



ATHLETICS
FEDERATION OF INDIA



11th - 15th OCT 2023

BANGALORE, KARNATAKA

Organised by
NEB Sports



START LIST DAY-4

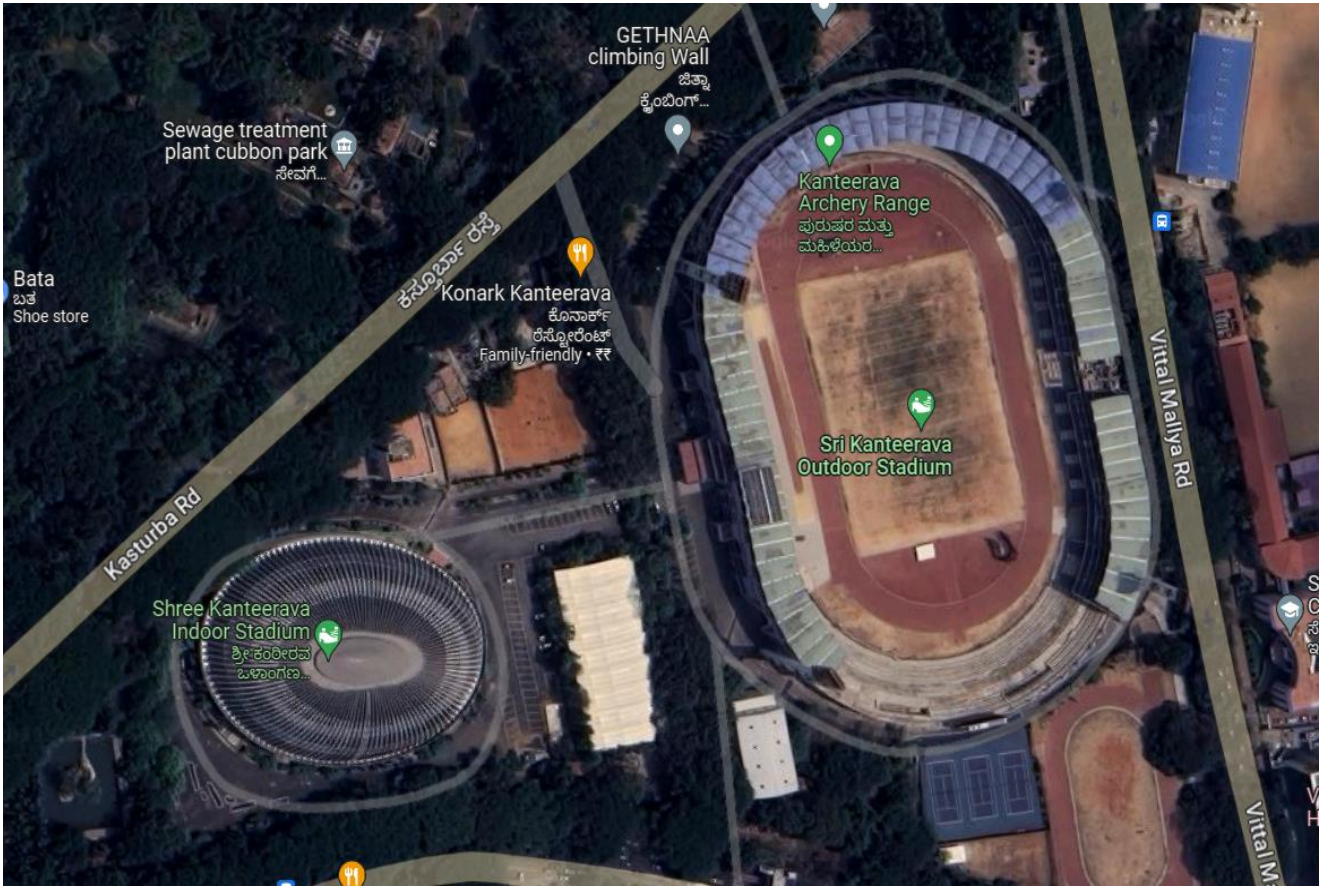
14/10/2023

SPONSORS & PARTNERS



General Information

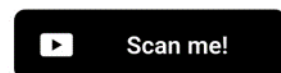
VENUE DETAILS:



ALL ATHLETES ARE ADVISED TO REPORT IN THE WARMUP GROUND AS PER THE DETAILED GIVEN BELOW:

FOR ALL TRACK EVENTS	60 MINUTES BEFORE THE SCHEDULED TIME
FOR ALL FIELD EVENTS (EXCEPT HIGH JUMP & POLE VAULT)	90 MINUTES BEFORE THE SCHEDULED TIME.
HIGH JUMP & POLE VAULT	120 MINUTES BEFORE THE SCHEDULED TIME

PLEASE SCAN THE QR CODE
FOR COMPETITION VENUE LOCATION ----->



62nd National Open Athletics Championship

KANTEERAVA STADIUM, BANGALORE

11 to 15, October 2023

Schedule Version 4 as on 09-10-2023. Please follow day by day Start List.

