

# ATHLETICS FEDERATION OF INDIA

12th National Federation Cup Senior Athletics Championship 2006

28 Feb -3 Mar, 2006

J.N. Stadium-New Delhi

## FINAL RESULTS

### Event # 1 MENS 100 Run

NATIONAL RECORD:ANIL KUMAR DELHI 10.30 24-8-05

MEET RECORD:PIYUSH KUMAR DEL 10.35 MAR 2004

#### RESULTS OF FINALS

1	ANIL KUMAR P.	INDIAN ARMY	-1.06m/s	10.44
2	SENTHIL MURUGAN	TAMILNADU	-1.06m/s	10.81
3	S.ALEX ANTHONY RAJ	TAMILNADU	-1.06m/s	10.82
4	SANDIP SARKARIA	ONGC	-1.06m/s	10.86
5	ARUN GOEL	DELHI	-1.06m/s	10.90
6	G. MANICKAVASAGAM	TAMILNADU	-1.06m/s	10.95
7	SUNNY SARKARIA	DELHI	-1.06m/s	11.08
8	SHAMEER MON	INDIAN ARMY	-1.06m/s	11.49

### Event # 2 MENS 200 Run

NATIONAL RECORD:A.KUMAR BANGALORE :20.73 17/07/00

MEET RECORD:ANAND MENEZES AP :20.79 JUN 2002

#### RESULTS OF FINALS

1	P. MUTHUSAMY	TAMILNADU	-0.63m/s	21.81
2	PARAMESHWARA .	KARNATAKA	-0.63m/s	22.02
3	S. BARNA BASS	TAMILNADU	-0.63m/s	22.02
4	B. RAMU	INDIAN ARMY	-0.63m/s	22.33
5	BIPIN BASSI	INDIAN ARMY	-0.63m/s	22.41
6	JAGDISH .	KARNATAKA	-0.63m/s	22.45
7	V. GIRISH	BSNL	-0.63m/s	22.50
	VISHAL PHATAK	PSEB		DNS

### Event # 3 MENS 400 Run

NATIONAL RECORD:K M BINU ATHENS 45.48 AUG 2004

MEET RECORD:P. RAMACHANDRAN TN :45.66 JUN 2002

#### RESULTS OF FINALS

1	BHUPENDER SINGH	ONGC		46.14
2	S SRINIVWAS	ANDHRA PRADESH		46.85
3	P. SHANKAR	ONGC		46.92
4	SATBIR SINGH	INDIAN ARMY		47.11
5	SREEJITH P S	KERALA		47.29
6	KULDEV SINGH	PUNJAB POLICE		47.36
7	BINEESH V B	KERALA		47.71
	K.M. BINU	KERALA		DNF

### Event # 4 MENS 800 Run

NATIONAL RECORD:S.SINGH MONTREAL 1:45.77 27/07/76

MEET RECORD:P.S. PRIMESH KER 1:49.16 JL

#### RESULTS OF FINALS

1	<b>GHAMANDA RAM</b>	<b>INDIAN ARMY</b>		<b>1:47.74 NMR</b>
2	JASKARAN SINGH	HARYANA		1:52.40

3	SATNAM SINGH	PUNJAB	1:52.75
4	JOSEMON MATHEW	INDIAN ARMY	1:53.63
5	AMIT KUMAR MISHRA	JHARKHAND	1:54.24
6	BIJENDER SINGH	MAHARASHTRA	1:56.24

**Event # 5 MENS 1500 Run**

NATIONAL RECORD:B.PRASAD CHENNAI 3:38.00 23/12/95

MEET RECORD:KULDEEP KUMAR UP 3:44.18 JUN 2002

1	PRITAM BIND	ONGC	3:47.13
2	RAVINDER .	DELHI	3:47.36
3	C HAMZA	INDIAN ARMY	3:47.67
4	RATIRAM SAINI	RAJASTHAN	3:58.68
5	AMIT KUMAR MISHRA	JHARKHAND	3:58.78
6	JASVIR SINGH	PSEB	4:00.29
7	SANDEEP .	MAHARASHTRA	4:00.73
8	JAGDEEP SINGH	CHANDIGARH	4:02.02

