



ATHLETICS
FEDERATION OF INDIA



11th - 15th OCT 2023

BANGALORE, KARNATAKA

Organised by
NEB Sports



START LIST DAY-1

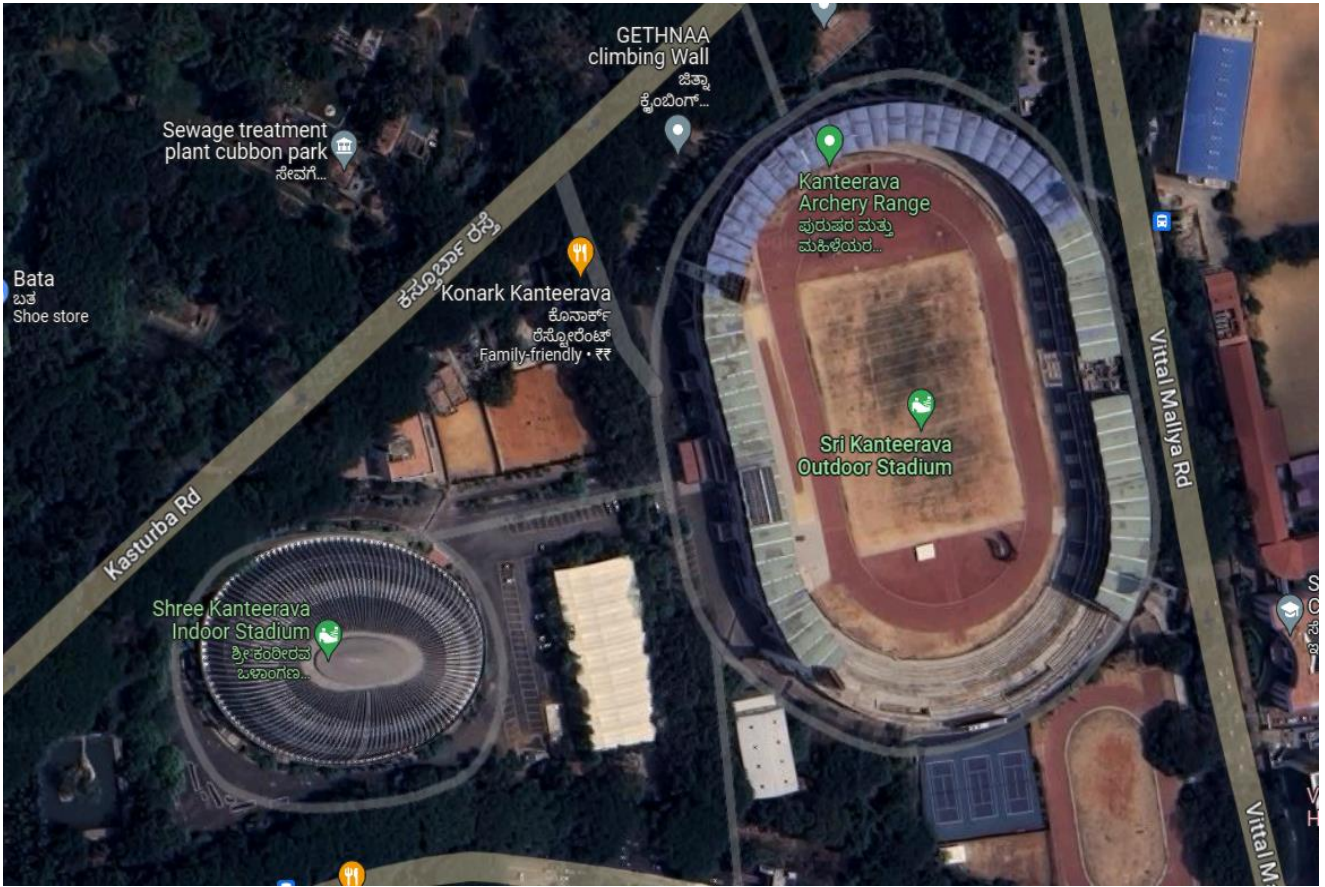
11/10/2023

SPONSORS & PARTNERS



General Information

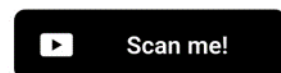
VENUE DETAILS:



