



ATHLETICS
FEDERATION OF INDIA



11th - 15th OCT 2023

BANGALORE, KARNATAKA

Organised by
NEB Sports



START LIST DAY-3

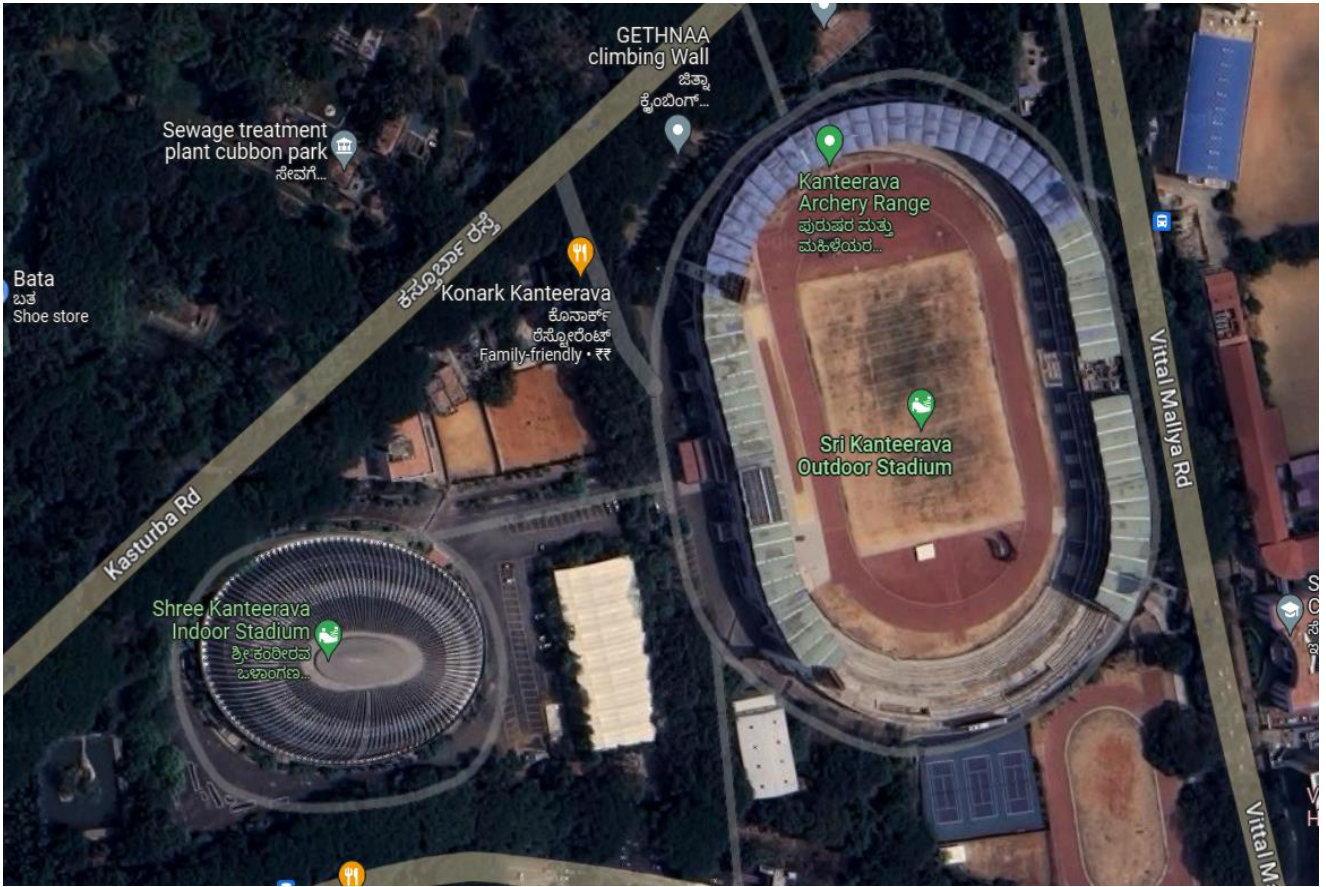
13/10/2023

SPONSORS & PARTNERS



General Information

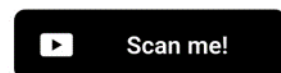
VENUE DETAILS:



ALL ATHLETES ARE ADVISED TO REPORT IN THE WARMUP GROUND AS PER THE DETAILED GIVEN BELOW:

FOR ALL TRACK EVENTS	60 MINUTES BEFORE THE SCHEDULED TIME
FOR ALL FIELD EVENTS (EXCEPT HIGH JUMP & POLE VAULT)	90 MINUTES BEFORE THE SCHEDULED TIME.
HIGH JUMP & POLE VAULT	120 MINUTES BEFORE THE SCHEDULED TIME

PLEASE SCAN THE QR CODE
FOR COMPETITION VENUE LOCATION ----->



62nd National Open Athletics Championship

KANTEERAVA STADIUM, BANGALORE

11 to 15, October 2023

Schedule Version 4 as on 09-10-2023. Please follow day by day Start List.

