

37TH
**NATIONAL
GAMES**
GET SET GOA 2023



START LIST

DAY 4

1st NOVEMBER 2023

37th National Games 2023 -GOA					
Athletics:- 29th October-3rd November					
Schedule Version 1.3 AS ON 26.10.2023					
Day 4-Wednesday, Evening,01/11					
Sl.No	Scheduled Time	Event	Implement Specification	Round	Section
401	1800hrs	Pole Vault		Final 24	Women
402	1805hrs	100m Hurdles	0.838m	Heptathlon 1	Women
403	1820hrs	800m		Round 1	Women
404	1825hrs	Triple Jump		Final 25	Women
405	1835hrs	800m		Round 1	Men
406	1840hrs	High Jump		Heptathlon 2	Women
407	1850hrs	200m		Round 1	Women
408	1900hrs	Shot Put	7.260kg	Final 26	Men
409	1905hrs	200m		Round 1	Men
410	1920hrs	Hammer Throw	4.000kg	Final 27	Women
411	1925hrs	5000m		Final 28	Women
412	1945hrs	10000m		Final 29	Men
	1950hrs	Triple Jump		MC-24	Women
	2010hrs	Shot Put		MC-25	Men
413	2020hrs	Shot Put	4.000kg	Heptathlon 3	Women
414	2025hrs	4 X 400m Relay		Final 30	Women
415	2035hrs	4 X 400m Relay		Final 31	Men
	2040hrs	5000m		MC-26	Women
416	2050hrs	200m		Heptathlon 4	Women
	2055hrs	10000m		MC-27	Women
	2105hrs	Hammer Throw		MC-28	Women
	2115hrs	Pole Vault		MC-29	Men
	2122hrs	4 X 400m Relay		MC-30	Women
	2130hrs	4 X 400m Relay		MC-31	Men

37TH NATIONAL GAMES, GOA 2023-ATHLETICS**29TH OCTOBER - 3RD NOVEMBER****Athletics Stadium, Bambolim (Goa)****Start List Day-4 (01/11/2023)**

Event # 33 WOMENS Pole Vault				
NR.:ROSE MEENA PAULRAJ BENGALURU 4.21 15/10/2022				FINAL
MR.:ROSY MEENA PAULRAJ GANDHINAGAR 4.20 2022				TIME: 18:00 HRS
1	NIDHI .	230	20/02/04	HARYANA
2	NITIKA ANUP AKARE	405	31/12/05	MADHYA PRADESH
3	NISHA BANU A	305	24/01/97	KARNATAKA
4	BARANICA ELANGO VAN	639	03/02/97	TAMIL NADU
5	SINDHUSHREE G	310	23/10/00	KARNATAKA
6	VANSHIKA GHANGHAS	243	08/10/05	HARYANA
7	BHAVYA JAIN	408	05/03/05	MADHYA PRADESH
8	MARIYA JAISON	347	05/09/97	KERALA
9	BABITA PATEL	413	12/08/00	MADHYA PRADESH
10	PAVITHRA VENKATESH	659	08/12/01	TAMIL NADU
Event # 44 WOMENS 100m Hurdles Heptathlon-1				TIME: 18:05 HRS
Heat 1				
5	ANAMIKA K A	352	21/01/04	KERALA
6	PAVANA NAGARAJ	319	07/11/05	KARNATAKA
7	SONU BHALOTHIA	553	30/11/96	RAJASTHAN
8	DEEPIKA S	654	09/04/02	TAMIL NADU
9	SONU KUMARI	246	05/11/00	HARYANA
Heat 2				
5	TANUSHREE .	550	14/02/02	RAJASTHAN
6	SOWMIYA MURUGAN	110	25/03/96	ANDHRA PRADESH
7	SNEHAMOL GEORGE	346	03/02/04	KERALA
8	POOJA -	224	09-03-2003	HARYANA
9	TANU .	236	14/11/02	HARYANA
Event # 25 WOMENS 800m Run				HEATS
NR.:TINTU LUKA SPLIT 1:59.17 4/09/2010				TIME: 18:20 HRS
MR.:CHANDA KM GANDHINAGAR 2:01.58 2022				
Heat 1				
2	AYAN SOARES	193	02/07/05	GOA
3	HUIDROM DEVI	473	01/02/04	MANIPUR
4	CHANDA KM	146	16/08/01	DELHI
5	POOJA ..	239	17/06/02	HARYANA
6	LILI DAS	747	18/03/98	WEST BENGAL
7	TAI HIRAMAN BAMHANE	443	02/02/02	MAHARASHTRA
8	VIJAYAKUMARI G K	311	05/08/96	KARNATAKA
Heat 2				
3	SHIVANKI AWASTHI	693	05/07/03	UTTAR PRADESH
4	LAVIKA SHARMA	149	22/05/03	DELHI
5	ASHAKIRAN BARLA	291	01/10/06	JHARKHAND
6	YAMUNA LADKAT	449	20/04/98	MAHARASHTRA
7	KAVITHA V	658	15/06/98	TAMIL NADU
8	ARPITHA E B	309	22/07/01	KARNATAKA
Event # 35 WOMENS Triple Jump				FINAL
NR.:MAYOOKHA JOHNY KOBE 14.11 9/07/2011				TIME: 18:25 HRS
MR.:ANJU B GEORGE HYDERABAD 13.67 2002				
1	MALLALA ANUSHA	105	10/07/02	ANDHRA PRADESH
2	MIMANSA DAHIYA	241	03/12/01	HARYANA
3	KARTHIKA G	107	02/01/96	ANDHRA PRADESH