ALL ATHLETES ARE ADVISED TO REPORT IN THE WARMUP GROUND AS PER THE DETAILED GIVEN BELOW:

FOR ALL TRACK EVENTS	60 MINUTES BEFORE THE SCHEDULED TIME
FOR ALL FIELD EVENTS (EXCEPT HIGH JUMP & POLE VAULT)	90 MINUTES BEFORE THE SCHEDULED TIME.
HIGH JUMP & POLE VAULT	120 MINUTES BEFORE THE SCHEDULED TIME

PLEASE SCAN THE QR CODE
FOR COMPETITION VENUE LOCATION ----->



62nd National Open Athletics Championship

KANTEERAVA STADIUM, BANGALORE

11 to 15, October 2023

Schedule Version 4 as on 09-10-2023. Please follow day by day Start List.

11 - 10 - 2023 Forenoon

Event No	Scheduled Time	Event	Gender	Round
101	0945 HRS	100m	Men	Decathlon 1
102	0945 HRS	Discus Throw [2.000kg]	Men	Q.Round Group 1
103	1000 HRS	100m	Men	Round 1
104	1020 HRS	Long Jump	Men	Decathlon 2
105	1030 HRS	100m	Women	Round 1

Inaguration-1100 Hrs

106	1145 HRS	Discus Throw [2.000kg]	Men	Q.Round Group 2
107	1145 HRS	Shot Put [7.260kg]	Men	Decathlon 3

11 - 10 - 2023 Afternoon

108	1345hrs	Hammer Throw [4.000kg]	Women	FINAL 1
109	1400hrs	Pole Vault	Men	Final 2
110	1400hrs	High Jump	Men	Decathlon 4
111	1400hrs	110m Hurdles [1.067m]	Men	Round 1
112	1430hrs	100m Hurdles [83.8cm]	Women	Round 1
113	1445hrs	Hammer Throw [7.260kg]	MEN	Q.Round Group 1
114	1500hrs	100m	Men	Semi Final
115	1515hrs	100m	Women	Semi Final
116	1545hrs	Hammer Throw [7.260kg]	MEN	Q.Round Group 2
117	1550hrs	400m	Men	Decathlon 5
118	1600hrs	10000m	Men	Final 3
119	1645hrs	10000m	Women	Final 4
	1700 HRS	Hammer Throw	Women	MEDAL CEREMONY 1
	1710 HRS	10000m	Men	MEDAL CEREMONY 2
	1720 HRS	10000m	Women	MEDAL CEREMONY 3
	1730 HRS	Pole Vault	Men	MEDAL CEREMONY 4

62nd National Open Athletics Championships 2023**Sree Kanteerava Outdoor Stadium****11-15 October 2023, Bangalore, Karnataka****Start List Day-1 (11/10/2023)**