Schedule Day-3

13 - 10 - 2023 Forenoon

301	0630hrs	5000m	Men	Final 13
302	0655hrs	5000m	Women	Final 14
303	0740hrs	100m Hurdles [83.8cm]	Women	Heptathlon 1
304	0750hrs	Triple Jump	Men	Q.Round Group 1
305	0800hrs	800m	Women	Round 1
306	0810hrs	Javelin Throw [800gm]	Men	Q.Round Group 1
307	0820hrs	800m	Men	Round 1
308	0830hrs	High Jump	Women	Heptathlon 2
309	0850hrs	200m	Women	Round 1
310	0900hrs	Triple Jump	Men	Q.Round Group 2
311	0910hrs	Javelin Throw [800gm]	Men	Q.Round Group 2
312	0920hrs	200m	Men	Round 1
313	1000hrs	400m Hurdles [76.2cm]	Women	Round 1
	1010hrs	5000m	Men	MEDAL CEREMONY 13
	1020hrs	5000m	Women	MEDAL CEREMONY 14
314	1030hrs	400m Hurdles [91.4cm]	Men	Round 1

13 - 10 - 2023 Afternoon

315	1430hrs	Hammer Throw [7.260kg]	Men	Final 15
316	1440hrs	Pole Vault	Women	Final 16
317	1510hrs	Long Jump	Men	Final 17
318	1515hrs	Shot Put [4.000kg]	Women	Heptathlon 3
319	1530hrs	400m Hurdles [91.4cm]	Men	Semi Final
320	1600hrs	200m	Women	Semi Final
321	1600hrs	High Jump	Men	Final 18
322	1605hrs	Shot Put [7.260kg]	Men	Final 19
323	1610hrs	200m	Men	Semi Final
324	1620hrs	Discus Throw [1.000kg]	Women	Final 20
325	1625hrs	200m	Women	Heptathlon 4
326	1630hrs	TRIPLE JUMP	WOMEN	Final 21
	1635hrs	Hammer Throw [7.260kg]	Men	MEDAL CEREMONY 15
	1645hrs	Long Jump	Men	MEDAL CEREMONY 16
327	1650hrs	4X400m Relay	Women	Final 22
328	1700hrs	4X400m Relay	Men	Final 23
	1710hrs	Pole Vault	Women	MEDAL CEREMONY 17
	1720hrs	Triple Jump	Women	MEDAL CEREMONY 18
	1730hrs	High Jump	Men	MEDAL CEREMONY 19
	1740hrs	Shot Put [7.260kg]	Men	MEDAL CEREMONY 20
	1745hrs	Discus Throw [1.000kg]	Women	MEDAL CEREMONY 21
	1750hrs	4X400m Relay	Women	MEDAL CEREMONY 22
	1755hrs	4X400m Relay	Men	MEDAL CEREMONY 23

62nd National Open Athletics Championships 2023**Sree Kanteerava Outdoor Stadium****11-15 October 2023, Bangalore, Karnataka****Start List Day-3 (13/10/2023)**

Event # 6 MENS 5000m Run					FINAL
NR.:AVINASH SABLE WALNUT 13:19.30 6/05/2023					TIME: 06:30 HRS
MR.:BAHADUR SINGH CHENNAI 13:54.72 1994					
1	DEEPAK TANWAR	637	28/05/01	HARYANA	
2	KULDEEP SINGH	558	06/07/87	DELHI	
3	CHANDAN YADAV	733	06/07/04	MADHYA PRADESH	
4	SHIVAJI PARASHU MADAPPAGOUDI	665	02/05/04	KARNATAKA	
5	RAJESH KUMAR	822	01/06/94	POLICE SPORTS CONTRO	
6	LOVEPREET SINGH.	885	13/01/99	PUNJAB	
7	PRADEEP .	947	13/06/00	RAJASTHAN	
8	LOVE CHAUDHARY	1089	01/07/03	UTTAR PRADESH	
9	OMKAR VERMA	536	05/05/99	CHHATTISGARH	
10	RITIK DEOL	545	10/02/05	DELHI	
11	ANKIT KUMAR	1114	05/01/01	UTTRAKHAND	
12	ABHISHEK .	890	15/07/97	RAILWAYS	
13	PRAVIN JAYWANT KHAMBAL	745	09/02/03	MAHARASHTRA	
14	SURESH KUMAR	796	01/07/91	ONGC	
15	PARVEJ .	539	05/04/02	DELHI	
16	NABEEL SAHI M P	692	20/08/99	KERALA	
17	HARISH .	893	09/06/99	RAILWAYS	
18	BITTU .	592	11/11/01	HARYANA	
19	PRITHVI KUMAR	516	06/05/99	BIHAR	
20	MANOJ KAMI	985	17/06/04	SIKKIM	
21	ANANDKRISHNA K	687	01/02/01	KERALA	
22	JEETU GURJAR	716	10/02/02	MADHYA PRADESH	
23	AJAY ..	610	12/08/03	HARYANA	
24	MURLI GAVIT	570	01/08/97	GUJARAT	
25	EHAMAD HASAN	512	18/05/02	BIHAR	
26	SACHELAL PATEL	1027	07/03/96	SSCB	
27	AJAY BIND	1088	02/04/99	UTTAR PRADESH	
28	KISAN TADVI	763	10/01/98	MAHARASHTRA	
29	RAKESH MANDAL	1116	16/04/99	UTTRAKHAND	
30	GAURAV MATHUR	1022	19/09/99	SSCB	
31	RAKESH BHADWA	814	15/07/92	POLICE SPORTS CONTRO	
32	SHADAB PATHAN	752	23/10/01	MAHARASHTRA	
33	RAVI GULIA	911	25/10/01	RAILWAYS	
34	INDRAJEET PATEL	800	15/01/94	ONGC	
35	NARESH CHOPRA	954	05/12/04	RAJASTHAN	
36	SANDEEP SINGH.	1040	07/03/99	SSCB	
37	YASH SHARMA	729	18/01/98	MADHYA PRADESH	
38	HEMRAJ GURJAR	792	10/07/99	ONGC	
39	DHARMENDER .	946	20/07/99	RAJASTHAN	
Event # 27 WOMENS 5000m Run					FINAL
NR.:PARUL CHAUDHARY WALNUT 15:10.35 06/05/2023					TIME: 06:55 HRS
MR.:O.P. JAISHA KOLKATA 15:31.73 2015					
1	CHANDRA SHARMA	401	22/01/98	SIKKIM	
2	SUPRITI KACHHAP	183	03/04/03	JHARKHAND	
3	PRAJKTA SHINDE	251	26/04/02	MAHARASHTRA	
4	BADHO .	147	10/10/01	HARYANA	