4	RENU GREWAL	244		12/12/98	HARYANA
5	NAYANA JAMES	348		18/10/95	KERALA
6	SONAM KM	699		15/05/98	UTTAR PRADESH
7	SHEENA N V	354		22/11/92	KERALA
8	BABISHA P	646		26/12/01	TAMIL NADU
9	SHARVARI PARULEKAR	452		21/03/02	MAHARASHTRA
10	BHAIRABI ROY	752		05/02/95	WEST BENGAL
11	POORVA SAWANT	455		23/01/03	MAHARASHTRA
12	GAYATHRY SIVAKUMAR	362		26/02/01	KERALA
13	NIHARIKA VASHISHT	514		17/10/95	PUNJAB
Event # 4 MENS 800m Run					HEATS
NR.:JINSON JOHNSON GUWAHATI 1:45.65 27/06/2018					TIME: 18:35 HRS
MR.:MOHAMMED AFSAL P GANDHINAGAR 1:46.30 2022					
Heat 1					
2	VISHAL BHAGU BHUTE	196		22/09/04	GOA
3	SOMNATH CHAUHAN	265		02/02/04	HARYANA
4	PRADEEP SENTHIL KUMAR	681		12/05/03	TAMIL NADU
5	PRAKASH GADADE	600		31/07/02	SERVICES
6	HARJOT SINGH	525		25/10/00	PUNJAB
7	SHAKEEL .	566		17/04/05	RAJASTHAN
8	ABHISEK SINGH THAKUR	630		04/07/00	SERVICES
Heat 2					
2	SKHEMLANG SUBA	477		17/08/03	MEGHALAYA
3	RIJOY J	376		21/12/03	KERALA
4	SREE KIRAN	603		29/09/01	SERVICES
5	ANU KUMAR	742		02/11/02	UTTARAKHAND
6	MANPREET SINGH TOOR	543		17/02/99	PUNJAB
7	SHYAM MILAN BIND	430		05/08/04	MADHYA PRADESH
8	SAHIL KHAN	572		07/11/05	RAJASTHAN
Event # 45 WOMENS High Jump Heptathlon-2					TIME: 18:40 HRS
Event # 23 WOMENS 200m Run					HEATS
NR.:SARASWATI SAHA LUDHIANA 22.82 28/08/2002					TIME: 18:50 HRS
MR.:ARCHANA SUSEENDRAN GANDHINAGAR 23.06 2022					
Heat 1					
2	SHIVANI P	647		26/12/01	TAMIL NADU
3	SAKSHI KISAN KOLEKAR	184		03/10/03	GOA
4	JYOTHI YARRAJI	115		28/08/99	ANDHRA PRADESH
5	PRACHI .	690		20/12/96	UTTAR PRADESH
6	ANJALI P D	356		22/03/01	KERALA
7	SIMRAN DEEP KAUR	144		08/01/98	DELHI
8	SUDESHNA SHIVANKAR	456		09/09/03	MAHARASHTRA
Heat 2					
2	KAMALJEET KAUR	504		10/03/99	PUNJAB
3	CHELEMI PRATYUSHA	111		07/01/03	ANDHRA PRADESH
4	SRABANI NANDA	482		07/05/91	ODISHA
5	DANESHWARI A T	303		14/08/00	KARNATAKA
6	SHABNAM .	140		11/08/99	DELHI
7	ANU RAGHAVAN	359		20/04/93	KERALA
8	AKSHAYA S	653		17/11/04	TAMIL NADU
Event # 15 MENS Shot Put					FINAL
NR.:T.SINGH TOOR BHUBANESWAR 21.77 19/06/2023					TIME: 19:00 HRS
MR.:TAJINDERPAL SINGH TOOR GANDHINAGAR 20.75 2022					
1	ANIKET .	740		05/11/01	UTTARAKHAND
2	SHIVAM CHOUDHARY	717		25/08/97	UTTAR PRADESH