Event # 52 MENS 100m Decathlon-1				TIME: 09:45 HRS
Heat 1				
2	JOHN PAUL J	1061	22-10-1999	TAMIL NADU
3	SUREN R	928	16-06-1993	RAILWAYS
4	AJIT SINGH	634	25-11-1993	HARYANA
5	MOHIT .	995	10-09-2001	SSCB
6	NAVJOR SINGH	844	05-05-1994	POLICE SPORTS CONTRO
7	HARMANPREET SINGH.	883	03-12-1997	PUNJAB
8	JAGTAR SINGH	982	01-05-1993	RAJASTHAN
Heat 2				
2	KAMAL DHANKHAR	619	13-10-1998	HARYANA
3	PRAVEEN R	927	17-03-1995	RAILWAYS
4	ROHIT ROMAN	1030	05-07-1999	SSCB
5	ARAVIND M. S	695	15-03-1994	KERALA
6	SREEDHU GS	818	08-04-1997	POLICE SPORTS CONTRO
7	STALIN JOES S	1072	01-06-1999	TAMIL NADU
8	DHAVAL SOLANKI	581	23-04-2000	GUJARAT
Heat 3				
1	ALI AHAMAD	1085	09-05-2002	UTTAR PRADESH
2	SANJAY .	603	11-05-2000	HARYANA
3	GOKUL K R	1016	29-11-1999	SSCB
4	YAMAN DEEP SHARMA	936	10-03-1999	RAILWAYS
5	KUSHAL MOHITE	749	02-04-2003	MAHARASHTRA
6	RATHOD LOKESH DAMU	662	06-04-2002	KARNATAKA
7	NEERAJ YADAV	565	28-08-1997	DELHI
8	GURLAL SINGH	865	12-10-1994	PUNJAB
Event # 16 MENS Discus Throw				QUALIFYING ROUND
NR.:VIKAS GOWDA NORMAN 66.28 12/04/2012				TIME: 09:45 HRS
MR.:ANIL KUMAR BANGALORE 60.07 2003				
Group A				
1	PRAVEEN KUMAR NEHRA	918	09/11/98	RAILWAYS
2	ANSHU RAI	1101	03/08/89	UTTAR PRADESH
3	ARVIND SHARMA	554	30/11/03	DELHI
4	BHANU SHARMA	978	19/10/96	RAJASTHAN
5	GAGANDEEP SINGH	1036	20/05/95	SSCB
6	HARDEEP SINGH	867	14/09/97	PUNJAB
7	ARJUN ..	897	01/07/93	RAILWAYS
8	NAVJOT SINGH	532	02/07/01	CHANDIGARH
9	NIRBHAY SINGH	636	20/11/96	HARYANA
10	OINAM SINGH	771	22/01/02	MANIPUR
11	SATISH DESHMUKH	737	08/08/01	MAHARASHTRA
12	RAHUL SINGH	1106	21/08/00	UTTAR PRADESH
13	SANKALP SINGH	521	10/04/01	BIHAR
14	MOHD AFFAN	711	23/05/03	MADHYA PRADESH
15	BALJINDER SINGH..	886	23/07/89	PUNJAB
Event # 1 MENS 100m Run				HEATS
NR.:AMIYA KUMAR MALLICK NEW DELHI 10.26 28/04/2016				TIME: 10:00 HRS
MR.:AMLAN BORGHAIN WARANGAL 10.34 2021				
Heat 1				
1	RAHUL GHOSH	768	29/03/97	MANIPUR
2	SAURABH NAITAM	1025	23/03/01	SSCB

3	AYYAPPA PRASAD GUDEY	501		18/11/97	ANDHRA PRADESH
4	ATUL ANAND	510		20/03/98	BIHAR
5	AMIT TIWARI	1109		16/09/97	UTTAR PRADESH
6	SHIVAM SIKARWAR	730		02/04/02	MADHYA PRADESH
7	MANE DINESH	1079		05/04/00	TELANGANA
8	GOVIND KUMAR	624		03/07/02	HARYANA
Heat 2					
1	RAJVEERSINH VAG .	567		05/07/98	GUJARAT
2	VIGNESH A	710		04/07/96	MADHYA PRADESH
3	MIDHUN T	847		13/03/97	POLICE SPORTS CONTRO
4	MANIKANTA H H	1014		29/11/01	SSCB
5	MANEESH M	690		06/02/93	KERALA
6	SHIVAM YADAV	640		15/07/99	HARYANA
7	ADITYA VARDHAN SINGH	980		24/02/96	RAJASTHAN
8	RAHUL SHARMA	1104		12/12/01	UTTAR PRADESH
Heat 3					
1	AMIT KUMAR	513		01/02/99	BIHAR
2	SADANAND KUMAR	647		05/10/03	JHARKHAND
3	NARINDER SINGH	843		17/05/93	POLICE SPORTS CONTRO
4	ELAKKIYADASAN K .	892		31/01/95	RAILWAYS
5	JAY SHAH	759		11/10/97	MAHARASHTRA
6	AMIYA MALLICK	782		14/11/92	ODISHA
7	AKSHAY KUMAR	718		08/03/98	MADHYA PRADESH
8	MOSES MASCARENHAS	566		27/04/02	GOA
Heat 4					
1	KUSH KUMAR	514		23/12/99	BIHAR
2	JEBIN SIBI	579		25/09/02	GUJARAT
3	NIKHIL PATIL	1028		21/06/02	SSCB
4	M.D PAIGAMBAR	666		01/01/94	KARNATAKA
5	SIVA B	901		13/10/94	RAILWAYS
6	ABHAY RAY	1127		17/03/04	WEST BENGAL
7	ARYAN EKKA	777		25/09/03	ODISHA
8	YASH VERMA	1123		02/01/99	UTTRAKHAND
Heat 5					
2	RAHUL SOLANKI	583		30/11/00	GUJARAT
3	KHAGA VISHAL VISSAMSETTI	508		16/10/03	ANDHRA PRADESH
4	CHIRAG CHIRAG	816		17/10/98	POLICE SPORTS CONTRO
5	NUZRAT .	599		22/11/99	HARYANA
6	SAISIDDHARTH R	1066		28/10/03	TAMIL NADU
7	AJIT CHAUHAN	1090		19/09/99	UTTAR PRADESH
8	HEMACHANDIRAN .	848		25/08/03	PUDUCHERRY
Heat 6					
2	ABHINASH SAHU	783		23/03/00	ODISHA
3	SUDHAKAR CHINTHA	907		18/05/97	RAILWAYS
4	KATHIRAVAN G	1057		09/12/98	TAMIL NADU
5	PARAS .	641		24/06/98	HIMACHAL PRADESH
6	MOHAMMED ABDUL NAJEEB QURES	799		25/02/88	ONGC
7	BIBIN B	677		12/12/99	KERALA
8	AKASHDEEP SINGH	862		15/05/95	PUNJAB
Event # 53 MENS Long Jump Decathlon-2					
TIME: 10:20 HRS					
Event # 22 WOMENS 100m Run					
NR.:DUTEE CHAND PATIALA 11.17 21/06/2021					
MR.:DUTEE CHAND RANCHI 11.22 2019					
HEATS					
TIME: 10:30 HRS					
Heat 1					
2	SNEHA S.S	207		27/03/98	KARNATAKA
3	BHAVANI YADAV BHAGAVATHI	103		19/12/98	ANDHRA PRADESH

