

37TH
NATIONAL
GAMES
GET SET GOA 2023



START LIST

DAY 1

29th OCTOBER 2023



37TH
**NATIONAL
GAMES**
GET SET GOA 2023



Athletics:- 29th October-3rd November-2023
Schedule Version 1.3 AS ON 26.10.2023
Day 1 -Sunday ,Evening ,29/10/2023

Sl.No	Scheduled Time	Event	Implement Specificati	Round	Section
101	1730hrs	High Jump		Final 1	Men
102	1745hrs	100m		Round 1	Women
103	1800hrs	100m		Round 1	Men
104	1810hrs	Discus Throw	1.000kg	Final 2	Women
105	1815hrs	5000m		Final 3	Men
	1845hrs	5000m		MC 1	MEN
106	1850hrs	400m		Round 1	Men
107	1900hrs	400m		Round 1	Women
108	1905hrs	100m		Final 4	Women
109	1915hrs	100m		Final 5	Men
110	1930hrs	10000m		Final 6	Women
	1940hrs	High Jump		MC-2	Men
	1947hrs	Discus Throw		MC-3	Women
	1955hrs	100m		MC-4	Women
	2005hrs	100m		MC-5	Men
	2015hrs	10000m		MC-6	Women

37TH NATIONAL GAMES, GOA 2023-ATHLETICS**29TH OCTOBER - 3RD NOVEMBER****Athletics Stadium, Bambolim (Goa)****Start List Day-1 (29/10/2023)**

Event # 11 MENS High Jump				FINAL
NR.:TEJASWIN SHANKAR LUBBOCK 2.29 27/04/2018				TIME: 17:30 HRS
MR.:SARVESH ANIL KUSHARE GANDHINAGAR 2.27 2022				
1	MD ASRAF ALI	753	16/01/03	WEST BENGAL
2	CHETHAN BALASUBRAMANYA	595	18/08/92	SERVICES
3	SWADHIN KUMAR MAJHI	492	10/04/00	ODISHA
4	UCHCHAAL KUMAR ROY	754	11/10/02	WEST BENGAL
5	AADARSH RAM J	678	27/09/97	TAMIL NADU
6	ANIKET SUBHASH MANE	470	05/07/04	MAHARASHTRA
7	BHARATHI V	683	20-05-1994	SERVICES
8	VAIBHAV VISHWAS GAONKAR	216	21/10/95	GOA
Event # 22 WOMENS 100m Run				HEATS
NR.:DUTEE CHAND PATIALA 11.17 21/06/2021				TIME: 17:45 HRS
MR.:ARCHANA SUSEENDRAN GANDHINAGAR 11.41 2022				
Heat 1				
4	PADMAPRYA .	497	28/08/03	PONDICHERRY
5	SRABANI NANDA	482	07/05/91	ODISHA
6	VIJAYA KUMARI	411	15/04/99	MADHYA PRADESH
7	ABINAYA RAJARAJAN	650	21/11/06	TAMIL NADU
8	SUDESHNA SHIVANKAR	456	09/09/03	MAHARASHTRA
9	NANCY .	228	12/12/07	HARYANA
10	FAITH .	101	18/11/08	ANDAMAN & NICOBAR
Heat 2				
4	CHELEMI PRATYUSHA	111	07/01/03	ANDHRA PRADESH
5	AVANTIKA NARALE	450	11/07/03	MAHARASHTRA
6	HIMASHREE ROY	252	15/03/95	HARYANA
7	GIRIDHARANI R	648	07/07/01	TAMIL NADU
8	KAVERI L PATIL	317	11/06/00	KARNATAKA
9	SIMRAN DEEP KAUR	144	08/01/98	DELHI
10	KUNIKA KRISHNA HARMALKAR	186	04/05/02	GOA
Heat 3				
4	KAMALJEET KAUR	504	10-03-1999	PUNJAB
5	DANESHWARI A T	303	14/08/00	KARNATAKA
6	NITHYA G	686	10/11/99	TELANGANA
7	BHAVANI YADAV	114	19/12/98	ANDHRA PRADESH
8	ANJALI P D	356	22/03/01	KERALA
9	SNEHA SS	324	05-07-1998	KARNATAKA
10	FANJA DEVI	289	01/02/03	J&K
Event # 1 MENS 100m Run				HEATS
NR.:MANIKANTA H H BENGALORE 10.23 11/10/2023				TIME: 18:00 HRS
MR.:AMLAN BORGOHAIN GANDHINAGAR 10.28 2022				
Heat 1				
2	HEMACHANDIRAN .	498	25/08/03	PONDICHERRY
3	LALU PRASAD BHOI	495	05/09/03	ODISHA
4	AMIYA KUMAR MALLICK	493	14/11/92	ODISHA
5	ELAKKIYADASAN V K	684	31/01/95	TAMIL NADU
6	HARJIT SINGH	624	28/08/97	SERVICES
7	SHASHIKANTH V A	339	24/06/02	KARNATAKA

