



ATHLETICS FEDERATION OF INDIA

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UPDATED QUALIFICATION GUIDELINES FOR SELECTION OF THE INDIAN TEAM

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The Athletics Federation of India (AFI) is the apex body for controlling, promoting and managing the sport of Athletics in India and is affiliated with the World Athletics (WA), AAA, MYAS and Indian Olympic Association. As declared in the Memorandum of Association of AFI in its Constitution, AFI is responsible to select and control the Indian Athletics Contingent for the Olympics, Asian Games, Common Wealth & SAF Games and various other International competitions under the patronage of World Athletics, Asian Athletics Association, South Asian Athletics Federation etc.

RULES & REGULATIONS FOR SELECTION FOR 2023 WORLD ATHLETICS CHAMPIONSHIPS AND 2023 ASIAN GAMES.

1. Interstate Senior Athletics Championships 2023 to be held from 15 to 19 June 2023 in Bhubaneswar, Odisha will be the final selection trials for the 2023 World Championships, & the 2023 Asian Games. The qualification standards achieved anywhere other than AFI organised meets or where the AFI is sending the team will not be considered.
2. It is mandatory for ALL the athletes to participate in the Interstate Championships 2023 to be considered for selection of the Indian team for the above-mentioned competitions.
3. In special circumstances, such as participation in top-ranked competitions i.e. Diamond League or athlete is sent by the AFI to some better competition in order to qualify for the 2023 World Championships, 2023 Asian Games and 2024 Olympics Games. The selection committee may exempt such athletes but permission has to be obtained by the athletes well in advance.
4. It is the sole responsibility of Athletes/Coaches who are not part of the National Camps to declare their whereabouts and place of training/coaching and contact AFI (through AFI office, National Chief Coach) well in advance and submit their documents required for Accreditation. AFI will not be responsible for the negligence of Athletes/Coaches in case documents required

for Accreditation are not submitted before the deadline. An athlete may not be able to travel to these competitions with the Indian team even after achieving Qualification Standards and being selected by Selection Committee if he/she is not accredited by the Organising Committee.

5. Even after achieving the qualification standard, later, in the opinion of the Selection Committee, performance of the Athlete is not satisfactory, the Athlete can be called upon for a trial to check his/her performance. It will be the discretion of the Selection Committee to consider the athlete for selection or not after the trial.
6. The selection committee will only consider the latest performance for achieving the qualification as well as the participation in the interstate competition. It is mandatory that the athlete must retain the top position to be selected for the Indian team.
7. One athlete per event attaining Qualifying Standards set by AFI will be selected for the team. However, in case more than one athlete attains the qualifying standards set by AFI, it is the sole prerogative of the selection committee to include or reject the entry of the second athlete. If deemed tactically or technically necessary or in cases where chances/probability of winning more than one medal in the same event, more than one athlete attaining Qualifying Standard may be selected for the team. The decision of the Selection Committee will be final in such cases.
8. If one athlete has qualified for a particular event after achieving the Qualifying standard, the Selection Committee may include another athlete in the same event even if the second athlete has not achieved the qualified standards, but in the opinion of the Selection Committee, has a chance of winning a medal or if deemed tactically or technically necessary to include another athlete in the same event.
9. If none of the athletes achieves the Qualification Standard in a particular event as mentioned in the Qualifying Guidelines (*chart attached*), the Selection Committee may select the best athlete if there are chances/probability of winning a medal in that particular event.
10. As approved and declared in the AFI AGM held on 20-21 Oct. 2018, the Relay Teams (Men & Women- 4x100m, 4x400m; Mixed- 4x100m, 4x400m) will be selected ONLY from the members attending the National Coaching Camps. If the number of athletes is more than

required in National Coaching Camps then the final relay squad will be picked on the advice of the Selection Committee considering the results of the Interstate competition/Confirmatory trials.

11. Once selected, until these Championships, athletes are required to immediately report any injury, illness, or change in training status that could affect their ability to compete at their highest level. Failure to properly report injury or illness prior to the event may result in the athlete being removed from the team.

12. AFI follows NO NEEDLE POLICY and all Athletes are required to strictly adhere to AFI's NO NEEDLE POLICY.

A handwritten signature in black ink that reads "Ravinder Chaudhry". The signature is written in a cursive style with a small flourish at the end.

Ravinder Chaudhry,
Secretary

QUALIFYING GUIDELINES FOR ASIAN GAMES 2023

| MEN | EVENTS | WOMEN |
|-----------|----------------------------|-----------|
| 10.19s | 100M | 11.42s |
| 20.61s | 200M | 23.43s |
| 46.17s | 400M | 52.96s |
| 1:49.05s | 800M | 2:04.57s |
| 3:47.84s | 1500M | 4:15.49s |
| 14:00.00s | 5000M | 15.49.00s |
| 29.30.00s | 10000M | 32.30.24s |
| 8:35.40s | 3000M Steeple Chase | 9:47.00s |
| 13.57s | 110M Hurdles | |
| | 100 M Hurdles | 13.63s |
| 49.75s | 400MH | 57.48s |
| 7.95m | Long Jump | 6.45m |
| 16.60m | Triple Jump | 13.58m |
| 5.40m | Pole Vault | 4.10m |
| 2.24m | High Jump | 1.80m |
| 19.00m | Shot Put | 16.30m |
| 78.23m | Javelin Throw | 56.46m |
| 58.00m | Discus Throw | 57.00m |
| 71.10m | Hammer Throw | 62.03m |
| 1:23.30h | 20km Rw | 1:35.00h |
| 2:35.00h | 35 Km Rw | 2:58.30h |
| 7500pts | Decathlon | |
| | Heptathlon | 5654pts |
| 2:15.00h | Marathon | 2:37.00h |
| 39.00s | 4x100 M Relay | 44.50s |
| 3:03.97s | 4x400 M Relay | 3:33.23s |
| 3:17.50s | Mixed Relay | 3:17.50s |