



**ATHLETICS**  
FEDERATION OF INDIA



**11<sup>th</sup> - 15<sup>th</sup> OCT 2023**

**BANGALORE, KARNATAKA**

Organised by  
**NEB Sports**



# RESULTS ONLY FINALS

## SPONSORS & PARTNERS



**62nd National Open Athletics Championships 2023**

Sree Kanteerava Outdoor Stadium

15-10-2023

10/11/22 - 10/15/22

11-15 October 2023, Bangalore, Karnataka

**Event # 1 MENS 100m Run**

#NR.:A.MALLICK NEW DELHI 10.26 28/04/2016

% MR.:AMLAN BORGOHAIN WARANGAL 10.34 2021

**RESULTS OF FINALS**

1	MANIKANTA H H	1014	29/11/01	SSCB	-2.1m/s s	<b>10.42</b>
2	NIKHIL PATIL	1028	21/06/02	SSCB	-2.1m/s s	<b>10.69</b>
3	SIVA B	901	13/10/94	RAILWAYS	-2.1m/s s	<b>10.70</b>
4	ELAKKIYADASAN K .	892	31/01/95	RAILWAYS	-2.1m/s s	<b>10.71</b>
5	JAY SHAH	759	11/10/97	MAHARASHTRA	-2.1m/s s	<b>10.75</b>
6	SAISIDDHARTH R	1066	28/10/03	TAMIL NADU	-2.1m/s s	<b>10.80</b>
7	GOVIND KUMAR	624	03/07/02	HARYANA	-2.1m/s s	<b>10.83</b>
	10.822					
8	SADANAND KUMAR	647	05/10/03	JHARKHAND	-2.1m/s s	<b>10.83</b>
	10.826					

**Event # 2 MENS 200m Run**

#NR.:AMLAN BORGOHAIN THENHIPALAM 20.52 6/04/2022

% MR.:AMLAN BORGOHAIN WARANGAL 20.75 2021

**RESULTS OF FINALS**

1	ANIMESH KUJUR	779	02/06/03	ODISHA	+1.2m/s nw	<b>20.74 %</b>
2	AKSHAY NAIN	1024	07/06/00	SSCB	+1.2m/s nw	<b>20.97</b>
3	SHASHIKANTH ANGADI	900	24/06/02	RAILWAYS	+1.2m/s nw	<b>21.14</b>
4	LAKSHAY .	785	18/12/04	ONGC	+1.2m/s nw	<b>21.20</b>
5	SANDEEP SINGH	1039	30/10/97	SSCB	+1.2m/s nw	<b>21.27</b>
6	NALUBOTHU SRINIVAS	942	09/10/02	RAILWAYS	+1.2m/s nw	<b>21.39</b>
7	JAY SHAH	759	11/10/97	MAHARASHTRA	+1.2m/s nw	<b>21.40</b>
8	SHUBHAM .	606	29/08/01	HARYANA	+1.2m/s nw	<b>21.43</b>

**Event # 3 MENS 400m Run**

#NR.:MUHAMMED ANAS KLADNO 45.21 13/07/2019

% MR.:AROKYA RAJIV KOLKATA 45.70 2015

**RESULTS OF FINALS**

1	K.AVINASH .	784	03/12/00	ONGC		<b>46.05</b>
2	THEERTHESH SHETTY	669	31/03/02	KARNATAKA		<b>46.15</b>
3	AKSHAY NAIN	1024	07/06/00	SSCB		<b>46.40</b>
4	SURAJ A	1054	20/12/03	TAMIL NADU		<b>46.57</b>
5	DHARMVEER CHOUDHARY	955	05/02/01	RAJASTHAN		<b>46.60</b>
6	BALAKRISHNA .	655	29/01/03	KARNATAKA		<b>46.85</b>
7	ANGREJ SINGH	1034	19/02/94	SSCB		<b>47.62</b>
	VIKRANT PANCHAL	921	30/01/00	RAILWAYS		<b>DNF</b>

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**Event # 4 MENS 800m Run**

# NR.:JINSON JOHNSON GUWAHATI 1:45.65 27/06/2018

% MR.:GHAMANDA RAM HYDERABAD 1:46.67 2005

**RESULTS OF FINALS**

1	SATYA DEV .	605	21/02/02	HARYANA	<b>1:51.89</b>
2	ANU KUMAR	1115	02/11/02	UTTRAKHAND	<b>1:52.13</b>
3	SOMNATH CHAUHAN	906	02/02/04	RAILWAYS	<b>1:52.20</b>
4	PRADEEP SENTHILKUMAR	935	12/05/03	RAILWAYS	<b>1:53.03</b>
5	PRAKASH BALU GADADE	1011	31/07/02	SSCB	<b>1:53.31</b>
6	JAGDISH .	992	08/08/96	SSCB	<b>1:53.63</b>
7	MUJAMIL AMEER	1055	24/02/98	TAMIL NADU	<b>1:53.87</b>
8	HARJOT SINGH	868	25/10/00	PUNJAB	<b>1:53.91</b>

**Event # 5 MENS 1500m Run**

# NR.:JINSON JOHNSON BERLIN 3:35.24 1/09/2019

% MR.:CHATHOLI HAMZA JAMSHEDPUR 3:39.90 2007

**RESULTS OF FINALS**

1	ABHISHEK THAKUR	1042	04/07/00	SSCB	<b>3:42.21</b>
2	SHASHI SINGH	522	10/01/96	BIHAR	<b>3:42.68</b>
3	ARJUN WASKALE	807	03/07/03	ONGC	<b>3:43.40</b>
4	SHIVAM SHARMA	642	11/10/02	HIMACHAL PRADESH	<b>3:44.33</b>
5	RAHUL BALODA	1003	05/06/99	SSCB	<b>3:49.30</b>
6	RITESH OHRE	919	31/12/03	RAILWAYS	<b>3:49.93</b>
7	PRAKASH KUMAR	549	12/01/01	DELHI	<b>3:50.17</b>
8	YOONUS SHAH	1103	10/05/01	UTTAR PRADESH	<b>3:52.27</b>
9	SATYA DEV .	605	21/02/02	HARYANA	<b>3:57.08</b>
10	ARJUN VAISHNAV	951	28/08/02	RAJASTHAN	<b>4:03.20</b>
	SHAILABH .	541	11/09/05	DELHI	<b>DNF</b>
	RAHUL .	540	01/12/96	DELHI	<b>DNS</b>

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**Event # 6 MENS 5000m Run**

# NR.:AVINASH SABLE WALNUT 13:19.30 6/05/2023

% MR.:BAHADUR SINGH CHENNAI 13:54.72 1994

1	MURLI GAVIT	570	01/08/97	GUJARAT	14:08.49
2	GAURAV MATHUR	1022	19/09/99	SSCB	14:08.54
3	SACHELAL PATEL	1027	07/03/96	SSCB	14:08.56
4	PRADEEP .	947	13/06/00	RAJASTHAN	14:08.62
5	LOVEPREET SINGH.	885	13/01/99	PUNJAB	14:08.69
6	SHADAB PATHAN	752	23/10/01	MAHARASHTRA	14:08.74
7	RAVI GULIA	911	25/10/01	RAILWAYS	14:13.39
8	NARESH CHOPRA	954	05/12/04	RAJASTHAN	14:16.35
9	ANKIT KUMAR	1114	05/01/01	UTTRAKHAND	14:17.68
10	HARISH .	893	09/06/99	RAILWAYS	14:19.03
11	KISAN TADVI	763	10/01/98	MAHARASHTRA	14:21.97
12	SANDEEP SINGH.	1040	07/03/99	SSCB	14:25.54
13	ABHISHEK .	890	15/07/97	RAILWAYS	14:30.93
14	LOVE CHAUDHARY	1089	01/07/03	UTTAR PRADESH	14:33.85
15	AJAY BIND	1088	02/04/99	UTTAR PRADESH	14:37.62
16	PARVEJ .	539	05/04/02	DELHI	14:38.60
17	BITTU .	592	11/11/01	HARYANA	14:40.56
18	ANANDKRISHNA K	687	01/02/01	KERALA	14:42.07
19	AJAY ..	610	12/08/03	HARYANA	14:46.64
20	SURESH KUMAR	796	01/07/91	ONGC	15:04.09
21	NABEEL SAHI M P	692	20/08/99	KERALA	15:07.97
22	PRITHVI KUMAR	516	06/05/99	BIHAR	15:29.76
23	RAKESH BHADWA	814	15/07/92	POLICE SPORTS CONTRO	15:52.74
	HEMRAJ GURJAR	792	10/07/99	ONGC	DNF
	DHARMENDER .	946	20/07/99	RAJASTHAN	DNS
	JEETU GURJAR	716	10/02/02	MADHYA PRADESH	DNS
	CHANDAN YADAV	733	06/07/04	MADHYA PRADESH	DNS
	SHIVAJI PARASHU MADAPPA	665	02/05/04	KARNATAKA	DNS
	PRAVIN JAYWANT KHAMBAL	745	09/02/03	MAHARASHTRA	DNS
	DEEPAK TANWAR	637	28/05/01	HARYANA	DNS
	RAJESH KUMAR	822	01/06/94	POLICE SPORTS CONTRO	DNF
	YASH SHARMA	729	18/01/98	MADHYA PRADESH	DNS
	OMKAR VERMA	536	05/05/99	CHHATTISGARH	DNS
	INDRAJEET PATEL	800	15/01/94	ONGC	DNF
	RITIK DEOL	545	10/02/05	DELHI	DNF
	KULDEEP SINGH	558	06/07/87	DELHI	DNS
	RAKESH MANDAL	1116	16/04/99	UTTRAKHAND	DNF
	MANOJ KAMI	985	17/06/04	SIKKIM	DNF
	EHAMAD HASAN	512	18/05/02	BIHAR	DNS

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**Event # 7 MENS 10000m Run**