**Event # 6 MENS 5000 Run**

NATIONAL RECORD:B.PRASAD BIRMINGHAM 13:29.70 25/06/92

MEET RECORD:GULAB CHAND UP 14:01.33 J

1	DEEP CHAND	INDIAN ARMY	14:20.99
2	SUDEER KUMAR	INDIAN ARMY	14:21.37
3	SANTOSH KUMAR PATEL	UTTAR PRADESH	14:22.08
4	KASHINATH ASWALE	MAHARASHTRA	14:23.71
5	S. RAGUNATH	TAMILNADU	14:25.81
6	RAVINDER .	DELHI	14:33.56
7	SITA RAM	INDIAN ARMY	14:38.55
8	RATIRAM SAINI	RAJASTHAN	14:42.38

**Event # 7 MENS 10000 Run**

MEET RECORD:GULAB CHAND UP 29:40.70 J

NATIONAL RECORD:H.CHAND MONTREAL 28:48.72 23/07/76

1	DEEP CHAND	INDIAN ARMY	30:09.26
2	SURENDER .	INDIAN ARMY	30:31.28
3	SANTOSH KUMAR PATEL	UTTAR PRADESH	30:31.48
4	RAM BAHADUR SUBBA	BSF	30:50.94
5	RAM SINGH	INDIAN ARMY	31:05.17
6	SOJI MATHEW	KERALA	31:37.61
7	S.L. MUNDA	ORISSA	33:43.04
8	MUKESH KUMAR	MADHYA PRADESH	34:00.01

**Event # 8 MENS 3000 STEEPLECHASE**

MEET RECORD:ARUN DSOUZA AP 8:51.77 JL

NATIONAL RECORD:GOPAL SAINI TOKYO 8:30.88 06/05/81

1	RAM BAHADUR SUBBA	BSF	9:03.84
2	OM PRAKASH	INDIAN ARMY	9:10.99
3	MAHESH KUMAR	MADHYA PRADESH	9:11.18
4	BHAGWAN D. GIRI	UTTAR PRADESH	9:11.21
5	NARESH KUMAR	BIHAR	9:43.75
6	BIJUMON K.	DELHI	9:47.59
7	SUKHBIR SINGH	PUNJAB	9:56.51
8	R SURESH	INDIAN ARMY	10:03.58

**Event # 9 MENS 110 Hurdles**

MEET RECORD:NAUNIDH SINGH BSF :14.21 JLY 2003

NATIONAL RECORD:N.SINGH HYDERABAD 14.05 10-11-2005

RESULTS OF FINALS

1	R MATHEW	INDIAN NAVY	-0.1m/s	14.63
2	P. MUTHUSAMY	TAMILNADU	-0.1m/s	14.85
3	SANDEEP PARMAR	MAHARASHTRA	-0.1m/s	14.98
4	HARWINDER SINGH	PUNJAB	-0.1m/s	15.09
5	ASHOK CHALIHA	DELHI	-0.1m/s	15.15
6	DHANRAJ JOGI	MAHARASHTRA	-0.1m/s	15.26
	KRISHNAN KUMAR TYAGI	DELHI		DNF
	SURYA KUMAR	TAMILNADU		DNS

**Event # 10 MENS 400 Hurdles**

MEET RECORD:PRASAD REDDY ARMY :51.24 JLY 2003

NATIONAL RECORD:S.SINGH KOLKATA :50.43 05/11/98

RESULTS OF FINALS

<b>1 JOSEPH ABRAHAM</b>	<b>CRPF</b>	<b>50.50</b>	<b>NMR</b>
2 GURPREET SINGH	PUNJAB POLICE	50.81	BMR
3 A. JAYASANKAR	TAMILNADU	52.82	
4 JITENDRA SINGH	INDIAN ARMY	53.25	
5 JAYESH B NAIR	KERALA	53.47	
6 N. SATISH KUMAR	UTTAR PRADESH	54.60	
7 PUYAL BALACHADRAN	TAMILNADU	54.67	
8 KIRIN PRASAD	KERALA	55.80	