5	MUNNI .	330		16/07/98	RAILWAYS
6	PHOOLAN PAL .	435		05/01/96	UTTAR PRADESH
7	BHARTI .	148		01/01/97	HARYANA
8	EKTA .	116		23/03/97	DELHI
9	PRITI CHAUDHARY	232		08/02/94	MADHYA PRADESH
10	SUNITA ..	180		31/03/98	HIMACHAL PRADESH
11	ANKITA .	326		05/02/02	RAILWAYS
12	ANJULI SUBBA	402		24/07/00	SIKKIM
13	SEEMA .	179		10/01/01	HIMACHAL PRADESH
14	MEENU SHARMA	451		15/04/99	UTTRAKHAND
15	DRASHTIBEN CHAUDHRI	130		16/08/03	GUJARAT
16	REBI PAL	363		12/12/01	RAILWAYS
17	VARSHA NAGAR	293		20/05/99	POLICE SPORTS CONTRO
18	SAPNA PATEL	129		10/03/99	GOA
19	POOJA ...--	385		12/06/96	RAJASTHAN
Event # 44 WOMENS 100m Hurdles Heptathlon-1					TIME: 07:40 HRS
Heat 1					
3	DEEPIKA S	426		09-04-2002	TAMIL NADU
4	TANUSHREE .	383		14-02-2002	RAJASTHAN
5	POOJA .-	169		09-03-2003	HARYANA
6	AKSHATHA .	190		10-11-1997	KARNATAKA
7	SONU KUMARI	357		23-11-2000	RAILWAYS
Heat 2					
3	SWAPNA BARMAN	345		29-10-1996	RAILWAYS
4	NIMMY V O	125		21-01-1996	DELHI
5	NEETA KUMARI .	380		22-01-2003	RAJASTHAN
6	ALEENA VINCENT	301		05-01-1997	POLICE SPORTS CONTRO
7	JYOTI ..	171		22-07-1995	HARYANA
8	SANGEETHA R	422		07-12-2002	TAMIL NADU
Heat 3					
3	MARIYA THOMAS	226		03-11-1999	KERALA
4	SONU BHALOTHIA	387		30-11-1996	RAJASTHAN
5	RITU .	303		13-12-1997	PUNJAB
6	KAJAL -	140		21-02-2000	HARYANA
7	NIRALI SAVANI	135		26-07-2003	GUJARAT
8	TANU .	336		14-11-2002	RAILWAYS
Event # 14 MENS Triple Jump					QUALIFYING ROUND
NR.:PRAVEEN CHITHRAVEL HAVANA 17.37 06/05/2023					TIME: 07:50 HRS
MR.:RENJITH MAHESHWARY KOCHI 16.97 2010					
GROUP A					
1	MOHAMMED S.N	1074		24/03/94	TAMIL NADU
2	RAMKARAN SAINI	976		20/01/03	RAJASTHAN
3	OMKAR SHIDRUK	761		26/09/03	MAHARASHTRA
4	ARPINDER SINGH	804		30/12/92	ONGC
5	KRISHNA SINGH	762		18/07/98	MAHARASHTRA
6	SHASHI KUMAR SINGH	523		03/03/99	BIHAR
7	VIMAL THAMIZHCHELVAN	1043		25/03/96	SSCB
8	KARTHIK U	1045		03/06/93	SSCB
9	AKASH VARGHESE	701		13/08/01	KERALA
10	GAILEY VENISTER	944		31/01/00	RAILWAYS
11	PANKAJ VERMA	638		20/11/02	HARYANA

Event # 25 WOMENS 800m Run				HEATS
NR.:TINTU LUKA SPLIT 1:59.17 4/09/2010				TIME: 08:00 HRS
MR.:TINTU LUKKA KOLKATA 2:00.56 2015				
Heat 1				
1	KAJAL KANWADE	132	26/01/01	GUJARAT
2	POOJA ...-	342	17/06/02	RAILWAYS
3	ABITHA MANUEL	223	24/11/98	KERALA
4	POOJA ..	172	14/01/01	HARYANA
5	ASHAKIRAN BARLA	182	01/10/06	JHARKHAND
6	SHIVANI KUMARI	112	01/08/00	BIHAR
7	AVNEE RAWAT	124	26/06/03	DELHI
8	ARPITHA E B	199	22/07/01	KARNATAKA
Heat 2				
1	SHIVANSHI .	119	01/02/02	DELHI
2	AKSHANA .	228	01/06/03	MADHYA PRADESH
3	ARCHANA ADHAV	238	14/07/95	MAHARASHTRA
4	USHA R	204	10/05/00	KARNATAKA
5	CHANDA .	327	16/08/01	RAILWAYS
6	SAVITA .	161	25/04/02	HARYANA
7	SHIKHA GUPTA	108	16/12/00	BIHAR
8	JYOTI SAINI	322	22/04/96	PUNJAB
Heat 3				
2	DEEPASHREE .	191	25/10/03	KARNATAKA
3	ANSHU KUMARI	110	10/11/03	BIHAR
4	SUKHWINDER KAUR .	305	15/04/94	PUNJAB
5	CHANTHINI C	215	21/04/02	KERALA
6	TWINKLE .	337	17/10/95	RAILWAYS
7	YAMUNA LADKAT	246	20/04/98	MAHARASHTRA
8	ANJU .	145	13/11/04	HARYANA
Event # 18 MENS Javelin Throw				QUALIFYING ROUND
NR.:NEERAJ CHOPRA STOCKHOLM 89.94 30/06/2022				TIME: 08:10 HRS
MR.:D.P MANU BENGALURU 81.23 2022				
GROUP A				
1	ARUN MODI	517	20/12/96	BIHAR
2	VENKATA NAIDU	504	20/05/96	ANDHRA PRADESH
3	RISHABH NEHRA	1099	10/12/99	UTTAR PRADESH
4	MANU P	1026	24/01/00	SSCB
5	THEIVENDIRAN R	1068	26/07/94	TAMIL NADU
6	ANMOL RANA	725	22/04/99	MADHYA PRADESH
7	ABHILASH SANGWAN	631	28/04/94	HARYANA
8	SAHIL SILWAL	938	17/12/00	RAILWAYS
9	ABHISHEK SINGH	1033	20/05/95	SSCB
10	ASHISH SINGH	939	29/11/94	RAILWAYS
11	GAURAV SINGH	1121	05/07/98	UTTRAKHAND
12	HARMANPREET SINGH	869	22/02/97	PUNJAB
13	LAKSHAY SINGH	559	15/09/03	DELHI
14	NIKUNJ SINGH	561	18/05/00	DELHI
15	SARBJEET SINGH	879	03/09/94	PUNJAB
16	YASHVIR SINGH	983	22/10/01	RAJASTHAN
17	KUNWER SINGH RANA	881	13/01/02	PUNJAB
18	SACHIN YADAV	1112	25/10/99	UTTAR PRADESH
19	VIKAS YADAV	1049	22/12/01	SSCB

