

37TH NATIONAL GAMES, GOA 2023-ATHLETICS

29TH OCTOBER - 3RD NOVEMBER

30-10-2023

10/29/23 - 11/3/23

Athletics Stadium, Bambolim (Goa)

Event # 21 MENS 20Km Race Walk

NR.:AKSHDEEP SINGH RANCHI 1:19.55 14/02/2023

% MR.:GURMEET SINGH RANCHI 1:23.26 2011

1	SURAJ PANWAR	744	02/04/01	UTTARAKHAND	1:27:43.00
2	SERVIN .	588	05/11/99	SERVICES	1:27:44.00
3	HARDEEP .	260	02/09/98	HARYANA	1:28:27.00
4	MUKESH NITHARWAL	576	04/06/00	RAJASTHAN	1:30:31.00
5	DHANANJAY YADAV	633	05/07/98	SERVICES	1:30:59.00
6	VIJAY OMKAR VISHWAKARM	208	11/10/99	GOA	1:31:43.00
7	FARMAN ALI	715	06/08/01	UTTAR PRADESH	1:31:44.00
8	ARSHPREET SINGH	518	22/11/00	PUNJAB	1:32:00.00
9	IRFAN K T	380	08/02/90	KERALA	1:36:41.00
	NINGTHOUKHONGJA WILLIA	475	05/03/02	MANIPUR	DNF
	BILIN GEORGE ANTO	375	05/11/04	KERALA	DNF
	JASPAL SINGH	301	19/11/98	JHARKHAND	DNF
	SANDEEP KUMAR SANGWAN	275	16/12/86	HARYANA	DNF
	TANISH VATS	177	05/12/00	DELHI	DNF
	PARAMJEET SINGH BISHT	745	03/03/02	UTTARAKHAND	DNS

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Event # 42 WOMENS 20Km Race Walk

NR.:PRIYANKA GOSWAMI RANCHI 1:28.45 13/02/2021

% MR.:MUNITA PRAJAPATI GANDHINAGAR 1:38.20 2022

1	PRIYANKA GOSWAMI	698	10/03/96	UTTAR PRADESH	1:36:35.00 %
2	SEJAL ANIL SINGH	442	05/08/03	MAHARASHTRA	1:41:13.00
3	MUNITA PRAJAPATI	705	15/01/02	UTTAR PRADESH	1:42:24.00
4	PAYAL .	732	05/05/99	UTTARAKHAND	1:44:13.00
5	PREETI .	231	05/02/02	HARYANA	1:45:11.00
6	MONIKA .	227	17/01/02	HARYANA	1:48:15.00
7	MOKAVI MUTHURATHINAM	643	09/07/02	TAMIL NADU	1:49:40.00
8	JYOTI .	226	01/11/02	HARYANA	1:51:33.00
9	MANSI NEGI	736	05/05/03	UTTARAKHAND	1:52:03.00
10	SANDRA SURENDRAN	364	26/06/02	KERALA	2:03:17.00
11	RESHMA PATEL	737	15/09/04	UTTARAKHAND	2:07:02.00
	JASLEEN .	129	08/09/01	CHANDIGARH	DNF
	VANDANA .	302	10/12/03	KARNATAKA	DNF
	POOJA KUMAWAT	560	02/12/99	RAJASTHAN	DNF
	SHIPHALI SHIVAJI NAIK	192	08/11/01	GOA	DNF
	NIKITA LAMBA	561	01/07/02	RAJASTHAN	DNF

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Event # 8 MENS 110m Hurdles

NR.:SIDDHANTH THINGALAYA MESA 13.48 10/06/2017

%MR.:S.THINGALAYA THIRUVANANTHAPURAM 13.83 2015

RESULTS OF FINALS Heat 1

1	TEJAS ASHOK SHIRSE	460	04/06/02	MAHARASHTRA	-0.2m/s se	13.71 %
2	A. GRACESON JEEVA	489	05/04/03	ODISHA	-0.2m/s se	14.13
3	MADHVENDRA SINGH	582	30/10/03	RAJASTHAN	-0.2m/s se	14.19
4	VIKASH KHODKE	462	16/08/01	MAHARASHTRA	-0.2m/s se	14.33
5	DHANUSH ADITHAN G	664	30/09/01	TAMIL NADU	-0.2m/s se	14.35
6	MANAV R	674	07/06/00	TAMIL NADU	-0.2m/s se	14.39
7	TARUNDEEP SINGH BHATIA	628	06/09/94	SERVICES	-0.2m/s se	14.58
8	KUNAL CHAUDHARY	155	24/03/99	DELHI	-0.2m/s se	14.96

