

62nd National Open Athletics Championship

KANTEERAVA STADIUM, BANGALORE

11 to 15, October 2023

Schedule Version 4 as on 09-10-2023. Please follow day by day Start List.

11 - 10 - 2023 Forenoon

Event No	Scheduled Time	Event	Gender	Round
101	0945 HRS	100m	Men	Decathlon 1
102	0945 HRS	Discus Throw [2.000kg]	Men	Q.Round Group 1
103	1000 HRS	100m	Men	Round 1
104	1020 HRS	Long Jump	Men	Decathlon 2
105	1030 HRS	100m	Women	Round 1

Inaguration-1100 Hrs

106	1145 HRS	Discus Throw [2.000kg]	Men	Q.Round Group 2
107	1145 HRS	Shot Put [7.260kg]	Men	Decathlon 3

11 - 10 - 2023 Afternoon

108	1345hrs	Hammer Throw [4.000kg]	Women	FINAL 1
109	1400hrs	Pole Vault	Men	Final 2
110	1400hrs	High Jump	Men	Decathlon 4
111	1400hrs	110m Hurdles [1.067m]	Men	Round 1
112	1430hrs	100m Hurdles [83.8cm]	Women	Round 1
113	1445hrs	Hammer Throw [7.260kg]	MEN	Q.Round Group 1
114	1500hrs	100m	Men	Semi Final
115	1515hrs	100m	Women	Semi Final
116	1545hrs	Hammer Throw [7.260kg]	MEN	Q.Round Group 2
117	1550hrs	400m	Men	Decathlon 5
118	1600hrs	10000m	Men	Final 3
119	1645hrs	10000m	Women	Final 4
	1700 HRS	Hammer Throw	Women	MEDAL CEREMONY 1
	1710 HRS	10000m	Men	MEDAL CEREMONY 2
	1720 HRS	10000m	Women	MEDAL CEREMONY 3
	1730 HRS	Pole Vault	Men	MEDAL CEREMONY 4

12 - 10 - 2023 Forenoon

201	0800hrs	110m Hurdles [1.067m]	Men	Decathlon 6
202	0810hrs	Long Jump	Men	Q.Round Group 1
203	0820hrs	110m Hurdels [1.067m]	Men	Semi Final
204	0830hrs	Shot Put [7.260kg]	Men	Q.Round Group 1

205	0850 hrs	Discus Throw [2.000kg]	Men	Decathlon 7
206	0855hrs	400m	Men	Round 1
207	0920hrs	400m	Women	Round 1
208	0930hrs	Long Jump	Men	Q.Round Group 2
209	0935hrs	Shot Put [7.260kg]	Men	Q.Round Group 2
210	1000hrs	Pole Vault	Men	Decathlon 8
12 - 10 - 2023 Afternoon				
211	1430hrs	Javelin Throw [800gm]	Men	Decathlon 9
212	1500hrs	High Jump	Men	Q.Round Group 1
213	1510hrs	110m Hurdles [1.067m]	Men	Final 5
214	1520hrs	100m Hurdles [83.8cm]	Women	Final 6
215	1530hrs	Long Jump	Women	Final 7
216	1550hrs	100m	Women	Final 8
217	1600hrs	100m	Men	Final 9
	1610hrs	110m Hurdles [1.067m]	Men	MEDAL CEREMONY 5
218	1615hrs	400m	Men	Semi Final
	1620hrs	100m Hurdles [83.8cm]	Women	MEDAL CEREMONY 6
219	1625hrs	High Jump	Men	Q.Round Group 2
220	1630hrs	400m	Women	Semi Final
221	1635hrs	Shot Put [4.000kg]	Women	Final 10
222	1645hrs	1500m	Men	Round 1
223	1650hrs	Discus Throw [2.000kg]	Men	Final 11
224	1715hrs	1500m	Men	Decathlon 10 / 12
225	1730hrs	4 X 100m Relay	Men	Round 1
	1750hrs	Long Jump	Women	MEDAL CEREMONY 7
	1800hrs	100m	Women	MEDAL CEREMONY 8
	1810hrs	100m	Men	MEDAL CEREMONY 9
	1820hrs	Shot Put [4.000kg]	Women	MEDAL CEREMONY 10
	1830hrs	Discus Throw [2.000kg]	Men	MEDAL CEREMONY 11
	1840hrs	Decathlon	Men	MEDAL CEREMONY 12
13 - 10 - 2023 Forenoon				
301	0630hrs	5000m	Men	Final 13
302	0655hrs	5000m	Women	Final 14
303	0740hrs	100m Hurdles [83.8cm]	Women	Heptathlon 1
304	0750hrs	Triple Jump	Men	Q.Round Group 1
305	0800hrs	800m	Women	Round 1
306	0810hrs	Javelin Throw [800gm]	Men	Q.Round Group 1