3	PARTH LAKRA	165		05/01/00	DELHI
4	ABHILASH SAXENA	434		05/07/93	MADHYA PRADESH
5	DEVINDER SINGH	171		30/10/92	DELHI
6	DHANVIR SINGH	521		05/12/02	PUNJAB
7	PARAMJIT SINGH	132		11/11/93	CHANDIGARH
8	SAHIB SINGH	173		05/11/00	DELHI
9	AMANDEEP SINGH DHALIWAL	541		16/05/02	PUNJAB
10	SAMARDEEP SINGH GILL	439		03/01/01	MADHYA PRADESH
Event # 2 MENS 200m Run					HEATS
NR.:AMLAN BORGOHAIN THENHIPALAM 20.52 6/04/2022					TIME: 19:05 HRS
MR.:AMLAN BORGOHAIN GANDHINAGAR 20.55 2022					
Heat 1					
1	ANGELO CARVALHO	197		19/10/03	GOA
2	AKASH KUMAR	720		01/01/99	UTTAR PRADESH
3	AMLAN BORGOHAIN	125		25/04/98	ASSAM
4	KAPIL .	587		10/11/03	SERVICES
5	ABHIN B DEVADIGA	328		15/08/01	KARNATAKA
6	KAVEN S K	679		20/11/01	TAMIL NADU
7	JAY SHAH PRADEEP	466		11/10/97	MAHARASHTRA
8	ABHAY SINGH	435		15/06/06	MADHYA PRADESH
Heat 2					
1	SAISIDDHARTH R	675		05/10/03	TAMIL NADU
2	SOURAV SAHA	755		24/03/99	WEST BENGAL
3	SHASHIKANTH V A	339		24/06/02	KARNATAKA
4	ANIMESH KUJUR	490		02/06/03	ODISHA
5	LAKSHAY .	713		18/12/04	UTTAR PRADESH
6	RAHUL RAMESH KADAM	469		03/10/98	MAHARASHTRA
7	SAJJAN MISHRA	608		25/07/00	SERVICES
8	RAGUL KUMAR G	668		22/03/00	TAMIL NADU
Event # 38 WOMENS Hammer Throw					FINAL
NR.:SARITA SINGH PATIALA 65.25 1/06/2017					TIME: 19:20 HRS
MR.:HARDEEP KAUR LUDHIANA 61.56 2001					
1	RACHANA .	691		01/03/93	UTTAR PRADESH
2	RENU .	232		06/03/94	HARYANA
3	VARSHA .	143		07/02/99	DELHI
4	MANJU BALA SINGH	552		01/07/89	RAJASTHAN
5	TANYA CHAUDHARY	696		21/09/03	UTTAR PRADESH
6	ANMOL KAUR	501		04/01/92	PUNJAB
7	KULVINDER KAUR	558		15/02/98	RAJASTHAN
8	MANPREET KAUR.	513		19/08/98	PUNJAB
10	DIVYA SHANDILYA	484		05/07/98	ODISHA
11	REKHA SINGH	739		30/12/97	UTTARAKHAND
12	SARITA R SINGH	710		05/10/89	UTTAR PRADESH
Event # 27 WOMENS 5000m Run					FINAL
NR.:PARUL CHAUDHARY WALNUT 15:10.35 06/05/2023					TIME: 19:25 HRS
MR.:O.P. JAISHA THIRUVANANTHAPURAM 15:31.37 2015					
1	NISHA KUMARI	147		04/04/05	DELHI
2	SUPRITI KACHHAP	293		03/04/03	JHARKHAND
3	SEEMA .	286		10/01/01	HIMACHAL PRADESH
4	BHARTI .	225		01/01/97	HARYANA
5	POONAM SONUNE	457		04/04/00	MAHARASHTRA
6	DRASHTI CHAUDHARI	218		16/08/03	GUJARAT
7	KAVITA YADAV	712		08/11/98	UTTAR PRADESH
8	PARUL CHAUDHARY	695		15/04/95	UTTAR PRADESH
9	GLORIFY KURBAH	476		07/05/02	MEGHALAYA