Event # 4 MENS 800m Run				HEATS
NR.:JINSON JOHNSON GUWAHATI 1:45.65 27/06/2018				TIME: 08:20 HRS
MR.:GHAMANDA RAM HYDERABAD 1:46.67 2005				
Heat 1				
1	ANIL KUMAR	986	05/07/99	SIKKIM
2	ASHU .	537	08/04/01	DELHI
3	SHAKEEL .	949	17/04/05	RAJASTHAN
4	RAMDEV .	810	30/04/96	POLICE SPORTS CONTRO
5	ANU KUMAR	1115	02/11/02	UTTRAKHAND
6	NAGARJUNAN S	1071	07/11/02	TAMIL NADU
7	ABHISHEK THAKUR	1042	04/07/00	SSCB
8	GURMAN SINGH	866	27/08/97	PUNJAB
9	ARJUN WASKALE	807	03/07/03	ONGC
10	SATYA DEV .	605	21/02/02	HARYANA
11	TUSHAR BHEKANE	659	25/08/03	KARNATAKA
12	RAGURAM MANI	917	22/07/96	RAILWAYS
13	AKHIL K A	688	04/06/00	KERALA
Heat 2				
1	ANANDHU MON M S	694	03/02/01	KERALA
2	ANANT GAUTAM	547	31/08/02	DELHI
3	CHAITANYA HOLGARE	743	07/07/99	MAHARASHTRA
4	ASHOK DANDASENA	776	05/07/94	ODISHA
5	BEANT SINGH	556	10/01/99	DELHI
6	ANAND PRAKASH	518	04/09/02	BIHAR
7	PRAKASH BALU GADADE	1011	31/07/02	SSCB
8	SURYA K.	663	04/04/02	KARNATAKA
9	PUSHPENDRA SING RATHORE	972	18/06/97	RAJASTHAN
10	HARJOT SINGH	868	25/10/00	PUNJAB
11	SOMNATH CHAUHAN	906	02/02/04	RAILWAYS
12	RAVIKUMAR .	1052	13/12/99	TAMIL NADU
13	PARMESH KUMAR	627	05/10/92	HARYANA
Heat 3				
1	SALMAN FAROOKH	683	16/04/02	KERALA
2	GAURAV ATTRI	617	14/10/02	HARYANA
3	GAMBHIR SINGH	981	02/02/03	RAJASTHAN
4	MUJAMIL AMEER	1055	24/02/98	TAMIL NADU
5	RAHUL CHOUDHARI	660	19/07/99	KARNATAKA
6	PRADEEP SENTHILKUMAR	935	12/05/03	RAILWAYS
7	SHAHRUKH .	1084	31/12/01	UTTAR PRADESH
8	BASANT CHAUHAN	528	31/08/01	CHANDIGARH
9	AKASHDEEP SINGH.	882	02/02/04	PUNJAB
10	DHINESH RAVI	835	03/08/99	POLICE SPORTS CONTRO
11	PRATHAMESH DEORE	736	27/10/03	MAHARASHTRA
12	JAGDISH .	992	08/08/96	SSCB
13	MANPREET SANDHU	1120	04/02/99	UTTRAKHAND
Event # 45 WOMENS High Jump Heptathlon-2				TIME: 08:30 HRS