# NR.:SURENDRA SINGH VIGO 28:02.89 12/07/2008

% MR.:SHIVNATH SINGH JALANDHAR 28:58.10 1978

1	DINESH .	735	09/05/99	MAHARASHTRA	29:10.11
2	MOHAN SAINI	1032	14/10/98	SSCB	29:10.82
3	SANDEEP SINGH.	1040	07/03/99	SSCB	29:11.21
4	DHARMENDER .	946	20/07/99	RAJASTHAN	29:11.86
5	PRADEEP .	947	13/06/00	RAJASTHAN	29:19.27
6	ANKIT KUMAR	1114	05/01/01	UTTRAKHAND	29:20.76
7	ARUN .	891	27/07/96	RAILWAYS	29:34.97
8	UPENDRA PAL	723	11/11/02	MADHYA PRADESH	29:37.13
9	CHANDAN YADAV	733	06/07/04	MADHYA PRADESH	29:38.79
10	MANOJ KUMAR	625	10/05/93	HARYANA	29:50.00
11	PARVEJ .	539	05/04/02	DELHI	29:52.96
12	ANKIT DESHWAL	618	25/12/01	HARYANA	30:00.61
13	VISHAL SHERWAL	555	07/03/03	DELHI	30:46.95
14	KALIDAS HIRAVE	707	24/09/91	LIC SPORT	31:05.48
15	ARUN RATHOD	756	27/03/00	MAHARASHTRA	31:06.34
16	SURESH KUMAR	796	01/07/91	ONGC	31:23.23
17	HARENDRA KUMAR	960	14/05/00	RAJASTHAN	32:01.50
18	GURPREET .	990	24/12/99	SSCB	33:14.90
	AJAY BIND	1088	02/04/99	UTTAR PRADESH	DNF
	NAVEEN CHOUHAN	713	10/12/04	MADHYA PRADESH	DNF
	ASLESH KUMAR	533	08/10/92	CHHATTISGARH	DNF
	PRITAM KUMAR	550	07/12/02	DELHI	DNS
	RANJEET KUMAR PATEL	924	17/12/93	RAILWAYS	DNF
	SHIVAJI PARASHU MADAPPA	665	02/05/04	KARNATAKA	DNF
	SHRAWAN BENIWAL	813	16/08/98	POLICE SPORTS CONTRO	DNF
	PRAVIN JAYWANT KHAMBAL	745	09/02/03	MAHARASHTRA	DNS
	SHUBHAM SINDHU	633	13/11/95	HARYANA	DNF
	HARISH .	893	09/06/99	RAILWAYS	DNF
	MURLI GAVIT	570	01/08/97	GUJARAT	DNF

**Event # 8 MENS 110m Hurdles**

# NR.:SIDDHANTH THINGALAYA MESA 13.48 10/06/2017

% MR.:SIDDHANTH THINGALAYA KOLKATA 13.77 2011

**RESULTS OF FINALS**

1	TEJAS SHIRSE	937	04/06/02	RAILWAYS	+0.5m/s n	13.67 %
2	MADHVENDRA SHEKHAWAT	979	30/10/03	RAJASTHAN	+0.5m/s n	13.89
3	MANAV R	1065	07/06/00	TAMIL NADU	+0.5m/s n	14.11
4	TARUNDEEP BHATIA	1004	06/09/94	SSCB	+0.5m/s n	14.25
5	DHANUSH ADITHAN G	1056	30/09/01	TAMIL NADU	+0.5m/s n	14.41
6	AMRINDER AULAKH	858	03/12/96	PUNJAB	+0.5m/s n	14.65
7	SAHAD NV	831	09/02/98	POLICE SPORTS CONTRO	+0.5m/s n	14.72
8	SUSHANTH D	661	03/09/01	KARNATAKA	+0.5m/s n	15.13

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**Event # 9 MENS 400m Hurdles**

# NR.:A. DHARUN PATIALA 48.80 16/3/2019

% MR.:M.P. JABIR RANCHI 49.41 2019

**RESULTS OF FINALS**

1	NIKHIL BHARDWAJ	859	24/05/96	PUNJAB	<b>50.45</b>
2	VIJAY MALIK	1021	10/01/93	SSCB	<b>50.74</b>
3	ROHAN KAMBLE	794	15/02/02	ONGC	<b>50.87</b>
4	SATHISH K	1015	01/09/94	SSCB	<b>50.91</b>
5	DHAVAL UTEKAR	1046	06/10/00	SSCB	<b>50.98</b>
6	AFTAB ALAM	1087	03/03/97	UTTAR PRADESH	<b>51.01</b>
7	BALAJI M	827	17/03/97	POLICE SPORTS CONTRO	<b>52.22</b>
8	AMARNATH DUKKARWADKA	910	04/08/97	RAILWAYS	<b>53.28</b>

**Event # 10 MENS 3000m Steeplechase**

# NR.:AVINASH SABLE BIRMINGHAM 8:11.20 6/08/2022

% MR.:AVINASH SABLE BHUBANESWAR 8:29.80 2018

1	MD HASAN .	994	18/08/01	SSCB	<b>8:38.70</b>
2	PRINCE RAJ MISHRA	929	01/03/99	RAILWAYS	<b>8:42.74</b>
3	ANKIT RAJESH	1029	10/10/97	SSCB	<b>8:43.65</b>
4	SUMIT KUMAR.	826	07/04/00	POLICE SPORTS CONTRO	<b>8:49.94</b>
5	SURAJ PAL	832	05/02/02	POLICE SPORTS CONTRO	<b>8:52.03</b>
6	SHARUK KHAN	1094	25/07/06	UTTAR PRADESH	<b>8:54.05</b>
7	SAURAV TIWARI	765	04/07/00	MAHARASHTRA	<b>8:56.24</b>
8	PUKESHWAR LAL	534	25/03/97	CHHATTISGARH	<b>8:58.88</b>
9	SOURABH ANTIL	616	29/12/01	HARYANA	<b>9:00.09</b>
10	BIBIN GEORGE	1012	19/02/98	SSCB	<b>9:03.76</b>
11	SIDDHANT PUJARI	755	22/12/01	MAHARASHTRA	<b>9:04.95</b>
12	DHULADEV GHAGARE	740	22/02/03	MAHARASHTRA	<b>9:05.35</b>
13	GAURAV YADAV	734	04/08/04	MADHYA PRADESH	<b>9:16.47</b>
14	LOKESH CHAUDHARY	905	01/07/99	RAILWAYS	<b>9:33.93</b>
15	PRINCE .	509	01/11/99	BIHAR	<b>9:34.84</b>
16	HARENDRA KUMAR	960	14/05/00	RAJASTHAN	<b>9:45.76</b>
17	P.C VENUGOPAL .	1051	10/05/93	TAMIL NADU	<b>10:07.91</b>
18	MAYKAL DAMOR	568	15/12/01	GUJARAT	<b>10:27.37</b>
19	MANOJ R S	699	08/01/00	KERALA	<b>11:41.60</b>
	NISHANT .	598	06/11/04	HARYANA	<b>DNS</b>
	MANOJ KUMAR M	691	10/09/00	KERALA	<b>DNF</b>
	VIKASH RAY	520	20/12/02	BIHAR	<b>DNS</b>
	RAVI .	601	21/08/99	HARYANA	<b>DNF</b>
	JEETU GURJAR	716	10/02/02	MADHYA PRADESH	<b>DNS</b>
	ATUL POONIA	926	01/10/00	RAILWAYS	<b>DNF</b>
	SUNIL JINABHAI	572	26/12/02	GUJARAT	<b>DNS</b>
	VIKARAM KUMAR	965	25/06/99	RAJASTHAN	<b>DNF</b>
	PRITAM KUMAR BIND	789	10/05/85	ONGC	<b>DNF</b>

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**Event # 11 MENS High Jump**

# NR.:TEJASWIN SHANKAR LUBBOCK 2.29 27/04/2018

% MR.:SARVESH ANIL KUSHARE RANCHI 2.26 2019

**RESULTS OF FINALS**

1	BHARATHI VISWANATHAN	1047	20/05/94	SSCB	2.18m
2	GURJEET SINGH	837	05/01/00	POLICE SPORTS CONTRO	2.15m
3	KAUSTUBHA JAISWAL	793	28/01/00	ONGC	2.10m
3	CHETHAN BALASUBRAMAN	1002	18/08/92	SSCB	2.10m
3	AADARSH RAM	930	27/09/97	RAILWAYS	2.10m
6	SANTHOSH M.	1019	14/10/00	SSCB	2.05m
6	JESSE SANDESH	933	22/10/95	RAILWAYS	2.05m
8	SWADHIN KUMAR MAJHI	780	10/04/00	ODISHA	2.05m
8	MD ALI .	1124	16/01/03	WEST BENGAL	2.05m
10	UCHCHAAL ROY	803	11/10/02	ONGC	2.05m
11	SHAIK MOHIDDIN	503	27/08/98	ANDHRA PRADESH	2.00m
12	JOMON JOY	686	19/10/03	KERALA	2.00m
13	PIYUSH PANWAR	923	11/01/03	RAILWAYS	2.00m
14	DILSHITH N	696	13/08/00	KERALA	1.95m
15	ARYAN PATIL	753	22/02/04	MAHARASHTRA	1.95m

**Event # 12 MENS Pole Vault**

# NR.:SIVA SUBRAMANIAM GUJARAT 5.31 3/10/2022

% MR.:PARSHANT KANHIYA BENGALURU 5.15 2022

1	DEV MEENA	721	07/05/05	MADHYA PRADESH	5.05m
2	SHEKHAR PANDEY	1100	01/02/01	UTTAR PRADESH	4.95m
3	TANUJ KUMAR	629	27/12/03	HARYANA	4.85m
3	ANAS E B	1010	09/10/95	SSCB	4.85m
5	PARSHANT KANHIYA	913	14/02/00	RAILWAYS	4.75m
5	M.GOWTHAM .	1050	25/09/02	TAMIL NADU	4.75m
7	AJAY KUMAR .	590	08/12/03	HARYANA	4.75m
8	AKSHAY .	671	22/05/03	KERALA	4.75m
9	KULDEEP KUMAR	795	12/03/05	ONGC	4.75m
10	RAMBEER .	948	30/06/96	RAJASTHAN	4.60m
10	DEVRAJ SHAKTAWAT	977	20/12/97	RAJASTHAN	4.60m
12	SUNIL ..	898	11/04/02	RAILWAYS	4.60m
12	SANDEEP KUMAR	719	01/01/03	MADHYA PRADESH	4.60m
12	BALAN S	1070	12/07/03	TAMIL NADU	4.60m
15	JESSAN .	993	03/01/98	SSCB	4.60m
15	MANISH SINGH	560	12/07/99	DELHI	4.60m
17	UTTAM .	608	15/11/00	HARYANA	4.60m
18	DHARMENDRA KUMAR	1096	26/08/98	UTTAR PRADESH	4.60m
19	SANTHOSH M	828	15/11/98	POLICE SPORTS CONTRO	4.40m
	YUGENDRAN.R RAN	1069	01/10/03	TAMIL NADU	NM
	BINEESH JACOB	685	17/03/86	KERALA	NM
	BIMIN P	920	01/04/85	RAILWAYS	NM
	ASWIN S	700	07/10/98	KERALA	NM
	ANIKET PATEL	833	25/11/97	POLICE SPORTS CONTRO	NM
	GOURAV .	989	20/02/02	SSCB	NM

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**Event # 13 MENS Long Jump**

