heat 2			
1	NITIN KUMAR .	SERVICES	-0.3m/s	22.20
2	AMREEK RANA .	RAILWAYS	+0.0m/s	22.59
3	K.RAVI KUMAR YADAV	ANDHRA PRADESH	-0.3m/s	22.92
4	GURMEET SINGH .	PUNJAB	+0.1m/s	23.23
5	CHIRAG PANCHAL .	GUJRAT	+0.1m/s	23.59
6	TEJ PAL .	DELHI	+0.0m/s	26.66
	HARI OM SHARMA .	UTTAR PRADESH		DNS
RESULTS OF PRELIMS	Heat 3			
1	VISHAL SAXENA .	RAILWAYS	+0.0m/s	22.17
2	SWAROOP RAJAN .	SERVICES	+0.1m/s	22.19
3	KUNJU MUHAMMED P.	KERALA	+0.0m/s	22.42
4	NEERAJ PANWAR .	UTTAR PRADESH	+0.0m/s	22.95
5	DEBASHISH DAS .	WEST BENGAL	+0.0m/s	23.29
6	B.P.RAMCHANDER RAO	ANDHRA PRADESH	+0.0m/s	25.51
7	SURENDER SINGH .	MADHYA PRADESH	+0.1m/s	26.10
RESULTS OF PRELIMS	Heat 4			
1	ABDUL NAJEEB QURESHI	ANDHRA PRADESH	-0.3m/s	21.67
2	SHAMEER MON .	SERVICES		22.27

3	AJAY KUMAR .	HARYANA	-0.3m/s	22.29
4	SANDEEP SARKARIA	ONGC	+0.1m/s	22.32
5	KADIR KHAN .	DELHI	+0.0m/s	22.85
6	RAMNARESH YADAV .	GOA	+0.0m/s	22.88
7	AMISH POTHEN .	ORDENANCE FACTORY BD	+0.0m/s	23.45

Event # 3 MENS 400m Run

TIME:- 1000 Hrs

N.R.:K.M. BINU ATHENS 45.48

% M.R.:PARAMJIT SINGH POL 45.70

RESULTS OF FINALS Heat 1

1	BIBIN MATHEW .	RAILWAYS		46.81
2	VIRENDER KUMAR PANKAJ	POLICE		47.35
3	P.S.SRIJITH .	RAILWAYS		48.12
4	AJAY KUMAR .	HARYANA		48.19
5	SUNIL KUMAR .	RAILWAYS		48.29
6	R.K.GEORGE .	SERVICES		48.51
7	T.G.AJESH .	SERVICES		48.53
	PRAVEEN BALJEET SINGH	GUJRAT		DNS

RESULTS OF SEMIS Heat 1

1	BIBIN MATHEW .	RAILWAYS		47.12
2	PRAVEEN BALJEET SINGH	GUJRAT		47.98
3	R.K.GEORGE .	SERVICES		48.03
4	AJAY KUMAR .	HARYANA		48.79
5	JINU .	KARNATAKA		49.49
6	P.S.PRIMESH .	L.I.C.		50.20
7	ARUN KUMAR U.N. .	KERALA		50.22
	NEERAJ PANWAR .	UTTAR PRADESH		DNS

RESULTS OF SEMIS Heat 2

1	T.G.AJESH .	SERVICES		48.18
2	P.S.SRIJITH .	RAILWAYS		48.34
3	M.P.PARTHIBAN .	TAMILNADU		48.93
4	KUNJU MUHAMMED P.	KERALA		49.66
5	SHREEJAY KUMAR .	JHARKHAND		50.01
6	YADWINDER SINGH .	ANDHRA PRADESH		50.23
7	VIRENDER DHRAM PAL	GUJRAT		50.81
	P.H.ABDULLA .	CHATTISGARH		DNS

RESULTS OF SEMIS Heat 3

1	VIRENDER KUMAR PANKAJ	POLICE	48.06
2	SUNIL KUMAR .	RAILWAYS	48.34
3	MORTUZA .	SERVICES	49.04
4	R.VEERAMANI .	TAMILNADU	49.31
5	SANJAY MISHRA .	JHARKHAND	50.09
6	RAM JAN KHAN .	RAJASTHAN	50.44
7	M.V.S.PRASAD .	ANDHRA PRADESH	50.66
	MUHAMMED ANEES .	KERALA	DNF
RESULTS OF PRELIMS Heat 1			
1	AJAY KUMAR .	HARYANA	48.52
2	M.P.PARTHIBAN .	TAMILNADU	48.79
3	MUHAMMED ANEES .	KERALA	49.94
4	M.V.S.PRASAD .	ANDHRA PRADESH	50.13
5	ANIL KUJUR .	JHARKHAND	51.26
6	ROBIN P.J. .	CHATTISGARH	52.10
	PRADEEP KUMAR .	DELHI	DNS
	GURVENDRA PAL SINGH	RAJASTHAN	DNS
RESULTS OF PRELIMS Heat 2			
1	VIRENDER KUMAR PANKAJ	POLICE	48.34
2	P.S.SRIJITH .	RAILWAYS	48.55
3	MORTUZA .	SERVICES	48.90
4	PRAVEEN BALJEET SINGH	GUJRAT	49.61
5	KUNJU MUHAMMED P.	KERALA	50.86
6	DOLESH PATHAK .	MADHYA PRADESH	52.69
	VIRENDER KUMAR PANKAJ	UTTAR PRADESH	DNS
	BHUPENDER SINGH .	ONGC	DNS
RESULTS OF PRELIMS Heat 3			
1	T.G.AJESH .	SERVICES	48.44
2	JINU .	KARNATAKA	49.16
3	R.VEERAMANI .	TAMILNADU	49.62
4	SANJAY MISHRA .	JHARKHAND	50.00
5	P.S.PRIMESH .	L.I.C.	50.57
6	ATANU DAS .	ORDENANCE FACTORY BD	54.00
	S.PRAKASH VERMA	DELHI	DNS
	S.K.MURTAZA .	WEST BENGAL	DNS
RESULTS OF PRELIMS Heat 4			
1	SUNIL KUMAR .	RAILWAYS	49.03

2	YADWINDER SINGH .	ANDHRA PRADESH	49.66
3	RAM JAN KHAN .	RAJASTHAN	49.84
4	AJAY GOSH .	MADHYA PRADESH	51.20
5	KARAN DUTTA .	ONGC	51.99
6	MANOJ KUMAR .	HIMACHAL PRADESH	1:09.44
	SUMIT KUMAR .	BIHAR	DNF
	TIJENDER SINGH .	HARYANA	DNS

RESULTS OF PRELIMS Heat 5

1	BIBIN MATHEW .	RAILWAYS	48.53
2	VIRENDER DHRAM PAL	GUJRAT	50.22
3	NEERAJ PANWAR .	UTTAR PRADESH	51.24
4	L.RAJU .	ANDHRA PRADESH	51.44
5	RUPESH THAKUR .	POLICE	53.35
	ROBIN P.J .	DELHI	DNS
	PRADEEP KUMAR .	CHATTISGARH	DNS

RESULTS OF PRELIMS Heat 6

1	R.K.GEORGE .	SERVICES	48.57
2	SHREEJAY KUMAR .	JHARKHAND	50.07
3	P.H.ABDULLA .	CHATTISGARH	50.24
4	ARUN KUMAR U.N. .	KERALA	50.42
5	KEHAR SINGH .	GUJRAT	51.51
	SHER SINGH. .	HARYANA	DNF
	PHULENDER SINGH .	UTTARAKHAND	DNF

Event # 4 MENS 800m Run

TIME:- 1910 Hrs

N.R.:SRI RAM SINGH MONTRIAL 1:45.77

% M.R.:GHAMNADA RAM SSCB 1:46.67

RESULTS OF FINALS Heat 1

1	SAJEESH JOSEPH .	RAILWAYS	1:48.85
2	S.PRAKASH VERMA	DELHI	1:49.21
3	GHAMNADA RAM .	ONGC	1:50.34
4	SATNAM SINGH .	RAILWAYS	1:50.70
5	NARESH YADAV .	SERVICES	1:51.35
6	NIRVAIR SINGH .	POLICE	1:54.17
7	SANDEEP KUMAR .	SERVICES	1:54.48
8	GIRISH RAMACHANDRAN	KERALA	1:55.15

RESULTS OF PRELIMS Heat 1

1	SATNAM SINGH .	RAILWAYS	1:54.29
2	SANDEEP KUMAR .	SERVICES	1:54.49
3	GIRISH RAMACHANDRAN	KERALA	1:54.69
4	WISHAVJIT .	PUNJAB	1:54.92
5	S.BISNOI .	CHATTISGARH	1:56.15
6	ARVIND RANA .	CHATTISGARH	1:58.24
7	JAYANTO BHAGAT .	JHARKHAND	2:02.03
	AJIT KUMAR .	JHARKHAND	DNS

RESULTS OF PRELIMS Heat 2

1	S.PRAKASH VERMA	DELHI	1:54.19
2	NIRVAIR SINGH .	POLICE	1:54.23
3	NARESH YADAV .	SERVICES	1:54.24
4	P.KARUPANNAN .	TAMILNADU	1:55.77
5	KULDEEP KUMAR .	DELHI	1:57.67
6	ARUN KUMAR U.N. .	KERALA	1:58.82
7	ANIL SINGH .	UTTAR PRADESH	2:00.77
	RAJEEV R. .	RAILWAYS	DNS

RESULTS OF PRELIMS Heat 3

1	SAJEESH JOSEPH .	RAILWAYS	1:56.71
2	GHAMNADA RAM .	ONGC	1:56.73
3	JASKARAN .	HARYANA	1:57.01
4	VASHIST KUMAR RAI	UTTAR PRADESH	1:58.95
5	V.REDHU .	SERVICES	2:00.33
	RAMZAN KHAN .	POLICE	DNS
	SANJEEV T.M. .	POLICE	DNS