RESULTS OF PRELIMS Heat 1

1	TEJAS ASHOK SHIRSE	460	04/06/02	MAHARASHTRA	+0.4m/s n	13.80 %
2	A. GRACESON JEEVA	489	05/04/03	ODISHA	+0.4m/s n	14.16
3	MANAV R	674	07/06/00	TAMIL NADU	+0.4m/s n	14.85
4	KUNAL CHAUDHARY	155	24/03/99	DELHI	+0.4m/s n	14.92
5	YASHWANTH KUMAR L	117	28/08/01	ANDHRA PRADESH	+0.4m/s n	15.06
6	SANDEEP CHOUDHARY	569	13/06/02	RAJASTHAN	+0.4m/s n	15.14

RESULTS OF PRELIMS Heat 2

1	MADHVENDRA SINGH	582	30/10/03	RAJASTHAN	+0.2m/s e	14.17
2	DHANUSH ADITHAN G	664	30/09/01	TAMIL NADU	+0.2m/s e	14.46
3	TARUNDEEP SINGH BHATIA	628	06/09/94	SERVICES	+0.2m/s e	14.52
4	VIKASH KHODKE	462	16/08/01	MAHARASHTRA	+0.2m/s e	14.57
5	SUSHANTH M D	332	03/09/01	KARNATAKA	+0.2m/s e	15.06
	PRAVEEN KUMAR	203	25/02/92	GOA		DNF

Event # 29 WOMENS 100m Hurdles

NR.:JYOTHI YARRAJI CHENGDU 12.78 04/08/2023

%MR.:JYOTHI YARRAJI GANDHINAGAR 13.30 2022

RESULTS OF FINALS Heat 1

1	JYOTHI YARRAJI	115	28/08/99	ANDHRA PRADESH	+0.1m/s e	13.22 %
2	NITHYA RAMRAJ	651	20/09/98	TAMIL NADU	+0.1m/s e	13.36
3	SAPNA KUMARI	296	13/08/99	JHARKHAND	+0.1m/s e	13.42
4	PRAGYAN SAHU	483	19/12/99	ODISHA	+0.1m/s e	13.51
5	ANJALI C	306	05/07/00	KARNATAKA	+0.1m/s e	13.64
6	PRANJALI PATIL	453	23/01/03	MAHARASHTRA	+0.1m/s e	13.72
7	MEDHA KAMATH	314	04/12/97	KARNATAKA	+0.1m/s e	14.15
	MOUMITA MONDAL	750	09/12/01	WEST BENGAL		DQ

RESULTS OF PRELIMS Heat 1

1	JYOTHI YARRAJI	115	28/08/99	ANDHRA PRADESH	-0.5m/s se	13.33
2	SAPNA KUMARI	296	13/08/99	JHARKHAND	-0.5m/s se	13.68
3	ANJALI C	306	05/07/00	KARNATAKA	-0.5m/s se	13.75
4	PRANJALI PATIL	453	23/01/03	MAHARASHTRA	-0.5m/s se	13.86
5	MOUMITA MONDAL	750	09/12/01	WEST BENGAL	-0.5m/s se	14.01
6	UNNATHI AIYAPPA	304	05/06/05	KARNATAKA	-0.5m/s se	14.30
7	ANN ROSE TOMY	361	25/02/02	KERALA	-0.5m/s se	14.41

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RESULTS OF PRELIMS Heat 2

1	PRAGYAN SAHU	483	19/12/99	ODISHA	+0.3m/s ne	13.48
2	NITHYA RAMRAJ	651	20/09/98	TAMIL NADU	+0.3m/s ne	13.54
3	MEDHA KAMATH	314	04/12/97	KARNATAKA	+0.3m/s ne	14.19
4	PRATHIBA KUMARI	295	06/01/01	JHARKHAND	+0.3m/s ne	14.27
5	RUCHITA NAMAYI	687	05/05/04	TELANGANA	+0.3m/s ne	14.76
6	SOWMIYA MURUGAN	110	25/03/96	ANDHRA PRADESH	+0.3m/s ne	14.79
7	SHIMRON NATHAN	187	07/06/02	GOA	+0.3m/s ne	16.40