**Event # 11 MENS High Jump**

MEET RECORD:JUBY THOMAS S.RAIL 2.11 AUG 1999

NATIONAL RECORD:H.ROY SINGAPORE 2.25 28/09/04

<b>1 BENEDICT STARLI</b>	<b>TAMILNADU</b>	<b>2.13</b>	<b>NMR</b>
2 ROSHAN K R	KERALA	2.10	
3 OM VEER SINGH	RAJASTHAN	2.05	
4 M LORENS	INDIAN NAVY	2.05	
5 P. ELANGUMARAN	TAMILNADU	2.00	
6 JANEESH P H	INDIAN ARMY	1.95	
7 SHEIK NASIR ALAM	BSNL	1.95	
8 S SREENATH	INDIAN NAVY	1.95	

**Event # 12 MENS Long Jump**

MEET RECORD:AMRIT PAL SINGH PUN 8.08 MAR 2004

NATIONAL RECORD:A.SINGH DELHI 8.08 16/

1	AMRITPAL SINGH	PUNJAB POLICE	+0.35m/s	7.68
2	MAHA SINGH	PUNJAB	-0.62m/s	7.65
3	M. SARAVANAKUMAR	TAMILNADU	-0.82m/s	7.53
4	SHAMSHER SINGH	PUNJAB	-1.73m/s	7.44
5	SANJAY KUMAR RAI	WEST BENGAL	-1.69m/s	7.44
6	S. CHANDRA SEKAR	TAMILNADU	-1.37m/s	7.30
7	HUSSAIN M	KERALA	-0.46m/s	7.26
8	ROHIT HAWAL	KARNATAKA	+0.41m/s	7.19

**Event # 13 MENS Triple Jump**

MEET RECORD:AMARJEET SINGH PUN 16.29 JUN 2002

NATIONAL RECORD:M.SINGH GILL FRESNO 16.79 08/05/71

<b>1</b>	<b>AMARJIT SINGH</b>	<b>PUNJAB</b>	<b>+0.35m/s</b>	<b>16.58</b>	<b>NMR</b>
2	SUSHANTH BANGERA	MAHARASHTRA	+0.36m/s	15.65	
3	S.K. DWIVEDI	INDIAN ARMY	-0.35m/s	15.28	
4	P. VINOTH RAJ	TAMILNADU	-0.35m/s	15.25	
5	BHUPINDER SINGH	PUNJAB POLICE	+0.66m/s	15.06	
6	SUKHWINDER SINGH	PUNJAB POLICE	+0.35m/s	14.96	
7	ASKAR K.A.	MADHYA PRADESH	+0.0m/s	14.91	
8	SANTISHAN .	INDIAN ARMY	+0.45m/s	14.61	

**Event # 14 MENS Pole Vault**

MEET RECORD:GAJANAN UPADHAYA UP 5.00 JUN 2005

NATIONAL RECORD:V.SINGH TRIVENDRAM 5.10 27/12/87

1	GAJANAN UPADHAYA	UTTAR PRADESH		4.90
2	SHYJU .	INDIAN ARMY		4.60
3	PAWAN KUMAR	DELHI		4.60
4	JAGBIR SINGH	GUJRAT		4.50
5	KULWANT SINGH	PUNJAB POLICE		4.30
6	JAY KUMAR	INDIAN ARMY		4.30

**Event # 15 MENS Shot Put**

MEET RECORD:BAHADUR SINGH P. POL 19.68 JUN 2002

NATIONAL RECORD:S.SINGH CHENNAI 20.42 29/07/00

1	JAIVEER SINGH	INDIAN ARMY		17.36
2	OM PRAKASH	HARYANA		17.26
3	GURDEV SINGH	PUNJAB		17.20
4	PAKINDER SINGH	ONGC		17.19
5	GURJIT SINGH	PUNJAB POLICE		16.47
6	MARKHAN SINGH	HARYANA		15.95
7	KULDEEP MANN	DELHI		15.76
8	IGNAS AVINESH	GUJRAT		15.66

**Event # 16 MENS Discus Throw**

MEET RECORD:ANIL KUMAR TELCO 59.55 M.