Event # 5 MENS 1500m Run

TIME:-

N.R.:BAHADUR PRASAD CHENNAI 3:38.00

% M.R.:C. HAMZA RSPB 3:39.90

1	SAJEESH JOSEPH .	RAILWAYS	3:49.95
2	RAVINDER .	RAILWAYS	3:51.00
3	NARESH YADAV .	SERVICES	3:51.75
4	C.HAMZA .	SERVICES	3:52.39
5	RAJAN K.K. .	SERVICES	3:54.05
6	ASHOK KUMBHARE .	RAILWAYS	3:55.61
7	PRINJAL GOGAI .	GUJRAT	3:55.67
8	JAGDEEP RANDIR SINGH	GUJRAT	3:56.14

9	SHEYMON JOSEPH .	KERALA	3:57.05
10	AJIT KUMAR .	JHARKHAND	3:57.79
11	RAVINDER ISWAR SINGH	GUJRAT	4:03.99
12	BHAGAT RAM .	HIMACHAL PRADESH	4:13.46
13	SURENDER KUMAR .	RAJASTHAN	4:21.01
	SANJEEV T.M. .	POLICE	DNS
	SHEO POOJAN BIND	UTTAR PRADESH	DNS
	PRITAM BIND .	ONGC	DNS
	VIJAY YADAV .	MADHYA PRADESH	DNS
	ASHOK KUMBHARE .	POLICE	DNS

Event # 6 MENS 5000m Run

TIME:- 1650 Hrs

N.R.:BAHADUR PRASAD BIRMINGHAM :13:29.70

% M.R.:BAHADUR PRASAD RSPB :13:54.72

Heat 1

1	SANDEEP. .	RAILWAYS	14:23.87
2	AJAY KUMAR .	POLICE	14:24.07
3	SANTOSH KUMAR .	RAILWAYS	14:24.54
4	MD YUNUS .	SERVICES	14:41.32
5	V.L.DANGI .	GUJRAT	14:43.93
6	OM PRAKASH .	SERVICES	15:11.84
7	ARVIND KUMAR YADAV	ONGC	15:17.04
8	AMAR SINGH .	SERVICES	15:49.33
	RAKESH KUMAR II	HIMACHAL PRADESH	DNF
	AMAN SOMANSINGH .	MAHARASTRA	DNF
	AMAN KUMAR .	HARYANA	DNF
	KASHINATH ASWAL .	RAILWAYS	DNS
	SURENDER SINGH .	SERVICES	DNS
	BRIJESH KUMAR .	UTTAR PRADESH	DNS

Event # 7 MENS 10000m Run

TIME:- 0630 Hrs

N.R.:SURENDER SINGH VIGO-SPAIN :28:02.89

% M.R.:SHIVNATH SINGH SSCB :28:58.28

1	SURENDER SINGH .	SERVICES	29:52.06
2	AJAY KUMAR .	POLICE	29:52.48
3	SANTOSH KUMAR .	RAILWAYS	29:55.68
4	B.C.TILAK .	SERVICES	30:36.38

5	MD YUNUS .	SERVICES	30:44.46
6	SHIVANAND H. .	RAILWAYS	30:54.30
7	ARVIND KUMAR YADAV	ONGC	30:55.85
8	PARAS KUMAR .	GUJRAT	31:02.66
9	NARESH KUMAR .	RAJASTHAN	32:27.40
10	BRIJESH KUMAR .	UTTAR PRADESH	32:51.83
	DHARMENDRA .	MADHYA PRADESH	DNF
	VIJAY NATH YADAV	MADHYA PRADESH	DNF
	SOJI MATHEW .	RAILWAYS	DNF
	RAM PRASAD CHAUDHARY	RAJASTHAN	DNS
	DEVENDER SINGH .	UTTAR PRADESH	DNS
	UMESH JOON .	GUJRAT	DNS
	B.MADHUSUDAN .	GUJRAT	DNS
	SHAINER SINGH .	UTTAR PRADESH	DNS

Event # 8 MENS 106.7cms 110m Hurdles

TIME:- 0900 Hrs

N.R.:NAUNIDH SINGH HYDRABAD 14.05

% M.R.:NAUNIDH SINGH RSPB 14.05

RESULTS OF FINALS Heat 1

1	K.KRISHAN MOHAN .	SERVICES	+0.6m/s	13.96 NNR
2	P.MUTHU SWAMI .	RAILWAYS	+0.6m/s	14.26
3	NAUNIDH SINGH .	POLICE	+0.6m/s	14.27
4	SANDEEP PARMAR .	MAHARASTRA	+0.6m/s	14.69
5	ROHIT HAWAL .	RAILWAYS	+0.6m/s	14.70
6	RAJESH MATHEW .	SERVICES	+0.6m/s	14.82
7	SACHIN KUMAR .	UTTAR PRADESH	+0.6m/s	15.10
8	SHANKAR .	SERVICES	+0.6m/s	15.15

RESULTS OF PRELIMS Heat 1

1	P.MUTHU SWAMI .	RAILWAYS	+0.0m/s	14.97
2	SHANKAR .	SERVICES	+0.0m/s	15.20
3	GURPREET SINGH .	POLICE	+0.0m/s	15.33
	MAHAVIR SINGH .	CHATTISGARH		DNS

RESULTS OF PRELIMS Heat 2

1	SANDEEP PARMAR .	MAHARASTRA	+0.0m/s	14.72
2	ROHIT HAWAL .	RAILWAYS	+0.0m/s	15.02
3	RAJESH MATHEW .	SERVICES	+0.0m/s	15.13
4	S.SATTI BABU .	ANDHRA PRADESH	+0.0m/s	15.21

5	ASHOK KUMAR .	UTTAR PRADESH	+0.0m/s	15.64
6	DHARAM PAL .	POLICE	+0.0m/s	16.44
RESULTS OF PRELIMS Heat 3				
1	K.KRISHAN MOHAN .	SERVICES	+0.0m/s	14.36
2	SACHIN KUMAR .	UTTAR PRADESH	+0.0m/s	14.97
3	NAUNIDH SINGH .	POLICE	+0.0m/s	15.02
4	KARAPPU SWAMI .	RAILWAYS	+0.0m/s	16.39
	MANJUNATH .	MADHYA PRADESH		DNS

Event # 9 MENS 91.4cms 400m Hurdles

TIME:- 0800 Hrs

N.R.:JOSEPH G.ABRAHAM OSAKA 49.51

% M.R.:SAHIB SINGH POL 50.43

RESULTS OF FINALS Heat 1

1	JOSEPH G. ABRAHAM	RAILWAYS		50.93
2	AVIN A.THOMAS .	RAILWAYS		51.25
3	SATINDER SINGH .	RAILWAYS		52.32
4	T.BALAMURUGAN .	TAMILNADU		53.41
5	SUNIL KUMAR TEJRAM	GUJRAT		53.83
6	K.T.TONY .	SERVICES		54.63
7	ASHISH DUBEY .	UTTAR PRADESH		55.03
8	ASHOK KUMAR .	UTTAR PRADESH		59.20

RESULTS OF PRELIMS Heat 1

1	SATINDER SINGH .	RAILWAYS		54.04
2	SUNIL KUMAR TEJRAM	GUJRAT		54.42
3	ASHISH DUBEY .	UTTAR PRADESH		56.00
4	B.M.PILLAI .	POLICE		56.70
5	S.M.MOHAMED RAFI	TAMILNADU		57.43
6	BHAGBIR SINGH .	SERVICES		57.58
7	C.B.SUMESH BABU .	PUNJAB		59.04
	NIRAJ CHAUDHARY .	UTTAR PRADESH		DNS

RESULTS OF PRELIMS Heat 2

1	AVIN A.THOMAS .	RAILWAYS		54.11
2	JOSEPH G. ABRAHAM	RAILWAYS		54.12
3	T.BALAMURUGAN .	TAMILNADU		54.46
4	K.T.TONY .	SERVICES		55.00
5	ASHOK KUMAR .	UTTAR PRADESH		55.86
6	VIKRAM SINGH .	SERVICES		55.98

BHAGI RAM YADAV .	POLICE	DNF
M.V.S.PRASAD .	ANDHRA PRADESH	DNS

Event # 10 MENS 3000m Steeplechase

TIME:- 2005 Hrs

N.R.:GOPAL SAINI TOKYA 8:30.88

% M.R.:GOPAL SAINI RSPB 8:40.05

Heat 1

1	OM PRAKASH .	SERVICES	8:53.04
2	AURN D'SOUZA .	RAILWAYS	8:53.36
3	ELAM SINGH .	SERVICES	8:56.68
4	SASHIN PATIL .	RAILWAYS	9:01.83
5	TEJBALI YADAV .	SERVICES	9:22.80
6	BHAGWAN DIWAKAR GIRI	RAILWAYS	9:29.77
7	RAVINDER KHADE .	GUJRAT	9:30.41
8	ANIL KUMAR .	JHARKHAND	9:31.65
9	AMIT DAWANDE .	GUJRAT	9:35.69
10	JAY PRAKASH .	JHARKHAND	9:51.14
11	SUDHIR KUMAR .	CHATTISGARH	9:56.44
12	SHEYMON JOSEPH .	KERALA	10:09.77
13	RANJITH K S .	KERALA	10:14.92
	RAJU RAM JANI .	POLICE	DNS
	MOHAN SINGH .	POLICE	DNS
	AMARDEEP SINGH .	GUJRAT	DNS
	SHEO POOJAN BIND	UTTAR PRADESH	DNS

Event # 11 MENS High Jump

TIME:-

N.R.:HARI SHANKAR RAI SINGAPUR 2.25

% M.R.:BENEDICT STARLEY RSPB 2.19

1	HARI SHANKER ROY	RAILWAYS	2.16m
2	BENEDICT STARLEY	RAILWAYS	2.16m
3	A.KARTHIKEYAN .	TAMILNADU	2.10m
4	PRINCE JOSE .	KERALA	2.10m
5	MANOJ T.THOMAS .	KERALA	2.05m
6	VINOD KUMAR .	RAILWAYS	2.05m
7	NIKHIL CHITTARASU	TAMILNADU	2.05m
8	PAWAN PRAKASH .	SERVICES	2.00m
8	M.LORANCE .	SERVICES	2.00m