Event # 13 MENS Long Jump

NR.:JESWIN ALDRIN BELLARY 8.42 02/03/2023

% MR.:JESWIN ALDRIN J GANDHINAGAR 8.26 2022

1	MUHAMMED ANEES Y	372	03/12/95	KERALA	+1.7m/s	8.15m
		X, 7.92, 7.94, 7.89, 7.82, 8.15				
2	ARYA S	335	31/12/01	KARNATAKA	+0.1m/s	7.89m
		7.54, 7.55, 7.89, 7.52, X, X				
3	DAVID P	672	17/03/02	TAMIL NADU	+0.4m/s	7.76m
		7.52, 7.76, 7.47, 7.40, X, X				
4	ADITYA KUMAR SINGH	428	26/12/02	MADHYA PRADESH	+2.0m/s	7.63m
5	RISHABH RISHISHWAR	727	09/03/00	UTTAR PRADESH	+1.6m/s	7.62m
6	NIRMAL SABU	392	11/05/99	KERALA	+0.5m/s	7.50m
7	ASADULLAH MUJAHITH	671	05/01/02	TAMIL NADU	+1.6m/s	7.49m
8	ANANTHAKRISHNAN RAVINI	213	28/07/97	GOA	+0.2m/s	6.85m
9	MITTER ADDA	123	15/08/98	ARUNACHAL PRADESH	+0.1m/s	5.97m
	VISHNU P S	168	22/11/96	DELHI		NM
	MUHAMMED FASAL PN	402	03/11/02	LAKSHADWEEP		DNS
	SAJAN R	126	26/03/02	ASSAM		DNS

Event # 36 WOMENS Shot Put

NR.:MANPREET KAUR CHENNAI 18.06 11/06/2022

% MR.:KIRAN BALIYAN GANDHINAGAR 17.14 2022

1	ABHA KHATUA	448	09/07/95	MAHARASHTRA		17.09m
		X, 15.61, 17.09, X, X, 16.64				
2	MANPREET KAUR	245	06/07/90	HARYANA		16.24m
		16.24, X, X, 15.70, X, X				
3	MANPREET KAUR JR.	512	05/03/96	PUNJAB		15.78m
		X, 14.80, 14.78, 15.78, X, 15.56				
4	SRISHTI VIG	150	15/07/95	DELHI		15.07m
5	VIDHI .	692	27/12/04	UTTAR PRADESH		14.80m
6	NIDHI PAWAIYA	414	07/07/97	MADHYA PRADESH		14.27m
7	SHIKSHA .	233	12/12/02	HARYANA		14.03m
8	KACHNAR CHAUDHARY	554	17/05/99	RAJASTHAN		13.61m
	KIRAN BALIYAN	694	06/03/99	UTTAR PRADESH		DNS
	PARAMJOT KAUR	505	16/11/00	PUNJAB		DNS

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Event # 24 WOMENS 400m Run

NR.:HIMA DAS JAKARTA 50.79 26/08/2018

% MR.:AISHWARYA MISHRA GANDHINAGAR 52.50 2022

1	VITHYA RAMRAJ	652	20/09/98	TAMIL NADU	52.85
2	JYOTHIKASRI D	106	16/07/00	ANDHRA PRADESH	53.48
3	JISNA MATHEW	353	07/01/99	KERALA	54.40
4	KUNJA RAJITHA	112	05/01/03	ANDHRA PRADESH	55.42
5	SIMARJEET KAUR	508	05/10/01	PUNJAB	55.46
6	GOWRI NANDANA	355	26/03/02	KERALA	55.79
7	SUKHWINDER KAUR	509	15/04/94	PUNJAB	56.18
8	SWIZEL D SOUZA	181	20/03/03	GOA	1:06.12
	PRACHI .	690	20/12/96	UTTAR PRADESH	DNS

Event # 3 MENS 400m Run

NR.:MUHAMMED ANAS KLDNO 45.21 13/07/2019

% MR.:MUHAMMED AJMAL V GANDHINAGAR 46.29 2022

RESULTS OF FINALS Heat 1

1	K.AVINASH .	660	03/12/00	TAMIL NADU	46.88
2	VIKRANT PANCHAL	278	30/01/00	HARYANA	46.92
3	RAHUL RAMESH KADAM	469	03/10/98	MAHARASHTRA	47.15
4	RINCE JOSEPH	379	05/08/02	KERALA	47.25
5	DHARMVEER CHOUDHARY	568	05/02/01	RAJASTHAN	47.35
6	MOHIT KUMAR	272	01/09/97	HARYANA	48.16
7	SHUBHAM DESHMUK	599	29/07/96	SERVICES	48.65
	RASHID .	422	08/01/01	MADHYA PRADESH	DNS