4	NAINY BALA	277		25/01/92	POLICE SPORTS CONTRO
5	ARATHY A	212		31/07/98	KERALA
6	SIMRAN KAUR	122		01/08/98	DELHI
7	SRABANI NANDA	257		07/05/91	ODISHA
8	GIRIDHARANI RAVIKUMAR	424		07/07/01	TAMIL NADU
Heat 2					
2	PREETI ..	173		09/07/01	HARYANA
3	PRAGYAN PRASANT SAHU	258		19/12/99	ODISHA
4	DANESHWARI T	373		14/08/00	RAILWAYS
5	SHILPI BHADAURIYA	436		10/02/94	UTTAR PRADESH
6	NEHA YADAV	399		20/10/01	RAJASTHAN
7	ABINAYA RAJARAJAN	423		21/11/06	TAMIL NADU
8	NITHYA GANDHE	349		10/11/99	RAILWAYS
Heat 3					
2	MAHERA SIDDIQUE	136		06/04/01	GUJARAT
3	KAMALJEET KAUR	313		10/03/99	PUNJAB
4	VIJAYA KUMARI	291		15/04/99	POLICE SPORTS CONTRO
5	AVANTIKA NARALE	360		11/07/03	RAILWAYS
6	MARIYA NIVETHA P	420		28/08/03	TAMIL NADU
7	NEETU PRAJAPATI	235		05/07/95	MADHYA PRADESH
8	TEENA PAREEK	395		04/04/02	RAJASTHAN
Heat 4					
2	TAMASHREE MISHRA	454		18/05/03	WEST BENGAL
3	SIMI NS	202		22/10/97	KARNATAKA
4	SONIA .	164		05/01/01	HARYANA
5	SUDESHNA SHIVANKAR	252		09/09/03	MAHARASHTRA
6	SHILBI P	294		16/05/96	POLICE SPORTS CONTRO
7	JYOTHI POOJARI	134		31/07/97	GUJARAT
Event # 16 MENS Discus Throw					
NR.:VIKAS GOWDA NORMAN 66.28 12/04/2012					QUALIFYING ROUND
MR.:ANIL KUMAR BANGALORE 60.07 2003					TIME: 11:45 HRS
Group B					
1	MITHRAVARUN .	895		09/07/97	RAILWAYS
2	JAIDEEP SINGH	871		05/01/99	PUNJAB
3	PRINCE ..	614		08/04/02	HARYANA
4	VARUN SINGH	524		10/11/02	BIHAR
5	HARI BEHERA	773		30/12/97	ODISHA
6	PRABHJOT SINGH	845		05/05/92	POLICE SPORTS CONTRO
7	IKRAM KHAN	717		01/07/01	MADHYA PRADESH
8	AMIT KUMAR	548		17/04/98	DELHI
9	ASHISH KUMAR	1095		11/09/02	UTTAR PRADESH
10	PANKAJ KUMAR	963		01/01/00	RAJASTHAN
11	PRAVEEN KUMAR	1018		02/02/96	SSCB
12	PRINCE KUMAR	515		20/07/03	BIHAR
13	ROHIT KUMAR	964		29/09/00	RAJASTHAN
14	ASHWANI LAMBA	720		29/03/98	MADHYA PRADESH
15	PARSHANT MALIK	1020		10/07/91	SSCB
16	PRUTHVIRAJ NALAWADE	750		18/02/00	MAHARASHTRA
Event # 54 MENS Shot Put Decathlon-3					
					TIME: 11:45 HRS
Event # 38 WOMENS Hammer Throw					
NR.:SARITA SINGH PATIALA 65.25 1/06/2017					FINAL
MR.:MANJU BALA WARANGAL 64.42 2021					TIME: 13:45 HRS
1	AISHWARYA .	142		24/09/01	HARYANA
2	ANITA .	143		08/12/00	HARYANA