10	ABHISHEK ROY .	WEST BENGAL	2.00m
11	K.R.ROSHAN .	L.I.C.	1.95m
12	RAJESH .	HARYANA	1.90m
13	VIKUL TYAGI .	POLICE	1.90m
	S.SREENATH .	SERVICES	NM
	SWAPNIL SWANT .	POLICE	DNS
	A.NIZAM .	CHATTISGARH	DNS
	D.SOMASEKHAR .	CHATTISGARH	DNS
	B.ELANGUMARAN .	TAMILNADU	DNS
	RANDHIR .	POLICE	DNS

Event # 12 MENS Long Jump

TIME:-

N.R.:AMRIT PAL SINGH DELHI 8.08

% M.R.:SANJAY KUMAR RAI RSPB 8.02

1	MAHA SINGH .	RAILWAYS	+0.0m/s	7.49m
2	SHAMSHER PRATAP SINGH	PUNJAB	+0.0m/s	7.39m
3	MD IBRAR .	SERVICES	+0.0m/s	7.35m
4	SANJAY KUMAR RAI	RAILWAYS	+0.0m/s	7.30m
5	HARI KRISHAN .	SERVICES	+0.0m/s	7.26m
6	RAJEEV KUMAR .	DELHI	+0.0m/s	7.24m
7	AJAY RAJ SINGH .	POLICE	+0.0m/s	7.12m
8	RAJPAL SINGH .	SERVICES	+0.4m/s	7.11m
9	P.BASKARAN .	TAMILNADU	+0.0m/s	7.02m
10	NIRAJ KUMAR .	GUJRAT	+0.0m/s	6.95m
11	ANGELO S.S. .	KERALA	+0.0m/s	6.94m
12	PUSHPENDER SINGH	POLICE	+0.0m/s	6.85m
13	M.SARAVANA KUMAR	TAMILNADU	+0.0m/s	6.61m
14	RAJESH BABU .	DELHI	+0.1m/s	6.60m
15	SUNIL KUMAR .	DELHI	+0.0m/s	6.60m
16	RAKESH KUMAR .	UTTARAKHAND	+0.0m/s	6.43m
17	SOBIN GEORGE .	KERALA	+0.0m/s	6.35m
18	NITUL BORA .	ONGC	+0.0m/s	5.55m
	SHIV SHANKER YADAV	RAILWAYS		DNS
	DEEPAK DHANOVA .	CHATTISGARH		DNS
	SAURABH SINGH .	UTTAR PRADESH		DNS
	KIRAN S.D. .	KARNATAKA		DNS

Event # 13 MENS Triple Jump

TIME:- 1800 Hrs

N.R.:RENJITH MAHESHWARI GUWAHATI 17.04

% M.R.:AMARJEET SINGH RSPB 16.53

1	RANJITH M .	RAILWAYS	+0.4m/s	15.91m
2	BIBU MATHEW .	SERVICES	+0.0m/s	15.86m
3	AMARJEET SINGH .	RAILWAYS	+0.0m/s	15.80m
4	MALKIT SINGH .	SERVICES	+0.0m/s	15.24m
5	ABHISHEK KUMAR RATHOUR	BIHAR	+0.8m/s	15.11m
6	SAILENDER KUMAR .	DELHI	+0.4m/s	14.93m
7	SAURABH SINGH .	UTTAR PRADESH	+0.0m/s	14.82m
8	SHYAM SUNDER .	POLICE	+0.4m/s	14.58m
9	SUKHJINDER SINGH	POLICE	+0.0m/s	14.57m
10	GAJENDER SINGH .	POLICE	+0.1m/s	14.56m
11	V.DEEPAN KUMAR .	TAMILNADU	+0.2m/s	14.39m
12	N.MOHANAN .	SERVICES	+0.7m/s	14.31m
13	VINOTH RAJ .	RAILWAYS	+0.3m/s	14.27m
14	JASPAL SINGH .	PUNJAB	+0.4m/s	14.04m
15	PRAMOD KUMAR .	GUJRAT	+0.0m/s	13.89m
16	RAJ KUMAR .	HARYANA	+0.2m/s	13.60m
17	SURENDRAN R. .	GUJRAT	+0.0m/s	13.20m
	KHET PAL .	RAJASTHAN		DNS

Event # 14 MENS Pole Vault

TIME:- 1700 Hrs

N.R.:VIJAY PAL SINGH TRIVANDRAM 5.10

% M.R.:V.V.GEESH KUMAR POL 5.05

1	BIMIN K.P. .	RAILWAYS		4.90m
2	GAJANAN UPADHYAYA	RAILWAYS		4.75m
3	NAVEEN KUMAR .	SERVICES		4.70m
4	AJIMON S. .	SERVICES		4.70m
5	SUNDER SINGH .	POLICE		4.60m
5	VIJAY VERGIESE .	RAILWAYS		4.60m
7	N.VADIVELU .	TAMILNADU		4.60m
8	DEVENDER SINGH .	HARYANA		4.50m
9	B.N.SINGH .	SERVICES		4.50m
10	BINEESH JACOB .	KERALA		4.40m
11	VINAY SINGH .	MADHYA PRADESH		4.30m
11	K.RAJESH .	TAMILNADU		4.30m

DHANEESH STEAPHAN	KERALA	NM
V.V.GEESH KUMAR .	POLICE	NM
MADAN PAL SINGH .	RAJASTHAN	DNS
FAUZDAR SINGH .	UTTAR PRADESH	DNS

Event # 15 MENS 7.26kg Shot Put

TIME:- 1900 Hrs

N.R.:SHAKTI SINGH CHENNAI 20.42

% M.R.:BAHADUR SINGH POL 19.59

1	OM PRAKASH .	HARYANA	17.70m
2	SAURABH VIJ .	ONGC	17.54m
3	AVINASH VASHIST .	GUJRAT	16.96m
4	JAIVEER SINGH .	SERVICES	16.86m
5	K.SANDEEP SINGH .	GUJRAT	16.80m
6	GURPREET SINGH .	PUNJAB	16.35m
7	BALJINDER SINGH .	CHATTISGARH	15.62m
8	SATHYANDAR SINGH	RAILWAYS	15.39m
9	DAVENDER SINGH .	SERVICES	15.16m
10	SUNIL MISHRA .	POLICE	15.03m
11	PAKINDAR SINGH .	ONGC	14.90m
12	NAVEEN KUMAR .	RAILWAYS	14.58m
13	KULWINDER SINGH .	SERVICES	14.34m
14	JAGBIR SINGH .	HARYANA	14.31m
15	KARAMJIT SINGH BHUPENDRA	GUJRAT	14.12m
16	SOM VEER .	DELHI	13.16m
	AMIT TYAGI .	L.I.C.	DNS
	MUKESH SINGH .	CHATTISGARH	DNS
	SHAKTI SINGH .	RAJASTHAN	DNS
	MD UJJAID .	UTTAR PRADESH	DNS
	SUKHDEV SINGH .	RAILWAYS	DNS

Event # 16 MENS 2.00kg Discus Throw

TIME:- 1730 Hrs

N.R.:VIKAS GOWDA SALINAS 64.96

% M.R.:ANIL KUMAR HAR 60.07

1	RAMBIR .	SERVICES	53.52m
2	SIMRANJIT SINGH .	POLICE	52.82m
3	VIPENDER SINGH .	SERVICES	51.53m
4	AMRIT PAL SINGH .	RAILWAYS	51.51m

5	SIMRANJEET SINGH	RAILWAYS	50.83m
6	DINESH .	HARYANA	50.11m
7	SUNIL KUMAR .	UTTAR PRADESH	49.77m
8	AMAR DEEP SINGH .	PUNJAB	49.52m
9	ANKUSH POONIA .	DELHI	47.77m
10	PRAMOD KUMAR .	SERVICES	47.42m
11	KARAN SINGH .	HARYANA	46.53m
12	RAHUL .	HARYANA	46.00m
13	VIRENDER SINGH .	GUJRAT	45.21m
14	SANDIP DAGAR .	GUJRAT	44.95m
15	JAGAT NARAYAN MISHRA	RAILWAYS	44.89m
16	GURPREET SINGH .	PUNJAB	43.97m
17	B.RAJESH KHANNA .	ANDHRA PRADESH	43.87m
18	AMIT TYAGI .	L.I.C.	42.94m
19	RAJESH .	MADHYA PRADESH	40.64m
20	SOURABH PRADHAN .	CHATTISGARH	32.77m
	K.K.SHARMA .	POLICE	DNS
	JAGAT NARAYAN MISHAR	UTTAR PRADESH	DNS
	SUNIL KUMAR .	KARNATAKA	DNS

Event # 17 MENS 7.26kg Hammer Throw

TIME:- 1500 Hrs

N.R.:RAKESH KUMAR YADAV BANGLORE 70.16

% M.R.:PRAMOD KUMAR TIWARI UP 70.05

1	JOINDER SINGH .	RAILWAYS	62.10m
2	PRAMOD KUMAR TIWARI	UTTAR PRADESH	61.94m
3	PARGAT SINGH .	RAILWAYS	60.55m
4	NIRBHAY SINGH .	SERVICES	59.91m
5	SHIV KUMAR .	UTTARAKHAND	58.92m
6	MADHU KUMAR .	RAILWAYS	57.39m
7	RAJESH .	DELHI	56.98m
8	MUKESH KUMAR .	SERVICES	56.73m
9	DEEPAK SHAH .	SERVICES	52.52m
10	KAUSHAL KUMAR SINGH	BIHAR	47.31m
11	SACHIN KUMAR .	UTTAR PRADESH	47.21m
12	RAMMEHAR SINGH .	HARYANA	17.22m
	CHARLS E. EDAPATTU	KERALA	NM
	ASHISH SINGH .	UTTAR PRADESH	DNS