RESULTS OF PRELIMS Heat 1

1	VIKRANT PANCHAL	278	30/01/00	HARYANA	47.19
2	RINCE JOSEPH	379	05/08/02	KERALA	47.28
3	K.AVINASH .	660	03/12/00	TAMIL NADU	47.39
4	RAHUL RAMESH KADAM	469	03/10/98	MAHARASHTRA	47.41
5	DHARMVEER CHOUDHARY	568	05/02/01	RAJASTHAN	47.44
6	ANGREJ SINGH	621	19/02/94	SERVICES	47.47
7	AMAN CHAUDHARY.	156	05/04/06	DELHI	49.45
8	ROHAN RAGHUNATH GAONK	212	04/12/01	GOA	51.80

RESULTS OF PRELIMS Heat 2

1	RASHID .	422	08/01/01	MADHYA PRADESH	47.97
2	MOHIT KUMAR	272	01/09/97	HARYANA	48.30
3	SHUBHAM DESHMUK	599	29/07/96	SERVICES	48.46
	NOAH NIRMAL TOM	610	13/11/94	SERVICES	DNF
	NITIN KUMAR	722	12/05/01	UTTAR PRADESH	DNS
	THEERTHESH SHETTY	338	05/03/03	KARNATAKA	DNS
	AMOJ JACOB PA	159	02/05/98	DELHI	DNS

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Event # 16 MENS Discus Throw

NR.:VIKAS GOWDA NORMAN 66.28 12/04/2012

% MR.:KIRPAL SINGH BATTH GANDHINAGAR 59.32 2022

1	GAGANDEEP SINGH	622	20/05/95	SERVICES	55.72m
		54.50, 53.73, 54.21, 54.77, 55.72, X			
2	NIRBHAY SINGH	282	20/11/96	HARYANA	53.87m
		51.18, 53.87, X, X, X, 53.34			
3	PRABHJOT SINGH	538	05/05/92	PUNJAB	53.53m
		50.94, 50.80, 50.74, 52.66, 53.53, X			
4	HARPREET SINGH	527	18/07/93	PUNJAB	53.24m
5	PRASHANT MALIK	606	10/07/91	SERVICES	52.43m
6	IKRAM ALI KHAN	423	01/07/01	MADHYA PRADESH	52.43m
7	OINAM ALSON SINGH	474	05/01/02	MANIPUR	52.01m
8	BHANU SHARMA	579	19/10/96	RAJASTHAN	51.66m
9	ARJUN KUMAR	160	01/07/93	DELHI	50.51m
10	PRAVEEN KUMAR.	575	02/02/96	RAJASTHAN	50.26m
11	BALJINDER SINGH	519	23/07/89	PUNJAB	50.05m
12	NAVJOT SINGH	131	05/07/01	CHANDIGARH	48.04m
13	DEEPAK YADAV	729	12/02/01	UTTAR PRADESH	47.57m
14	SACHIN SUHAG	284	11/11/96	HARYANA	46.40m

Event # 26 WOMENS 1500m Run

NR.:HARMILAN BAINS WARANGAL 4:05.39 16/09/2021

% MR.:K.C ROSAKUTTY BANGALORE 4:14.46 1997

1	LILI DAS	747	18/03/98	WEST BENGAL	4:15.70
2	CHANDA KM	146	16/08/01	DELHI	4:15.86
3	ANKITA ..	735	05/02/02	UTTARAKHAND	4:16.20
4	POOJA ..	239	17/06/02	HARYANA	4:18.37
5	HUIDROM DEVI	473	01/02/04	MANIPUR	4:20.56
6	SNEHA MALIK	249	05/09/04	HARYANA	4:22.77
7	CHITRA P U	358	09/06/95	KERALA	4:24.81
8	LAXITA VINOD SANDILEA	220	13/02/05	GUJARAT	4:30.88
9	CHAITRA DEVADIGA	308	13/10/99	KARNATAKA	4:35.65
10	SMITHA D R	307	09/12/00	KARNATAKA	4:38.26
11	ANISHA ..	734	04/08/04	UTTARAKHAND	4:39.09
12	KANEEJO .	285	01/09/98	HIMACHAL PRADESH	4:47.92
13	SUNITA RAMU KUMARI	191	18/08/02	GOA	5:48.39
	DEEKSHA KM	410	01/01/99	MADHYA PRADESH	DNS
	HARMILAN KAUR	503	23/07/98	PUNJAB	DNS
	MONIKA CHOUDHARY	697	28/06/94	UTTAR PRADESH	DNS