# NR.:JESWIN ALDRIN BELLARY 8.42 02/03/2023

% MR.:M. SREESHANKAR BHUBANESWAR 8.20 2018

**RESULTS OF FINALS**

1	DAVID P	1064	17/03/02	TAMIL NADU	+2.0m/s	<b>7.78m</b>
		7.78, 6.79, X, 7.39, 7.12				
2	ADITYA SINGH	731	26/12/02	MADHYA PRADESH	-1.2m/s	<b>7.73m</b>
		X, X, 7.63, 7.73, 7.59				
3	ARYA S	668	31/12/01	KARNATAKA	+0.0m/s	<b>7.65m</b>
		7.09, 7.61, X, 7.65, 7.40, 7.19				
4	V SRIRAM .	1053	13/10/01	TAMIL NADU	-2.0m/s	<b>7.61m</b>
5	NIRMAL SABU	932	11/05/99	RAILWAYS	+0.0m/s	<b>7.60m</b>
6	MOHD SAZID	632	10/02/06	HARYANA	+0.0m/s	<b>7.59m</b>
7	SIDDHARTH NAIK	1023	08/09/95	SSCB	+0.1m/s	<b>7.57m</b>
8	SWAMINATHAN R	1067	07/04/96	TAMIL NADU	-1.6m/s	<b>7.56m</b>
9	RISHABH RISHISHWAR	1102	09/03/00	UTTAR PRADESH	+0.0m/s	<b>7.43m</b>
10	DAUD KHAN	820	05/06/92	POLICE SPORTS CONTRO	+0.2m/s	<b>7.41m</b>
11	PURUSHOTHAM ..	658	12/11/01	KARNATAKA	+0.0m/s	<b>7.37m</b>
12	SREEKANTH KM	689	18/05/01	KERALA	+0.7m/s	<b>7.33m</b>

**Event # 14 MENS Triple Jump**

# NR.:PRAVEEN CHITHRAVEL HAVANA 17.37 06/05/2023

% MR.:RENJITH MAHESHWARY KOCHI 16.97 2010

**RESULTS OF FINALS**

1	ARUN A B	999	02/11/98	SSCB	-0.4m/s	<b>16.46m</b>
		15.85, X, X, 16.35, 16.20, 16.46				
2	KARTHIK U	1045	03/06/93	SSCB	+0.1m/s	<b>16.15m</b>
		15.73, 15.57, X, X, 16.15, 16.15				
3	MOHAMMED S.N	1074	24/03/94	TAMIL NADU	+0.0m/s	<b>16.06m</b>
		15.66, 15.67, 16.05, 16.06, 15.87				
4	VIMAL THAMIZHCHELVAN	1043	25/03/96	SSCB	+0.1m/s	<b>16.05m</b>
5	GAILEY VENISTER	944	31/01/00	RAILWAYS	+0.0m/s	<b>15.87m</b>
6	KAPIL PANDI	922	31/12/95	RAILWAYS	+0.0m/s	<b>15.75m</b>
7	AKASH VARGHESE	701	13/08/01	KERALA	+0.0m/s	<b>15.38m</b>
8	DINESH.V .	808	03/05/97	POLICE SPORTS CONTRO	+0.0m/s	<b>15.24m</b>
9	OMKAR SHIDRUK	761	26/09/03	MAHARASHTRA	+0.0m/s	<b>14.87m</b>
10	JASKARAN .	852	09/03/98	PUNJAB	+0.5m/s	<b>14.32m</b>
11	KRISHNA SINGH	762	18/07/98	MAHARASHTRA	-2.1m/s	<b>14.22m</b>
	ARPINDER SINGH	804	30/12/92	ONGC		<b>NM</b>



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**Event # 15 MENS Shot Put**

#NR.:T.SINGH TOOR BHUBANESWAR 21.77 19/06/2023

% MR.:TAJINDERPAL SINGH TOOR RANCHI 20.92 2019

**RESULTS OF FINALS**

1	SAHIB SINGH	805	05/11/00	ONGC	18.96m
		18.26, X, 18.55, 18.44, 18.96, 18.35			
2	PARTH LAKRA	551	26/01/00	DELHI	18.18m
		X, X, 18.18, 16.74, 18.11, 17.83			
3	ABHILASH SAXENA	934	05/07/93	RAILWAYS	17.95m
		17.95, X, X, 17.31, 16.29, 17.74			
4	PARVEEN DAHIYA	1008	10/10/93	SSCB	17.83m
5	ASHISH BHALOTHIA	902	11/11/99	RAILWAYS	17.69m
6	SHIVAM CHOUDHARY	1091	25/08/97	UTTAR PRADESH	17.50m
7	ASHISH KUMAR	623	07/09/99	HARYANA	17.47m
8	JASPAL .	853	28/06/96	PUNJAB	17.36m
9	NARESH ANTIL	1000	20/03/91	SSCB	17.35m
10	MANKIRAT SINGH	875	26/05/98	PUNJAB	17.08m
11	PARAMJEET .	526	11/11/93	CHANDIGARH	17.00m
12	NAVEEN .	996	14/12/96	SSCB	15.26m

**Event # 16 MENS Discus Throw**

# NR.:VIKAS GOWDA NORMAN 66.28 12/04/2012

% MR.:ANIL KUMAR BANGALORE 60.07 2003

**RESULTS OF FINALS**

1	NIRBHAY SINGH	636	20/11/96	HARYANA	55.21m
		54.85, X, 52.74, 55.21, 54.33, X			
2	GAGANDEEP SINGH	1036	20/05/95	SSCB	55.14m
		54.39, 55.14, 54.23, 55.06, 55.08, 54.26			
3	PRABHJOT SINGH	845	05/05/92	POLICE SPORTS CONTRO	54.88m
		53.62, X, 52.44, 54.05, 54.21, 54.88			
4	OINAM SINGH	771	22/01/02	MANIPUR	53.99m
5	IKRAM KHAN	717	01/07/01	MADHYA PRADESH	52.64m
6	PARSHANT MALIK	1020	10/07/91	SSCB	52.62m
7	BALJINDER SINGH..	886	23/07/89	PUNJAB	52.47m
8	ARJUN ..	897	01/07/93	RAILWAYS	51.70m
9	BHANU SHARMA	978	19/10/96	RAJASTHAN	51.40m
10	PRAVEEN KUMAR	1018	02/02/96	SSCB	51.02m
11	RAHUL SINGH	1106	21/08/00	UTTAR PRADESH	50.34m
12	SATISH DESHMUKH	737	08/08/01	MAHARASHTRA	48.96m

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**Event # 17 MENS Hammer Throw**

# NR.:NEERAJ KUMAR HYDERABAD 70.73 29/06/2016

% MR.:PRAMOD KUMAR TIWARI CHENNAI 70.05 2001

**RESULTS OF FINALS**

1	TARANVEER BAINS	1001	01/10/96	SSCB	66.41m
		61.83, 64.12, 66.20, 65.55, 66.41, X			
2	NIRAJ KUMAR	1017	17/09/90	SSCB	66.39m
		62.37, 63.42, 66.39, 64.62, 63.49, 64.40			
3	AJAY KUMAR	622	10/07/99	HARYANA	65.63m
		X, 62.31, 60.89, X, 65.63, X			
4	GAURAV .	595	12/02/96	HARYANA	64.58m
5	PRAVEEN KUMAR.	825	14/12/00	POLICE SPORTS CONTRO	62.29m
6	JASWINDER SINGH	1037	12/10/94	SSCB	61.20m
7	RAVI .	896	23/10/99	RAILWAYS	60.22m
8	SACHIN YADAV.	1113	30/12/01	UTTAR PRADESH	60.13m
9	MOHD TABIS	1108	15/03/03	UTTAR PRADESH	59.03m
10	RAHUL KUMAR	821	12/07/96	POLICE SPORTS CONTRO	57.68m
11	CHIRAG YADAV	564	18/12/99	DELHI	57.33m
12	NAVEEN YADAV	639	28/10/00	HARYANA	51.32m

**Event # 18 MENS Javelin Throw**

# NR.:NEERAJ CHOPRA STOCKHOLM 89.94 30/06/2022

% MR.:D.P MANU BENGALURU 81.23 2022

**RESULTS OF FINALS**

1	MANU P	1026	24/01/00	SSCB	82.06m %
		82.06, X, 78.73, 79.67, X, 73.13			
2	YASHVIR SINGH	983	22/10/01	RAJASTHAN	77.72m
		69.89, 72.25, 71.45, 72.44, 75.80, 77.72			
3	VIKRANT MALIK	781	02/01/96	ODISHA	77.65m
		69.46, 70.12, 77.65, 73.15, 76.60, X			
4	SAGAR .	602	01/06/02	HARYANA	77.00m
5	ARUN BABY	679	30/04/93	KERALA	75.89m
6	ABHISHEK SINGH	1033	20/05/95	SSCB	73.30m
7	VIKAS YADAV	1049	22/12/01	SSCB	73.20m
8	RISHABH NEHRA	1099	10/12/99	UTTAR PRADESH	71.68m
9	ASHISH SINGH	939	29/11/94	RAILWAYS	68.86m
10	KUNWER SINGH RANA	881	13/01/02	PUNJAB	68.01m
11	HARMANPREET SINGH	869	22/02/97	PUNJAB	67.88m
	SACHIN YADAV	1112	25/10/99	UTTAR PRADESH	DNS

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**Event # 19 MENS 4x100m Relay**

# NR.:NATIONAL TEAM NEW DELHI 38.89 12/10/2010

% MR.:RAILWAYS TEAM BENGALURU 39.75 2022

**RESULTS OF FINALS**

1	TAMIL NADU K			TAMIL NADU			<b>39.42 %</b>
	1073	TAMIL ARASU S	20-05-2002	1059	RAGUL KUMAR G	22-03-2000	
	1066	SAISIDDHARTH R	28-10-2003	1057	KATHIRAVAN G	09-12-1998	
2	ODISHA E			ODISHA			<b>39.74 %</b>
	774	LALU PRASAD BHOI	21-09-2003	778	D JAYARAM	12-01-2005	
	777	ARYAN EKKA	25-09-2003	782	AMIYA MALLICK	14-11-1992	
3	SSCB J			SSCB			<b>39.86</b>
	1025	SAURABH NAITAM	23-03-2001	1039	SANDEEP SINGH	30-10-1997	
	1014	MANIKANTA H H	29-11-2001	1028	NIKHIL PATIL	21-06-2002	
4	RAILWAYS I			RAILWAYS			<b>39.88</b>
	907	SUDHAKAR CHINTHA	18-05-1997	892	ELAKKIYADASAN K .	31-01-1995	
	942	NALUBOTHU SRINIVAS	09-10-2002	901	SIVA B	13-10-1994	
5	KERALA C			KERALA			<b>40.10</b>
	672	ARJUN .	12-03-2002	677	BIBIN B	12-12-1999	
	698	JISHNU PRASAD P K	18-10-1998	681	ANURAG C V	23-01-2004	
6	PUNJAB H			PUNJAB			<b>40.58</b>
	887	H SINGH.	19-01-1997	862	AKASHDEEP SINGH	15-05-1995	
	877	PRABHJIT SINGH	07-02-2000	872	KARANPREET SINGH	25-08-2000	
7	POLICE SPORTS CONTRO G			POLICE SPORTS CONTRO			<b>41.30</b>
	816	CHIRAG CHIRAG	17-10-1998	815	SAIRAM BOTTA	06-04-1995	
	836	SOURAV SAHA	24-03-1999	847	MIDHUN T	13-03-1997	
8	ONGC F			ONGC			<b>41.72</b>
	785	LAKSHAY .	18-12-2004	799	M NAJEEB QURESHI	25-02-1988	
	784	K.AVINASH .	03-12-2000	791	ABHIN DEVADIGA	15-08-2001	