3	KULVINDER .	329		15/02/98	RAILWAYS
4	MAYA .	379		20/02/01	RAJASTHAN
5	PALLAVI .	434		15/02/97	UTTAR PRADESH
6	REKHA .	334		30/12/97	RAILWAYS
7	RENU .	159		06/03/94	HARYANA
8	VARSHA .	120		07/02/99	DELHI
9	NITHYA B	413		17/10/03	TAMIL NADU
10	MANJU BALA	386		01/07/89	RAJASTHAN
11	TANYA CHAUDHARY	437		21/09/03	UTTAR PRADESH
12	VARSHA KANPURE	242		22/09/98	MAHARASHTRA
13	ANMOL KAUR	286		04/01/92	POLICE SPORTS CONTRO
14	SARABJIT KAUR	316		12/04/84	PUNJAB
15	MANPREET KAUR.	289		19/08/98	POLICE SPORTS CONTRO
16	KOMAL POONIA	396		15/07/01	RAJASTHAN
17	DIVYA SHANDILYA	259		05/07/98	ODISHA
18	SARITA R SINGH	372		26/10/89	RAILWAYS
19	SHRUTI SINGH	443		21/01/00	UTTAR PRADESH
20	MITAL SOLANKI	137		28/08/03	GUJARAT
21	SURABHI VEDPATHAK	254		29/08/98	MAHARASHTRA
Event # 12 MENS Pole Vault					FINAL
NR.:SIVA SUBRAMANIAM GUJARAT 5.31 3/10/2022					TIME: 14:00 HRS
MR.:PARSHANT KANHIYA BENGALURU 5.15 2022					
1	AJAY KUMAR .	590		08/12/03	HARYANA
2	AKSHAY .	671		22/05/03	KERALA
3	GOURAV .	989		20/02/02	SSCB
4	JESSAN .	993		03/01/98	SSCB
5	M.GOWTHAM .	1050		25/09/02	TAMIL NADU
6	RAMBEER .	948		30/06/96	RAJASTHAN
7	UTTAM .	608		15/11/00	HARYANA
8	SUNIL ..	898		11/04/02	RAILWAYS
9	ANAS E B	1010		09/10/95	SSCB
10	BINEESH JACOB	685		17/03/86	KERALA
11	PARSHANT KANHIYA	913		14/02/00	RAILWAYS
12	DHARMENDRA KUMAR	1096		26/08/98	UTTAR PRADESH
13	KULDEEP KUMAR	795		12/03/05	ONGC
14	SANDEEP KUMAR	719		01/01/03	MADHYA PRADESH
15	TANUJ KUMAR	629		27/12/03	HARYANA
16	SANTHOSH M	828		15/11/98	POLICE SPORTS CONTRO
17	DEV MEENA	721		07/05/05	MADHYA PRADESH
18	BIMIN P	920		01/04/85	RAILWAYS
19	SHEKHAR PANDEY	1100		01/02/01	UTTAR PRADESH
20	ANIKET PATEL	833		25/11/97	POLICE SPORTS CONTRO
21	YUGENDRAN.R RAN	1069		01/10/03	TAMIL NADU
22	ASWIN S	700		07/10/98	KERALA
23	BALAN S	1070		12/07/03	TAMIL NADU
24	DEVRAJ SHAKTAWAT	977		20/12/97	RAJASTHAN
25	MANISH SINGH	560		12/07/99	DELHI
Event # 55 MENS High Jump Decathlon-4					TIME: 14:00 HRS
Event # 8 MENS 110m Hurdles					HEATS
NR.:SIDDHANTH THINGALAYA MESA 13.48 10/06/2017					TIME: 14:00 HRS
MR.:SIDDHANTH THINGALAYA KOLKATA 13.77 2011					
Heat 1					
2	VIPIN CHANDRAPAL	953		20/04/01	RAJASTHAN
3	NAYAN PRADIP SARDE	758		06/05/05	MAHARASHTRA

