



ATHLETICS FEDERATION OF INDIA

G-3 , Community Center, C-Block, Naraina Vihar, New Delhi-110028
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Circular No. 27-05/2023

23 May, 2023

**All Affiliated Units-AFI
Athletes Meeting the Selection Criteria**

**Subject:- Participation of Ultra Runners in the 2023 IAU 100 Km
ASIA AND OCEANIA CHAMPIONSHIP 30th July 2023,
Bangalore, India**

The AFI proposes to send a team comprising upto 6 men and 6 women meeting the AFI set qualification standards for the 2023 IAU 100 Km Asia and Oceania Championships to be held on 30th July 2023 at Bangalore, India. The detailed guidelines/ instructions/ eligibility criteria for selection and participation of ultra runners is placed as Annexure 'A' to this letter. Interested ultra runners, meeting selection criteria, **may apply online through the link which will be available on the AFI website from 23 May 2023 to 15 June 2023 (1700 h IST)**. Requests to accept applications beyond the stipulated date and time will not be entertained. The details required to be filled in the online form is placed as Annexure 'B' of this letter.

AFI is only facilitating the participation of Indian Ultra Runners who meet qualification levels. The participation is **Athlete Funded** and **selected athletes will have to bear all expenses** of training, travel, boarding and lodging and any other related expenses.

Ravinder Chaudhry

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Secretary, AFI



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ANNEXURE-A

2023 IAU 100 Km ASIA AND OCEANIA CHAMPIONSHIP 30th July 2023, Bangalore, India

INVITATION OF APPLICATIONS

Introduction

1. The 2023 IAU 100 Km ASIA AND OCEANIA CHAMPIONSHIPS is to be held on 30th July 2023 at Bangalore, India. This is an International Association of Ultrarunners (IAU) Competition.

The Course

2. Road Race

Selection Criteria

3. **Race Specific Benchmark.** The race specific benchmark and qualifying period mentioned therein is as given in the table below:-

	Race	Gender	Specific Benchmark	Qualifying Period
(a)	100 Km Race	M	7 h 45 min	31 July 2022 to 15 June 2023
(b)	100 Km Race	F	9h 17 min	31 July 2022 to 15 June 2023

4. Selection Process

(a) Only Indian Citizens will be considered and the athlete must be holding a valid Indian passport.

(b) Qualifying period. As specified in the table above at para 3.



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(c) Race Results. The results of the races run by the athlete must be available on the website of the organizer as on the date of submission of the application. Results, which are made available after the last date for submission of the application, may not be considered.

(d) Proof of Fitness. If the Race Specific Benchmark has been achieved more than four months before the last date of submission of application i.e. 15 June 2023, the athletes will be required to provide a proof of fitness. If not available, the athlete may not be considered for the selection process solely on the basis of having met the Race Specific Benchmarks and Qualifying Period. Races and timings from 31 Jan 2023 which will be considered as proof of fitness are as given next:

(i) Marathon (42 K): Men 3:05 h; Women 3:45 h

(e) Team Composition. Up to 06 Men and 06 Women, meeting the standards set by AFI could be selected to represent India.

(f) Selection Trials. No selection trials are envisaged for the Championships. However, if there is a tie between athletes meeting the criteria, the selection of the athlete would be solely at the discretion of the selection committee.

5. Participation in races after selection. Once selected for the races mentioned in this document, the restrictions given below will be applicable. Athletes are not permitted to participate in races/ sporting tournaments without explicit permission of the selection committee.

(a) less than 02 months from the date of Championships races longer than 12 hours /100 km are not permitted.

(b) less than 01 month from date of Championships, races longer than 21 k are not permitted.

(c) less than 15 days from date of Championships, racing / participation in any sporting event is not permitted.



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6. **Expenditure for participation.** The Championships is an athlete funded events. All expenditure towards the participation is to be borne by individual athletes.

If the Championship attracts a sponsor, in which the travel and accommodation is either fully or largely paid by the sponsor, then the athlete would be required to abide by certain conditions laid down by the AFI to meet the requirements of the sponsor. Details would be intimated at the appropriate stage.

7. **Announcement of Results.** Selected athletes will be intimated by e-mail and result of the selection will be posted on the official website of AFI- www.indianathletics.in by 20th June 2023.

8. **Additional Information.**

(a) The AFI Ultra Running Committee may be contacted at ul-tramarathon@indianathletics.in

(b) **Training.** Athletes selected will be responsible for their own training in consultation with the Ultra-Running Committee of the AFI.

(c) **Injuries sustained prior to the Championships.** If a selected athlete gets injured during the preparation before the event, and his participation in the event is at risk, he / she must inform the Ultra-Running Committee of the AFI at the earliest.

IMPORTANT DATES

S No.	ACTIVITY	DATE and TIME
1	Online Application on AFI Website	21 May 2023
2.	Cut off date and time to receive completed online Application Forms	15 June 2023 (1700 h)
3	Announcement of Selection Results	20th June 2023
4.	Payment for Accommodation and miscellaneous expenditure.	Will be intimated later
5.	Arrival at Bengaluru	Will be intimated later
6.	2023 IAU 100 Km ASIA AND OCEANIA CHAMPIONSHIPS	30 July 2023



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ANNEXURE-B

DETAILS REQUIRED FOR THE ONLINE FORM

1.	Full Name of the Applicant (as per passport)	
2.	Date of Birth (DD/MM/YYYY)	
3.	Gender	
5.	Nationality	
6.	Do you hold an Indian Passport (Please upload the first and last page of the passport scanned / jpeg file)	Link for uploading passport details will be given here
	Passport Number	
	Date of Expiry	
7	Address (As per Passport)	
8	Current Address	
9	Cell Phone Number	
10	E - Mail Id	

11.	Qualifying race done between 31 July 2022 to 15 June 2023	100 Km	Please mention timing achieved	Link for uploading passport details will be given here
12.	Proof of Fitness. Detail of Ultra Races Run during the Period from 31 Jan 2023 to 15 June 2023	Marathon	Please mention timing achieved	Link for uploading passport details will be given here

13.	UNDERTAKING BY ATHLETE	1. If selected, I understand I may be required to bear all expenses towards my participation in the event.
		2. If I am unable to bear my expenses, I will not claim as my right nor will I insist that AFI should bear my expenses.
		3. I undertake to make necessary arrangements for my travel for the event.
		4. If I am injured prior to the event I shall inform the AFI Ultra Running Committee immediately.
		5. Once selected, I undertake not to participate in a race / event without the permission of the Selection Committee, whose decision will be final. I also understand by doing so, I could be dropped from the team.
		6. I will abide with the directions of the AFI Ultra Running Committee with regards to all activities involving my participation in the event.

		7. If the Championship attracts a sponsor, in which the travel and accommodation is either fully or largely paid by the sponsor, then I agree to abide by certain conditions laid down by the AFI to meet the requirements of the sponsor.	
	Please select the Agree or Disagree button.		