NATIONAL RECORD:V.GOWDA CHARLOTTE 64.69 2-4-2005

1	HARPREET SINGH	DELHI		52.78
2	VIPENDRA SINGH	UTTAR PRADESH		51.20
3	JAIVEER SINGH	RAJASTHAN		50.62

4	SANDEEP KUMAR	HARYANA	49.55
5	AMANDIP SINGH	PUNJAB POLICE	49.08
6	JAGJIT SINGH	ONGC	48.98

**Event # 17 MENS Hammer Throw**

MEET RECORD:ISHTIYAQ AHMED UP 67.41 AUG 1999

NATIONAL RECORD:R.YADAV BANGALORE 70.16 17/07/03

1	HERASH CHOUDHARY	DELHI	63.51
2	PRAMOD KUMAR TEWARI	UTTAR PRADESH	63.37
3	HARINDER SINGH	PUNJAB POLICE	62.10
4	NIRBHAY SINGH	INDIAN NAVY	62.01
5	RAKESH KUMAR YADAV	UTTAR PRADESH	59.66
6	ASHISH KUMAR SINGH	UTTAR PRADESH	59.30
7	BIRKIRAN SINGH	ONGC	58.60
8	PARGAT SINGH	PUNJAB	57.86

**Event # 18 MENS Javelin Throw**

MEET RECORD:RAMANDEEP SINGH POL 78.79 AUG 1999

NATIONAL RECORD:S.SINGH KOLKATA 79.68 28/10/98

1	ANIL KUMAR	HARYANA	75.89
2	ANKIT .	DELHI	72.96
3	JAGDISH KUMAR BISHNOI	PUNJAB POLICE	72.82
4	OM NARAYAN	HARYANA	71.55
5	SUNIL GOSWAMI	DELHI	70.09
6	GURKIRAT SINGH	PUNJAB POLICE	69.09
7	KASHINATH NAIK	INDIAN ARMY	68.21
8	JAGMOHAN SINGH	INDIAN NAVY	65.21

**Event # 19 MENS Decathlon**

MEET RECORD:JORA SINGH BSF 7120 pt JUJ

NATIONAL RECORD:K.SINGH CHENNAI 7325 pt 2-8-2005

<b>1</b>	<b>JORA SINGH</b>	<b>HARYANA</b>	<b>7502</b>	<b>NR, NMR</b>
2	VINOD P J	KERALA	7382	BNR
3	RAM NIWAS	HARYANA	6997	
4	VICTOR JEBA SINGH	TAMILNADU	6503	
5	RAM KRISHNA	INDIAN ARMY	5523	
6	RANJITH .	TAMILNADU	5007	
7	VIKASH CHAND	DELHI	4519	

**Event # 20 MENS 4x100 Relay**

MEET RECORD:NATIONAL TEAM AAFI :40.27 JUL 1998

NATIONAL RECORD:INDIA BUSAN :39.36 31/

1	KARNATAKA C	KARNATAKA	41.65
2	TAMILNADU A	TAMILNADU	41.69
3	BSNL B	BSNL	42.05
4	DELHI G	DELHI	42.14
5	PUNJAB POLICE N	PUNJAB POLICE	42.51
6	INDIAN ARMY Q	INDIAN ARMY	42.77
7	CRPF F	CRPF	44.98