Schedule Day-4

14 - 10 - 2023 Forenoon

401	0800hrs	Long Jump	Women	Heptathlon 5
402	0900hrs	Javelin Throw [600gm]	Women	Heptathlon 6

14 - 10 - 2023 Afternoon

403	1430hrs	Javelin Throw [600gm]	Women	Final 24
404	1500hrs	High Jump	Women	Final 25
405	1500hrs	400m Hurdles [91.4cm]	Men	Final 26
406	1515hrs	400m Hurdles [76.2cm]	Women	Final 27
407	1530hrs	200m	Women	Final 28
408	1540hrs	200m	Men	Final 29
409	1545hrs	Triple Jump	Men	Final 30
410	1550hrs	800m	Women	Final 31
411	1600hrs	800m	Men	Final 32
412	1615hrs	800m	Women	Heptathlon 7/ 33
413	1630hrs	3000m Steeple Chase [91.4cm]	Men	Final 34
	1650hrs	Javelin Throw [600gm]	Women	MEDAL CEREMONY 24
414	1645hrs	3000m Steeple Chase [76.2cm]	Women	Final 35
415	1700hrs	4 X 400m Mixed Relay	Men & Women	Final 36
	1710hrs	High Jump	Women	MEDAL CEREMONY 25
	1715hrs	400m Hurdles [91.4cm]	Men	MEDAL CEREMONY 26
	1720hrs	400m Hurdles [76.2cm]	Women	MEDAL CEREMONY 27
	1730hrs	200m	Women	MEDAL CEREMONY 28
	1735hrs	200m	Men	MEDAL CEREMONY 29
	1745hrs	Triple Jump	Men	MEDAL CEREMONY 30
	1750hrs	800m	Women	MEDAL CEREMONY 31
	1800hrs	800m	Men	MEDAL CEREMONY 32
	1805hrs	Heptathlon	Women	MEDAL CEREMONY 33
	1810hrs	3000m Steeple Chase [91.4cm]	Men	MEDAL CEREMONY 34
	1815hrs	3000m Steeple Chase [76.2cm]	Women	MEDAL CEREMONY 35
	1820hrs	4 X 400m Mixed Relay	Men & Women	MEDAL CEREMONY 36

62nd National Open Athletics Championships 2023**Sree Kanteerava Outdoor Stadium****11-15 October 2023, Bangalore, Karnataka****Start List Day-4 (14/10/2023)**

