



# ATHLETICS FEDERATION OF INDIA

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F.No.4-29/AFI/23

Circular No.: 47/09-2023

To  
All Affiliated Units–AFI

September 16, 2023

**Subject:- 3rd National Open U-23 Athletics Championships 2023**

Dear Madam/Sir,

I am pleased to inform you that **3rd National Open U-23 Seniors Athletics Championships 2023** will be organised by Chandigarh Athletics Association from **20-22 October 2023**. The various details of the Championships are given below:

Venue : Sports Complex, Sector 7, Chandigarh  
Date : 20-22 October 2023  
Organising Secretary : Mr. Jaspinder Singh  
Secretary  
Chandigarh Athletics Association  
Email: [athletics.chandigarh@gmail.com](mailto:athletics.chandigarh@gmail.com)  
Mob: 9888761288

The Championships and events shall be organized in accordance with the Rules of Athletics Federation of India and Competition & Technical Rules 2022 Edition of World Athletics & Indian Athletics Manual (updated as on 01.10.2020).

The SOP (Standard Operating Procedure) issued by Athletics Federation of India, UT, Chandigarh shall be followed for hosting this National Athletics Championships.

**Championships & Eligibility Details:**

1. An individual athlete can do entry directly by login to AFI portal.
2. The individuals representing the "Affiliated States/UT Athletics Associations" will enter in the Championships. An athlete can enter in **TWO individual events**.
3. Athletes Men and Women Under 23 years who were born between 23rd October 2000 to 22<sup>nd</sup> October 2007 will enter in this competition.
4. Athletes below 18 years are not allowed in races above 3000mts.
5. The entries should be submitted "ONLINE" on AFI Website directly by the **individual athlete from 22nd September to 11th October 2023**. Entries sent by the mode other than "ONLINE" will not be accepted. In other words, no manual entry will be accepted.
6. No athlete below 16 years of age is entitled to enter in this Championships.
7. **The athletes who meet the Entry Standards (enclosed) in the past 3 years will only be allowed to enter in the Competition.** The performance must have been achieved either in National Championships/State Championships or AFI recognized Championships where electronic system had been used.

8. The junior athletes taking part in throwing events should achieve the qualifying standards with senior specified implements.
9. Entry Fee of **INR 1200/- per event** per athlete will have to be paid online alongwith entry. **The entry fee paid is non-refundable**, hence, athletes are advised to submit the entries only if they achieved the Entry Standard in National/State/UT Meets or AFI recognised meet. The proof of achievement is mandatory to attach during online entry.
10. **The Last date** for receipt of Entries is 11<sup>th</sup> **October 2023**. In no case, entries after the target date will be entertained.

**Entry Standard:**

Entry Standards is attached with this circular. It is once again advised to enter your name for the championships only if you have achieved the prescribed Entry standards fixed by AFI either in National/State/UT Meets or AFI recognised meets where electronic system had been used and the proof is must to be attached in online portal, failing which your entry will be rejected.

**BIB Numbers:**

**Bib nos.** will be issued to concerned Athletes on 19<sup>th</sup> October 2023, 2.00 PM onwards on production of original age certificate, valid photo ID Card and AFI UID prior to their event at the venue.

**Medals & Certificates:**

Medal ceremony will be held as far as possible as per schedule. However, the participation Certificates will be issued online. Participation Certificates will be issued only to those athletes who achieve the qualification standards set by AFI. The Merit certificates will be issued only after receiving the "Dope Test" report from NADA and will be sent to the athletes.

**Dope Samples:**

Dope Samples will be collected by the officials of National Anti-Doping Agency (NADA).

**Failure to Participate:**

If any athlete fails to participate after sending the entry without any valid reason, he/she may not be allowed to take part in any subsequent event. The Federation has the right to reject any entry without assigning any reason.

**Boarding & Lodging:**

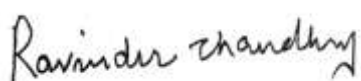
Please be informed that the Boarding, Lodging & Local Transport facilities to participating Athletes will not be provided by the Athletics Federation of India. Athletes will, therefore, have to make their own arrangements in this regard.

**Disclaimer:**

AFI or Organizing State Unit will not be held responsible directly or indirectly for any loss of life/damage/illness/injury in connection with participation in 3rd National U-23 Senior Athletics Championships 2023. All Athletes/officials/vendors have to participate on their own risk. You are requested to bring it to the notice of your athletes. Your cooperation in this regard is solicited.

Thanking you

Yours sincerely,



**Ravinder Chaudhry**  
**Secretary, AFI**



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## **3rd NATIONAL U-23 SENIOR ATHLETICS CHAMPIONSHIPS**

### **LIST OF EVENTS**

S.No.	Under 23 Men	Entry Standard	Under 23 Women	Entry Standard
1	100m	10.85s	100m	12.10s
2	200m	22.00s	200m	24.50s
3	400m	48.50s	400m	56.50s
4	800m	1:53.00s	800m	2:15.00s
5	1500m	3:52.00s	1500m	4:30.00s
6	5000m	14:40.00s	5000m	17:00.00s
7	10000m	31:30.00s	10000m	36:50.00s
8	3000mSC	9:20.00s	3000mSC	12:30.00s
9	110m Hurdles(1.067m)	15.30s	100m Hurdles(0.838m)	15.30s
10	400m Hurdles(0.914m)	53.00s	400m Hurdles(0.762m)	1:02.00s
11	High Jump	2.00m	High Jump	1.60m
12	Pole Vault	4.40m	Pole Vault	3.30m
13	Long Jump	7.30m	Long Jump	5.85m
14	Triple Jump	15.30m	Triple Jump	12.30m
15	ShotPut(7.260kg)	16.20m	ShotPut (4.0kg)	12.50m
16	Discus Throw(2kg)	50.00m	Discus Throw(1.0kg)	43.00m
17	Hammer Throw(7.260kg)	60.00m	Hammer Throw(4.0kg)	45.00m
18	Javelin Throw(800g)	67.00m	Javelin Throw(600g)	46.00m
19	Decathlon	5500pts	Heptathlon	4000pts
20	20KM/20000mRaceWalk (Road/Track)	1:35:00s	20KM/20000mRaceWalk (Road/Track)	1:48.00s