**Event # 21 MENS 4x400 Relay**

MEET RECORD:NATIONAL TEAM AAFI 3:04.40 JUN 2002

NATIONAL RECORD:INDIA BANGKOK 3:02.62 19/12/98

1	INDIAN ARMY Q	INDIAN ARMY	3:15.38
2	KERALA K	KERALA	3:15.71
3	TAMILNADU A	TAMILNADU	3:19.68
4	PUNJAB POLICE O	PUNJAB POLICE	3:22.81
	JHARKHAND H	JHARKHAND	DNS
	CRPF F	CRPF	DNS

**Event # 22 WOMENS 100 Run**

MEET RECORD:RACHITA MISTRY MAH :11.39 MAR 2000

NATIONAL RECORD:R.MISTRY TRIVENDRUM :11.38 12/08/00

RESULTS OF FINALS

1	DEEPTHI JOSE	KERALA	+1.23m/s	11.91
2	POONAM TOMAR	DELHI	+1.23m/s	11.92
3	SHIJILA V D	KERALA	+1.23m/s	12.12
4	RANJITA ROY	WEST BENGAL	+1.23m/s	12.29

5	G.D. GOWRAMMA	KARNATAKA	+1.23m/s	12.32
6	NAMITA SAMAL	ORISSA	+1.23m/s	12.33
7	PAWNEET KAUR CHIMNI	DELHI	+1.23m/s	12.38
8	KAVITA PANDYA	MAHARASHTRA	+1.23m/s	12.65

**Event # 23 WOMENS 200 Run**

MEET RECORD:P.T. USHA S.RAIL :23.30 JUL

NATIONAL RECORD:S.SAHA LUDHIYANA :22.82 28/08/02

**RESULTS OF FINALS**

1	H.M. JOYTHI	KARNATAKA	-0.39m/s	24.27
2	BABITA SINGH	MAHARASHTRA	-0.39m/s	24.56
3	RAKHI SAHA	WEST BENGAL	-0.39m/s	24.60
4	RANJITA ROY	WEST BENGAL	-0.39m/s	25.18
5	NAMITA SAMAL	ORISSA	-0.39m/s	25.27
6	R. ELAVARASI	TAMILNADU	-0.39m/s	25.65
7	K MRUDULA	ANDHRA PRADESH	-0.39m/s	26.24
	POONAM TOMAR	DELHI		DNS



**Event # 24 WOMENS 400 Run**

MEET RECORD:K.M. BEENAMOL KER :51.81 JUN 2002

NATIONAL RECORD:M.KAUR CHENNAI 51.05 AUG 2004

## RESULTS OF FINALS

1	MANJIT KAUR	PUNJAB POLICE	52.04
2	CHITRA K. SOMAN	JHARKHAND	52.65
3	SATTI GEETHA	ANDHRA PRADESH	52.73
4	PINKI PRAMANIK	WEST BENGAL	53.02
5	RAJWINDER KAUR GILL	PUNJAB POLICE	53.71
6	ASHIK BEEVI P.H	CRPF	54.13
7	H.M. JOYTHI	KARNATAKA	55.12
8	SINI JOSE	KERALA	55.72

**Event # 25 WOMENS 800 Run**

MEET RECORD:J.SIKDAR E.RAIL 2:02.28 JUL

NATIONAL RECORD:S.WILSON CHENNAI 1:59.85 20/12/95

## RESULTS OF FINALS

1	PINKI PRAMANIK	WEST BENGAL	2:05.05
2	SUTAPA DAS	WEST BENGAL	2:11.21
3	B. VENKAT LAXMI	ANDHRA PRADESH	2:11.74
4	SUSHMA .	DELHI	2:12.16
5	SARASWATI CHAND	ORISSA	2:13.21
6	TEJINDER KAUR	PUNJAB	2:14.26
7	RUPINDER KAUR	PUNJAB	2:14.55
8	ASHWINI A.C.	JHARKHAND	2:15.40

