



ATHLETICS FEDERATION OF INDIA

A-90, Phase I, Naraina Industrial Area, New Delhi - 110028

E: afi@indianathletics.in, indianathletics@gmail.com W : www.indianathletics.in

15 March 2023

**Subject:- Participation of Ultra Runners in the
WORLD MOUNTAIN & TRAIL RUNNING CHAMPIONSHIPS
05th to 10th June 2023 Innsbruck - Stubai, Austria**

The AFI proposes to send a team of men and women meeting the AFI set qualification standards for the World Mountain & Trail Running Championships to be held from 05th to 10th June 2023 at Innsbruck - Stubai, Austria. The detailed guidelines/ instructions/ eligibility criteria for selection and participation of ultra runners is placed as Annexure 'A' to this letter. Interested ultra runners, meeting selection criteria, **may apply online through the link which will be available on the AFI website from 15 March 2023 to 31 March 2023 (1700 h IST)**. Requests to accept applications beyond the stipulated date and time will not be entertained. The details required to be filled in the **online** form is placed as Annexure 'B' of this letter.

AFI is only facilitating the participation of Indian Ultra Runners who meet qualification levels. The participation is **Athlete Funded** and **selected athletes will have to bear all expenses** of training, travel, boarding and lodging and any other related expenses.

(Nagaraj Adiga)

Chairman

Ultra, Mountain and Trail Running Committee



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ANNEXURE-A

WORLD MOUNTAIN & TRAIL RUNNING CHAMPIONSHIPS 05th to 10th June 2023 Innsbruck - Stubai, Austria

World Mountain & Trail Running Championships is to be held from 05th to 10th June 2023 at Innsbruck - Stubai, Austria.

Online applications will open by 15 March 2023 to 31 March 2023.

3. **Events** The events which Indian Athletes can participate are:-

EVENT	DATE	LENGTH	Elevation Gain (m)
Vertical Uphill - Men and Women	07.06.2023	7.0 km	± 1020/5
Short Trail – Men and Women	08.06.2023	45 Km	± 3194/ 2772
Long Trail - Men and Women	09.06.2023	85 Km	± 5554/ 5966
Mountain Classic (Up & Down) - Men and Women	10.06.2023	13.7 Km	± 720

4. **Team composition :** Athletes meeting the set criteria would be considered.

(a) **Mountain Races :** Upto 03 men and 03 women for each event.

(b) **Trail races :** Upto 03 Men and 03 Women for each event.

5. **Qualifying Period.** The qualifying period is from **06 June 2022 to 31 March 2023.**

6. **Qualifying Race.** The races of a similar distance category description as mentioned in para 7 below and run during the qualifying period will be considered.



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Race

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7. Athletes should have achieved the following standards within the qualifying period.

EVENT	DESCRIPTION (Dist / Elev Gain)	GENDER	RACE SPECIFIC BENCH MARK
Vertical Uphill - Men and Women	7.0 km ± 1020/5	MEN	1: 15 hour
		WOMEN	1 hour 30 min
Mountain Classic (Up and Down) - Men and Women	13.7 Km ± 720	MEN	ITRA GENERAL PERFORMANCE INDEX; DISTANCE CATEGORY 10 Km or Half Marathon PERFORMANCE INDEX; AND RACE SCORE - minimum 650
		WOMEN	ITRA GENERAL PERFORMANCE INDEX; DISTANCE CATEGORY 10 Km or Half Marathon PERFORMANCE INDEX; AND RACE SCORE - minimum 500

EVENT	DESCRIPTION (Dist / Elev Gain)	GENDER	RACE SPECIFIC BENCH MARK
Short trail race – Men and Women	45 Km ± 3194/ 2772	MEN	ITRA GENERAL PERFORMANCE INDEX; DISTANCE CATEGORY Marathon or 50 Km PERFORMANCE INDEX; AND RACE SCORE - minimum 650
		WOMEN	ITRA GENERAL PERFORMANCE INDEX; DISTANCE CATEGORY Marathon or 50 Km PERFORMANCE INDEX; AND RACE SCORE - minimum 500
Long trail race - Men and Women	85 Km ± 5554/ 5966	MEN	ITRA GENERAL PERFORMANCE INDEX; DISTANCE CATEGORY 50 M or 100 K PERFORMANCE INDEX; AND RACE SCORE - minimum 650
		WOMEN	ITRA GENERAL PERFORMANCE INDEX; DISTANCE CATEGORY 50 M or 100 K PERFORMANCE INDEX; AND RACE SCORE of 500

Please refer to <https://itra.run/find-a-runner> for the ITRA Performance Index Score. The ITRA Performance Index against each runner as on date on submission of application form is accepted.