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**Event # 20 MENS 4x400m Relay**

# NR.:NATIONAL TEAM BUDAPEST 2:59.05 26/08/2023

% MR.:SERVICES TEAM KOLKATA 3:06.63 2015

1	SSCB G			SSCB			<b>3:08.08</b>
	1024	AKSHAY NAIN	07-06-2000	1013	JIDHIN GEORGE	02-03-1993	
	991	HIMANSHU .	02-02-2000	1034	ANGREJ SINGH	19-02-1994	
2	TAMIL NADU H			TAMIL NADU			<b>3:09.09</b>
	1077	VISHAL TK	17-12-2003	1071	NAGARJUNAN S	07-11-2002	
	1075	SHARAN SHANKAR	21-03-1998	1054	SURAJ A	20-12-2003	
3	RAJASTHAN F			RAJASTHAN			<b>3:09.85</b>
	975	MUKESH SAIN	10-02-2001	952	ANKIT BHADU	12-07-2001	
	970	SURESH PUNIYA	10-05-1999	955	D CHOUDHARY	05-02-2001	
4	RAILWAYS E			RAILWAYS			<b>3:11.92</b>
	925	AKASH PERUMAL	24-12-1996	910	A DUKKARWADKAR	04-08-1997	
	941	JASHANJOT SINGH	07-02-1995	921	VIKRANT PANCHAL	30-01-2000	
5	HARYANA A			HARYANA			<b>3:12.29</b>
	611	DEEPAK ..	10-01-2000	597	MANJEET .	10-10-1997	
	613	PARAMJEET ..	14-12-2000	626	MOHIT KUMAR	01-09-1997	
6	PUNJAB D			PUNJAB			<b>3:14.51</b>
	860	HARPREET GILL	19-12-1997	851	JAGVINDER .	03-03-2003	
	873	LOVEPREET SINGH	23-05-2001	874	MANINDER SINGH	22-08-2002	
7	KERALA B			KERALA			<b>3:16.90</b>
	697	ABIRAM P	18-12-2005	688	AKHIL K A	04-06-2000	
	680	ABDUL C R	23-05-2002	674	MANU T S .	17-10-2001	
8	POLICE SPORTS CONTRO C			POLICE SPORTS CONTRO			<b>3:17.36</b>
	842	KAMBERDEEP SINGH	12-06-1995	809	KRISHAN .	10-10-1999	
	835	DHINESH RAVI	03-08-1999	830	BIGHNARAJ MIRIDIA	12-04-1994	

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**Event # 21 MENS 20000m Race Walk**

# NR.:AKSHDEEP SINGH RANCHI 1:19.55 14/02/2023

% MR.:BABUBHAI PANUCHA JAMSHEDPUR 1:23.40 2007

1	BILIN GEORGE ANTO	684	09/11/04	KERALA	1:25.02.5
2	SERVIN .	997	26/11/99	SSCB	1:25.12.2
3	DHANANJAY YADAV	1048	05/07/98	SSCB	1:25.14.2
4	SAHIL .	855	09/04/02	PUNJAB	1:26.2701
5	SUNIL KUMAR	824	15/05/88	POLICE SPORTS CONTRO	1:26.32.6
6	JUNED .	894	10/05/99	RAILWAYS	1:26.52.9
7	DEVENDER SINGH .	594	05/12/83	HARYANA	1:27.25.9
8	RAHUL ..	615	07/01/00	HARYANA	1:30.07.2
9	ROHITKUMAR YADAV	586	02/01/04	GUJARAT	1:30.20.4
10	RAJANPREET SINGH	878	11/02/98	PUNJAB	1:32.18.2
11	PRAVEEN K P .	675	24/06/03	KERALA	1:33.0301
12	RAJ MISHRA	1080	05/07/04	TELANGANA	1:33.40.2
13	GIRRAJ MEHTA	829	18/08/99	POLICE SPORTS CONTRO	1:34.16.1
14	SANDEEP SINGH..	1122	16/08/97	UTTRAKHAND	1:34.25.4
15	KRUSHNA CHANDA ACHARY.	772	20/03/00	ODISHA	1:36.25.5
16	JASPAL SINGH	652	19/11/98	JHARKHAND	1:36.36.9
17	LOKESH KUMAR MEENA	968	05/07/03	RAJASTHAN	1:38.59.7
18	DEEPAK GURJAR	957	15/03/03	RAJASTHAN	1:39.26.4
	ARSHPREET SINGH	1035	22/11/00	SSCB	DNF
	HARDEEP .	596	22/09/98	HARYANA	DO
	VISHANT RANA	1118	22/08/00	UTTRAKHAND	DNS
	ELDHO VARGHESE	702	23/10/98	KERALA	DNS
	EKNATH TURAMBEKAR	943	08/01/98	RAILWAYS	DNS
	MANI PATEL	724	16/09/91	MADHYA PRADESH	DNS
	PARAMDEEP MOR	798	11/12/01	ONGC	DNF
	SURINDER SINGH	846	04/07/88	POLICE SPORTS CONTRO	DNF
	BHAGWAN RAWAL	1119	05/01/97	UTTRAKHAND	DNF
	BALJINDER SINGH...	888	18/09/86	PUNJAB	DNF

**Event # 22 WOMENS 100m Run**

# NR.:DUTEE CHAND PATIALA 11.17 21/06/2021

% MR.:DUTEE CHAND RANCHI 11.22 2019

**RESULTS OF FINALS**

1	GIRIDHARANI RAVIKUMAR	424	07/07/01	TAMIL NADU	-0.2m/s s	11.36
2	SNEHA S.S	207	27/03/98	KARNATAKA	-0.2m/s s	11.42
3	KAMALJEET KAUR	313	10/03/99	PUNJAB	-0.2m/s s	11.52
4	SRABANI NANDA	257	07/05/91	ODISHA	-0.2m/s s	11.65
5	NITHYA GANDHE	349	10/11/99	RAILWAYS	-0.2m/s s	11.72
6	ABINAYA RAJARAJAN	423	21/11/06	TAMIL NADU	-0.2m/s s	11.82
7	AVANTIKA NARALE	360	11/07/03	RAILWAYS	-0.2m/s s	11.91
	DANESHWARI T	373	14/08/00	RAILWAYS		DO

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**Event # 23 WOMENS 200m Run**

# NR.:SARASWATI SAHA LUDHIANA 22.82 28/08/2002

% MR.:SARASWATI SAHA NEW DELHI 22.83 2002

**RESULTS OF FINALS**

1	KAMALJEET KAUR	313	10/03/99	PUNJAB	+1.2m/s	<b>23.66</b>
2	SRABANI NANDA	257	07/05/91	ODISHA	+1.2m/s	<b>23.88</b>
3	GIRIDHARANI RAVIKUMAR	424	07/07/01	TAMIL NADU	+1.2m/s	<b>24.31</b>
4	SHABNAM .	456	11/08/99	DELHI	+1.2m/s	<b>24.86</b>
5	SIMRAN KAUR	122	01/08/98	DELHI	+1.2m/s	<b>24.92</b>
6	KAVITA .	269	30/12/97	POLICE SPORTS CONTRO	+1.2m/s	<b>25.16</b>
7	MARIYA NIVETHA P	420	28/08/03	TAMIL NADU	+1.2m/s	<b>25.26</b>
8	DHIVYA.J .	263	31/01/98	ONGC	+1.2m/s	<b>27.14</b>

**Event # 24 WOMENS 400m Run**

# NR.:HIMA DAS JAKARTA 50.79 26/08/2018

% MR.:ANJALI DEVI BHUANESWAR 51.79 2018

**RESULTS OF FINALS**

1	DANDI SRI	106	16/07/00	ANDHRA PRADESH		<b>53.26</b>
2	SIMARJEET KAUR	317	25/10/01	PUNJAB		<b>53.77</b>
3	KAVITA .	269	30/12/97	POLICE SPORTS CONTRO		<b>54.15</b>
4	DEEPANSHI .	262	04/11/02	ONGC		<b>54.18</b>
5	KUNJA RAJITHA	266	01/01/03	ONGC		<b>54.75</b>
6	SWATHI RONGALI	105	07/08/00	ANDHRA PRADESH		<b>55.05</b>
7	LI NET GEORGE	216	09/03/99	KERALA		<b>55.10</b>
	SNEHA K.	221	19/05/99	KERALA		<b>DNS</b>

**Event # 25 WOMENS 800m Run**

# NR.:TINTU LUKA SPLIT 1:59.17 4/09/2010

% MR.:TINTU LUKKA KOLKATA 2:00.56 2015

**RESULTS OF FINALS**

1	YAMUNA LADKAT	246	20/04/98	MAHARASHTRA		<b>2:01.95</b>
2	CHANDA .	327	16/08/01	RAILWAYS		<b>2:02.66</b>
3	ASHAKIRAN BARLA	182	01/10/06	JHARKHAND		<b>2:03.01</b>
4	POOJA ...-	342	17/06/02	RAILWAYS		<b>2:06.21</b>
5	SUKHWINDER KAUR .	305	15/04/94	PUNJAB		<b>2:08.20</b>
6	JYOTI SAINI	322	22/04/96	PUNJAB		<b>2:09.46</b>
7	ARCHANA ADHAV	238	14/07/95	MAHARASHTRA		<b>2:12.91</b>
8	AKSHANA .	228	01/06/03	MADHYA PRADESH		<b>2:12.93</b>

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**Event # 26 WOMENS 1500m Run**

# NR.:HARMILAN BAINS WARANGAL 4:05.39 16/09/2021

% MR.:HARMILAN BAINS WARANGAL 4:05.39 2021

1	POOJA ...-	342	17/06/02	RAILWAYS	4:21.80
2	LILI DAS	346	18/03/98	RAILWAYS	4:23.23
3	SNEHA MALIK	177	03/09/04	HARYANA	4:23.75
4	SHRADDHA KATHIRIYA	133	20/12/01	GUJARAT	4:28.63
5	AKSHANA .	228	01/06/03	MADHYA PRADESH	4:35.56
6	SHIVECHHA PATIL	249	21/09/03	MAHARASHTRA	4:37.42
7	SMITHA D.R.	198	09/12/00	KARNATAKA	4:39.32
8	RIYA DOHATARE	241	11/12/01	MAHARASHTRA	4:42.45
9	JYOTI .-	338	05/07/97	RAILWAYS	4:45.81
10	IRIN THOMAS .	210	14/06/02	KERALA	4:45.93
11	S NEELAMBARI .	407	22/10/99	TAMIL NADU	4:47.48
12	SHIVANI KUMARI	112	01/08/00	BIHAR	5:00.81
13	URMILA BISHNOI	388	05/08/03	RAJASTHAN	5:08.89
	ANJU .	145	13/11/04	HARYANA	DNS