ARVIND KUMAR .	RAJASTHAN	DNS
SUNIL KUMAR .	RAJASTHAN	DNS
SAHANAWAZ KHAN .	POLICE	DNS

Event # 18 MENS 800gms Javelin Throw
TIME:-

N.R.:SATBIR SINGH KOLKATA 79.68

% M.R.:HARMINDER SINGH POL 77.39

1	ANIL SINGH .	RAILWAYS	74.11m
2	KASINATH NAIK .	SERVICES	72.66m
3	PURANDAR .	KARNATAKA	71.78m
4	SANDEEP YADAV .	UTTAR PRADESH	70.56m
5	AMIT MAJUMDER .	BIHAR	69.81m
6	RAMANDEEP SINGH .	PUNJAB	67.45m
7	SATPAL .	HARYANA	66.17m
8	ANUJ .	DELHI	65.53m
9	HARMINDER SINGH .	PUNJAB	65.02m
10	OM NARAYAN .	RAILWAYS	64.41m
11	AJEET SINGH .	SERVICES	64.33m
12	S.GOSWAMI .	L.I.C.	63.06m
13	ANKIT .	HARYANA	61.83m
14	JAGMOHAN SINGH .	SERVICES	61.38m
15	ARUN KUMAR SINGH	CHATTISGARH	61.09m
16	RANJIT KUMAR MAURYA	POLICE	60.91m
17	BIKRAMJIT SINGH .	CHANDIGARH	60.90m
18	SAMARJEET SINGH .	RAJASTHAN	60.44m
19	DINESH KUMAR RA .	GUJRAT	60.14m
20	ARUN KUMAR PATEL	RAILWAYS	59.86m
21	HANUMAN SINGH .	DELHI	59.12m
22	DIGANTHA BARUA .	ONGC	59.02m
23	SHIV POOJAN SINGH	RAJASTHAN	58.86m
24	SANDEEP KUMAR .	GUJRAT	58.79m
	SANDEEP KUMAR Y.S.	MADHYA PRADESH	DNS
	JITENDER MISHRA .	CHATTISGARH	DNS
	HARVINDER SINGH .	PUNJAB	DNS
	DHARMENDER .	UTTAR PRADESH	DNS

Event # 19 MENS 4x100m Relay

TIME:-

N.R.:INDIAN TEAM IND 39.36

% M.R.:RAILWAYS TEAM RSPB 39.89

Heat 1

1	RAILWAYS A GANESH SATPUTE . VISHAL SAXENA .	RAILWAYS ARUNJIT . B.G.NAGRAJ .	40.75
2	SERVICES A K.KRISHAN MOHAN . ANU THOMAS .	SERVICES R.SEENIVASAN . SHAMEER MON .	41.27
3	ANDHRA PRADESH A K.RAVI KUMAR YADAV K.PAVAN KUMAR .	ANDHRA PRADESH B.P.RAMCHANDER RAO A QURESHI	41.52
4	TAMILNADU A N.SELVAM . M.ALAMEEN .	TAMILNADU HEMANTH KIRULKAR D.SURESH BABU .	41.98
5	KERALA A ANOOP P.K. . VINEETH V S .	KERALA ANAS C.G. . JALI P I .	42.19
6	JHARKHAND A AJAY GIRE . PRAKASH HANSDA . POLICE A AJAY RAJ SINGH . RAHMATULLAH MOLLA MADHYA PRADESH A	JHARKHAND SANJAY MISHRA . LAKHRAJ PRASAD . POLICE JAGDISH . B.M.PILLAI . MADHYA PRADESH	43.81 DNF DNS

Event # 20 MENS 4x400m Relay

TIME:- 1020 Hrs

N.R.:INDIAN TEAM IND 3:02.62

% M.R.:NATIONAL TEAM AFI 3:04.91

Heat 1

1	RAILWAYS A V.B.BINISH . SUNIL KUMAR .	RAILWAYS BIBIN MATHEW . P.S.SRIJITH .	3:11.00
2	SERVICES A R.K.GEORGE . T.G.AJESH .	SERVICES SARISH PAUL . MORTUZA .	3:11.20

3	TAMILNADU A R.VEERAMANI . M.P.PARTHIBAN .	TAMILNADU S.GNANASEKAR . T.BALAMURUGAN .	3:16.47
4	JHARKHAND A ANIL KUJUR . SHREEJAY KUMAR .	JHARKHAND G MAHTO LAKHAN MARDI .	3:21.08
1	MADHYA PRADESH A GUJRAT A KEHAR SINGH . VIRENDER DHRAM PAL	MADHYA PRADESH GUJRAT SUNIL KUMAR TEJRAM P SINGH	DNS 3:17.62
2	ANDHRA PRADESH A YADWINDER SINGH . L.RAJU .	ANDHRA PRADESH S.GOVERDHAN . M.V.S.PRASAD .	3:19.86
3	KERALA A ARUN KUMAR U.N. . SHEYMON JOSEPH .	KERALA KUNJU MUHAMMED P. G RAMACHANDRAN	3:20.61
	HARYANA A POLICE A	HARYANA POLICE	DNS DNS

Event # 21 MENS 20000m Walk

TIME:-0630 Hrs

N.R.:BABU BHAI JAMSHEDPUR 1:23:40.00

% M.R.:BABU BHAI SSCB 1:23:40.00

Heat 1

1	HARWINDER SINGH .	SERVICES	1:35:21.38
2	ASHOK KUMAR PATEL	RAILWAYS	1:35:32.20
3	JALAN P.S. .	SERVICES	1:36:11.46
4	SOMENDRO SINGH .	SERVICES	1:36:20.60
5	SATYA NARAYANAN .	CHATTISGARH	1:40:58.88
6	SHAILESH KUMAR .	JHARKHAND	1:44:49.82
7	GURMEET SINGH .	POLICE	1:46:24.15
8	O.SUSHIL KUMAR SINGH	RAILWAYS	1:47:01.73
9	MANOJ KUMAR .	MADHYA PRADESH	1:48:49.25
10	K.C.NAYAK .	CHATTISGARH	1:54:00.42
	SANJAY KUMAR .	MADHYA PRADESH	DNF
	PRAVEEN .	POLICE	DNF
	SUMIT KUMAR .	RAILWAYS	DNF

BIKRAMJIT SINGH .	POLICE	DNF
KULDEEP SINGH .	MADHYA PRADESH	DNF
PARDEEP .	HARYANA	DNS
MANJIT SINGH .	PUNJAB	DNS

Event # 22 WOMENS 100m Run

TIME:- 0930 Hrs

N.R.:RACHITA MISTRY TRIVENDRAM 11.38

% M.R.:SARASWATI SAHA RSPB 11.43

RESULTS OF FINALS Heat 1

1	H.M.JYOTHI .	ANDHRA PRADESH	+0.5m/s	11.90
2	PRIYA P.K. .	KERALA	+0.5m/s	12.24
3	N.SUDHA .	ANDHRA PRADESH	+0.5m/s	12.44
4	SHILPA C. .	KERALA	+0.5m/s	12.45
5	SHARDHA NARAYANAN	RAILWAYS	+0.5m/s	12.46
6	ARJINA KHATUN .	WEST BENGAL	+0.5m/s	12.54

RESULTS OF PRELIMS Heat 1

1	H.M.JYOTHI .	ANDHRA PRADESH	+0.5m/s	11.81
2	G.D.GOWRAMMA .	RAILWAYS	+0.5m/s	12.14
3	ASHIMA BAG .	WEST BENGAL	+0.5m/s	12.41
4	NAMITA SMAL .	UTTAR PRADESH	+0.5m/s	12.47
5	BEEVI RAJAN .	KERALA	+0.5m/s	12.51
6	P.LAKSHMI .	TAMILNADU	+0.5m/s	12.66
7	SUJATHA NAYAK .	KARNATAKA	+0.5m/s	13.22
8	SEEMA ABRAHAM .	POLICE	+0.5m/s	13.26

RESULTS OF PRELIMS Heat 2

1	SHARDHA NARAYANAN	RAILWAYS	+0.0m/s	12.15
2	ARJINA KHATUN .	WEST BENGAL	+0.0m/s	12.17
3	SHILPA C. .	KERALA	+0.0m/s	12.18
4	M.PRIYA DEVI .	MANIPUR	+0.0m/s	12.81
5	K.RAMASARVANI .	ANDHRA PRADESH	+0.0m/s	12.95
	MANDEEP KAUR .	PUNJAB		DNS
	KAVITA .	UTTAR PRADESH		DNS
	K.KASTURI .	POLICE		DNS

RESULTS OF PRELIMS Heat 3

1	PRIYA P.K. .	KERALA	+0.0m/s	12.10
2	N.SUDHA .	ANDHRA PRADESH	+0.0m/s	12.26
3	POONAM TOMAR .	RAILWAYS	+0.0m/s	12.26

4	R.SUBASHINI .	TAMILNADU	+0.0m/s	13.30
5	KIRTI SHARMA .	UTTAR PRADESH	+0.0m/s	13.68
6	ANITA BEHRA .	JHARKHAND	+0.0m/s	13.70
7	MANJU M.V. .	GUJRAT	+0.0m/s	13.71
8	JULIE DENIOEL .	POLICE	+0.0m/s	13.80

Event # 23 WOMENS 200m Run

TIME:- 0940 Hrs

N.R.:SARASWATI SAHA LUDHIANA 22.82

% M.R.:SARASWATI SAHA RSPB 22.83

RESULTS OF FINALS Heat 1

1	H.M.JYOTHI .	ANDHRA PRADESH	+1.6m/s	24.22
2	K.SOWJANYA .	ANDHRA PRADESH	+1.6m/s	24.29
3	K.MRUDULA .	ANDHRA PRADESH	+1.6m/s	24.88
4	ASHIMA BAG .	WEST BENGAL	+1.6m/s	25.09
5	G.D.GOWRAMMA .	RAILWAYS	+1.6m/s	25.11
6	BINDHU B. .	KERALA	+1.6m/s	25.12
7	PRIYANKA PANWAR .	RAILWAYS	+1.6m/s	25.14
8	RANJITHA ROY .	RAILWAYS	+1.6m/s	25.95

RESULTS OF PRELIMS Heat 1

1	K.SOWJANYA .	ANDHRA PRADESH	+0.0m/s	24.91
2	PRIYANKA PANWAR .	RAILWAYS	+0.0m/s	25.18
3	ASHIMA BAG .	WEST BENGAL	+0.0m/s	25.23
4	BINDHU B. .	KERALA	+0.0m/s	25.28
5	BEEVI RAJAN .	KERALA	+0.0m/s	25.57
6	R.ELAVARASI .	TAMILNADU	+0.0m/s	26.04
7	ANITA BEHRA .	JHARKHAND	+0.0m/s	28.30
	NAMITA SMAL .	UTTAR PRADESH		DNS