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Event # 5 MENS 1500m Run

NR.:JINSON JOHNSON BERLIN 3:35.24 1/09/2019

% MR.:PARVEJ KHAN GANDHINAGAR 3:40.89 2022

1	RITESH OHRE	431	31/12/03	MADHYA PRADESH	3:40.93
2	SHASHI BHUSHAN SINGH	128	10/01/96	BIHAR	3:41.49
3	ARJUN WASKALE	441	03/07/03	MADHYA PRADESH	3:41.69
4	RAHUL HARVEER SINGH	158	01/12/96	DELHI	3:42.17
5	SHIVAM SHARMA	288	05/10/02	HIMACHAL PRADESH	3:43.99
6	ABHISEK SINGH THAKUR	630	04/07/00	SERVICES	3:47.34
7	MANJEET RAMESHWAR	280	07/07/02	HARYANA	3:47.57
8	NIKESH DHANRAJ RATHOD	199	09/09/97	GOA	3:48.89
9	JAGDISH .	565	08/08/96	RAJASTHAN	3:51.61
10	HARSHDEEP SINGH	528	28/09/01	PUNJAB	3:53.67
11	ABHINANDH SUNDARESAN	395	20/08/99	KERALA	3:56.11
	AMAN CHOUDHARY	267	27/11/96	HARYANA	DNF
	SACHELAL PATEL	612	07/03/96	SERVICES	DNF
	RAHUL BALODA	567	05/06/99	RAJASTHAN	DNF
	JINSON JOHNSON	378	15/03/91	KERALA	DNS
	AJAY KUMAR SAROJ	724	01/05/97	UTTAR PRADESH	DNS
	YOUNUS SHAH	728	10/05/01	UTTAR PRADESH	DNS

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Event # 51 MENS Decathlon

MR.:

U.KHAN GAND 7121 2022

NR.:

T.SHANKAR HANG 7666 03/10/2023

Place	Athlete	Total Points	100m Dash	Long Jump	Shot Put	High Jump	400m Dash	Day One	110m Hurdles	Discus Throw	Pole Vault	Javelin Throw	1500m Run	Day Two
1	TEJASWIN SHANKAR DELHI	4062	11.18 821	7.27 878	12.07 611	2.17 963	50.56 789	4062	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
2	THOWFEEQN (388) KERALA	3647	11.18 821	7.06 828	10.56 519	1.84 661	49.92 818	3647	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
3	ROHIT ROMAN (617) SERVICES	3599	11.33 789	6.83 774	10.98 545	1.87 687	50.22 804	3599	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
4	SUREN R (676) TAMIL NADU	3512	11.35 784	6.72 748	11.76 592	1.87 687	52.54 701	3512	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
5	KUSHAL KUMAR (463) MAHARASHTRA	3499	11.36 782	6.67 736	10.40 510	1.84 661	50.10 810	3499	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
6	GOKUL S (618) SERVICES	3485	11.42 769	6.93 797	11.50 576	1.75 585	51.24 758	3485	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
7	NEERAJ KUMAR YAD DELHI	3376	11.87 677	6.96 804	10.28 502	1.93 740	53.67 653	3376	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
8	MOHIT . (263) HARYANA	3179	11.80 691	6.47 691	10.62 523	1.75 585	52.82 689	3179	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
9	NAVJOR SINGH (536) PUNJAB	3172	11.64 723	6.60 720	10.64 524	1.72 560	53.86 645	3172	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
10	RITIK SINGH SALATI J&K	3094	11.66 719	6.55 709	9.46 453	1.72 560	53.68 653	3094	No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	

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Event # 51 MENS Decathlon

MR.:

U.KHAN GAND 7121 2022

NR.:

T.SHANKAR HANG 7666 03/10/2023

Place	Athlete	Total Points	100m Dash	Long Jump	Shot Put	High Jump	400m Dash	Day One	110m Hurdles	Discus Throw	Pole Vault	Javelin Throw	1500m Run	Day Two
	YAMANDEEP SHARM RAJASTHAN	0	11.56 740	6.88 785	10.88 539	1.78 610	DNS 0		No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
	STALIN JOES (666) TAMIL NADU	0	11.34 786	NM 0	DNS 0	DNS 0	No Result 0		No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	
	USAID KHAN (719) UTTAR PRADESH	0	DNS 0	DNS 0	DNS 0	DNS 0	No Result 0		No Result 0	No Result 0	No Result 0	No Result 0	No Result 0	