



# ATHLETICS FEDERATION OF INDIA

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F. No. 5-AFI/2023

Circular No. 10/02-2023

February 13, 2023

All Affiliated Units – AFI

**Subject: - 4th National Open 400m Championships 2023**

Dear Sir,

I am pleased to inform you that **4th National Open 400m Championships 2023** is scheduled to be held at LNCPE, Trivandrum (Kerala) from **05-06 March 2023**.

The Championships and events shall be organized in accordance with the Rules of World Athletics-Competition & Technical Rules 2022 Edition & Indian Athletics Manual (updated as on 01.10.2020).

The SOP (Standard Operating Procedure) issued by Govt. of India/MYAS/SAI/AFI & Government of Kerala shall be followed for hosting this National Athletics Championships.

**Championships & Eligibility Details:**

1. The individuals representing the "Affiliated States/UT Athletics Associations" and "Recognized Units" will enter in the Championships.
2. The Athletes belonging to the Men, Women, Under 20 years Boys, Under 20 years Girls, Under 18 years Boys and Under 18 years Girls, Under 16 years Boys and Under 16 years Girls will enter in this competition.
3. The entries should be submitted "ONLINE" on AFI Website directly by the individual athlete from February 15 February 2023 to February 2023. **Entries sent by the mode other than "ONLINE" will not be accepted. In other words, no manual entry will be accepted.**
4. **The athletes who meet the Entry Standards will only be allowed to enter in the Competition.** The performance must have been achieved either in National Championships/State Championships or AFI recognized Championships where electronic system had been used.
5. Entry Fee **of INR 1000/-** per athlete will have to be paid online alongwith entry. **Last date** for receipt of Entries is **28 February 2023**. In no case, entries after the target date will be entertained. The entry fee paid is **non-refundable**, hence athletes are advised to submit the entries only if they achieve the Entry Standard in National/State/UT Meets or AFI recognised meets.

**BIB Numbers:**

**BIB nos.** will be issued to concerned Athletes as per day wise Start list and two hours before their event at the Entry Gate of Championships Venue after showing their valid Photo – ID card.

**Entry Standard:**

The entry is open to all aspirants /athletes of 400m as per entry Standards fixed by AFI which is as under.

<b>Men</b>	-	<b>49.00s</b>	<b>Women</b>	-	<b>56.00s</b>
<b>Under 20 Boys</b>	-	<b>50.00s</b>	<b>Under 20 Girls</b>	-	<b>59.00s</b>
<b>Under 18 Boys</b>	-	<b>52.00s</b>	<b>Under 18 Girls</b>	-	<b>1:04.00s</b>
<b>Under 16 Boys</b>	-	<b>53.50s (400m) or 39.00s (300m)</b>	<b>Under 16 Girls</b>	-	<b>1:05.00s (400m) or 48.00s (300m)</b>

It is once again advised to enter your name for the championships only if you have achieved the prescribed Entry standards fixed by AFI either in National/State/UT Meets or AFI recognized meets where electronic system had been used and the proof is must to be attached in online portal.

**Reckoning of Age for Junior Athletes:**

An athlete should be below 20 years, 18 years and 16 years as the case may be, on **11th October 2021**. The following age groups will facilitate the junior athletes to send the entry in the appropriate age group.

**Under 20 Years - Born between 07.03.2003 & 06.03.2005**

**Under 18 Years - Born between 07.03.2003 & 06.03.2007**

**Under 16 Years - Born between 07.03.2007 & 06.03.2009**

**Medals & Certificates:**

The medals will be issued during the course of the Competition. Participation Certificates will be issued **ONLINE** only to those athletes who achieve the qualification standards set by AFI. The Merit certificates will be issued only after receiving the "Dope Test" report from NADA and Age Verification Report. **The Merit Certificates will be sent directly to the athlete on the registered address in AFI UID.**

**Dope Samples:**

Dope Samples will be collected by the officials of National Anti-Doping Agency (NADA).

**Boarding & Lodging:**

Pleased be informed that the Boarding, Lodging & Local Transport facilities to participating Athletes will not be provided by the Athletics Federation of India. Athletes will therefore have to make their own arrangements in this regard.

It may please be noted that other guidelines issued by the concerned State Government in connection with Covid-19 Pandemic, shall be strictly followed to ensure that the competition is conducted smoothly. Any Athlete/Official violating the SOP, Guidelines issued with regard to Covid-19 Pandemic will be debarred from participation in this Championships.

**Disclaimer:**

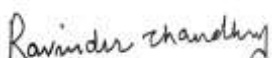
AFI or Organizing State Unit will not be held responsible directly or indirectly for any loss of life/damage/illness/injury in connection to participation in 4th National Open 400m Championships 2023. All Athletes/officials/vendors have to participate on their own risk.

You are requested to bring it to the notice of your athletes.

Your cooperation in this regard is solicited.

Thanking You,

Yours sincerely,



**(Ravinder Chaudhry)**  
**Secretary, AFI**