**Event # 27 WOMENS 5000m Run**

# NR.:PARUL CHAUDHARY WALNUT 15:10.35 06/05/2023

% MR.:O.P. JAISHA KOLKATA 15:31.73 2015

1	ANKITA .	326	05/02/02	RAILWAYS	16:10.05
2	SEEMA .	179	10/01/01	HIMACHAL PRADESH	16:12.25
3	DRASHTIBEN CHAUDHRI	130	16/08/03	GUJARAT	16:15.35
4	MUNNI .	330	16/07/98	RAILWAYS	16:26.34
5	PHOOLAN PAL .	435	05/01/96	UTTAR PRADESH	17:03.47
6	SUPRITI KACHHAP	183	03/04/03	JHARKHAND	17:11.17
7	MEENU SHARMA	451	15/04/99	UTTRAKHAND	17:30.38
8	EKTA .	116	23/03/97	DELHI	17:30.51
9	PRITI CHAUDHARY	232	08/02/94	MADHYA PRADESH	17:36.62
10	REBI PAL	363	12/12/01	RAILWAYS	18:10.52
11	SAPNA PATEL	129	10/03/99	GOA	18:15.19
12	VARSHA NAGAR	293	20/05/99	POLICE SPORTS CONTRO	18:33.55
	POOJA ...--	385	12/06/96	RAJASTHAN	DNS
	BHARTI .	148	01/01/97	HARYANA	DNS
	BADHO .	147	10/10/01	HARYANA	DNS
	ANJULI SUBBA	402	24/07/00	SIKKIM	DNS
	SUNITA ..	180	31/03/98	HIMACHAL PRADESH	DNS
	PRAJKTA SHINDE	251	26/04/02	MAHARASHTRA	DNF
	CHANDRA SHARMA	401	22/01/98	SIKKIM	DNS

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**Event # 28 WOMENS 10000m Run**

#NR.:P.SREEDHARAN GUANGZHOU 31:50.47 21/11/2010

% MR.:KAVITA RAUT KOCHI 32:41.31 2010

1	SEEMA .	179	10/01/01	HIMACHAL PRADESH	33:26.90
2	KAVITA YADAV	375	08/11/98	RAILWAYS	33:35.57
3	PHOOLAN PAL .	435	05/01/96	UTTAR PRADESH	34:55.13
4	PRAJKTA SHINDE	251	26/04/02	MAHARASHTRA	36:03.93
5	SONIYA ..	446	25/07/00	UTTRAKHAND	36:37.97
6	JYOTI -	139	09/02/03	HARYANA	37:01.06
7	RESHMA KEVATE	243	11/10/98	MAHARASHTRA	37:59.48
8	CHATRU .	268	05/07/01	POLICE SPORTS CONTRO	38:38.72
9	SUCHIKA .	382	02/02/02	RAJASTHAN	38:43.02
10	SRUTHI M S	222	20/07/96	KERALA	39:04.41
11	REENU .	273	15/02/97	POLICE SPORTS CONTRO	39:23.58
12	REEBA GEORGE	217	07/08/96	KERALA	39:25.83
	NANDANI GUPTA	351	04/11/97	RAILWAYS	DNF
	MAMTA CHOUDHARY	389	04/10/02	RAJASTHAN	DNF
	BHARTI .	148	01/01/97	HARYANA	DNF
	K M LAXMI .	328	01/02/98	RAILWAYS	DNF
	BADHO .	147	10/10/01	HARYANA	DNS
	SAPNA PATEL	129	10/03/99	GOA	DNF

**Event # 29 WOMENS 100m Hurdles**

# NR.:JYOTHI YARRAJI CHENGDU 12.78 04/08/2023

% MR.:JYOTI YARRAJI BENGALURU 12.82 2022

**RESULTS OF FINALS**

1	PRAGYAN PRASANT SAHU	258	19/12/99	ODISHA	+0.2m/s e	13.46
2	SAPNA KUMARI	111	13/08/99	BIHAR	+0.2m/s e	13.47
3	ANJALI C	197	27/07/00	KARNATAKA	+0.2m/s e	13.53
4	PRANJALI PATIL	248	23/01/03	MAHARASHTRA	+0.2m/s e	13.56
5	MEDHA KAMATH	201	04/12/97	KARNATAKA	+0.2m/s e	13.60
6	MOUMITA MONDAL	359	09/12/01	RAILWAYS	+0.2m/s e	13.81
7	VINITHA BABU	214	10/05/97	KERALA	+0.2m/s e	14.54
8	S. SRIRESHMA .	408	04/05/01	TAMIL NADU	+0.2m/s e	14.58

**Event # 30 WOMENS 400m Hurdles**

# NR.:P.T. USHA LOS ANGELES 55.42 8/08/1984

% MR.:P.T. USHA TRIVANDRUM 56.80 1985

**RESULTS OF FINALS**

1	SINCHAL .	335	05/02/01	RAILWAYS	57.88
2	VEERPAL KAUR	319	24/03/94	PUNJAB	58.69
3	NANHI .	331	16/10/99	RAILWAYS	59.60
4	RAJI AUSTIN	213	01/08/88	KERALA	1:00.69
5	RAMANDEEP KAUR	314	20/12/03	PUNJAB	1:01.25
6	DHIVYA.J .	263	31/01/98	ONGC	1:01.29
7	SUMATHIRA B	414	23/08/01	TAMIL NADU	1:01.62
	R VITHYA RAMRAJ	367	20/09/98	RAILWAYS	DNS



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**Event # 31 WOMENS 3000m Steeplechase**

# NR.:PARUL CHAUDHARY BUDAPEST 9:15.31 27/08/2023

% MR.:LALITA BABAR KOLKATA 9:39.83 2015

1	KOMAL JAGADALE	352	26/01/99	RAILWAYS	10:32.14
2	BHAGYASHREE NAVALE	265	20/12/01	ONGC	10:33.70
3	PREENU YADAV	376	20/06/95	RAILWAYS	10:35.10
4	REBI PAL	363	12/12/01	RAILWAYS	10:43.34
5	SMITHA D.R.	198	09/12/00	KARNATAKA	10:57.16
6	SUSMITA TIGGA	260	25/12/03	ODISHA	11:02.58
7	CHINTA .	229	26/03/93	MADHYA PRADESH	11:03.82
8	SHILPA .	381	15/05/01	RAJASTHAN	11:05.98
9	RIYA DOHATARE	241	11/12/01	MAHARASHTRA	11:12.19
10	MEENA .	153	15/04/03	HARYANA	11:12.65
11	H M HARSHITHA .	192	03/12/04	KARNATAKA	11:19.60
12	PRIYANKA KASANA	285	25/03/99	POLICE SPORTS CONTRO	11:19.93
13	UJJALA .	167	23/05/03	HARYANA	11:43.04
14	CHANCHAL .	149	06/06/02	HARYANA	11:43.42
15	SWETHA K	220	24/07/98	KERALA	11:43.83
	RAVINA KUMARI	320	05/03/03	PUNJAB	DNS
	SUGANDHA GARJAR	280	02/08/96	POLICE SPORTS CONTRO	DNS
	G MAHESHWARI .	430	18/08/00	TELANGANA	DNS
	VAISHNAVI SAWANT	250	28/03/01	MAHARASHTRA	DNS
	MANISHA KHANAL	400	23/12/03	SIKKIM	DNS

**Event # 32 WOMENS High Jump**

# NR.:SAHANA KUMARI HYDERABAD 1.92 23/06/2012

% MR.:SAHANA KUMARI CHENNAI 1.84 2012

1	POOJA ...	174	21/02/07	HARYANA	1.81m
2	ANGEL DEVASIA	347	06/12/94	RAILWAYS	1.79m
3	ABHINAYA SHETTY	371	16/06/99	RAILWAYS	1.76m
4	KEVINAA ANNAVI	412	23/03/02	TAMIL NADU	1.70m
5	GOBIKA K .	405	06/08/02	TAMIL NADU	1.70m
5	REKHA -	324	24/01/99	RAILWAYS	1.70m
7	MANSHI .	433	03/09/02	UTTAR PRADESH	1.65m
8	RAJESWARI DAS	278	23/05/99	POLICE SPORTS CONTRO	1.65m
8	GIJI STEPHEN	427	30/12/00	TAMIL NADU	1.65m
10	PRACHI .	154	02/04/07	HARYANA	1.65m
11	PALLAVI PATIL	203	12/09/02	KARNATAKA	1.65m
11	TANUSHREE .	383	14/02/02	RAJASTHAN	1.65m
13	JASSIKA .	117	06/10/01	DELHI	1.60m
	ATHIRA K S	284	28/05/96	POLICE SPORTS CONTRO	NM
	AMANDEEP KAUR	184	07/09/06	JHARKHAND	DNS
	URMILA .	384	15/11/00	RAJASTHAN	DNS

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**Event # 33 WOMENS Pole Vault**

# NR.:ROSE MEENA PAULRAJ BENGALURU 4.21 15/10/2022

% MR.:ROSY MEENA PAULRAJ BENGALURU 4.21 2022

1	PAVITHRA VENKATESH	374	08/12/01	RAILWAYS	4.05m
2	BARANICA ELANGO VAN	348	03/02/97	RAILWAYS	4.00m
3	MARIYA JAISON	218	23/09/97	KERALA	3.80m
4	SINDHUSHREE. G	200	23/10/00	KARNATAKA	3.70m
5	NISHA BANU ABDULLA	195	24/01/97	KARNATAKA	3.60m
6	VANSHIKA GHANGHAS	175	08/10/05	HARYANA	3.60m
7	BHAVYA JAIN	233	23/03/05	MADHYA PRADESH	3.50m
8	DEEPIKA A	409	12/12/04	TAMIL NADU	3.50m
9	DIVYA MOHAN	292	28/07/99	POLICE SPORTS CONTRO	3.30m
10	KANAK PANDEY	234	08/08/02	MADHYA PRADESH	3.30m
10	BABITA PATEL	295	12/08/00	POLICE SPORTS CONTRO	3.30m
	SATHYA TAMILARASAN	428	05/02/01	TAMIL NADU	NM
	POOJA -	141	05/09/01	HARYANA	DNS
	KRISHNA RACHAN	366	24/05/94	RAILWAYS	NM
	ARCHANA SINGH	441	15/07/01	UTTAR PRADESH	NM