RESULTS OF PRELIMS Heat 2

1	H.M.JYOTHI .	ANDHRA PRADESH	+0.0m/s	24.83
2	K.MRUDULA .	ANDHRA PRADESH	+0.0m/s	25.21
3	RANJITHA ROY .	RAILWAYS	+0.0m/s	25.22
4	G.D.GOWRAMMA .	RAILWAYS	+0.0m/s	25.42
5	SHILPA C. .	KERALA	+0.0m/s	26.10
6	SUSHILA SIDDHI .	MAHARASTRA	+0.0m/s	26.93
7	R.SUBASHINI .	TAMILNADU	+0.0m/s	27.17
	ARJINA KHATUN .	WEST BENGAL		DNS

Event # 24 WOMENS 400m Run

TIME:- 1030 Hrs

N.R.:MANJEET KAUR CHENNAI 51.05

% M.R.:K.M. BEENAMOL RSPB 51.90

RESULTS OF FINALS Heat 1

1	S.GEETHA .	RAILWAYS	54.15
2	K.MRUDULA .	ANDHRA PRADESH	55.29
3	K.SOWJANYA .	ANDHRA PRADESH	55.44
4	JASEERA N K .	KERALA	55.58
5	IYLEEN SAMANTHA	RAILWAYS	56.02
6	SONA V.J. .	KERALA	56.16
7	SHALEEN JOSEPH .	RAILWAYS	56.57
8	R.ELAVARASI .	TAMILNADU	57.37

RESULTS OF PRELIMS Heat 1

1	S.GEETHA .	RAILWAYS	55.87
2	K.MRUDULA .	ANDHRA PRADESH	56.40
3	SONA V.J. .	KERALA	56.73
4	IYLEEN SAMANTHA	RAILWAYS	56.79
5	JINCY PHILIP .	TAMILNADU	1:01.20
6	RANJANA .	HIMACHAL PRADESH	1:25.58
	SARSWATI CHAND .	POLICE	DNF
	TINTU LUKA .	KERALA	DNF

RESULTS OF PRELIMS Heat 2

1	JASEERA N K .	KERALA	56.40
2	SHALEEN JOSEPH .	RAILWAYS	56.71
3	K.SOWJANYA .	ANDHRA PRADESH	57.04
4	R.ELAVARASI .	TAMILNADU	57.57
5	RUMA BISWAS .	WEST BENGAL	59.02
6	SAPINDER KAUR .	POLICE	1:00.78
7	SUJATA .	HIMACHAL PRADESH	1:16.75

Event # 25 WOMENS 800m Run

TIME:- 1850 Hrs

N.R.:SAIHNY WILSON CHENNAI 1:59.85

% M.R.:JYOTIMOYEE SIKDAR WB 2:01.74

RESULTS OF FINALS Heat 1

1	SINIMOLE PAULOSE	ONGC	2:03.63
2	SUSHMA DEVI .	RAILWAYS	2:04.66
3	TINTU LUKA .	KERALA	2:04.94

4	JHUMA KHATUN .	RAILWAYS	2:09.62
5	SAVITA DHANKHAR .	HARYANA	2:10.64
6	SANGEETA YADAV .	UTTAR PRADESH	2:13.42
7	AMBIKA SREEDHARAN N.C.MOHANAL .	KERALA TAMILNADU	2:15.10 DNS

RESULTS OF PRELIMS Heat 1

1	SINIMOLE PAULOSE	ONGC	2:13.13
2	TINTU LUKA .	KERALA	2:13.42
3	SAVITA DHANKHAR .	HARYANA	2:13.52
4	JHUMA KHATUN .	RAILWAYS	2:14.37
5	TEJINDAR KAUR .	GUJRAT	2:26.50
	DIPTI CHUTIA .	POLICE	DNS
	ANUPAMA SRIVASTAVA	UTTAR PRADESH	DNS

RESULTS OF PRELIMS Heat 2

1	SUSHMA DEVI .	RAILWAYS	2:17.87
2	AMBIKA SREEDHARAN	KERALA	2:18.14
3	SANGEETA YADAV .	UTTAR PRADESH	2:18.39
4	N.C.MOHANAL .	TAMILNADU	2:19.25
5	SUNITA .	RAILWAYS	2:20.32
6	RINA PARVIN .	WEST BENGAL	2:23.71
	WAHIDA RAHMAN .	DELHI	DNS
	LINCY K.P .	POLICE	DNS

Event # 26 WOMENS 1500m Run

TIME:-

N.R.:SUNITA RANI BUSAN 4:06.03

% M.R.:O.P. JAISHA RSPB 4:11.83

Heat 1

1	SINIMOLE PAULOSE	ONGC	4:19.77
2	JHUMA KHATUN .	RAILWAYS	4:21.27
3	BINDHU S R .	KERALA	4:21.95
4	SAVITA DHANKHAR .	HARYANA	4:26.78
5	SANGEETA YADAV .	UTTAR PRADESH	4:28.64
6	PRIYANKA PATEL .	RAILWAYS	4:29.26
7	S.THOBATON CHANU	POLICE	4:55.69
8	BHATERI .	RAJASTHAN	5:04.20
9	SINI P.J. .	GUJRAT	5:11.32
	SHALU CHAUDHARY .	UTTAR PRADESH	DNS

SANGEETA YADAV .	UTTARAKHAND	DNS
N.C.MOHANAL .	TAMILNADU	DNS
DIPTI CHUTIA .	POLICE	DNS
RESHMA DALVI .	MAHARASTRA	DNS
O.P.JAISHA .	RAILWAYS	DNS

Event # 27 WOMENS 5000m Run

TIME:- 1710 Hrs

N.R.:SUNITA RANI BUSAN :15:18.77

% M.R.:PREEJA SREEDHARAN RSPB :15:45.96

Heat 1

1	PREEJA SREEDHARAN	RAILWAYS	16:28.98
2	KAVITA RAUT .	ONGC	17:05.44
3	RAJSHREE PATIL .	RAILWAYS	18:01.59
4	S.THOBATON CHANU	POLICE	18:28.03
5	V.PRABHAVATHI .	ANDHRA PRADESH	18:52.83
6	VIJAYMALA PATIL .	POLICE	18:59.55
7	REMESWARI M.V. .	KERALA	19:51.48
8	M.SUDHA .	TAMILNADU	20:04.71
9	MANJU MATHEW .	KERALA	20:42.41
10	NAMSHEELA T.T. .	GUJRAT	21:41.14
	H.JIBOLATA DEVI .	POLICE	DNF
	ANITA. .	DELHI	DNS
	BHATERI .	RAJASTHAN	DNS

Event # 28 WOMENS 10000m Run

TIME:- 0715 Hrs

N.R.:PREEJA SRIDHARAN WATFORD-LONDAN :32:04.41

% M.R.:PREEJA SREEDHARAN RSPB :33:25.00

1	PREEJA SREEDHARAN	RAILWAYS	34:13.40
2	KAVITA RAUT .	ONGC	36:15.30
3	PREETHI L.RAO .	RAILWAYS	36:18.70
4	M.SUDHA .	TAMILNADU	39:57.80
5	SREENA P. .	KERALA	41:12.10
6	V.PRABHAVATHI .	ANDHRA PRADESH	41:41.30
7	ANITA. .	DELHI	41:59.90
8	SUMA P. .	GUJRAT	44:11.90
	KAVITA RAUT .	RAILWAYS	DNS
	SUNITA PAL .	UTTAR PRADESH	DNS

SUSHILLA SINGH . UTTAR PRADESH DNS

Event # 29 WOMENS 84.0cm 100m Hurdles
TIME:- 0835 Hrs
N.R.:ANURADHA BISWAL NEW DELHI 13.38
% M.R.:ANURADHAL BISWAL ORI 13.38

RESULTS OF FINALS Heat 1

1	ANURADHA BISWAL .	ORRISA	-0.4m/s	14.08
2	J.J.SHOBHA .	RAILWAYS	-0.4m/s	14.25
3	SHREEMA PRIYADHARSHINI	RAILWAYS	-0.4m/s	14.29
4	POONAM BOJANNA .	JHARKHAND	-0.4m/s	14.44
5	SHANKARI .	RAILWAYS	-0.4m/s	14.82
6	ANCHU M.M. .	KERALA	-0.4m/s	14.90
7	DARSANA M.S. .	KERALA	-0.4m/s	14.97
8	MANJU P.M. .	KERALA	-0.4m/s	15.59

RESULTS OF PRELIMS Heat 1

1	ANURADHA BISWAL .	ORRISA	+0.8m/s	14.24
2	SHREEMA PRIYADHARSHINI	RAILWAYS	+0.8m/s	14.33
3	SHANKARI .	RAILWAYS	+0.8m/s	14.76
4	MANJU P.M. .	KERALA	+0.8m/s	15.25
5	KANCHAN OJHA .	JHARKHAND	+0.8m/s	15.34
	ROKIA KHATUN .	POLICE		DNS

RESULTS OF PRELIMS Heat 2

1	J.J.SHOBHA .	RAILWAYS	-0.5m/s	14.26
2	POONAM BOJANNA .	JHARKHAND	-0.5m/s	14.71
3	DARSANA M.S. .	KERALA	-0.5m/s	15.01
4	ANCHU M.M. .	KERALA	-0.5m/s	15.30
5	SHARANIYA .	GUJRAT	-0.5m/s	15.33
6	SERIN V. AUGUSTINE	POLICE	-0.5m/s	17.94

Event # 30 WOMENS 76.2cm 400m Hurdles
TIME:- 0830 Hrs
N.R.:P.T. USHA LOS ANGELES 55.42
% M.R.:P.T. USHA RSPB 56.80

RESULTS OF FINALS Heat 1

1	HARPREET KAUR .	RAILWAYS		1:00.85
2	SONIYA K.A. .	KERALA		1:01.31
3	SHIJI JOHN C. .	RAILWAYS		1:01.46
4	PRADEEPA .	TAMILNADU		1:01.48

5	PAMMI .	BIHAR	1:02.12
6	SIBITHA P. SEBASTIAN	KERALA	1:02.21
7	SAPINDER KAUR .	POLICE	1:02.63
8	S.S.ANUSHA .	ANDHRA PRADESH	1:05.60