**Event # 26 WOMENS 1500 Run**

MEET RECORD:SUNITA RANI PUN 4:08.01 AL

NATIONAL RECORD:SUNITA RANI BUSAN 4:06.03 10/10/02

1	O.P. JAISHA	KERALA	4:15.07
2	SINIMOL PAULOSE	JHARKHAND	4:18.97
3	S. SHANTHI	TAMILNADU	4:35.95
4	SUSHMA .	DELHI	4:43.34
5	SARASWATI CHAND	ORISSA	4:44.49
6	KIRAN TIWARI	UTTRANCHAL	4:50.77
7	SINI P J	KERALA	4:51.54

**Event # 27 WOMENS 5000 Run**

MEET RECORD:SUNITA RANI PUN 15:41.40 AUG 1999

NATIONAL RECORD:S.RANI BUSAN 15:18.77

1	PREEJA SREEDHARAN	KERALA	17:47.31
2	KAVITA RAUT	MAHARASHTRA	17:50.40
3	PREETI L. RAO	KARNATAKA	17:57.97
4	PAMPA CHANDA	WEST BENGAL	18:09.70
5	SINDHU V V	KERALA	18:28.50
6	SINI P J	KERALA	18:43.75
7	KIRAN TIWARI	UTTRANCHAL	18:58.15
8	LAVANYA .	TAMILNADU	20:21.53

**Event # 28 WOMENS 10000 Run**

MEET RECORD:SUNITA RANI PUN 35:05.18 MAR 2000

NATIONAL RECORD:L.DEVI CHENNAI 34:30.20 29/07/00

1	PREEJA SREEDHARAN	KERALA	36:21.43
2	PAMPA CHANDA	WEST BENGAL	36:40.32
3	GEETA RANI	DELHI	36:52.12
4	REENA .	DELHI	39:27.45
5	KIRAN TIWARI	UTTRANCHAL	39:44.31
6	ANITA .	DELHI	43:18.68

**Event # 29 WOMENS 3000 STEEPLECHASE**

MEET RECORD:L MANJULA KAR :10:52.12 M/

NATIONAL RECORD:S.SHANTHI BANGALORE :10:44.65 JULY 2005

<b>1</b>	<b>S. SHANTHI</b>	<b>TAMILNADU</b>	<b>10:44.76 NR, NMR</b>
2	KIRAN TIWARI	UTTRANCHAL	11:48.87
3	ASHA RANI	PUNJAB POLICE	11:49.17
4	SHARDA CHANDEL	PUNJAB POLICE	12:20.58
5	VINITA SONKAR	UTTAR PRADESH	13:11.50

**Event # 30 WOMENS 100 Hurdles**

MEET RECORD:ANURADHA BISWAL ORI :13.57 MAR 2000

NATIONAL RECORD:A.BISWAL NEW DELHI :13.38 26/08/02

RESULTS OF FINALS

1	<b>ANURADHA BISWAL</b>	<b>ORISSA</b>	<b>+1.86m/s</b>	<b>13.48</b>	<b>NMR</b>
2	K. N. PRIYA	TAMILNADU	+1.86m/s	14.14	
3	POONAM BHOJANNA	KARNATAKA	+1.86m/s	14.23	
4	AMITHA SETHI	BSNL	+1.86m/s	14.37	
5	S. SANKARI	TAMILNADU	+1.86m/s	14.41	
6	V. C. JAYA	TAMILNADU	+1.86m/s	15.79	
	NEETU KUMARI	DELHI		DNF	
	DHANYA PURUSHOTHAMAN	KERALA		DNS	

**Event # 31 WOMENS 400 Hurdles**

MEET RECORD:SAHEBANI ORAM ORI :57.60 JUN 2002

NATIONAL RECORD:P.USHA LOS ANGELES :55.42 08/08/84

RESULTS OF FINALS

1	SHALIN JOSEPH	KERALA		59.69	
2	HARINI CHANDRASHEKARA	KARNATAKA		59.86	
3	POOJA JAKHAR	DELHI		1:01.29	
4	VIJILA K J	KERALA		1:04.16	
5	H. AMUTHA	TAMILNADU		1:04.35	
6	E. PRATHIBA	TAMILNADU		1:04.36	
7	SINI JOSE	KERALA		1:05.08	
	PRIYANSHU PANDEY	UTTAR PRADESH		DNS	