Event # 23 WOMENS 200m Run				HEATS
NR.:SARASWATI SAHA LUDHIANA 22.82 28/08/2002				TIME: 08:50 HRS
MR.:SARASWATI SAHA NEW DELHI 22.83 2002				
Heat 1				
1	TAMASHREE MISHRA	454	18/05/03	WEST BENGAL
2	GIRIDHARANI RAVIKUMAR	424	07/07/01	TAMIL NADU
3	ANJALI P D	361	22/03/01	RAILWAYS
4	MADHUMITA DEB	279	04/01/02	POLICE SPORTS CONTRO
5	SRABANI NANDA	257	07/05/91	ODISHA
6	SHABNAM .	456	11-08-1999	DELHI
7	NEETU PRAJAPATI	235	05/07/95	MADHYA PRADESH
8	MARIYA NIVETHA P	420	28/08/03	TAMIL NADU
Heat 2				
1	MAHERA SIDDIQUE	136	06/04/01	GUJARAT
2	KAMALJEET KAUR	313	10/03/99	PUNJAB
3	KAVITA .	269	30/12/97	POLICE SPORTS CONTRO
4	UNNATHI BOLLANDA	196	05/06/05	KARNATAKA
5	NITHYA GANDHE	349	10/11/99	RAILWAYS
6	SONIA .	164	05/01/01	HARYANA
7	ABINAYA RAJARAJAN	423	21/11/06	TAMIL NADU
8	RAMANDEEP KAUR .	302	24/06/89	PUNJAB
Heat 3				
1	TANUSHREE POREL	455	08/12/02	WEST BENGAL
2	KIRAN PAHAL	362	05/08/00	RAILWAYS
3	SWATHI RONGALI	105	07/08/00	ANDHRA PRADESH
4	SIMRAN KAUR	122	01/08/98	DELHI
5	DHIVYA.J .	263	31/01/98	ONGC
6	VIJAYA KUMARI	291	15/04/99	POLICE SPORTS CONTRO
7	JYOTHI POOJARI	134	31/07/97	GUJARAT
8	NEELOO YADAV	445	10/07/95	UTTAR PRADESH
Event # 14 MENS Triple Jump				QUALIFYING ROUND
NR.:PRAVEEN CHITHRAVEL HAVANA 17.37 06/05/2023				TIME: 09:00 HRS
MR.:RENJITH MAHESHWARY KOCHI 16.97 2010				
GROUP B				
1	PRINCE -	588	14/09/00	HARYANA
2	AJAY .	589	04/05/02	HARYANA
3	DINESH.V .	808	03/05/97	POLICE SPORTS CONTRO
4	JASKARAN .	852	09/03/98	PUNJAB
5	NARPINDER .	854	06/11/02	PUNJAB
6	PUNEET .	1082	02/02/94	UTTAR PRADESH
7	RAHUL ...	857	31/10/98	PUNJAB
8	ARUN A B	999	02/11/98	SSCB
9	KAMAL KANAGARAJ	912	03/10/99	RAILWAYS
10	SONU KUMAR	823	21/01/99	POLICE SPORTS CONTRO
11	KAPIL PANDI	922	31/12/95	RAILWAYS
Event # 18 MENS Javelin Throw				QUALIFYING ROUND
NR.:NEERAJ CHOPRA STOCKHOLM 89.94 30/06/2022				TIME: 09:10 HRS
MR.:D.P MANU BENGALURU 81.23 2022				
GROUP B				
1	SAGAR .	602	01/06/02	HARYANA
2	SANUJ .	604	30/06/03	HARYANA
3	VIVEK .	787	28/03/03	ONGC
4	IZHAR AHMAD	712	03/03/03	MADHYA PRADESH

5	ARUN BABY	679		30/04/93	KERALA
6	VISHAL CHAUDHARY	544		20/10/02	DELHI
7	ABHISHEK DRALL	909		11/05/98	RAILWAYS
8	AKSHAY GHONGE	741		11/11/97	MAHARASHTRA
9	ANIL GHUNGASE	742		20/03/95	MAHARASHTRA
10	SUNIL KUMAR H.	812		14/10/90	POLICE SPORTS CONTRO
11	BRAVEMAN HEART	1060		20/09/98	TAMIL NADU
12	SHUBHAM JADHAV	744		01/01/01	MAHARASHTRA
13	IRFAN KHAN	1093		08/07/01	UTTAR PRADESH
14	HARISH KUMAR	961		30/10/96	RAJASTHAN
15	VINAY KUMAR	966		31/12/99	RAJASTHAN
16	VIJAY LAKRA	648		22/06/99	JHARKHAND
17	VIJAY M	1063		27/10/99	TAMIL NADU
18	SAMARJEET MALHI	797		07/11/88	ONGC
19	ANKIT MALIK	529		23/08/98	CHANDIGARH
20	VIKRANT MALIK	781		02/01/96	ODISHA
Event # 2 MENS 200m Run					HEATS
NR.:AMLAN BORGHAIN THENHIPALAM 20.52 6/04/2022					TIME: 09:20 HRS
MR.:AMLAN BORGHAIN WARANGAL 20.75 2021					
Heat 1					
1	ARYAN EKKA	777		25/09/03	ODISHA
2	VIKRANT PANCHAL	921		30/01/00	RAILWAYS
3	AKSHAY NAIN	1024		07/06/00	SSCB
4	SAJJAN MISHRA	722		25/07/00	MADHYA PRADESH
5	ABHIN DEVADIGA	791		15/08/01	ONGC
6	JAY SHAH	759		11/10/97	MAHARASHTRA
7	SANJEEV RAJAK	535		28/12/98	CHHATTISGARH
8	ALI AHMAD	1086		07/01/98	UTTAR PRADESH
Heat 2					
1	ATUL ANAND	510		20/03/98	BIHAR
2	NALUBOTHU SRINIVAS	942		09/10/02	RAILWAYS
3	TUSHAR MANNA	552		03/10/01	DELHI
4	JEBIN SIBI	579		25/09/02	GUJARAT
5	LOVE SINGH	1038		27/11/99	SSCB
6	SHUBHAM KUMAR SINGH	653		06/05/97	JHARKHAND
7	ADITYA SINGH DODIYA	715		15/03/00	MADHYA PRADESH
8	MIDHUN T	847		13/03/97	POLICE SPORTS CONTRO
Heat 3					
1	HEMACHANDIRAN .	848		25/08/03	PUDUCHERRY
2	ANIMESH KUJUR	779		02/06/03	ODISHA
3	PARAS .	641		24/06/98	HIMACHAL PRADESH
4	VISHAL TK	1077		17/12/03	TAMIL NADU
5	SANDEEP SINGH	1039		30/10/97	SSCB
6	SHIVAM YADAV	640		15/07/99	HARYANA
7	KUSH KUMAR	514		23/12/99	BIHAR
8	AKASH KUMAR PATEL	573		13/07/93	GUJARAT
Heat 4					
1	KARUNAMAY MAHATO	1126		14/01/01	WEST BENGAL
2	BALAKRISHNA .	655		29/01/03	KARNATAKA
3	HARMANPREET SINGH..	887		19/01/97	PUNJAB
4	JISHNU PRASAD P K	698		18/10/98	KERALA
5	RAGUL KUMAR G	1059		22/03/00	TAMIL NADU
6	SOURAV SAHA	836		24/03/99	POLICE SPORTS CONTRO
7	YASH VERMA	1123		02/01/99	UTTRAKHAND
8	GOVIND KUMAR	624		03/07/02	HARYANA