Event # 48 WOMENS Long Jump Heptathlon-5				
TIME: 08:00 HRS				
1	KAJAL -	140	21/02/00	HARYANA
2	AKSHATHA .	190	10/11/97	KARNATAKA
3	NEETA KUMARI .	380	22/01/03	RAJASTHAN
4	TANU .	336	14/11/02	RAILWAYS
5	POOJA .-	169	09/03/03	HARYANA
6	JYOTI ..	171	22/07/95	HARYANA
7	SONU BHALOTHIA	387	30/11/96	RAJASTHAN
8	SONU KUMARI	357	23/11/00	RAILWAYS
9	SANGEETHA R	422	07/12/02	TAMIL NADU
10	DEEPIKA S	426	09/04/02	TAMIL NADU
11	MARIYA THOMAS	226	03/11/99	KERALA
12	NIMMY V O	125	21/01/96	DELHI
13	ALEENA VINCENT	301	05/01/97	POLICE SPORTS CONTRO
Event # 49 WOMENS Javelin Throw Heptathlon-6				
TIME: 09:00 HRS				
Event # 39 WOMENS Javelin Throw				
NR.:ANNU RANI JAMSHEDPUR 63.82 8/05/2022				
TIME: 14:30 HRS				
MR.:ANNU RANI LUCKNOW 60.01 2016				
1	DEEPIKA .	150	21/11/05	HARYANA
2	JYOTI .	151	01/04/02	HARYANA
3	MONIKA .	272	20/03/98	POLICE SPORTS CONTRO
4	PRIYANKA .	156	04/04/97	HARYANA
5	SAROJ DEVI .	304	15/02/99	PUNJAB
6	UMA CHOUDHARY	390	04/10/99	RAJASTHAN
7	RASHMI K	353	24/11/93	RAILWAYS
8	ANJANI KUMARI	109	01/01/00	BIHAR
9	HEMAMALINI NEELAKANDAN	418	12/04/00	TAMIL NADU
10	ANNU RANI	368	29/08/92	RAILWAYS
11	NIKITA RAWAT	449	08/12/98	UTTRAKHAND
12	KARISHMA SANIL	370	04/06/00	RAILWAYS
13	SHAKSHI SHARMA	440	09/02/02	UTTAR PRADESH
14	RUPINDER SOHAL	298	08/11/88	POLICE SPORTS CONTRO
Event # 32 WOMENS High Jump				
FINAL				
NR.:SAHANA KUMARI HYDERABAD 1.92 23/06/2012				
TIME: 15:00 HRS				
MR.:SAHANA KUMARI CHENNAI 1.84 2012				
1	REKHA -	324	24/01/99	RAILWAYS
2	GOBIKA K .	405	06/08/02	TAMIL NADU
3	JASSIKA .	117	06/10/01	DELHI
4	MANSHI .	433	03/09/02	UTTAR PRADESH
5	PRACHI .	154	02/04/07	HARYANA
6	TANUSHREE .	383	14/02/02	RAJASTHAN
7	URMILA .	384	15/11/00	RAJASTHAN
8	POOJA ...	174	21/02/07	HARYANA
9	KEVINAA ANNAVI	412	23/03/02	TAMIL NADU
10	RAJESWARI DAS	278	23/05/99	POLICE SPORTS CONTRO
11	ANGEL DEVASIA	347	06/12/94	RAILWAYS
12	ATHIRA K S	284	28/05/96	POLICE SPORTS CONTRO
13	AMANDEEP KAUR	184	07/09/06	JHARKHAND
14	PALLAVI PATIL	203	12/09/02	KARNATAKA
15	ABHINAYA SHETTY	371	16/06/99	RAILWAYS
16	GJI STEPHEN	427	30/12/00	TAMIL NADU

Event # 9 MENS 400m Hurdles					FINAL
NR.:A. DHARUN PATIALA 48.80 16/3/2019					TIME: 15:00 HRS
MR.:M.P. JABIR RANCHI 49.41 2019					
1	BALAJI M	827	17/03/97	POLICE SPORTS CONTRO	
2	NIKHIL BHARDWAJ	859	24/05/96	PUNJAB	
3	SATHISH K	1015	01/09/94	SSCB	
4	AFTAB ALAM	1087	03/03/97	UTTAR PRADESH	
5	VIJAY MALIK	1021	10/01/93	SSCB	
6	ROHAN KAMBLE	794	15/02/02	ONGC	
7	DHAVAL UTEKAR	1046	06/10/00	SSCB	
8	AMARNATH DUKKARWADKAR	910	04/08/97	RAILWAYS	
Event # 30 WOMENS 400m Hurdles					FINAL
NR.:P.T. USHA LOS ANGELES 55.42 8/08/1984					TIME: 15:15 HRS
MR.:P.T. USHA TRIVANDRUM 56.80 1985					
1	RAJI AUSTIN	213	01/08/88	KERALA	
2	SUMATHIRA B	414	23/08/01	TAMIL NADU	
3	SINCHAL .	335	05/02/01	RAILWAYS	
4	NANHI .	331	16/10/99	RAILWAYS	
5	R VITHYA RAMRAJ	367	20/09/98	RAILWAYS	
6	VEERPAL KAUR	319	24/03/94	PUNJAB	
7	DHIVYA.J .	263	31/01/98	ONGC	
8	RAMANDEEP KAUR	314	20/12/03	PUNJAB	
Event # 23 WOMENS 200m Run					FINAL
NR.:SARASWATI SAHA LUDHIANA 22.82 28/08/2002					TIME: 15:30 HRS
MR.:SARASWATI SAHA NEW DELHI 22.83 2002					
1	MARIYA NIVETHA P	420	28/08/03	TAMIL NADU	
2	GIRIDHARANI RAVIKUMAR	424	07/07/01	TAMIL NADU	
3	SHABNAM .	456	11/08/99	DELHI	
4	KAMALJEET KAUR	313	10/03/99	PUNJAB	
5	SIMRAN KAUR	122	01/08/98	DELHI	
6	SRABANI NANDA	257	07/05/91	ODISHA	
7	KAVITA .	269	30/12/97	POLICE SPORTS CONTRO	
8	DHIVYA.J .	263	31/01/98	ONGC	
Event # 2 MENS 200m Run					FINAL
NR.:AMLAN BORGOHAIN THENHIPALAM 20.52 6/04/2022					TIME: 15:40 HRS
MR.:AMLAN BORGOHAIN WARANGAL 20.75 2021					
1	SHUBHAM .	606	29/08/01	HARYANA	
2	NALUBOTHU SRINIVAS	942	09/10/02	RAILWAYS	
3	ANIMESH KUJUR	779	02/06/03	ODISHA	
4	LAKSHAY .	785	18/12/04	ONGC	
5	JAY SHAH	759	11/10/97	MAHARASHTRA	
6	AKSHAY NAIN	1024	07/06/00	SSCB	
7	SANDEEP SINGH	1039	30/10/97	SSCB	
8	SHASHIKANTH ANGADI	900	24/06/02	RAILWAYS	
Event # 14 MENS Triple Jump					FINAL
NR.:PRAVEEN CHITHRAVEL HAVANA 17.37 06/05/2023					TIME: 15:45 HRS
MR.:RENJITH MAHESHWARY KOCHI 16.97 2010					
1	MOHAMMED S.N	1074	24/03/94	TAMIL NADU	
2	GAILEY VENISTER	944	31/01/00	RAILWAYS	
3	VIMAL THAMIZHCHELVAN	1043	25/03/96	SSCB	
4	KARTHIK U	1045	03/06/93	SSCB	
5	ARUN A B	999	02/11/98	SSCB	