**Event # 32 WOMENS High Jump**

MEET RECORD:BOBBY ALOYSIUS KER 1.89 JUL 2003

NATIONAL RECORD:B.ALOYSIUS CHENNAI 1.91 18/07/04

1	TESSYMOL JOSEPH	KERALA		1.73	
2	SUSMITA SINGHA ROY	WEST BENGAL		1.73	
3	M. SANGEETHA	TAMILNADU		1.65	
4	CHITHRA S	KERALA		1.65	
5	HARSHINI KUMARI	KARNATAKA		1.65	
6	MALLIKA MONDOL	WEST BENGAL		1.60	
7	PARBATI BISWAL	ORISSA		1.55	
8	D. KARPURAMALA	TAMILNADU		1.55	

**Event # 33 WOMENS Long Jump**

MEET RECORD:ANJU GEORGE TN 6.59 JUN :

NATIONAL RECORD:ANJU GEORGE ATHENS 6.83 27/08/04

1	ANJU B. GEORGE	TAMILNADU	+0.41m/s	6.47	
2	ANISHA K. VIJAYAN	CRPF	+0.35m/s	6.01	
3	PRIYA P K	KERALA	-0.35m/s	5.92	
4	KALPANA DAS	WEST BENGAL	+0.36m/s	5.83	
5	SHALU CHAUDHARY	UTTAR PRADESH	-1.24m/s	5.77	
6	P. LAKSHMI	TAMILNADU	+0.4m/s	5.66	
	K. REVATHI	TAMILNADU		NM	
	REHANA KHATUN	CRPF		NM	

**Event # 34 WOMENS Triple Jump**

MEET RECORD:ANJU GEORGE TN 13.29 JUN

NATIONAL RECORD:A.GEORGE HYDERABAD 13.67 18/12/02

<b>1 ANISHA K. VIJAYAN</b>	<b>CRPF</b>	<b>-0.5m/s</b>	<b>13.57 NMR</b>
2 MANISHA DEY	WEST BENGAL	-0.8m/s	13.18
3 TESSYMOL JOSEPH	KERALA	+0.4m/s	13.10
4 TINCY MATHEW	KERALA	-0.5m/s	12.57
5 KALPANA DAS	WEST BENGAL	-1.0m/s	12.27

**Event # 35 WOMENS Pole Vault**

MEET RECORD:CHETNA SOLANKI UP 3.80 JL

NATIONAL RECORD:V.S. SUREKHA DELHI 3.90 15-02-2006

<b>1 V.S. SUREKA</b>	<b>TAMILNADU</b>	<b>3.85 NMR</b>
2 GITANJALI BORA	ASSAM	3.70
3 CHETNA SOLANKI	UTTAR PRADESH	3.60
4 MADHUSINI DEVI	UTTAR PRADESH	3.50
5 SUMAN KUMARI	HARYANA	3.30
6 RUCHI TIWARI	UTTAR PRADESH	3.20

**Event # 36 WOMENS Shot Put**

MEET RECORD:HARBANS KAUR TN 16.94 AL

NATIONAL RECORD:HARBANS KAUR BOMBAY 17.43 24/11/97

1	MANPREET KAUR	PUNJAB	14.49
2	CHAITALI PAUL	WEST BENGAL	13.61
3	ARCHANA MONDOL	WEST BENGAL	12.80
4	SUSHMA DEVI	DELHI	12.54
5	MUKESH BENWAL	DELHI	12.43
6	MANJEET KAUR H.	CHANDIGARH	12.31
7	SARASWATHI .	TAMILNADU	12.26
8	KETKI BAKORE	MAHARASHTRA	11.99