4	TARUNDEEP BHATIA	1004		06/09/94	SSCB
5	RONALD .	811		09/04/98	POLICE SPORTS CONTRO
6	MOHAMMED FAIS C	682		06/04/99	KERALA
7	BHUPENDER .	525		02/07/99	CHANDIGARH
8	MANAV R	1065		07/06/00	TAMIL NADU
Heat 2					
2	SHARANBIR .	856		09/11/95	PUNJAB
3	MANPREET SINGH	531		10/09/99	CHANDIGARH
4	KUNAL CHAUDHARY	904		24/03/99	RAILWAYS
5	GURINDER CHAHAL	790		15/10/90	ONGC
6	NARESH YADAV	1111		05/12/97	UTTAR PRADESH
7	SANDEEP CHOUDHARY	956		13/06/02	RAJASTHAN
8	MOHIL SOLANKI	582		21/05/97	GUJARAT
Heat 3					
2	SACHIN KUMAR	1098		02/01/92	UTTAR PRADESH
3	MUHAMMED VELLACHAILIL	703		22/02/03	KERALA
4	MOHIT CHAHAL	1006		14/01/93	SSCB
5	DHANUSH ADITHAN G	1056		30/09/01	TAMIL NADU
6	TEJAS SHIRSE	937		04/06/02	RAILWAYS
7	SAHIL GEDAM	739		24/11/01	MAHARASHTRA
8	MADHVENDRA SHEKHAWAT	979		30/10/03	RAJASTHAN
Heat 4					
2	LALIT KUMAR	1097		04/01/01	UTTAR PRADESH
3	SUSHANTH D	661		03/09/01	KARNATAKA
4	AKASH SINGH	635		19/09/95	HARYANA
5	YASHWANTH LAVETI	915		28/08/01	RAILWAYS
6	SAHAD NV	831		09/02/98	POLICE SPORTS CONTRO
7	SAYAN BISWAS	1125		25/06/03	WEST BENGAL
8	RISHABH SONI	584		31/10/03	GUJARAT
Heat 5					
2	JASWANT SINGH RAJPUT	574		01/07/97	GUJARAT
3	SURYA .	607		03/10/96	HARYANA
4	SACHIN BINU	1005		18/05/98	SSCB
5	AMRINDER AULAKH	858		03/12/96	PUNJAB
6	VIKAS KHODKE	748		16/08/01	MAHARASHTRA
7	JAMMULA SRINIVAS	506		31/01/03	ANDHRA PRADESH
8	SUMIT KUMAR	769		30/12/96	MANIPUR
Event # 29 WOMENS 100m Hurdles					
NR.:JYOTHI YARRAJI CHENGDU 12.78 04/08/2023					HEATS
MR.:JYOTI YARRAJI BENGALURU 12.82 2022					TIME: 14:30 HRS
Heat 1					
2	ANN TOMY	300		25/02/02	POLICE SPORTS CONTRO
3	S. SRIRESHMA .	408		04/05/01	TAMIL NADU
4	PRAGYAN PRASANT SAHU	258		19/12/99	ODISHA
5	MOUMITA MONDAL	359		09/12/01	RAILWAYS
6	ANJULA SINGH	113		13/10/96	BIHAR
7	ANJALI C	197		27/07/00	KARNATAKA
Heat 2					
2	JASPREET KAUR	287		07/05/94	POLICE SPORTS CONTRO
3	SABITA TOPPO	261		06/04/05	ODISHA
4	JYOTHI YARRAJI	377		28/08/99	RAILWAYS
5	APARNA ROY .	209		31/05/01	KERALA
6	MEDHA KAMATH	201		04/12/97	KARNATAKA
7	SAPNA KUMARI	111		13/08/99	BIHAR
Heat 3					
3	RAMANDEEP KAUR	314		20/12/03	PUNJAB
4	PRANJALI PATIL	248		23/01/03	MAHARASHTRA
5	UNNATHI BOLLANDA	196		05/06/05	KARNATAKA