RESULTS OF PRELIMS Heat 1

1	HARPREET KAUR .	RAILWAYS	1:01.98
2	SIBITHA P. SEBASTIAN	KERALA	1:03.12
3	RUMA BISWAS .	WEST BENGAL	1:03.90
4	R.RAMYA .	TAMILNADU	1:05.38
	M.K.SANGEETA .	POLICE	DNS

RESULTS OF PRELIMS Heat 2

1	PRADEEPA .	TAMILNADU	1:03.59
2	S.S.ANUSHA .	ANDHRA PRADESH	1:05.78
3	POOJA JAKHAR .	RAILWAYS	1:06.57
4	GEETHA ROBY .	KERALA	1:07.09
5	PURNIMA K. .	GUJRAT	1:13.68
	A.PAPATHI .	POLICE	DNS

RESULTS OF PRELIMS Heat 3

1	SONIYA K.A. .	KERALA	1:02.60
2	PAMMI .	BIHAR	1:02.67
3	SHIJI JOHN C. .	RAILWAYS	1:02.97
4	SAPINDER KAUR .	POLICE	1:03.66
5	PRIYANSHU PANDEY	UTTAR PRADESH	1:05.26
	GITANJALI JENA .	JHARKHAND	DNF

Event # 31 WOMENS 3000m Steeplechase

TIME:- 1945 Hrs

N.R.:SUDHA SINGH JAMSHEDPUR :10:18.76

% M.R.:SUDHA SINGH RSPB :10:18.76

1	SUDHA SINGH .	RAILWAYS	10:24.08
2	KIRAN TIWARI .	RAILWAYS	10:32.21
3	KAMLESH BAGHEL .	RAILWAYS	11:21.76
4	SANTI BARMAN .	WEST BENGAL	12:27.05
5	GURUBARI BEHRA .	JHARKHAND	13:17.23
	WAHIDA RAHMAN .	DELHI	DNS
	GEETA RNI .	DELHI	DNS

Event # 32 WOMENS High Jump

TIME:- 1730 Hrs

N.R.:BOBBY ALOYSIUS CHENNAI 1.91

% M.R.:SAHANA KUMARI RSPB 1.82

1	MALLIKA MONDAL .	RAILWAYS	1.74m
2	TESSIMOL JOSEPH .	RAILWAYS	1.74m
3	KAVYA MUTHANNA .	KARNATAKA	1.71m
4	CHANADANA .	KARNATAKA	1.65m
4	MARIYAN C. THRIYAN	POLICE	1.65m
6	CHITRA S. .	GUJRAT	1.65m
7	SANTI BARMAN .	WEST BENGAL	1.65m
8	P.DIVYA PRIYA .	TAMILNADU	1.65m
9	SIJI N.K. .	KERALA	1.60m
9	TINTU VARGHESE .	KERALA	1.60m
10	DEEPIKA GOYAL .	GOA	1.55m
	TEJA KARKHANIS .	MAHARASTRA	NM
	ANIL JHAJARIA .	POLICE	NM
	SAHANA KUMARI .	RAILWAYS	DNS
	MOHANA PRIYA .	TAMILNADU	DNS
	KULVINDER KAUR .	POLICE	DNS
	MARIYAM C. THERIYAN	DELHI	DNS

Event # 33 WOMENS Long Jump

TIME:- 1530 Hrs

N.R.:ANJU BOBBY GEORGE ATHENS 6.83

% M.R.:ANJU BOBBY GEORGE TN 6.74

1	MAYOOKHA JOHNY .	KERALA	+1.4m/s	6.44m
2	PRAJUSHA M.A. .	RAILWAYS	+0.8m/s	6.24m
3	RESHMI BOSE .	RAILWAYS	+2.4m/s	6.16m
4	G.G.PRAMILA .	RAILWAYS	+0.7m/s	5.99m
5	M.PRIYA DEVI .	MANIPUR	+0.9m/s	5.86m
6	P.LAKSHMI .	TAMILNADU	+1.4m/s	5.82m
7	SUSAN K JOY .	KERALA	+1.0m/s	5.58m
8	SHILPA SUNDAR .	KARNATAKA	+1.6m/s	5.55m
9	SHALU CHAUDHARY .	DELHI	+1.3m/s	5.47m
10	NABONEETA GHOSH .	POLICE	+1.0m/s	5.46m
11	SARABJEET KAUR .	POLICE	+1.3m/s	4.91m
	BINDU METHEW .	POLICE		DNS
	MINAKSHI DEVI .	UTTAR PRADESH		DNS

Event # 34 WOMENS Triple Jump

TIME:-

N.R.:ANJU BOBBYGEORGE HYDERABAD 13.67

% M.R.:MANISHA DEY RSPB 13.35

1	MAYOOKHA JOHNY .	KERALA	+0.0m/s	13.54m NMR
2	ANISHA K. VIJAYAN	POLICE	+0.6m/s	13.22m
3	KULVINDER KAUR .	POLICE	-0.3m/s	12.92m
4	TESSIMOL JOSEPH .	RAILWAYS	+0.0m/s	12.74m
5	SALAMMA ANTONY .	RAILWAYS	+0.0m/s	12.35m
6	G.NANDHINI .	TAMILNADU	-0.4m/s	12.34m
7	TINCY PHILIP .	RAILWAYS	+0.0m/s	12.17m
8	ALKACHIKILI A.P .	KERALA	+0.0m/s	11.96m
9	APARNA S .	KERALA	+0.0m/s	11.69m
	RAKHI TOMAR .	UTTAR PRADESH		DNS

Event # 35 WOMENS Pole Vault

TIME:- 1730 Hrs

N.R.:V.S. SUREKHA PATIALA 4.08

% M.R.:V.S. SUREKHA RSPB 3.85

1	V.S.SUREKHA. .	RAILWAYS		3.50m
2	N.MADHUSINI DEVI	RAILWAYS		3.40m
3	SITHARA T. ELLATH	KERALA		3.30m
4	JISHA R. .	KERALA		3.00m
4	TAPSI NANDI .	RAILWAYS		3.00m
6	REMYA R. .	KERALA		2.90m

Event # 36 WOMENS 4.00kg Shot Put

TIME:- 1520 Hrs

M.R.:HARBANS KAUR LIC 17.84

% N.R.:HARBANS KAUR MUMBAI 17.43

1	SAROJ SIHAG .	POLICE		14.62m
2	NEELAM .	HARYANA		13.74m
3	PATWANT KAUR .	RAILWAYS		13.56m
4	SUSHMA .	DELHI		13.49m
5	N.LATHA .	RAILWAYS		13.37m
6	STEFFI CARDOZO .	GOA		13.32m
7	SEEMA ANTIL .	POLICE		13.20m
8	GARISHMA .	MADHYA PRADESH		12.83m
9	RAJASREE R.L. .	KERALA		12.31m
10	MANPREET KAUR .	RAILWAYS		12.24m

11	SARANYA J. .	KERALA	11.69m
12	ANJU PRASAD .	KERALA	10.93m
	SMRITI KANAMANA .	POLICE	DNS
	RUBI SINGH .	UTTAR PRADESH	DNS
	MEDHA PARDESHI .	MAHARASTRA	DNS

Event # 37 WOMENS 1.00kg Discus Throw

TIME:- 1730 Hrs

N.R.:SEEMA ANTIL CHENNAI 64.64

% M.R.:NEELAM J.SINGH RSPB 61.17

1	KRISHANA POONIA .	RAILWAYS	54.51m
2	SEEMA ANTIL .	POLICE	51.32m
3	SAROJ SIHAG .	POLICE	49.52m
4	AMANPREET KAUR .	RAILWAYS	44.66m
5	BALJIT KAUR .	POLICE	43.42m
6	PARWATHI SETHI .	RAILWAYS	41.48m
7	SAVITA CHAUDHARY	UTTAR PRADESH	38.47m
8	BUBLY .	GUJRAT	36.46m
	PRIYANKA BHANOT .	ONGC	DNS
	PRIYANKA BHANOT .	DELHI	DNS

Event # 38 WOMENS 4.00kg Hammer Throw

TIME:- 1900 Hrs

N.R.:HARDEEP KAUR NEW DELHI 61.67

% M.R.:HARDEEP KAUR LIC 61.67

1	ARCHANA BARA .	POLICE	55.85m
2	SUKANYA MISHRA .	RAILWAYS	53.64m
3	MANJU BALA .	GUJRAT	51.46m
4	VIPINI KUMAR .	POLICE	49.29m
5	SUSHILA JUGESWAR	GUJRAT	46.70m
6	ANITHA ABRAHAM .	KERALA	45.72m
7	PHOOLPATI .	POLICE	45.11m
8	HARENDER KAUR .	RAILWAYS	44.86m
9	RITU DHIMAN .	UTTARAKHAND	42.15m
10	FEROZ BEE .	MADHYA PRADESH	40.96m
11	USHMA SINGH .	RAILWAYS	40.60m
12	RESHMI SANKAR .	KERALA	39.79m
13	MANJU BALA .	HARYANA	30.43m
	S.SARANYA PRAKASH	TAMILNADU	DNS

	GUNJAN SINGH .	UTTAR PRADESH	DNS
	SHILPA CHAUHAN .	UTTAR PRADESH	DNS
Event # 39 WOMENS 600gms Javelin Throw			
TIME:- 1900 Hrs			
# N.R.:GURMEET KAUR BANGLORE 58.64			
% M.R.:GURMEET KAUR LIC 54.98			
1	SASASWATHY .	RAILWAYS	45.21m
2	MEGHA PERDESI .	RAILWAYS	44.43m
3	RUPINDER KAUR .	PUNJAB	42.96m
4	NEESHA RANI .	JHARKHAND	41.89m
5	MUKESH KUMARI .	RAILWAYS	41.61m
6	CHUMKI CHOUDHAR	POLICE	41.20m
7	GURPREET KAUR .	HARYANA	38.86m
8	T.PATEL .	POLICE	37.05m
9	ARTI M. .	GUJRAT	35.09m
	ANITA PATEL .	UTTAR PRADESH	DNS
	SUMAN DEVI .	UTTAR PRADESH	DNS
	POONAM .	HARYANA	DNS

Event # 40 WOMENS 4x100m Relay
TIME:-

N.R.:INDIAN TEAM FUKUOKA 44.43

% M.R.:RSPB TEAM RSPB 45.24

1	RAILWAYS A	RAILWAYS	46.23
	MANDEEP KAUR .	SHARDHA NARAYANAN	
	RANJITHA ROY .	G.D.GOWRAMMA .	
2	ANDHRA PRADESH A	ANDHRA PRADESH	46.69
	N.SUDHA .	K.MRUDULA .	
	K.SOWJANYA .	H.M.JYOTHI .	
3	KERALA A	KERALA	47.32
	BEEVI RAJAN .	PRIYA P.K. .	
	SHILPA C. .	SAUMYA MOHAN .	
4	TAMILNADU A	TAMILNADU	50.36
	R.RAMYA .	R.SUBASHINI .	
	P.LAKSHMI .	R.ELAVARASI .	
5	POLICE A	POLICE	51.09
	SARABJEET KAUR .	S AUGUSTINE	
	KULVINDER KAUR .	NABONEETA GHOSH .	