6	KRISHNA SINGH	762		18/07/98	MAHARASHTRA
7	KAPIL PANDI	922		31/12/95	RAILWAYS
8	OMKAR SHIDRUK	761		26/09/03	MAHARASHTRA
9	AKASH VARGHESE	701		13/08/01	KERALA
10	DINESH.V .	808		03/05/97	POLICE SPORTS CONTRO
11	ARPINDER SINGH	804		30/12/92	ONGC
12	JASKARAN .	852		09/03/98	PUNJAB
Event # 25 WOMENS 800m Run					FINAL
NR.:TINTU LUKA SPLIT 1:59.17 4/09/2010					TIME: 15:50 HRS
MR.:TINTU LUKKA KOLKATA 2:00.56 2015					
1	SUKHWINDER KAUR .	305		15/04/94	PUNJAB
2	POOJA ...-	342		17/06/02	RAILWAYS
3	CHANDA .	327		16/08/01	RAILWAYS
4	ARCHANA ADHAV	238		14/07/95	MAHARASHTRA
5	AKSHANA .	228		01/06/03	MADHYA PRADESH
6	JYOTI SAINI	322		22/04/96	PUNJAB
7	YAMUNA LADKAT	246		20/04/98	MAHARASHTRA
8	ASHAKIRAN BARLA	182		01/10/06	JHARKHAND
Event # 4 MENS 800m Run					FINAL
NR.:JINSON JOHNSON GUWAHATI 1:45.65 27/06/2018					TIME: 16:00 HRS
MR.:GHAMANDA RAM HYDERABAD 1:46.67 2005					
1	SATYA DEV .	605		21/02/02	HARYANA
2	ANU KUMAR	1115		02/11/02	UTTRAKHAND
3	SOMNATH CHAUHAN	906		02/02/04	RAILWAYS
4	PRADEEP SENTHILKUMAR	935		12/05/03	RAILWAYS
5	PRAKASH BALU GADADE	1011		31/07/02	SSCB
6	HARJOT SINGH	868		25/10/00	PUNJAB
7	MUJAMIL AMEER	1055		24/02/98	TAMIL NADU
8	JAGDISH .	992		08/08/96	SSCB
Event # 50 WOMENS 800m Heptathlon-7					TIME: 16:15 HRS
Event # 10 MENS 3000m Steeplechase					FINAL
NR.:AVINASH SABLE BIRMINGHAM 8:11.20 6/08/2022					TIME: 16:30 HRS
MR.:AVINASH SABLE BHUBANESWAR 8:29.80 2018					
1	PUKESHWAR LAL	534		25/03/97	CHHATTISGARH
2	DHULADEV GHAGARE	740		22/02/03	MAHARASHTRA
3	SHARUK KHAN	1094		25/07/06	UTTAR PRADESH
4	SAURAV TIWARI	765		04/07/00	MAHARASHTRA
5	GAURAV YADAV	734		04/08/04	MADHYA PRADESH
6	HARENDRA KUMAR	960		14/05/00	RAJASTHAN
7	PRITAM KUMAR BIND	789		10/05/85	ONGC
8	RAVI .	601		21/08/99	HARYANA
9	ANKIT RAJESH	1029		10/10/97	SSCB
10	SOURABH ANTIL	616		29/12/01	HARYANA
11	NISHANT .	598		06/11/04	HARYANA
12	PRINCE .	509		01/11/99	BIHAR
13	BIBIN GEORGE	1012		19/02/98	SSCB
14	MANOJ R S	699		08/01/00	KERALA
15	LOKESH CHAUDHARY	905		01/07/99	RAILWAYS
16	SUMIT KUMAR.	826		07/04/00	POLICE SPORTS CONTRO
17	P.C VENUGOPAL .	1051		10/05/93	TAMIL NADU