Heat 5					
1	THEERTHESH SHETTY	669		31/03/02	KARNATAKA
2	VISHNU .	849		30/06/00	PUDUCHERRY
3	SHASHIKANTH ANGADI	900		24/06/02	RAILWAYS
4	PS ABHILASH .	1078		08/01/99	TELANGANA
5	PRABHJIT SINGH	877		07/02/00	PUNJAB
6	SHUBHAM .	606		29/08/01	HARYANA
7	ABHILASH DAGAUR	1092		10/09/98	UTTAR PRADESH
8	ANKIT BHADU	952		12/07/01	RAJASTHAN
Heat 6					
1	SURAJ RATHORE	973		20/11/96	RAJASTHAN
2	HARPREET GILL	860		19/12/97	PUNJAB
3	KARAN GHOGHARI	571		07/04/03	GUJARAT
4	TAMIL ARASU S	1073		20/05/02	TAMIL NADU
5	LAKSHAY .	785		18/12/04	ONGC
6	AKSHAY SHETTY	760		03/03/98	MAHARASHTRA
7	ABHISEKH DALABEHERA	775		12/04/03	ODISHA
8	VIGNESH A	710		04/07/96	MADHYA PRADESH
Event # 30 WOMENS 400m Hurdles					HEATS
NR.:P.T. USHA LOS ANGELES 55.42 8/08/1984					TIME: 10:00 HRS
MR.:P.T. USHA TRIVANDRUM 56.80 1985					
Heat 1					
1	ANILA VENU	237		06/12/98	MADHYA PRADESH
2	VEERPAL KAUR	319		24/03/94	PUNJAB
3	JAUNA MURMU	264		16/08/90	ONGC
4	AYANA THOMAS	299		20/01/93	POLICE SPORTS CONTRO
5	NANHI .	331		16/10/99	RAILWAYS
6	SANTOSH KUMARI	176		15/01/90	HARYANA
7	RAJI AUSTIN	213		01/08/88	KERALA
Heat 2					
1	ASHA .	146		13/10/05	HARYANA
2	MANISHA KUSHWAH	439		10/07/00	UTTAR PRADESH
3	SINCHAL .	335		05/02/01	RAILWAYS
4	PRANJALI PATIL	248		23/01/03	MAHARASHTRA
5	MEGHA REVANASIDDAYYA	206		19/05/01	KARNATAKA
6	SUMATHIRA B	414		23/08/01	TAMIL NADU
7	DHIVYA.J .	263		31/01/98	ONGC
8	KALYANIKA .	231		01/01/03	MADHYA PRADESH
Heat 3					
2	RITIKA KIRO	185		11/03/96	JHARKHAND
3	R VITHYA RAMRAJ	367		20/09/98	RAILWAYS
4	MUGADA .	101		05/06/03	ANDHRA PRADESH
5	DEEKSHITHA RAMAKRISHNA GOUD	205		28/04/03	KARNATAKA
6	GEETA DEVASI	391		12/03/03	RAJASTHAN
7	NEHA DHABALE	240		06/08/03	MAHARASHTRA
8	RAMANDEEP KAUR	314		20/12/03	PUNJAB
Event # 9 MENS 400m Hurdles					HEATS
NR.:A. DHARUN PATIALA 48.80 16/3/2019					TIME: 10:30 HRS
MR.:M.P. JABIR RANCHI 49.41 2019					
Heat 1					
2	AFTAB ALAM	1087		03/03/97	UTTAR PRADESH
3	NIRMAL YADAV	767		13/01/97	MAHARASHTRA
4	HARDEEP ..	788		27/06/03	ONGC
5	SATHISH K	1015		01/09/94	SSCB
6	JASHANJOT SINGH	941		07/02/95	RAILWAYS