JHARKHAND A		JHARKHAND	DNS
Event # 41 WOMENS 4x400m Relay			
TIME:- 1000 Hrs			
# N.R.:INDIAN TEAM ATHENS 3:26.89			
% M.R.:RSPB TEAM RSPB 3:38.49			
1	RAILWAYS A IYLEEN SAMANTHA SHALEEN JOSEPH .	RAILWAYS SABINA KHATUN . S.GEETHA .	3:43.08
2	KERALA A JASEERA N K . AMBIKA SREEDHARAN	KERALA SONA V.J. . S SEBASTIAN	3:43.85
3	ANDHRA PRADESH A K.SOWJANYA . G.MOUNIKA .	ANDHRA PRADESH M.SUSHMA . K.MRUDULA .	3:51.78
4	TAMILNADU A R.ELAVARASI . PRADEEPA .	TAMILNADU ANBU VIMALA . N.C.MOHANAL .	3:54.88
5	WEST BENGAL A ASHIMA BAG . RINA PARVIN .	WEST BENGAL SANTI BARMAN . RUMA BISWAS .	4:09.88
Event # 42 WOMENS 20000m Walk			
TIME:-			
# M.R.:L.DEEPMALE DEVI RSPB 1:39:30.50			
% N.R.:Y.BALA DEVI HYDRABAD 1:43:06.00			
1	SANDHYA V.S. .	KERALA	1:51:37.30
2	SUPRIYA ADAK .	RAILWAYS	1:53:11.90
3	ANITA KUMARI .	RAJASTHAN	2:02:07.90
4	NIRMALA .	RAJASTHAN	2:02:35.10
	SUBASMITA RATH .	RAILWAYS	DNF
	SUNITA SEKHAWAT .	RAJASTHAN	DNF
	SUREKHA RANI .	DELHI	DNF
	MANJULA .	RAILWAYS	DNF
	L.SARDA DEVI .	POLICE	DNF
	SUNITA SHEKHAVAT	CHATTISGARH	DNS
	SUPRIYA ADAK .	MAHARASTRA	DNS
Event # 43 MENS m Decathlon			
TIME:-			

N.R.:JORA SINGH DELHI 7502

% M.R.:KULWINDER SINGH SSCB 7257

1	DAYA RAM .	SERVICES	6652
2	RAM NIWAS .	RAILWAYS	6346
3	VIJAY KUMAR .	SERVICES	6168
4	JASPAL SINGH .	SERVICES	5917
5	CHANDRAHAS KUSHWAHA	UTTAR PRADESH	5490
6	P.RIJU .	RAILWAYS	5441
7	SUNIL KUMAR SINGH	UTTAR PRADESH	5181
8	R.VENOTH KUMAR .	POLICE	5133
9	RANEESH V V .	KERALA	5001
10	KULDEEP SINGH .	GUJRAT	4772
11	KAMAL SINGH CHAUHAN	RAILWAYS	3433
12	RAJESH KUMAR .	POLICE	2367
13	CHARAN SINGH .	HARYANA	2256
14	RANJIT RANDHAWA .	JHARKHAND	2222
15	NAVEEN .	DELHI	556

Event # 44 MENS 100m Dec Dash

TIME:-0830 Hrs

Heat 1

1	RANJIT RANDHAWA .	JHARKHAND	10.90
2	JASPAL SINGH .	SERVICES	11.80
3	R.VENOTH KUMAR .	POLICE	12.00
4	RANEESH V V .	KERALA	12.10
5	VIJAY KUMAR .	SERVICES	12.10
6	NAVEEN .	DELHI	12.50
7	KAMAL SINGH CHAUHAN	RAILWAYS	14.80
	G.KOSALNATH .	TAMILNADU	DNS
1	DAYA RAM .	SERVICES	11.30
2	RAM NIWAS .	RAILWAYS	11.50
3	RAJESH KUMAR .	POLICE	11.70
4	SUNIL KUMAR SINGH	UTTAR PRADESH	11.90
5	CHARAN SINGH .	HARYANA	12.00
6	P.RIJU .	RAILWAYS	12.10
7	CHANDRAHAS KUSHWAHA	UTTAR PRADESH	12.10
8	KULDEEP SINGH .	GUJRAT	12.50

Event # 45 MENS Dec Long Jump

TIME:-0915 Hrs

1	RANJIT RANDHAWA .	JHARKHAND	6.63m
2	DAYA RAM .	SERVICES	6.60m
3	RAM NIWAS .	RAILWAYS	6.54m
4	JASPAL SINGH .	SERVICES	6.30m
5	R.VENOTH KUMAR .	POLICE	6.26m
6	CHANDRAHAS KUSHWAHA	UTTAR PRADESH	6.16m
7	RANEESH V V .	KERALA	6.09m
8	RAJESH KUMAR .	POLICE	6.06m
9	P.RIJU .	RAILWAYS	6.05m
10	SUNIL KUMAR SINGH	UTTAR PRADESH	5.95m
11	CHARAN SINGH .	HARYANA	5.94m
12	VIJAY KUMAR .	SERVICES	5.86m
13	KULDEEP SINGH .	GUJRAT	5.73m
14	KAMAL SINGH CHAUHAN	RAILWAYS	4.71m
	NAVEEN .	DELHI	DNS
	G.KOSALNATH .	TAMILNADU	DNS

Event # 46 MENS Dec Shot Put

TIME:-1015 Hrs

1	DAYA RAM .	SERVICES	12.98m
2	RAM NIWAS .	RAILWAYS	12.68m
3	RANJIT RANDHAWA .	JHARKHAND	12.10m
4	VIJAY KUMAR .	SERVICES	11.83m
5	P.RIJU .	RAILWAYS	11.59m
6	CHANDRAHAS KUSHWAHA	UTTAR PRADESH	11.52m
7	RAJESH KUMAR .	POLICE	10.71m
8	CHARAN SINGH .	HARYANA	10.68m
9	R.VENOTH KUMAR .	POLICE	10.36m
10	KULDEEP SINGH .	GUJRAT	10.24m
11	JASPAL SINGH .	SERVICES	10.02m
12	SUNIL KUMAR SINGH	UTTAR PRADESH	10.00m
13	RANEESH V V .	KERALA	8.82m
14	KAMAL SINGH CHAUHAN	RAILWAYS	8.69m
	NAVEEN .	DELHI	DNS
	G.KOSALNATH .	TAMILNADU	DNS

Event # 47 MENS Dec High Jump

TIME:- 1730 Hrs

1	VIJAY KUMAR .	SERVICES	1.89m
1	RAM NIWAS .	RAILWAYS	1.89m
3	CHANDRAHAS KUSHWAHA	UTTAR PRADESH	1.86m
3	JASPAL SINGH .	SERVICES	1.86m
5	DAYA RAM .	SERVICES	1.77m
6	R.VENOTH KUMAR .	POLICE	1.71m
6	KULDEEP SINGH .	GUJRAT	1.71m
8	RAJESH KUMAR .	POLICE	1.68m
9	CHARAN SINGH .	HARYANA	1.65m
9	RANEESH V V .	KERALA	1.65m
9	SUNIL KUMAR SINGH	UTTAR PRADESH	1.65m
12	P.RIJU .	RAILWAYS	1.62m
13	KAMAL SINGH CHAUHAN	RAILWAYS	1.50m
	NAVEEN .	DELHI	DNS
	G.KOSALNATH .	TAMILNADU	DNS
	RANJIT RANDHAWA .	JHARKHAND	DNS

Event # 48 MENS 400m Dec Dash

TIME:- 1930 Hrs

Heat 1

1	DAYA RAM .	SERVICES	53.00
2	RAM NIWAS .	RAILWAYS	53.44
3	JASPAL SINGH .	SERVICES	54.02
4	VIJAY KUMAR .	SERVICES	55.38
5	CHANDRAHAS KUSHWAHA	UTTAR PRADESH	56.21
	CHARAN SINGH .	HARYANA	DNS
	RAJESH KUMAR .	POLICE	DNS
	NAVEEN .	DELHI	DNS
1	RANEESH V V .	KERALA	53.15
2	SUNIL KUMAR SINGH	UTTAR PRADESH	55.29
3	R.VENOTH KUMAR .	POLICE	55.53
4	P.RIJU .	RAILWAYS	56.29
5	KULDEEP SINGH .	GUJRAT	59.70
6	KAMAL SINGH CHAUHAN	RAILWAYS	1:07.00
	G.KOSALNATH .	TAMILNADU	DNS
	RANJIT RANDHAWA .	JHARKHAND	DNS

Event # 49 MENS 110m Dec Hurdles

TIME:-

Heat 1

1	DAYA RAM .	SERVICES	15.24
2	RAM NIWAS .	RAILWAYS	15.64
3	VIJAY KUMAR .	SERVICES	15.94
4	JASPAL SINGH .	SERVICES	16.34
5	CHANDRAHAS KUSHWAHA	UTTAR PRADESH	16.74
6	R.VENOTH KUMAR .	POLICE	17.24
	RAJESH KUMAR .	POLICE	DNS
	RANJIT RANDHAWA .	JHARKHAND	DNS
1	RANEESH V V .	KERALA	16.84
2	SUNIL KUMAR SINGH	UTTAR PRADESH	17.44
3	KULDEEP SINGH .	GUJRAT	17.84
4	P.RIJU .	RAILWAYS	18.14
5	KAMAL SINGH CHAUHAN	RAILWAYS	20.74
	CHARAN SINGH .	HARYANA	DNS
	NAVEEN .	DELHI	DNS
	G.KOSALNATH .	TAMILNADU	DNS