**Event # 37 WOMENS Discus Thro**

MEET RECORD:NEELAM SINGH AP 60.95 JUN

NATIONAL RECORD:SEEMA ANTIL CHENNAI 64.64 AUG 2004

1	SEEMA ANTIL	CRPF	59.51
2	KRISHNA POONIA	RAJASTHAN	55.57
3	SAROJ SIHAG	CRPF	52.56
4	ARCHANA MONDOL	WEST BENGAL	44.90
5	MONIKA JOON	DELHI	42.83
6	ANKITA JULKA	DELHI	39.73
7	SAVITA SINGH	UTTAR PRADESH	38.72
8	G. GOKILA	TAMILNADU	35.47

**Event # 38 WOMENS Hammer Throw**

MEET RECORD:HARDEEP KAUR PUN 61.31 JUN 2002

NATIONAL RECORD:H.KAUR NEW DELHI 61.67 08/09/02

1	ARCHANA BARA	BIHAR	54.43
2	RITU RANI	UTTAR PRADESH	52.53
3	USHMA DARYAN	UTTAR PRADESH	51.60
4	KUMARI SUMAN	HARYANA	51.30
5	SARABJIT KAUR SR.	PUNJAB POLICE	51.26
6	RAJWINDER KAUR SR.	PUNJAB POLICE	51.02
7	RAKHEE GAUD	MAHARASHTRA	49.56
8	SUKANYA MISHRA	UTTAR PRADESH	47.54

**Event # 39 WOMENS Javelin Thro**

MEET RECORD:GURMEET SINGH DEL 55.88 AUG 1999

NATIONAL RECORD:G.KAUR BANGALORE 58.64 17/07/00

1	MEGHA PARDESHI	MAHARASHTRA	50.25
2	SUMAN DEVI	UTTAR PRADESH	49.71
3	SARASWATHI .	TAMILNADU	47.71
4	GURMEET SINGH	DELHI	47.58
5	CHUMKI CHOUDHARY	CRPF	43.83
6	KASHMIR KAUR	PUNJAB POLICE	41.30
7	G. GOKILA	TAMILNADU	40.18
8	KALYANI CHETIA	ASSAM	32.08

**Event # 40 WOMENS Heptathlon**

MEET RECORD:J. J. SHOBHA AP 6211 pt. MAI

NATIONAL RECORD:J.SHOBHA DELHI 6211 PT MAR 2004

1	SUSMITA SINGHA ROY	WEST BENGAL	5872
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2	SOMA BISWAS	WEST BENGAL	5857
3	J J SHOBHA	ANDHRA PRADESH	5720
4	V. LEELAVATHI	TAMILNADU	4865
5	ROSE MARY ANTONY	KERALA	4447
6	C. DHAYALINI	TAMILNADU	4176
7	PRADNYA PATIL	MAHARASHTRA	3918

**Event # 41 WOMENS 4x100 Relay**

MEET RECORD:NATIONAL TEAM AAFI :44.31 JUN 1998

NATIONAL RECORD:INDIA FUKUOKA :44.43 :

1	KERALA K	KERALA	46.75
2	DELHI G	DELHI	48.29
3	WEST BENGAL I	WEST BENGAL	48.30
4	TAMILNADU A	TAMILNADU	49.26
5	ANDHRA PRADESH M	ANDHRA PRADESH	49.45
	KARNATAKA L	KARNATAKA	DNF

**Event # 42 WOMENS 4x400 Relay**

MEET RECORD:NATIONAL TEAM AAFI 3:36.74 JUN 2002

NATIONAL RECORD:INDIA ATHENS 3:26.89 2

1	ANDHRA PRADESH M	ANDHRA PRADESH	3:43.05
2	KERALA K	KERALA	3:43.47
3	WEST BENGAL I	WEST BENGAL	3:53.14
4	TAMILNADU A	TAMILNADU	3:53.63