8. Selection Process **ATHLETICS FEDERATION OF INDIA**

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Only Indian Citizens will be considered and the athlete must be holding a valid Indian passport.

(b) Race Results. The results of the races run by the athlete must be available on the website of the organizer / ITRA site, as on the date of submission of the application. Results, which are made available after the last date for submission of the application, may not be considered.

(c) Selection Trials. No selection trials are envisaged for the Championships.

(d) The minimum ITRA General Performance Index, Distance Category Performance Index and Qualifying Race Score must be as indicated against each Category of Race.

(e) The selection decision will be based on the having achieved 8 (d). However, for final selection the Higher Qualifying Race Score during the qualifying period will be taken into account.

9. Participation in races after selection. Once selected for the races mentioned in this document, the athletes are not permitted to take part in any race till the championships.

10. Expenditure for participation. The Championships is an athlete funded events. All expenditure towards the participation is to be borne by individual athletes.

If the Championship attracts a sponsor, in which the travel and accommodation is either fully or largely paid by the sponsor, then the athlete would be required to abide by certain conditions laid down by the AFI to meet the requirements of the sponsor. Details would be intimated at the appropriate stage.

11. Announcement of Results. Selected athletes will be intimated by e-mail and result of selection will be posted on the official website of AFI-www.indianathletics.in by **05 April 2023**

12. Additional Information.

- (a) The AFI Ultra Running Committee may be contacted at ultramarathon@indianathletics.in afi@indianathletics.in
- (b) Training. Athletes selected will be responsible for their own training in consultation with the Ultra-Running Committee of the AFI.
- (c) Injuries sustained prior to the Championships. If a selected athlete gets injured during the preparation before the event, and his participation in the event is at risk, he / she must inform the Ultra-Running Committee of the AFI at the earliest.

IMPORTANT DATES

S No.	ACTIVITY	DATE and TIME
1	Online Application on AFI Website	15 March 2023
2.	Cut off date and time to receive completed online Application Forms	31 March 2023 (1700 h)
3	Announcement of Selection Results	05 April 2023
4.	Payment for Accommodation and miscellaneous expenditure.	Will be intimated later
5.	Arrival in Austria	Will be intimated later
6.	WORLD MOUNTAIN & TRAIL RUNNING CHAMPIONSHIPS	05th to 10th June 2023



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ANNEXURE-B

DETAILS REQUIRED FOR THE ONLINE FORM

1.	12.	
2.	Date of Birth (DD/MM/YYYY)	
3.	Gender	
4.	Nationality	
5.	Do you hold an Indian Passport (Please upload the first and last page of the passport scanned / jpeg file)	Link for uploading passport details will be given here
6	Passport Number	
7	Date of Expiry	
8.	Address (As per Passport)	
9.	Current Address	
10.	Cell Phone Number	
11.	E - Mail Id	



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12.	Qualifying Mountain / Trail race done between 06 June 2022 to 31 March 2023	Please mention ITRA General Performance Index, Race Category Performance Index and Qualifying Race Score.	Link for athlete profile on ITRA website to be given.
	Vertical Uphill - Men and Women	Timing in hours and minutes	Please give the link for athlete profile on ITRA website.
	Mountain Classic (Up and Down) - Men and Women	ITRA Score	Please give the link for athlete profile on ITRA website.
	Short trail race – Men and Women	ITRA Score	Please give the link for athlete profile on ITRA website.
	Long trail race - Men and Women	ITRA Score	Please give the link for athlete profile on ITRA website.

13.	UNDERTAKING BY ATHLETE	1. If selected, I understand I may be required to bear all expenses towards my participation in the event.
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		<p>2. If I am unable to bear my expenses, I will not claim as my right nor will I insist that AFI should bear my expenses.</p>	
		<p>3. I undertake to make necessary arrangements for my travel for the event.</p>	
		<p>4. If I am injured prior to the event I shall inform the AFI Ultra Running Committee immediately.</p>	
		<p>5. Once selected, I undertake not to participate in a race / event before the Championships. I also understand by doing so, I could be dropped from the team.</p>	
		<p>6. I will abide with the directions of the AFI Ultra Running Committee with regards to all activities involving my participation in the event.</p>	
		<p>7. If the Championship attracts a sponsor, in which the travel and accommodation is either fully or largely paid by the sponsor, then I agree to abide by certain conditions laid down by the AFI to meet the requirements of the sponsor.</p>	
<p>Please select the Agree or Disagree button.</p>			