Event # 50 MENS Dec Discus Thro

TIME:-

1	CHANDRAHAS KUSHWAHA	UTTAR PRADESH	38.93m
2	VIJAY KUMAR .	SERVICES	36.03m
3	RAM NIWAS .	RAILWAYS	35.75m
4	P.RIJU .	RAILWAYS	35.60m
5	R.VENOTH KUMAR .	POLICE	35.53m
6	KAMAL SINGH CHAUHAN	RAILWAYS	35.15m
7	DAYA RAM .	SERVICES	34.84m
8	JASPAL SINGH .	SERVICES	33.33m
9	SUNIL KUMAR SINGH	UTTAR PRADESH	28.80m
9	KULDEEP SINGH .	GUJRAT	28.80m
11	RANEESH V V .	KERALA	24.75m
	NAVEEN .	DELHI	DNS
	RAJESH KUMAR .	POLICE	DNS
	G.KOSALNATH .	TAMILNADU	DNS
	CHARAN SINGH .	HARYANA	DNS

	RANJIT RANDHAWA .	JHARKHAND	DNS
Event # 51	MENS Dec Pole Vault		
	TIME:-		
1	DAYA RAM .	SERVICES	4.20m
2	RANEESH V V .	KERALA	4.10m
3	VIJAY KUMAR .	SERVICES	3.70m
3	RAM NIWAS .	RAILWAYS	3.70m
5	R.VENOTH KUMAR .	POLICE	3.60m
6	KULDEEP SINGH .	GUJRAT	3.30m
7	P.RIJU .	RAILWAYS	3.20m
8	JASPAL SINGH .	SERVICES	3.00m
9	SUNIL KUMAR SINGH	UTTAR PRADESH	2.70m
10	KAMAL SINGH CHAUHAN	RAILWAYS	2.00m
	CHANDRAHAS KUSHWAHA	UTTAR PRADESH	NM
	RAJESH KUMAR .	POLICE	DNS
	G.KOSALNATH .	TAMILNADU	DNS
	CHARAN SINGH .	HARYANA	DNS
	RANJIT RANDHAWA .	JHARKHAND	DNS
	NAVEEN .	DELHI	DNS
Event # 52	MENS Dec Javelin Thr		
	TIME:-		
1	DAYA RAM .	SERVICES	53.97m
2	CHANDRAHAS KUSHWAHA	UTTAR PRADESH	51.15m
3	JASPAL SINGH .	SERVICES	49.89m
4	VIJAY KUMAR .	SERVICES	47.53m
5	RANEESH V V .	KERALA	45.51m
6	R.VENOTH KUMAR .	POLICE	45.25m
7	KAMAL SINGH CHAUHAN	RAILWAYS	45.18m
8	P.RIJU .	RAILWAYS	44.74m
9	SUNIL KUMAR SINGH	UTTAR PRADESH	44.30m
10	RAM NIWAS .	RAILWAYS	43.99m
11	KULDEEP SINGH .	GUJRAT	38.64m
	RAJESH KUMAR .	POLICE	DNS
	G.KOSALNATH .	TAMILNADU	DNS
	CHARAN SINGH .	HARYANA	DNS
	RANJIT RANDHAWA .	JHARKHAND	DNS
	NAVEEN .	DELHI	DNS

Event # 53 MENS 1500m Dec Run

TIME:-

1	VIJAY KUMAR .	SERVICES	4:39.29
2	JASPAL SINGH .	SERVICES	4:53.18
3	P.RIJU .	RAILWAYS	4:53.21
4	SUNIL KUMAR SINGH	UTTAR PRADESH	5:02.41
5	CHANDRAHAS KUSHWAHA	UTTAR PRADESH	5:05.20
6	DAYA RAM .	SERVICES	5:13.32
7	RAM NIWAS .	RAILWAYS	5:13.96
8	KULDEEP SINGH .	GUJRAT	5:34.28
9	KAMAL SINGH CHAUHAN	RAILWAYS	5:34.55
	R.VENOTH KUMAR .	POLICE	DNS
	RANJIT RANDHAWA .	JHARKHAND	DNS
	CHARAN SINGH .	HARYANA	DNS
	NAVEEN .	DELHI	DNS
	G.KOSALNATH .	TAMILNADU	DNS
	RANEESH V V .	KERALA	DNS
	RAJESH KUMAR .	POLICE	DNS

Event # 54 WOMENS m Heptathlon

TIME:-

M.R.:SOMA BISWAS RSPB 5739

1	SUSHMITA SINGHA ROY	RAILWAYS	5434
2	J.J.SHOBHA .	RAILWAYS	5299
3	SINDHU K.D. .	KERALA	4723
4	NAVPREET KAUR .	PUNJAB	4667
5	LIKSY JOSEPH .	KERALA	4297
6	NIKSY JOSEPH .	KERALA	4164
7	KARPURA MALA .	TAMILNADU	3647

Event # 55 WOMENS 100m Hep Hurdles

TIME:- 0820 Hrs

1	J.J.SHOBHA .	RAILWAYS	+0.1m/s	14.21
2	SUSHMITA SINGHA ROY	RAILWAYS	+0.1m/s	14.56
3	NAVPREET KAUR .	PUNJAB	+0.1m/s	14.73
4	SINDHU K.D. .	KERALA	+0.1m/s	15.55
5	KARPURA MALA .	TAMILNADU	+0.1m/s	15.71
6	NIKSY JOSEPH .	KERALA	+0.1m/s	16.22

7	LIKSY JOSEPH .	KERALA	+0.1m/s	16.40
Event # 56 WOMENS Hep High Jump				
TIME:- 0910 Hrs				
1	SUSHMITA SINGHA ROY	RAILWAYS		1.72m
2	SINDHU K.D. .	KERALA		1.63m
3	J.J.SHOBHA .	RAILWAYS		1.60m
4	NIKSY JOSEPH .	KERALA		1.57m
4	NAVPREET KAUR .	PUNJAB		1.57m
6	KARPURA MALA .	TAMILNADU		1.54m
6	LIKSY JOSEPH .	KERALA		1.54m
	G.G.PRAMILA .	RAILWAYS		DNS
	P.LEELAVATHI .	TAMILNADU		DNS
Event # 57 WOMENS Hep Shot Put				
TIME:- 1730 Hrs				
1	J.J.SHOBHA .	RAILWAYS		12.65m
2	SUSHMITA SINGHA ROY	RAILWAYS		11.43m
3	NAVPREET KAUR .	PUNJAB		10.16m
4	KARPURA MALA .	TAMILNADU		9.14m
5	SINDHU K.D. .	KERALA		9.12m
6	NIKSY JOSEPH .	KERALA		8.84m
7	LIKSY JOSEPH .	KERALA		7.83m
	G.G.PRAMILA .	RAILWAYS		DNS
	P.LEELAVATHI .	TAMILNADU		DNS
Event # 58 WOMENS 200m Hep Dash				
TIME:- 1930 Hrs				
Heat 1				
1	SUSHMITA SINGHA ROY	RAILWAYS	+0.0m/s	24.93
2	NAVPREET KAUR .	PUNJAB	+0.0m/s	25.69
3	J.J.SHOBHA .	RAILWAYS	+0.0m/s	25.82
4	SINDHU K.D. .	KERALA	+0.0m/s	26.80
	G.G.PRAMILA .	RAILWAYS		DNS
1	LIKSY JOSEPH .	KERALA	+0.0m/s	26.70
2	KARPURA MALA .	TAMILNADU	+0.0m/s	27.27
3	NIKSY JOSEPH .	KERALA	+0.0m/s	27.38
	P.LEELAVATHI .	TAMILNADU		DNS
Event # 59 WOMENS Hep Long Jump				

TIME:- 0730 Hrs

1	SUSHMITA SINGHA ROY	RAILWAYS	6.07m
2	J.J.SHOBHA .	RAILWAYS	5.88m
3	LIKSY JOSEPH .	KERALA	5.25m
4	KARPURA MALA .	TAMILNADU	5.19m
4	NAVPREET KAUR .	PUNJAB	5.19m
6	NIKSY JOSEPH .	KERALA	5.09m
7	SINDHU K.D. .	KERALA	5.04m
	G.G.PRAMILA .	RAILWAYS	DNS
	P.LEELAVATHI .	TAMILNADU	DNS

Event # 60 WOMENS Hep Javelin Thr

TIME:- 0845 Hrs

1	J.J.SHOBHA .	RAILWAYS	39.17m
2	SUSHMITA SINGHA ROY	RAILWAYS	36.42m
3	SINDHU K.D. .	KERALA	33.98m
4	KARPURA MALA .	TAMILNADU	28.91m
5	LIKSY JOSEPH .	KERALA	28.51m
6	NAVPREET KAUR .	PUNJAB	23.58m
7	NIKSY JOSEPH .	KERALA	22.76m
	G.G.PRAMILA .	RAILWAYS	DNS
	P.LEELAVATHI .	TAMILNADU	DNS

Event # 61 WOMENS 800m Hep Run

TIME:- 1640 Hrs

Heat 1

1	LIKSY JOSEPH .	KERALA	m/s	2:24.46
2	NAVPREET KAUR .	PUNJAB	m/s	2:25.09
3	J.J.SHOBHA .	RAILWAYS	m/s	2:34.90
	G.G.PRAMILA .	RAILWAYS		DNS
	P.LEELAVATHI .	TAMILNADU		DNS

Heat 2

1	SINDHU K.D. .	KERALA	m/s	2:17.40
2	NIKSY JOSEPH .	KERALA	m/s	2:28.17
3	SUSHMITA SINGHA ROY	RAILWAYS	m/s	2:32.01
	KARPURA MALA .	TAMILNADU		DNS