18	VIKASH RAY	520		20/12/02	BIHAR
19	ATUL POONIA	926		01/10/00	RAILWAYS
20	MAYKAL DAMOR	568		15/12/01	GUJARAT
21	JEETU GURJAR	716		10/02/02	MADHYA PRADESH
22	MANOJ KUMAR M	691		10/09/00	KERALA
23	SIDDHANT PUJARI	755		22/12/01	MAHARASHTRA
24	SURAJ PAL	832		05/02/02	POLICE SPORTS CONTRO
25	SUNIL JINABHAI	572		26/12/02	GUJARAT
26	PRINCE RAJ MISHRA	929		01/03/99	RAILWAYS
27	MD HASAN .	994		18/08/01	SSCB
28	VIKARAM KUMAR	965		25/06/99	RAJASTHAN
Event # 31 WOMENS 3000m Steeplechase					FINAL
NR.:PARUL CHAUDHARY BUDAPEST 9:15.31 27/08/2023					TIME: 16:45 HRS
MR.:LALITA BABAR KOLKATA 9:39.83 2015					
1	PREENU YADAV	376		20/06/95	RAILWAYS
2	REBI PAL	363		12/12/01	RAILWAYS
3	MEENA .	153		15/04/03	HARYANA
4	SHILPA .	381		15/05/01	RAJASTHAN
5	RIYA DOHATARE	241		11/12/01	MAHARASHTRA
6	SMITHA D.R.	198		09/12/00	KARNATAKA
7	PRIYANKA KASANA	285		25/03/99	POLICE SPORTS CONTRO
8	CHINTA .	229		26/03/93	MADHYA PRADESH
9	SUGANDHA GARJAR	280		02/08/96	POLICE SPORTS CONTRO
10	UJJALA .	167		23/05/03	HARYANA
11	G MAHESHWARI .	430		18/08/00	TELANGANA
12	MANISHA KHANAL	400		23/12/03	SIKKIM
13	BHAGYASHREE NAVALE	265		20/12/01	ONGC
14	SWETHA K	220		24/07/98	KERALA
15	RAVINA KUMARI	320		05/03/03	PUNJAB
16	SUSMITA TIGGA	260		25/12/03	ODISHA
17	KOMAL JAGADALE	352		26/01/99	RAILWAYS
18	VAISHNAVI SAWANT	250		28/03/01	MAHARASHTRA
19	CHANCHAL .	149		06/06/02	HARYANA
20	H M HARSHITHA .	192		03/12/04	KARNATAKA
Event # 62 MIXED 4x400m Relay					FINAL
NR.:NATIONAL TEAM HANGZHOU 3:14.34 02/10/2023					TIME: 16:45 HRS
MR.:KARNATAKA STATE TEAM BENGALURU 3:21.53 2022					
2	ONGC C	1919			ONGC
3	KERALA B	1918			KERALA
4	TAMIL NADU F	1922			TAMIL NADU
5	RAILWAYS E	1921			RAILWAYS
6	HARYANA A	1917			HARYANA
7	POLICE SPORTS CONTRO G	1935			POLICE SPORTS CONTRO
8	PUNJAB D	1920			PUNJAB