6	VINITHA BABU	214		10/05/97	KERALA
7	PRATHIKSHA A	410		03/11/05	TAMIL NADU
Event # 17 MENS Hammer Throw					QUALIFYING ROUND
NR.:NEERAJ KUMAR HYDERABAD 70.73 29/06/2016					TIME: 14:45 HRS
MR.:PRAMOD KUMAR TIWARI CHENNAI 70.05 2001					
Group A					
1	LOKESH POONIA	969		03/02/99	RAJASTHAN
2	NITESH POONIA	801		31/12/00	ONGC
3	JATIN REPSWAL	974		11/02/03	RAJASTHAN
4	NIRMAL S	727		05/05/96	MADHYA PRADESH
5	BAJINDER SINGH	864		01/10/90	PUNJAB
6	JASWINDER SINGH	1037		12/10/94	SSCB
7	PRAKASH SINGH	1105		02/05/96	UTTAR PRADESH
8	MOHD TABIS	1108		15/03/03	UTTAR PRADESH
9	SHANTANU UCHALE	766		31/01/99	MAHARASHTRA
10	ABHINAV YADAV	563		01/01/03	DELHI
11	CHIRAG YADAV	564		18/12/99	DELHI
12	NAVEEN YADAV	639		28/10/00	HARYANA
13	PRAVEEN KUMAR.	825		14/12/00	POLICE SPORTS CONTRO
Event # 1 MENS 100m Run					SEMI FINAL
NR.:AMIYA KUMAR MALLICK NEW DELHI 10.26 28/04/2016					TIME: 15:00 HRS
MR.:AMLAN BORGHAIN WARANGAL 10.34 2021					
Event # 22 WOMENS 100m Run					SEMI FINAL
NR.:DUTEE CHAND PATIALA 11.17 21/06/2021					TIME: 15:15 HRS
MR.:DUTEE CHAND RANCHI 11.22 2019					
Event # 17 MENS Hammer Throw					QUALIFYING ROUND
NR.:NEERAJ KUMAR HYDERABAD 70.73 29/06/2016					TIME: 15:45 HRS
MR.:PRAMOD KUMAR TIWARI CHENNAI 70.05 2001					
Group B					
1	GAURAV .	595		12/02/96	HARYANA
2	GURDEV .	850		14/08/01	PUNJAB
3	RAVI .	896		23/10/99	RAILWAYS
4	SACHIN .	656		03/06/03	KARNATAKA
5	JANISAR AKHTAR	706		11/11/92	LIC SPORT
6	MERAJ ALI	899		30/05/99	RAILWAYS
7	TARANVEER BAINS	1001		01/10/96	SSCB
8	PARAS DESHWAL	546		25/12/01	DELHI
9	AJAY KUMAR	622		10/07/99	HARYANA
10	GUNJI KUMAR	502		08/10/01	ANDHRA PRADESH
11	NIRAJ KUMAR	1017		17/09/90	SSCB
12	RAHUL KUMAR	821		12/07/96	POLICE SPORTS CONTRO
13	SACHIN YADAV.	1113		30/12/01	UTTAR PRADESH
Event # 56 MENS 400m Decathlon-5					TIME: 15:50 HRS