**Event # 34 WOMENS Long Jump**

# NR.:ANJU B. GEORGE ATHENS 6.83 27/08/2004

% MR.:ANJU B. GEORGE NEW DELHI 6.74 2002

1	BHAVANI YADAV BHAGAVATI 103	19/12/98	ANDHRA PRADESH	+0.0m/s	6.22m
	5.63, 6.22, 6.09, 6.21, X, X				
2	PRIYA RATHORE 397	25/06/98	RAJASTHAN	+0.0m/s	6.12m
	5.63, 6.12, 5.81, 5.99, 5.94, 5.95				
3	KUSUMA RAVADA 104	15/09/01	ANDHRA PRADESH	+0.0m/s	6.08m
	5.70, 6.05, 5.99, 6.08, 5.99, 5.82				
4	POOJA SAINI 297	10/10/99	POLICE SPORTS CONTRO	+0.0m/s	6.05m
5	SHERIN A 411	24/02/00	TAMIL NADU	-1.5m/s	6.04m
6	BHAIRABI ROY 369	02/02/95	RAILWAYS	-0.7m/s	5.93m
7	RENU .. 341	12/12/98	RAILWAYS	+0.0m/s	5.91m
8	NEENA . 211	02/05/91	KERALA	+0.0m/s	5.86m
9	DEEPANSHI SINGH 442	03/04/01	UTTAR PRADESH	-0.8m/s	5.84m
10	SHARVARI PARULEKAR 247	20/03/02	MAHARASHTRA	+0.0m/s	5.83m
11	PRABHAVATHI PS 224	01/12/01	KERALA	-0.1m/s	5.82m
12	MANISHA MEREL 256	05/07/01	ODISHA	+0.0m/s	5.70m
13	PRIYANKA KERKETTA 354	13/10/98	RAILWAYS	-1.2m/s	5.66m
14	PRATHIKSHA A 410	03/11/05	TAMIL NADU	+0.0m/s	5.64m
15	MAYURIBEN GAMIT 131	16/09/01	GUJARAT	+0.0m/s	5.57m
16	MERYL MATHEW 416	13/08/03	TAMIL NADU	+0.0m/s	5.54m
17	SHWETA THAKUR 253	06/06/99	MAHARASHTRA	+0.0m/s	5.53m
18	SHIWANGI DUBEY 438	03/08/98	UTTAR PRADESH	+0.0m/s	5.51m
19	ANKITA CHAUDHARY 121	12/11/02	DELHI	+0.0m/s	5.50m
	ANJALI . 144	05/02/03	HARYANA		DNS

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**Event # 35 WOMENS Triple Jump**

# NR.:MAYOOKHA JOHNY KOBE 14.11 9/07/2011

% MR.:MAYOOKHA JOHNY KOLKATA 13.78 2015

1	MALLALA ANUSHA	102	10/07/02	ANDHRA PRADESH	+0.0m/s	<b>13.40m</b>
		13.27, 13.40, 13.36, 13.22, X, 13.15				
2	BHAIRABI ROY	369	02/02/95	RAILWAYS	+0.7m/s	<b>13.27m</b>
		X, 13.27, X, 12.85, X, 12.90				
3	SHARVARI PARULEKAR	247	20/03/02	MAHARASHTRA	+0.1m/s	<b>13.09m</b>
		12.74, 12.96, 12.79, 13.09, X, 12.43				
4	RENU ..	341	12/12/98	RAILWAYS	-0.5m/s	<b>13.08m</b>
5	BABISHA P	419	26/12/01	TAMIL NADU	+0.1m/s	<b>13.08m</b>
6	KARTHIKA GOTHANDAPANI	350	02/01/96	RAILWAYS	+0.1m/s	<b>13.02m</b>
7	PAVITHRA .	193	10/03/00	KARNATAKA	+0.0m/s	<b>12.65m</b>
8	ANJALI C	197	27/07/00	KARNATAKA	+0.0m/s	<b>12.49m</b>
9	NIHARIKA VASHISHT	323	17/10/95	PUNJAB	+0.0m/s	<b>12.18m</b>
10	AISHWARYA R	421	03/01/00	TAMIL NADU	-0.6m/s	<b>12.07m</b>
11	KAJAL .	152	01/09/03	HARYANA	+0.0m/s	<b>12.06m</b>
12	MELVA GEORGE	281	10/11/97	POLICE SPORTS CONTRO	+0.1m/s	<b>11.97m</b>
	KM. SONAM .	270	15/05/98	POLICE SPORTS CONTRO		<b>DNS</b>
	ARSHDEEP KAUR	310	02/11/99	PUNJAB		<b>DNS</b>

**Event # 36 WOMENS Shot Put**

# NR.:MANPREET KAUR CHENNAI 18.06 11/06/2022

% MR.:MANPREET KAUR KOLKATA 17.96 2015

1	ABHA KHATUA	244	09/07/95	MAHARASHTRA		<b>16.32m</b>
		14.67, 15.79, 16.32, 15.44, 16.02, X				
2	MANPREET KAUR	288	05/03/96	POLICE SPORTS CONTRO		<b>15.96m</b>
		14.76, 15.03, X, 15.96, 15.23, X				
3	SRISHTI VIG	126	15/07/95	DELHI		<b>15.78m</b>
		15.75, 15.78, X, 15.67, 14.69, 15.03				
4	REKHA ..	340	02/02/01	RAILWAYS		<b>15.48m</b>
5	SIMRANJEET KAUR	123	26/01/03	DELHI		<b>15.15m</b>
6	YOGITA .	168	01/11/00	HARYANA		<b>14.93m</b>
7	KAVITA KUMARI	355	10/01/02	RAILWAYS		<b>14.41m</b>
8	ANJALI ..	170	08/02/03	HARYANA		<b>14.36m</b>
9	TUNLAI NARZARY	107	10/02/94	ASSAM		<b>13.99m</b>
10	KIRAN JOT	308	15/11/92	PUNJAB		<b>13.38m</b>
11	AMBIKA V	208	13/04/00	KARNATAKA		<b>13.26m</b>
12	TUFFII SULTAN KHAN	114	07/11/02	CHHATTISGARH		<b>11.97m</b>
13	ANSHIKA .	431	31/12/01	UTTAR PRADESH		<b>11.68m</b>
	SONIYA .	165	14/11/89	HARYANA		<b>DNS</b>

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**Event # 37 WOMENS Discus Throw**

# NR.:KAMALPREET KAUR PATIALA 66.59 21/06/2021

% MR.:NEELAM J. SINGH BANGALORE 61.17 2003

1	NIDHI .	332	03/01/97	RAILWAYS	<b>52.86m</b>
		X, 51.23, 52.61, 50.90, 52.86, 50.08			
2	NEETIKA VERMA	444	04/03/01	UTTAR PRADESH	<b>51.21m</b>
		49.44, 48.29, 49.22, 48.79, 48.38, 51.21			
3	SANDEEP KUMARI	356	10/12/92	RAILWAYS	<b>50.10m</b>
		49.19, X, 48.92, 49.67, 49.30, 50.10			
4	GURVEER KAUR	312	19/10/95	PUNJAB	<b>48.31m</b>
5	SHIVANI -	325	08/10/99	RAILWAYS	<b>48.28m</b>
6	K M MADHU VERMA .	230	01/05/95	MADHYA PRADESH	<b>48.05m</b>
7	SUNITA .	166	20/03/00	HARYANA	<b>48.04m</b>
8	SHWETA .	163	25/03/02	HARYANA	<b>47.92m</b>
9	SONAL GOYAL	282	27/03/98	POLICE SPORTS CONTRO	<b>46.96m</b>
10	RAJBALA SAINI	398	23/07/97	RAJASTHAN	<b>46.93m</b>
11	ANUSHA YADAV	127	15/04/03	DELHI	<b>46.31m</b>
12	BALJIT KAUR	311	01/05/83	PUNJAB	<b>46.31m</b>
13	BHARTI KUMARI	392	29/10/02	RAJASTHAN	<b>43.73m</b>
14	NANDHINI VELLAICHAMY	429	11/01/94	TAMIL NADU	<b>42.54m</b>
15	PRIYADHARSHINI .	406	04/12/99	TAMIL NADU	<b>40.13m</b>
16	KM HIMANI .	432	08/07/92	UTTAR PRADESH	<b>40.00m</b>
17	SANTOSHI PRAKAS DESHMU	239	21/11/98	MAHARASHTRA	<b>39.79m</b>
	BHAVANA YADAV	128	09/04/99	DELHI	<b>DNS</b>
	RIDDHI .	160	28/04/07	HARYANA	<b>DNS</b>
	SALMI KISPOTTA	290	13/01/99	POLICE SPORTS CONTRO	<b>NM</b>
	ANISHA .	115	03/07/05	DELHI	<b>DNS</b>

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**Event # 38 WOMENS Hammer Throw**

# NR.:SARITA SINGH PATIALA 65.25 1/06/2017

% MR.:MANJU BALA WARANGAL 64.42 2021

1	ANMOL KAUR	286	04/01/92	POLICE SPORTS CONTRO	<b>60.19m</b>
		54.88, 57.53, 60.19, 53.85, 56.15, 57.93			
2	TANYA CHAUDHARY	437	21/09/03	UTTAR PRADESH	<b>59.04m</b>
		49.56, 56.25, 56.92, 58.25, 54.75, 59.04			
3	SARITA R SINGH	372	26/10/89	RAILWAYS	<b>58.42m</b>
		X, 51.62, 53.12, X, 54.24, 58.42			
4	RENU .	159	06/03/94	HARYANA	<b>56.70m</b>
5	DIVYA SHANDILYA	259	05/07/98	ODISHA	<b>56.29m</b>
6	SARABJIT KAUR	316	12/04/84	PUNJAB	<b>55.35m</b>
7	PALLAVI .	434	15/02/97	UTTAR PRADESH	<b>54.45m</b>
8	VARSHA .	120	07/02/99	DELHI	<b>54.03m</b>
9	REKHA .	334	30/12/97	RAILWAYS	<b>51.42m</b>
10	SURABHI VEDPATHAK	254	29/08/98	MAHARASHTRA	<b>51.42m</b>
11	SHRUTI SINGH	443	21/01/00	UTTAR PRADESH	<b>51.08m</b>
12	KULVINDER .	329	15/02/98	RAILWAYS	<b>50.93m</b>
13	MITAL SOLANKI	137	28/08/03	GUJARAT	<b>50.83m</b>
14	MANPREET KAUR.	289	19/08/98	POLICE SPORTS CONTRO	<b>50.15m</b>
15	KOMAL POONIA	396	15/07/01	RAJASTHAN	<b>49.85m</b>
16	MANJU BALA	386	01/07/89	RAJASTHAN	<b>49.78m</b>
17	VARSHA KANPURE	242	22/09/98	MAHARASHTRA	<b>47.17m</b>
18	NITHYA B	413	17/10/03	TAMIL NADU	<b>44.83m</b>
	MAYA .	379	20/02/01	RAJASTHAN	<b>DNS</b>
	AISHWARYA .	142	24/09/01	HARYANA	<b>NM</b>
	ANITA .	143	08/12/00	HARYANA	<b>DNS</b>