7	KESHAV TANWAR	562		24/05/02	DELHI
8	MANJEET .	597		10/10/97	HARYANA
Heat 2					
2	GAURAV ..	612		02/02/04	HARYANA
3	DHAVAL UTEKAR	1046		06/10/00	SSCB
4	AKASH PERUMAL	925		24/12/96	RAILWAYS
5	YASHAS .	657		08/12/01	KARNATAKA
6	MANIKANDA PRABH THANGAVEL	1076		15/11/95	TAMIL NADU
7	ROHAN KAMBLE	794		15/02/02	ONGC
8	ARJUN .	672		12/03/02	KERALA
Heat 3					
3	VIJAY MALIK	1021		10/01/93	SSCB
4	MAYENGBAM SINGH	770		16/05/97	MANIPUR
5	AMARNATH DUKKARWADKAR	910		04/08/97	RAILWAYS
6	ARUNJITH .	673		01/06/03	KERALA
7	KRISHAN .	809		10/10/99	POLICE SPORTS CONTRO
8	BHUPENDER .	525		02/07/99	CHANDIGARH
Heat 4					
3	VISHWVEER SINGH	1107		01/01/96	UTTAR PRADESH
4	BALAJI M	827		17/03/97	POLICE SPORTS CONTRO
5	YOGESH A .	705		21/02/90	LIC SPORT
6	JASHAN DUHAN	620		30/12/01	HARYANA
7	NIKHIL BHARDWAJ	859		24/05/96	PUNJAB
Event # 17 MENS Hammer Throw					
NR.:NEERAJ KUMAR HYDERABAD 70.73 29/06/2016					FINAL
MR.:PRAMOD KUMAR TIWARI CHENNAI 70.05 2001					TIME: 14:30 HRS
1	AJAY KUMAR	622		10/07/99	HARYANA
2	TARANVEER BAINS	1001		01/10/96	SSCB
3	RAVI .	896		23/10/99	RAILWAYS
4	CHIRAG YADAV	564		18/12/99	DELHI
5	SACHIN YADAV.	1113		30/12/01	UTTAR PRADESH
6	MOHD TABIS	1108		15/03/03	UTTAR PRADESH
7	JASWINDER SINGH	1037		12/10/94	SSCB
8	GAURAV .	595		12/02/96	HARYANA
9	NIRAJ KUMAR	1017		17/09/90	SSCB
10	PRAVEEN KUMAR.	825		14/12/00	POLICE SPORTS CONTRO
11	NAVEEN YADAV	639		28/10/00	HARYANA
12	RAHUL KUMAR	821		12/07/96	POLICE SPORTS CONTRO
Event # 33 WOMENS Pole Vault					
NR.:ROSE MEENA PAULRAJ BENGALURU 4.21 15/10/2022					FINAL
MR.:ROSY MEENA PAULRAJ BENGALURU 4.21 2022					TIME: 14:40 HRS
1	POOJA -	141		05/09/01	HARYANA
2	DEEPIKA A	409		12/12/04	TAMIL NADU
3	NISHA BANU ABDULLA	195		24/01/97	KARNATAKA
4	BARANICA ELANGO VAN	348		03/02/97	RAILWAYS
5	SINDHUSHREE. G	200		23/10/00	KARNATAKA
6	VANSHIKA GHANGHAS	175		08/10/05	HARYANA
7	BHAVYA JAIN	233		23/03/05	MADHYA PRADESH
8	MARIYA JAISON	218		23/09/97	KERALA
9	DIVYA MOHAN	292		28/07/99	POLICE SPORTS CONTRO
10	KANAK PANDEY	234		08/08/02	MADHYA PRADESH
11	BABITA PATEL	295		12/08/00	POLICE SPORTS CONTRO
12	KRISHNA RACHAN	366		24/05/94	RAILWAYS

13	ARCHANA SINGH	441		15/07/01	UTTAR PRADESH
14	SATHYA TAMILARASAN	428		05/02/01	TAMIL NADU
15	PAVITHRA VENKATESH	374		08/12/01	RAILWAYS
Event # 13 MENS Long Jump					FINAL
NR.:JESWIN ALDRIN BELLARY 8.42 02/03/2023					TIME: 15:10 HRS
MR.:M. SREESHANKAR BHUBANESWAR 8.20 2018					
1	V SRIRAM .	1053		13/10/01	TAMIL NADU
2	DAVID P	1064		17/03/02	TAMIL NADU
3	PURUSHOTHAM ..	658		12/11/01	KARNATAKA
4	SREEKANTH KM	689		18/05/01	KERALA
5	ARYA S	668		31/12/01	KARNATAKA
6	SWAMINATHAN R	1067		07/04/96	TAMIL NADU
7	MOHD SAZID	632		10/02/06	HARYANA
8	NIRMAL SABU	932		11/05/99	RAILWAYS
9	DAUD KHAN	820		05/06/92	POLICE SPORTS CONTRO
10	SIDDHARTH NAIK	1023		08/09/95	SSCB
11	ADITYA SINGH	731		26/12/02	MADHYA PRADESH
12	RISHABH RISHISHWAR	1102		09/03/00	UTTAR PRADESH
Event # 46 WOMENS Shot Put Heptathlon-3					TIME: 15:15 HRS
Event # 9 MENS 400m Hurdles					SEMI FINAL
NR.:A. DHARUN PATIALA 48.80 16/3/2019					TIME: 15:30 HRS
MR.:M.P. JABIR RANCHI 49.41 2019					
Event # 23 WOMENS 200m Run					SEMI FINAL
NR.:SARASWATI SAHA LUDHIANA 22.82 28/08/2002					TIME: 16:00 HRS
MR.:SARASWATI SAHA NEW DELHI 22.83 2002					
Event # 11 MENS High Jump					FINAL
NR.:TEJASWIN SHANKAR LUBBOCK 2.29 27/04/2018					TIME: 16:00 HRS
MR.:SARVESH ANIL KUSHARE RANCHI 2.26 2019					
1	BHARATHI VISWANATHAN	1047		20/05/94	SSCB
2	AADARSH RAM	930		27/09/97	RAILWAYS
3	GURJEET SINGG	837		05/01/00	POLICE SPORTS CONTRO
4	KAUSTUBHA JAISWAL	793		28/01/00	ONGC
5	ARYAN PATIL	753		22/02/04	MAHARASHTRA
6	SWADHIN KUMAR MAJHI	780		10/04/00	ODISHA
7	PIYUSH PANWAR	923		11/01/03	RAILWAYS
8	SANTHOSH M.	1019		14/10/00	SSCB
9	MD ALI .	1124		16/01/03	WEST BENGAL
10	JESSE SANDESH	933		22/10/95	RAILWAYS
11	CHEZHAN BALASUBRAMANYA	1002		18/08/92	SSCB