8	SAURABH RAJESH	615		23/03/01	SERVICES
9	MIDHUN T	397		13/03/97	KERALA
10	VASANT RAJLU NAIDU G	300		30/07/97	JHARKHAND
Heat 2					
2	MOSES WOLFANGO MASCARENHAS	207		27/04/02	GOA
3	RAKESH BAHADUR	102		02/03/04	ANDAMAN & NICOBAR
4	MANIKANTA H	601		05/11/01	SERVICES
5	MRUTY DONDAPATI	487		12/01/05	ODISHA
6	GURAV PRANAV	467		03/07/01	MAHARASHTRA
7	GURINDERVIR SINGH	523		24/12/00	PUNJAB
8	SADANAND KUMAR	298		05/10/03	JHARKHAND
9	RITIK MALIK	166		10/11/01	DELHI
10	TAMIL ARASU S	665		05/05/02	TAMIL NADU
Event # 37 WOMENS Discus Throw					
NR.:KAMALPREET KAUR PATIALA 66.59 21/06/2021					FINAL
MR.:HARWANT KAUR LUDHIANA 55.45 2001					TIME: 18:10 HRS
1	ANISHA .	136		03/07/05	DELHI
2	KIRAN .	548		01/07/03	RAJASTHAN
3	NIDHI ..	238		05/01/97	HARYANA
4	SHALINI CHAUDHARY	407		10/11/02	MADHYA PRADESH
5	SUNITA DEVI	242		20/03/00	HARYANA
6	ARSHDEEP KAUR	502		07/01/05	PUNJAB
7	PARAMJOT KAUR	505		16/11/00	PUNJAB
8	SALMI KISPOTTA	480		13/01/99	ODISHA
9	BHARTI KUMARI	559		29/10/02	RAJASTHAN
10	SEEMA PUNIA	706		27/07/83	UTTAR PRADESH
11	SHWETA SINGH	255		25/03/02	HARYANA
12	NEETIKA VERMA	711		05/03/01	UTTAR PRADESH
13	ANUSHA YADAV	151		05/04/03	DELHI
14	BHAVANA YADAV	152		09/04/99	DELHI
Event # 6 MENS 5000m Run					
NR.:AVINASH SABLE WALNUT 13:19.30 6/05/2023					FINAL
MR.:G. THIRUVANANTHAPURAM 13:50.05 2015					TIME: 18:15 HRS
1	KULDEEP SINGH	172		06/07/87	DELHI
2	HARJODHVIR SINGH	524		13/01/99	PUNJAB
3	SHADAB PATHAN	465		05/10/01	MAHARASHTRA
4	AJAY KUMAR..	204		08/07/94	GOA
5	AJAY .	257		29/01/02	HARYANA
6	GAVIT MURLI KUMAR	222		08/01/97	GUJARAT
7	GAURAV MATHUR	607		19/09/99	SERVICES
8	GULVEER SINGH	623		01/06/98	SERVICES
9	GURPREET .	259		24/12/99	HARYANA
10	UTTAM CHAND	425		07/06/99	MADHYA PRADESH
11	PRITAM KUMAR	161		07/12/02	DELHI
12	ANAND KRISHNA K	381		01/02/01	KERALA
13	TEDDY DAVECELIA CARDOZO	198		31/01/00	GOA
14	ABHISHEK PAL	725		15/07/97	UTTAR PRADESH
15	GHULAM HAIDER	401		16/02/05	LADAKH