**Event # 39 WOMENS Javelin Throw**

# NR.:ANNU RANI JAMSHEDPUR 63.82 8/05/2022

% MR.:ANNU RANI LUCKNOW 60.01 2016

1	JYOTI .	151	01/04/02	HARYANA	<b>53.59m</b>
		53.54, 48.31, 47.48, 53.59, X, 47.38			
2	KARISHMA SANIL	370	04/06/00	RAILWAYS	<b>52.86m</b>
		X, 52.86, 50.76, 50.64, 51.66, 50.74			
3	PRIYANKA .	156	04/04/97	HARYANA	<b>52.57m</b>
		50.07, 50.80, 50.92, 52.57, 51.07, 52.41			
4	RASHMI K	353	24/11/93	RAILWAYS	<b>52.12m</b>
5	DEEPIKA .	150	21/11/05	HARYANA	<b>49.14m</b>
6	SHAKSHI SHARMA	440	09/02/02	UTTAR PRADESH	<b>49.08m</b>
7	UMA CHOUDHARY	390	04/10/99	RAJASTHAN	<b>46.48m</b>
8	SAROJ DEVI .	304	15/02/99	PUNJAB	<b>46.05m</b>
9	MONIKA .	272	20/03/98	POLICE SPORTS CONTRO	<b>45.67m</b>
10	RUPINDER SOHAL	298	08/11/88	POLICE SPORTS CONTRO	<b>45.05m</b>
11	HEMAMALINI NEELAKANDA	418	12/04/00	TAMIL NADU	<b>44.69m</b>
12	ANJANI KUMARI	109	01/01/00	BIHAR	<b>43.17m</b>
13	NIKITA RAWAT	449	08/12/98	UTTRAKHAND	<b>39.72m</b>
	ANNU RANI	368	29/08/92	RAILWAYS	<b>DNS</b>

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**Event # 40 WOMENS 4x100m Relay**

# NR.:NATIONAL TEAM PATIALA 43.37 21/06/2021

% MR.:RAILWAYS TEAM BENGALURU 44.98 2022

1	RAILWAYS E			RAILWAYS			<b>44.87 %</b>
	349	NITHYA GANDHE	10-11-1999	361	ANJALI P D	22-03-2001	
	360	AVANTIKA NARALE	11-07-2003	373	DANESHWARI T	14-08-2000	
2	TAMIL NADU F			TAMIL NADU			<b>45.68</b>
	408	S. SRIRESHMA .	04-05-2001	423	ABINAYA RAJARAJAN	21-11-2006	
	420	MARIYA NIVETHA P	28-08-2003	424	G RAVIKUMAR	07-07-2001	
3	PUNJAB D			PUNJAB			<b>46.25</b>
	314	RAMANDEEP KAUR	20-12-2003	321	DEEPTI RANI	20-08-1989	
	302	RAMANDEEP KAUR .	24-06-1989	313	KAMALJEET KAUR	10-03-1999	
4	ODISHA B			ODISHA			<b>46.85</b>
	255	SUKHI BASKEY	02-11-2002	261	SABITA TOPPO	06-04-2005	
	258	P SAHU	19-12-1999	257	SRABANI NANDA	07-05-1991	
5	POLICE SPORTS CONTRO C			POLICE SPORTS CONTRO			<b>47.30</b>
	296	INDU PRASAD	07-05-1992	277	NAINY BALA	25-01-1992	
	300	ANN TOMY	25-02-2002	291	VIJAYA KUMARI	15-04-1999	
	JHARKHAND A			JHARKHAND			<b>DNS</b>

**Event # 41 WOMENS 4x400m Relay**

# NR.:NATIONAL TEAM ATHENS 3:26.89 27/08/2004

% MR.:RAILWAYS TEAM BENGALURU 3:36.72 2022

1	RAILWAYS E			RAILWAYS			<b>3:37.82</b>
	343	SONIA BAISHYA	31-12-1995	344	FLORENCE BARLA	01-01-2001	
	362	KIRAN PAHAL	05-08-2000	339	PRACHI ..	20-12-1996	
2	PUNJAB D			PUNJAB			<b>3:39.43</b>
	317	SIMARJEET KAUR	25-10-2001	319	VEERPAL KAUR	24-03-1994	
	318	TANVEER KAUR	03-10-2001	305	SUKHWINDER KAUR .	15-04-1994	
3	HARYANA A			HARYANA			<b>3:46.50</b>
	157	RACHNA .	30-07-2000	162	SHIVANI .	28-09-2003	
	178	MAHI NANDAL	25-12-2006	176	SANTOSH KUMARI	15-01-1990	
4	TAMIL NADU F			TAMIL NADU			<b>3:50.55</b>
	420	MARIYA NIVETHA P	28-08-2003	414	SUMATHIRA B	23-08-2001	
	424	G RAVIKUMAR	07-07-2001	425	BABY S	06-06-2000	
5	POLICE SPORTS CONTRO C			POLICE SPORTS CONTRO			<b>3:58.04</b>
	276	ANSA BABU	09-04-1998	299	AYANA THOMAS	20-01-1993	
	274	VEERPAL .	07-09-1997	269	KAVITA .	30-12-1997	
	ONGC B			ONGC			<b>DO</b>
	264	JAUNA MURMU	16-08-1990	266	KUNJA RAJITHA	01-01-2003	
	263	DHIVYA.J .	31-01-1998	262	DEEPANSHI .	04-11-2002	

**62nd National Open Athletics Championships 2023**

Sree Kanteerava Outdoor Stadium

15-10-2023

10/11/22 - 10/15/22

11-15 October 2023, Bangalore, Karnataka

**Event # 42 WOMENS 20000m Race Walk**

# NR.:PRIYANKA GOSWAMI RANCHI 1:28.45 13/02/2021

% MR.:RAVINA . BENGALURU 1:34.55 2022

1	MUNITA PRAJAPATI	365	15/01/02	RAILWAYS	1:38.21.6
2	VANDANA .	194	10/12/03	KARNATAKA	1:40.19.9
3	POOJA KUMAWAT	393	02/12/99	RAJASTHAN	1:41.12.3
4	MANSI NEGI	447	03/05/03	UTTRAKHAND	1:43.19.3
5	PREETI .	155	08/02/02	HARYANA	1:43.36.1
6	MOKAVI MUTHURATHINAM	417	07/09/02	TAMIL NADU	1:44.10.1
7	KAMLA .	378	15/08/99	RAJASTHAN	1:45.41.1
8	PAYAL .	333	15/04/01	RAILWAYS	1:47.34.4
9	BALJEET BAJWA	307	28/01/02	PUNJAB	1:55.50.0
10	NEHA SAINI	450	16/10/01	UTTRAKHAND	2:05.34.7
11	S.KIRUTHIKA K.SUNDARAM	415	11/03/00	TAMIL NADU	2:07.08.2
	AMITA RANA	448	20/01/98	UTTRAKHAND	DNF
	POOJA ..-	306	06/09/98	PUNJAB	DNS
	PRIYANKA PATEL	364	09/05/98	RAILWAYS	DNF
	RAVINA .	158	21/05/97	HARYANA	DNF
	SHIVANI ..	275	09/05/97	POLICE SPORTS CONTRO	DNF
	NIKITA LAMBA	394	01/07/02	RAJASTHAN	DNS

## 62nd National Open Athletics Championships 2023

Sree Kanteerava Outdoor Stadium

11/10/2022

12-10-2023

11-15 October 2023, Bangalore, Karnataka

## Event # 51 MENS Decathlon

MR.:

K.SINGH HYDE 7257 2005

NR.:

T.SHANKAR HANG 7666 03/10/2023

Place	Athlete	Total Points	100m Dash	Long Jump	Shot Put	High Jump	400m Dash	Day One	110m Hurdles	Discus Throw	Pole Vault	Javelin Throw	1500m Run	Day Two
1	YAMAN DEEP SHARM RAILWAYS	<b>7078</b>	11.37 780	6.65 732	10.48 515	1.84 661	50.44 794	3482	15.90 744	39.31 651	4.40 731	61.63 762	4:35.61 708	3596
2	ROHIT ROMAN (1030) SSCB	<b>6965</b>	11.12 834	6.55 709	11.58 581	1.78 610	50.53 790	3524	15.32 811	35.04 564	4.30 702	54.71 659	4:36.08 705	3441
3	JAGTAR SINGH (982) RAJASTHAN	<b>6888</b>	11.42 769	6.59 718	12.29 624	1.84 661	50.52 791	3563	15.36 807	38.45 633	3.90 590	58.29 712	4:55.95 583	3325
4	NAVJOR SINGH (844) POLICE SPORTS CO	<b>6713</b>	11.33 789	6.69 741	11.32 565	1.75 585	51.30 756	3436	15.57 782	38.46 633	3.90 590	58.26 712	4:59.95 560	3277
5	GOKUL K R (1016) SSCB	<b>6587</b>	11.05 850	6.88 785	10.70 528	1.84 661	51.40 751	3575	15.56 783	33.21 528	4.40 731	45.46 522	5:20.33 448	3012
6	KUSHAL MOHITE (74) MAHARASHTRA	<b>6568</b>	11.20 817	6.69 741	10.97 544	1.99 794	50.46 794	3690	14.94 857	34.51 554	3.00 357	54.75 659	5:19.88 451	2878
7	DHAVAL SOLANKI (58) GUJARAT	<b>6560</b>	11.48 757	6.40 675	12.08 611	1.81 636	51.23 759	3438	15.88 746	35.41 572	4.10 645	50.65 598	4:59.82 561	3122
8	SUREN R (928) RAILWAYS	<b>6372</b>	10.91 881	7.18 857	12.29 624	1.84 661	51.66 740	3763	15.35 808	36.70 598	4.20 673	46.01 530	DNF 0	2609
9	MOHIT . (995) SSCB	<b>6346</b>	11.58 736	6.37 668	10.99 545	1.81 636	52.74 693	3278	16.39 689	36.16 587	4.10 645	54.25 652	5:11.64 495	3068
10	SANJAY . (603) HARYANA	<b>6278</b>	11.80 691	6.30 652	10.79 533	1.93 740	53.84 646	3262	15.48 792	28.14 428	4.00 617	44.22 504	4:40.91 675	3016



## 62nd National Open Athletics Championships 2023

Sree Kanteerava Outdoor Stadium

12-10-2023

11/10/2022

11-15 October 2023, Bangalore, Karnataka

## Event # 51 MENS Decathlon

MR.:

K.SINGH HYDE 7257 2005

NR.:

T.SHANKAR HANG 7666 03/10/2023

Place	Athlete	Total Points	100m Dash	Long Jump	Shot Put	High Jump	400m Dash	Day One	110m Hurdles	Discus Throw	Pole Vault	Javelin Throw	1500m Run	Day Two
11	RATHOD LOKESH DA KARNATAKA	6251	11.51 750	6.67 736	10.23 499	1.84 661	52.85 688	3334	16.07 725	31.45 493	4.10 645	46.68 540	5:08.01 514	2917
12	AJIT SINGH (634) HARYANA	6187	12.03 645	5.98 582	11.92 602	1.63 488	53.25 671	2988	16.02 730	37.18 607	3.80 562	51.30 608	4:38.15 692	3199
13	KAMAL DHANKHAR HARYANA	6111	12.03 645	6.37 668	13.04 670	1.81 636	54.03 638	3257	16.93 632	34.06 545	3.50 482	52.81 630	4:59.14 565	2854
14	ARAVIND M. S (695) KERALA	6061	11.82 687	6.17 624	12.52 638	1.75 585	53.65 654	3188	17.53 570	35.17 567	3.60 509	54.99 663	4:59.26 564	2873
15	STALIN JOES S (1072) TAMIL NADU	5893	11.13 832	6.75 755	10.66 525	1.84 661	51.93 728	3501	16.28 702	31.04 485	4.20 673	46.15 532	DNF 0	2392
16	NEERAJ YADAV (565) DELHI	5807	11.68 715	6.94 799	9.84 476	1.96 767	54.58 616	3373	15.62 776	34.47 553	3.70 535	48.74 570	DNF 0	2434
17	GURLAL SINGH (865) PUNJAB	5765	11.99 653	5.96 578	12.69 648	1.66 512	55.15 593	2984	17.44 579	39.84 661	3.60 509	49.25 578	5:19.19 454	2781
18	ALI AHAMAD (1085) UTTAR PRADESH	4768	12.35 584	6.13 615	9.39 449	1.72 560	1:00.33 402	2610	22.43 183	29.94 463	3.30 431	49.85 586	5:11.62 495	2158
19	PRAVEEN R (927) RAILWAYS	4607	11.77 697	6.02 591	9.82 475	1.69 536	55.19 591	2890	15.82 753	28.80 441	NM 0	45.53 523	DNF 0	1717
	JOHN PAUL J (1061) TAMIL NADU	0	11.20 817	6.77 760	10.11 492	1.72 560	52.80 690		15.99 734	NM 0	DNS 0	DNS 0	No Result 0	

## 62nd National Open Athletics Championships 2023

Sree Kanteerava Outdoor Stadium

11-15 October 2023, Bangalore, Karnataka

11/10/2022

12-10-2023

## Event # 51 MENS Decathlon

MR.:

K.SINGH HYDE 7257 2005

NR.:

T.SHANKAR HANG 7666 03/10/2023

Place	Athlete	Total Points	100m Dash	Long Jump	Shot Put	High Jump	400m Dash	Day One	110m Hurdles	Discus Throw	Pole Vault	Javelin Throw	1500m Run	Day Two
	<b>SREEDHU GS (818)</b> POLICE SPORTS CO		11.90	DNS	DNS	DNS	No Result		DNS	DNS	DNS	DNS	No Result	
	<b>0</b>	671	0	0	0	0	0		0	0	0	0	0	
	<b>HARMANPREET SINC</b> PUNJAB		12.09	5.99	8.01	1.60	DNS		No Result	DNS	DNS	DNS	No Result	
	<b>0</b>	633	584	367	464	0	0		0	0	0	0	0	

## 62nd National Open Athletics Championships 2023

11/10/2022

Sree Kanteerava Outdoor Stadium

14-10-2023

11-15 October 2023, Bangalore, Karnataka

**Event # 43 WOMENS Heptathlon**

MR.:

S.BARMAN BENG 5798 2022

NR.:

J.SHOBHA NEW 6211 17/03/2004

Place	Athlete	Total Points	100m Hurdles	High Jump	Shot Put	200m Dash	DAY ONE	Long Jump	Javelin Throw	800m Run	DAY TWO
<b>1</b>	<b>SONU KUMARI (357)</b> RAILWAYS	7pt <b>4933</b>	14.90 855	1.61 747	10.71 576	26.65 741	<b>2919</b>	5.45 686	34.76 567	2:24.71 761	<b>2014</b>
<b>2</b>	<b>TANU . (336)</b> RAILWAYS	5pt <b>4854</b>	15.69 753	1.58 712	11.24 611	26.16 783	<b>2859</b>	5.42 677	41.67 699	2:36.04 619	<b>1995</b>
<b>3</b>	<b>POOJA .- (169)</b> HARYANA	4pt <b>4823</b>	15.30 802	1.64 783	11.02 596	26.99 713	<b>2894</b>	5.01 562	39.06 649	2:28.00 718	<b>1929</b>
<b>4</b>	<b>JYOTI . (171)</b> HARYANA	3pt <b>4766</b>	14.96 847	1.73 891	10.50 562	25.81 814	<b>3114</b>	5.56 717	25.17 385	2:42.03 550	<b>1652</b>
<b>5</b>	<b>DEEPIKA S (426)</b> TAMIL NADU	2pt <b>4688</b>	14.90 855	1.55 678	9.17 475	26.50 754	<b>2762</b>	5.60 729	30.46 485	2:28.46 712	<b>1926</b>
<b>6</b>	<b>SONU BHALOTHIA (387)</b> RAJASTHAN	1pt <b>4519</b>	16.70 631	1.64 783	11.07 600	26.87 723	<b>2737</b>	5.30 643	35.81 587	2:41.87 552	<b>1782</b>
<b>7</b>	<b>MARIYA THOMAS (226)</b> KERALA	<b>4472</b>	15.82 736	1.55 678	9.44 493	27.09 704	<b>2611</b>	5.42 677	30.81 492	2:30.06 692	<b>1861</b>
<b>8</b>	<b>NIMMY V O (125)</b> DELHI	<b>4344</b>	15.63 760	1.61 747	8.54 434	27.24 692	<b>2633</b>	5.12 592	25.58 393	2:27.36 726	<b>1711</b>
<b>9</b>	<b>KAJAL - (140)</b> HARYANA	<b>4306</b>	15.67 755	1.55 678	10.20 543	27.29 688	<b>2664</b>	5.02 565	28.93 456	2:35.92 621	<b>1642</b>

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## 62nd National Open Athletics Championships 2023

Sree Kanteerava Outdoor Stadium

14-10-2023

11-15 October 2023, Bangalore, Karnataka

**Event # 43 WOMENS Heptathlon**

MR.:

S.BARMAN BENG 5798 2022

NR.:

J.SHOBHA NEW 6211 17/03/2004

Place	Athlete	Total Points	100m Hurdles	High Jump	Shot Put	200m Dash	DAY ONE	Long Jump	Javelin Throw	800m Run	DAY TWO
<b>10</b>	<b>AKSHATHA . (190)</b> KARNATAKA	<b>4302</b>	15.19 817	1.49 610	8.22 414	26.16 783	<b>2624</b>	5.24 626	28.19 442	2:36.85 610	<b>1678</b>
<b>11</b>	<b>ALEENA VINCENT (301)</b> POLICE SPORTS CONT	<b>4209</b>	15.32 800	1.43 544	9.38 489	27.46 674	<b>2507</b>	5.05 573	31.45 504	2:35.55 625	<b>1702</b>
<b>12</b>	<b>NEETA KUMARI . (380)</b> RAJASTHAN	<b>4064</b>	16.89 609	1.58 712	8.88 456	27.88 640	<b>2417</b>	4.88 527	30.34 483	2:34.56 637	<b>1647</b>
<b>13</b>	<b>SANGEETHA R (422)</b> TAMIL NADU	<b>3703</b>	16.08 704	1.52 644	7.84 389	27.70 655	<b>2392</b>	4.77 498	25.69 395	2:54.47 418	<b>1311</b>
	<b>RITU . (303)</b> PUNJAB	<b>0</b>	15.37 793	1.61 747	DNS 0						
	<b>SWAPNA BARMAN (345)</b> RAILWAYS	<b>0</b>	DNS 0	DNS 0	DNS 0						
	<b>TANUSHREE . (383)</b> RAJASTHAN	<b>0</b>	15.63 760	1.61 747	NM 0	DNS 0					
	<b>VASANI NIRALI (135)</b> GUJARAT	<b>0</b>	18.39 449	NM 0	DNS 0						

**62nd National Open Athletics Championships 2023**

Sree Kanteerava Outdoor Stadium

14-10-2023

10/11/22 - 10/15/22

11-15 October 2023, Bangalore, Karnataka

**Event # 62 MIXED 4x400m Relay**

# NR.:NATIONAL TEAM HANGZHOU 3:14.34 02/10/2023

% MR.:KARNATAKA STATE TEAM BENGALURU 3:21.53 2022

1	ONGC C			ONGC			<b>3:23.33</b>
	794	ROHAN KAMBLE	15-02-2002	266	KUNJA RAJITHA	01-01-2003	
	784	K.AVINASH .	03-12-2000	262	DEEPANSHI .	04-11-2002	
2	POLICE SPORTS CONTRO G			POLICE SPORTS CONTRO			<b>3:24.47</b>
	842	KAMBERDEEP SINGH	12-06-1995	276	ANSA BABU	09-04-1998	
	830	BIGHNARAJ MIRIDIA	12-04-1994	269	KAVITA .	30-12-1997	
3	HARYANA A			HARYANA			<b>3:24.87</b>
	626	MOHIT KUMAR	01-09-1997	176	SANTOSH KUMARI	15-01-1990	
	613	PARAMJEET ..	14-12-2000	157	RACHNA .	30-07-2000	
4	PUNJAB D			PUNJAB			<b>3:25.00</b>
	851	JAGVINDER .	03-03-2003	317	SIMARJEET KAUR	25-10-2001	
	874	MANINDER SINGH	22-08-2002	305	SUKHWINDER KAUR .	15-04-1994	
5	RAILWAYS E			RAILWAYS			<b>3:25.23</b>
	921	VIKRANT PANCHAL	30-01-2000	358	LOGANAYAKI M	03-06-1997	
	910	A DUKKARWADKAR	04-08-1997	344	FLORENCE BARLA	01-01-2001	
6	TAMIL NADU F			TAMIL NADU			<b>3:25.76</b>
	1054	SURAJ A	20-12-2003	414	SUMATHIRA B	23-08-2001	
	1075	SHARAN SHANKAR	21-03-1998	425	BABY S	06-06-2000	
	KERALA B			KERALA			<b>DNF</b>
	697	ABIRAM P	18-12-2005	216	LI NET GEORGE	09-03-1999	
	674	MANU T S .	17-10-2001	221	SNEHA K.	19-05-1999	

**62nd National Open Athletics Championships 2023**  
**11-15 October 2022**  
**Bengalore,(Karnataka)**

<b>BEST ATHLETES</b>				
<b>MEN</b>	<b>MANU DP</b>	<b>SERVICES</b>		<b>1130 pts</b>
<b>WOMEN</b>	<b>YAMUNA LADKAT</b>	<b>MAHARASHTRA</b>		<b>1128 pts</b>
<b>CHAMPIONSHIPS</b>				
<b>MEN</b>	<b>SERVICES</b>			<b>175 pts</b>
<b>WOMEN</b>	<b>RAILWAYS</b>			<b>156 pts</b>
<b>OVERALL</b>	<b>RAILWAYS</b>			<b>220 pts</b>