12	DILSHITH N	696		13/08/00	KERALA
13	UCHCHAAL ROY	803		11/10/02	ONGC
14	JOMON JOY	686		19/10/03	KERALA
15	SHAIK MOHIDDIN	503		27/08/98	ANDHRA PRADESH
Event # 15 MENS Shot Put					FINAL
NR.:T.SINGH TOOR BHUBANESWAR 21.77 19/06/2023					TIME: 16:05 HRS
MR.:TAJINDERPAL SINGH TOOR RANCHI 20.92 2019					
1	ABHILASH SAXENA	934		05/07/93	RAILWAYS
2	SAHIB SINGH	805		05/11/00	ONGC
3	JASPAL .	853		28/06/96	PUNJAB
4	SHIVAM CHOUDHARY	1091		25/08/97	UTTAR PRADESH
5	PARTH LAKRA	551		26/01/00	DELHI
6	PARVEEN DAHIYA	1008		10/10/93	SSCB
7	ASHISH KUMAR	623		07/09/99	HARYANA
8	NARESH ANTIL	1000		20/03/91	SSCB
9	PARAMJEET .	526		11/11/93	CHANDIGARH
10	MANKIRAT SINGH	875		26/05/98	PUNJAB
11	NAVEEN .	996		14/12/96	SSCB
12	ASHISH BHALOTHIA	902		11/11/99	RAILWAYS

Event # 2 MENS 200m Run					SEMI FINAL
NR.:AMLAN BORGHAIN THENHIPALAM 20.52 6/04/2022					TIME: 16:10 HRS
MR.:AMLAN BORGHAIN WARANGAL 20.75 2021					
Event # 37 WOMENS Discus Throw					FINAL
NR.:KAMALPREET KAUR PATIALA 66.59 21/06/2021					TIME: 16:20 HRS
MR.:NEELAM J. SINGH BANGALORE 61.17 2003					
1	SHIVANI -	325		08/10/99	RAILWAYS
2	ANISHA .	115		03/07/05	DELHI
3	K M MADHU VERMA .	230		01/05/95	MADHYA PRADESH
4	KM HIMANI .	432		08/07/92	UTTAR PRADESH
5	NIDHI .	332		03/01/97	RAILWAYS
6	PRIYADHARSHINI .	406		04/12/99	TAMIL NADU
7	RIDDHI .	160		28/04/07	HARYANA
8	SHWETA .	163		25/03/02	HARYANA
9	SUNITA .	166		20/03/00	HARYANA
10	SANTOSHI PRAKAS DESHMUKH	239		21/11/98	MAHARASHTRA
11	SONAL GOYAL	282		27/03/98	POLICE SPORTS CONTRO
12	BALJIT KAUR	311		01/05/83	PUNJAB
13	GURVEER KAUR	312		19/10/95	PUNJAB
14	SALMI KISPOTTA	290		13/01/99	POLICE SPORTS CONTRO
15	BHARTI KUMARI	392		29/10/02	RAJASTHAN
16	SANDEEP KUMARI	356		10/12/92	RAILWAYS
17	RAJBALA SAINI	398		23/07/97	RAJASTHAN
18	NANDHINI VELLAICHAMY	429		11/01/94	TAMIL NADU
19	NEETIKA VERMA	444		04/03/01	UTTAR PRADESH
20	ANUSHA YADAV	127		15/04/03	DELHI
21	BHAVANA YADAV	128		09/04/99	DELHI
Event # 47 WOMENS 200m Heptathlon-4					TIME: 15:20 HRS

Event # 35 WOMENS Triple Jump					FINAL
NR.:MAYOOKHA JOHNY KOBE 14.11 9/07/2011					TIME: 16:30 HRS
MR.:MAYOOKHA JOHNY KOLKATA 13.78 2015					
1	KAJAL .	152		01/09/03	HARYANA
2	KM. SONAM .	270		15/05/98	POLICE SPORTS CONTRO
3	PAVITHRA .	193		10/03/00	KARNATAKA
4	RENU ..	341		12/12/98	RAILWAYS
5	MALLALA ANUSHA	102		10/07/02	ANDHRA PRADESH
6	ANJALI C	197		27/07/00	KARNATAKA
7	MELVA GEORGE	281		10/11/97	POLICE SPORTS CONTRO
8	KARTHIKA GOTHANDAPANI	350		02/01/96	RAILWAYS
9	ARSHDEEP KAUR	310		02/11/99	PUNJAB
10	BABISHA P	419		26/12/01	TAMIL NADU
11	SHARVARI PARULEKAR	247		20/03/02	MAHARASHTRA
12	AISHWARYA R	421		03/01/00	TAMIL NADU
13	BHAIRABI ROY	369		02/02/95	RAILWAYS
14	NIHARIKA VASHISHT	323		17/10/95	PUNJAB
Event # 41 WOMENS 4x400m Relay					FINAL
NR.:NATIONAL TEAM ATHENS 3:26.89 27/08/2004					TIME: 16:50 HRS
MR.:RAILWAYS TEAM BENGALURU 3:36.72 2022					
3	HARYANA A	1929			HARYANA
4	RAILWAYS E	1933			RAILWAYS
5	ONGC B	1930			ONGC
6	PUNJAB D	1932			PUNJAB
7	TAMIL NADU F	1934			TAMIL NADU
8	POLICE SPORTS CONTRO C	1931			POLICE SPORTS CONTRO
Event # 20 MENS 4x400m Relay					FINAL
NR.:NATIONAL TEAM BUDAPEST 2:59.05 26/08/2023					TIME: 17:00 HRS
MR.:SERVICES TEAM KOLKATA 3:06.63 2015					
1	PUNJAB D	1912			PUNJAB
2	KERALA B	1910			KERALA
3	POLICE SPORTS CONTRO C	1911			POLICE SPORTS CONTRO
4	TAMIL NADU H	1916			TAMIL NADU
5	SSCB G	1915			SSCB
6	RAILWAYS E	1913			RAILWAYS
7	HARYANA A	1909			HARYANA
8	RAJASTHAN F	1914			RAJASTHAN