10	SANJIVANI JADHAV	446		12/07/96	MAHARASHTRA
11	NEHA PANWAR	704		05/07/03	UTTAR PRADESH
12	BASANTI KUMARI	294		10/01/02	JHARKHAND
13	ANKITA ..	735		05/02/02	UTTARAKHAND
14	RUKHMANI SAHU	133		06/06/98	CHHATTISGARH
15	MEENU SHARMA	738		15/04/99	UTTARAKHAND
16	SAPNA PATEL	188		10/03/99	GOA
Event # 7 MENS 10000m Run					FINAL
NR.:SURENDRA SINGH VIGO 28:02.89 12/07/2008					TIME: 19:45 HRS
MR.:GULVEER SINGH GANDHINAGAR 28:54.29 2022					
1	AJAY KUMAR..	204		08/07/94	GOA
2	GURPREET .	259		24/12/99	HARYANA
3	SACHIN KUNDU	134		05/12/01	CHHATTISGARH
4	ROHIT KUMAR	162		07/01/01	DELHI
5	DINESH .	459		05/05/99	MAHARASHTRA
6	ANKIT KUMAR	741		05/01/01	UTTARAKHAND
7	HARJODHVIR SINGH	524		13/01/99	PUNJAB
8	PRITAM KUMAR	161		07/12/02	DELHI
9	GULVEER SINGH	623		01/06/98	SERVICES
10	ABHISHEK PAL	725		15/07/97	UTTAR PRADESH
11	HARISH .	261		09/06/99	HARYANA
12	DHARMENDER .	564		05/07/99	RAJASTHAN
13	SANDEEP SINGH	625		07/03/99	SERVICES
14	UTTAM CHAND	425		07/06/99	MADHYA PRADESH
15	MOHAN SAINI	214		14/10/98	GOA
16	VINEET KUNWAR	743		20/07/98	UTTARAKHAND
Event # 46 WOMENS Shot Put Heptathlon-3					TIME: 20:20 HRS
Event # 41 WOMENS 4x400m Relay					FINAL
NR.:NATIONAL TEAM ATHENS 3:26.89 27/08/2004					TIME: 20:25 HRS
MR.:TAMIL NADU TEAM GANDHINAGAR 3:35.32 2022					
3	GOA G	2627			GOA
4	TAMIL NADU F	2626			TAMIL NADU
5	PUNJAB E	2625			PUNJAB
6	DELHI B	2622			DELHI
7	KERALA D	2624			KERALA
8	ANDHRA PRADESH A	2621			ANDHRA PRADESH
9	KARNATAKA C	2623			KARNATAKA
Event # 20 MENS 4x400m Relay					FINAL
NR.:NATIONAL TEAM BUDAPEST 2:59.05 26/08/2023					TIME: 20:35 HRS
MR.:HARYANA TEAM GANDHINAGAR 3:06.58 2022					
2	GOA H	2612			GOA
3	SERVICES G	2611			SERVICES
4	TAMIL NADU F	2610			TAMIL NADU
5	KERALA C	2607			KERALA
6	HARYANA A	2605			HARYANA
7	PUNJAB E	2609			PUNJAB
8	MADHYA PRADESH D	2608			MADHYA PRADESH
9	KARNATAKA B	2606			KARNATAKA
Event # 47 WOMENS 200m Heptathlon-4					TIME: 20:50 HRS