307	0820hrs	800m	Men	Round 1
308	0830hrs	High Jump	Women	Heptathlon 2
309	0850hrs	200m	Women	Round 1
310	0900hrs	Triple Jump	Men	Q.Round Group 2
311	0910hrs	Javelin Throw [800gm]	Men	Q.Round Group 2
312	0920hrs	200m	Men	Round 1
313	1000hrs	400m Hurdles [76.2cm]	Women	Round 1
	1010hrs	5000m	Men	MEDAL CEREMONY 13
	1020hrs	5000m	Women	MEDAL CEREMONY 14
314	1030hrs	400m Hurdles [91.4cm]	Men	Round 1
13 - 10 - 2023 Afternoon				
315	1430hrs	Hammer Throw [7.260kg]	Men	Final 15
316	1440hrs	Pole Vault	Women	Final 16
317	1510hrs	Long Jump	Men	Final 17
318	1515hrs	Shot Put [4.000kg]	Women	Heptathlon 3
319	1530hrs	400m Hurdles [91.4cm]	Men	Semi Final
320	1600hrs	200m	Women	Semi Final
321	1600hrs	High Jump	Men	Final 18
322	1605hrs	Shot Put [7.260kg]	Men	Final 19
323	1610hrs	200m	Men	Semi Final
324	1620hrs	Discus Throw [1.000kg]	Women	Final 20
325	1625hrs	200m	Women	Heptathlon 4
326	1630hrs	TRIPLE JUMP	WOMEN	Final 21
	1635hrs	Hammer Throw [7.260kg]	Men	MEDAL CEREMONY 15
	1645hrs	Long Jump	Men	MEDAL CEREMONY 16
327	1650hrs	4X400m Relay	Women	Final 22
328	1700hrs	4X400m Relay	Men	Final 23
	1710hrs	Pole Vault	Women	MEDAL CEREMONY 17
	1720hrs	Triple Jump	Women	MEDAL CEREMONY 18
	1730hrs	High Jump	Men	MEDAL CEREMONY 19
	1740hrs	Shot Put [7.260kg]	Men	MEDAL CEREMONY 20
	1745hrs	Discus Throw [1.000kg]	Women	MEDAL CEREMONY 21
	1750hrs	4X400m Relay	Women	MEDAL CEREMONY 22
	1755hrs	4X400m Relay	Men	MEDAL CEREMONY 23
14 - 10 - 2023 Forenoon				
401	0800hrs	Long Jump	Women	Heptathlon 5

402	0900hrs	Javelin Throw [600gm]	Women	Heptathlon 6
14 - 10 - 2023 Afternoon				
403	1430hrs	Javelin Throw [600gm]	Women	Final 24
404	1500hrs	High Jump	Women	Final 25
405	1500hrs	400m Hurdles [91.4cm]	Men	Final 26
406	1515hrs	400m Hurdles [76.2cm]	Women	Final 27
407	1530hrs	200m	Women	Final 28
408	1540hrs	200m	Men	Final 29
409	1545hrs	Triple Jump	Men	Final 30
410	1550hrs	800m	Women	Final 31
411	1600hrs	800m	Men	Final 32
412	1615hrs	800m	Women	Heptathlon 7/ 33
413	1630hrs	3000m Steeple Chase [91.4cm]	Men	Final 34
	1650hrs	Javelin Throw [600gm]	Women	MEDAL CEREMONY 24
414	1645hrs	3000m Steeple Chase [76.2cm]	Women	Final 35
415	1700hrs	4 X 400m Mixed Relay	Men & Women	Final 36
	1710hrs	High Jump	Women	MEDAL CEREMONY 25
	1715hrs	400m Hurdles [91.4cm]	Men	MEDAL CEREMONY 26
	1720hrs	400m Hurdles [76.2cm]	Women	MEDAL CEREMONY 27
	1730hrs	200m	Women	MEDAL CEREMONY 28
	1735hrs	200m	Men	MEDAL CEREMONY 29
	1745hrs	Triple Jump	Men	MEDAL CEREMONY 30
	1750hrs	800m	Women	MEDAL CEREMONY 31
	1800hrs	800m	Men	MEDAL CEREMONY 32
	1805hrs	Heptathlon	Women	MEDAL CEREMONY 33
	1810hrs	3000m Steeple Chase [91.4cm]	Men	MEDAL CEREMONY 34
	1815hrs	3000m Steeple Chase [76.2cm]	Women	MEDAL CEREMONY 35
	1820hrs	4 X 400m Mixed Relay	Men & Women	MEDAL CEREMONY 36
15 - 10 - 2023 Forenoon				
501	0600hrs	20km Race Walk	Men	Final 37
502	0610hrs	20km Race Walk	Women	Final 38
15.10.2023 Afternoon				
503	1500hrs	400m	Women	Final 39
504	1515hrs	400m	Men	Final 40
505	1530hrs	Javelin Throw	Men	Final 41
506	1600hrs	1500m	Women	Final 42
507	1615hrs	1500m	Men	Final 43

508	1630hrs	4X100m Relay	Women	Final 44
509	1645hrs	4X100m Relay	Men	Final 45
	1700hrs	20km Race Walk	Men	MEDAL CEREMONY 37
	1715hrs	20km Race Walk	Women	MEDAL CEREMONY 38
	1720hrs	400m	Men	MEDAL CEREMONY 39
	1725hrs	400m	Women	MEDAL CEREMONY 40
	1730hrs	Javelin Throw	Men	MEDAL CEREMONY 41
	1740hrs	4X100m Relay	Women	MEDAL CEREMONY 42
	1750hrs	4X100m Relay	Men	MEDAL CEREMONY 43
	1800hrs	1500m	Men	MEDAL CEREMONY 44
	1810hrs	1500m	Women	MEDAL CEREMONY 45