Event # 3 MENS 400m Run				HEATS
NR.:MUHAMMED ANAS Kladno 45.21 13/07/2019				TIME: 18:50 HRS
MR.:MUHAMMED AJMAL V Gandhinagar 46.29 2022				
Heat 1				
2	RINCE JOSEPH	379	05/08/02	KERALA
3	AMAN CHAUDHARY.	156	05/04/06	DELHI
4	RAHUL RAMESH KADAM	469	03/10/98	MAHARASHTRA
5	VIKRANT PANCHAL	278	30/01/00	HARYANA
6	ANGREJ SINGH	621	19/02/94	SERVICES
7	DHARMVEER CHOUDHARY	568	05/02/01	RAJASTHAN
8	ROHAN RAGHUNATH GAONKAR	212	04/12/01	GOA
9	K.AVINASH .	660	05/12/00	TAMIL NADU
Heat 2				
3	MOHIT KUMAR	272	01/09/97	HARYANA
4	AMOJ JACOB P A	159	02/05/98	DELHI
5	NITIN KUMAR	722	12/05/01	UTTAR PRADESH
6	NOAH NIRMAL TOM	610	13/11/94	SERVICES
7	SHUBHAM DESHMUK	599	29/07/96	SERVICES
8	THEERTHESH SHETTY	338	05/03/03	KARNATAKA
9	RASHID .	422	08/01/01	MADHYA PRADESH
Event # 24 WOMENS 400m Run				FINAL
NR.:HIMA DAS Jakarta 50.79 26/08/2018				TIME: 19:00 HRS
MR.:AISHWARYA MISHRA Gandhinagar 52.50 2022				
Final As Per Schedule				
1	PRACHI .	690	20/12/96	UTTAR PRADESH
2	SWIZEL D SOUZA	181	20/03/03	GOA
3	VITHYA RAMRAJ	652	20/09/98	TAMIL NADU
4	JYOTHIKASRI D	106	16/07/00	ANDHRA PRADESH
5	JISNA MATHEW	353	07/01/99	KERALA
6	SUKHWINDER KAUR	509	15/04/94	PUNJAB
7	GOWRI NANDANA	355	26/03/02	KERALA
8	KUNJA RAJITHA	112	05/01/03	ANDHRA PRADESH
9	SIMARJEET KAUR	508	05/10/01	PUNJAB
Event # 22 WOMENS 100m Run				FINAL
NR.:DUTEE CHAND Patiala 11.17 21/06/2021				TIME: 19:05 HRS
MR.:ARCHANA SUSEENDRAN Gandhinagar 11.41 2022				
Event # 1 MENS 100m Run				FINAL
NR.:MANIKANTA H H Bengalore 10.23 11/10/2023				TIME: 19:15 HRS
MR.:AMLAN BORGHAIN Gandhinagar 10.28 2022				

Event # 28 WOMENS 10000m Run				FINAL
NR.:P.SREEDHARAN GUANGZHOU 31:50.47 21/11/2010				TIME: 19:30 HRS
MR.:O.P JAISHA THIRUVANANTHAPURAM 33:08.55 2015				
1	SONIYA .	733	25/07/00	UTTARAKHAND
2	POONAM SONUNE	457	04/04/00	MAHARASHTRA
3	NEETU KUMARI	700	06/07/96	UTTAR PRADESH
4	CHANDRAKALA SHARMA	634	22/01/98	SIKKIM
5	JOTI MANE	122	04/10/01	ARUNACHAL PRADESH
6	CHATRU .	547	05/07/01	RAJASTHAN
7	SUPRITI KACHHAP	293	03/04/03	JHARKHAND
8	KAVITA YADAV	712	08/11/98	UTTAR PRADESH
9	PRAJKTA PARASHARAM SHINDE	451	05/04/02	MAHARASHTRA
10	SANJIVANI JADHAV	446	12/07/96	MAHARASHTRA
11	SONIKA .	235	12/06/99	HARYANA
12	BASANTI KUMARI	294	10/01/02	JHARKHAND
13	PHOOLAN PAL	702	05/01/96	UTTAR PRADESH
14	BHARTI .	225	01/01/97	HARYANA
15	TASHI LADOL	400	01/08/01	LADAKH
16	SEEMA .	286	10/01/01	HIMACHAL PRADESH