Event # 7 MENS 10000m Run					FINAL
NR.:SURENDRA SINGH VIGO 28:02.89 12/07/2008					TIME: 16:00 HRS
MR.:SHIVNATH SINGH JALANDHAR 28:58.10 1978					
1	MANOJ KUMAR	625	10/05/93	HARYANA	
2	MOHAN SAINI	1032	14/10/98	SSCB	
3	DHARMENDER .	946	20/07/99	RAJASTHAN	
4	DINESH .	735	09/05/99	MAHARASHTRA	
5	ASLESH KUMAR	533	08/10/92	CHHATTISGARH	
6	SHUBHAM SINDHU	633	13/11/95	HARYANA	
7	SURESH KUMAR	796	01/07/91	ONGC	
8	ANKIT DESHWAL	618	25/12/01	HARYANA	
9	GURPREET .	990	24/12/99	SSCB	
10	HARENDRA KUMAR	960	14/05/00	RAJASTHAN	
11	PRADEEP .	947	13/06/00	RAJASTHAN	
12	NAVEEN CHOUHAN	713	10/12/04	MADHYA PRADESH	
13	ARUN RATHOD	756	27/03/00	MAHARASHTRA	
14	PARVEJ .	539	05/04/02	DELHI	
15	SHIVAJI PARASHU MADAPPAGOUDI	665	02/05/04	KARNATAKA	
16	VISHAL SHERWAL	555	07/03/03	DELHI	
17	MURLI GAVIT	570	01/08/97	GUJARAT	
18	AJAY BIND	1088	02/04/99	UTTAR PRADESH	
19	PRAVIN JAYWANT KHAMBAL	745	09/02/03	MAHARASHTRA	
20	ANKIT KUMAR	1114	05/01/01	UTTRAKHAND	
21	HARISH .	893	09/06/99	RAILWAYS	
22	SHRAWAN BENIWAL	813	16/08/98	POLICE SPORTS CONTRO	
23	SANDEEP SINGH.	1040	07/03/99	SSCB	
24	KALIDAS HIRAVE	707	24/09/91	LIC SPORT	
25	CHANDAN YADAV	733	06/07/04	MADHYA PRADESH	
26	ARUN .	891	27/07/96	RAILWAYS	
27	PRITAM KUMAR	550	07/12/02	DELHI	
28	RANJEET KUMAR PATEL	924	17/12/93	RAILWAYS	
29	UPENDRA PAL	723	11/11/02	MADHYA PRADESH	
Event # 28 WOMENS 10000m Run					FINAL
NR.:P.SREEDHARAN GUANGZHOU 31:50.47 21/11/2010					TIME: 16:45 HRS
MR.:KAVITA RAUT KOCHI 32:41.31 2010					
1	PRAJKTA SHINDE	251	26/04/02	MAHARASHTRA	
2	BHARTI .	148	01/01/97	HARYANA	
3	JYOTI -	139	09/02/03	HARYANA	
4	SRUTHI M S	222	20/07/96	KERALA	
5	PHOOLAN PAL .	435	05/01/96	UTTAR PRADESH	
6	K M LAXMI .	328	01/02/98	RAILWAYS	
7	SUCHIKA .	382	02/02/02	RAJASTHAN	
8	REEBA GEORGE	217	07/08/96	KERALA	
9	SONIYA ..	446	25/07/00	UTTRAKHAND	
10	SAPNA PATEL	129	10/03/99	GOA	
11	MAMTA CHOUDHARY	389	04/10/02	RAJASTHAN	
12	NANDANI GUPTA	351	04/11/97	RAILWAYS	
13	RESHMA KEVATE	243	11/10/98	MAHARASHTRA	
14	SEEMA .	179	10/01/01	HIMACHAL PRADESH	
15	CHATRU .	268	05/07/01	POLICE SPORTS CONTRO	
16	BADHO .	147	10/10/01	HARYANA	
17	KAVITA YADAV	375	08/11/98	RAILWAYS	
18	REENU .	273	15/02/97	POLICE SPORTS CONTRO	