

37TH
**NATIONAL
GAMES**
GET SET GOA 2023



START LIST

DAY 5

2nd NOVEMBER 2023

37th National Games 2023 -GOA**Athletics:- 29th October-3rd November****Schedule Version 1.4 AS ON 01.11.2023**

Sl.No	Scheduled Time	Event	Implement Specification	Round	Section
Day 5 -Thursday,Evening,02/11					
501	1700hrs	Long Jump		Heptathlon 5	Women
502	1745hrs	Javelin Throw	600gm	Heptathlon 6	Women
503	1900hrs	400m Hurdles	0.914m	Round 1	Men
504	1915hrs	Hammer Throw	7.260kg	Final 32	Men
505	1920hrs	400m Hurdles	0.762m	Round 1	Women
506	1930hrs	Triple Jump		Final 33	Men
507	1940hrs	200m		Final 34	Women
508	1950hrs	200m		Final 35	Men
509	2000hrs	800m		Final 36	Women
510	2010hrs	800m		Final 37	Men
511	2020hrs	800m		Heptathlon 7 Final	Women
	2030hrs	Hammer Throw		MC-32	Men
	2037hrs	Triple Jump		MC-33	Men
	2045hrs	200m		MC-34	Women
	2052hrs	200m		MC-35	Men
	2100hrs	800m		MC-36	Women
	2110hrs	800m		MC-37	Men
	2120hrs	HEPTATHLON		MC-38	Women

37TH NATIONAL GAMES, GOA 2023-ATHLETICS**29TH OCTOBER - 3RD NOVEMBER****Athletics Stadium, Bambolim (Goa)****Start List Day-5 (02/11/2023)**

Event # 48 WOMENS Long Jump Heptathlon-5					TIME: 17:00 HRS
1	POOJA -	224		09-03-2003	HARYANA
2	TANU .	236		14/11/02	HARYANA
3	TANUSHREE .	550		14/02/02	RAJASTHAN
4	SONU BHALOTHIA	553		30/11/96	RAJASTHAN
5	ANAMIKA K A	352		21/01/04	KERALA
6	SONU KUMARI	246		05/11/00	HARYANA
7	SOWMIYA MURUGAN	110		25/03/96	ANDHRA PRADESH
8	PAVANA NAGARAJ	319		07/11/05	KARNATAKA
9	DEEPIKA S	654		09/04/02	TAMIL NADU
Event # 49 WOMENS Javelin Throw Heptathlon-6					TIME: 17:45 HRS
Event # 9 MENS 400m Hurdles					HEATS
NR.:A. DHARUN PATIALA 48.80 16/3/2019					TIME: 19:00 HRS
MR.:SANTHOSH KUMAR T GANDHINAGAR 49.49 2022					
2	NIKHIL BHARDWAJ	596		05/05/96	SERVICES
3	SATHISH K	602		01/09/94	SERVICES
4	DHAVAL UTEKAR	223		06/10/00	GUJARAT
5	NIRMAL YADAV	472		13/01/97	MAHARASHTRA
6	JASHAN SINGH DUHAN	283		30/12/01	HARYANA
7	HARDEEP KUMAR	515		27/06/03	PUNJAB
8	PRAVEEN KUMAR..	669		10/01/93	TAMIL NADU
Heat 2					
2	KESHAV TANWAR	175		05/05/02	DELHI
3	VIJAY SINGH MALIK	629		10/01/93	SERVICES
4	ROHAN GAUTHAM KAMBLE	461		15/02/02	MAHARASHTRA
5	JASHANJOT SINGH	531		07/02/95	PUNJAB
6	GAURAV .	258		02/02/04	HARYANA
7	AFTAB ALAM	714		03/05/97	UTTAR PRADESH
8	SIDDESH ANIRUDDHA MORAJKAR	194		19/05/06	GOA
Event # 17 MENS Hammer Throw					FINAL
NR.:NEERAJ KUMAR HYDERABAD 70.73 29/06/2016					TIME: 19:15 HRS
MR.:DAMNEET SINGH GANDHINAGAR 67.62 2022					
1	HARENDRA BENIWAL	716		01/04/02	UTTAR PRADESH
2	AJAY KUMAR	269		10/07/99	HARYANA
3	GAURAV KUMAR	270		12/02/96	HARYANA
4	NIRAJ KUMAR	605		17/09/90	SERVICES
5	PRAVEEN KUMAR-	574		14/12/00	RAJASTHAN
6	NITESH POONIA	578		31/12/00	RAJASTHAN
7	DAMNEET SINGH	520		10/03/00	PUNJAB
8	GURDEV SINGH	522		14/08/01	PUNJAB
9	TARANVEER SINGH BAINS	627		01/10/96	SERVICES
10	SHANTANU UCHALE	471		31/01/99	MAHARASHTRA

Event # 30 WOMENS 400m Hurdles				HEATS
NR.:P.T. USHA LOS ANGELES 55.42 8/08/1984				TIME: 19:20 HRS
MR.:VITHYA RAMRAJ GANDHINAGAR 56.57 2022				
Heat 1				
1	PRAJNA K	313	05/07/01	KARNATAKA
2	MOUMI JANA	748	23/08/04	WEST BENGAL
3	VITHYA RAMRAJ	652	20/09/98	TAMIL NADU
4	ANU RAGHAVAN	359	20/04/93	KERALA
5	NANHI .	229	16/10/99	HARYANA
6	ANUSHKA DATTARAY	444	04/05/05	MAHARASHTRA
7	RAMANDEEP KAUR	506	20/12/03	PUNJAB
8	SHREEYA RAJESH	320	15/05/05	KARNATAKA
9	GEETA DEVASI	557	12/03/03	RAJASTHAN
Heat 2				
2	VEERPAL KAUR	511	05/03/94	PUNJAB
3	SINCHAL KAVERAMMA	315	05/02/01	KARNATAKA
4	DHIVYA J	641	31/01/98	TAMIL NADU
5	RAJI AUSTIN	343	01/08/88	KERALA
6	VANDANA SHARMA	419	08/09/98	MADHYA PRADESH
7	SHRAVANI SACHIN SANGLE	454	16/11/05	MAHARASHTRA
8	NEHA ..	499	30/06/02	PUNJAB
9	SIMMY .	234	22/09/03	HARYANA
Event # 14 MENS Triple Jump				FINAL
NR.:PRAVEEN CHITHRAVEL HAVANA 17.37 06/05/2023				TIME: 19:30 HRS
MR.:PRAVEEN CHITHRAVEL GANDHINAGAR 16.68 2022				
1	ARUN A B	589	05/11/98	SERVICES
2	VISHAL BAHADUR	297	09/05/03	JHARKHAND
3	JWNGSAR BASUMATARY	124	25/07/03	ASSAM
4	VISHAL KUMAR	299	12/12/03	JHARKHAND
5	AKASH M VARGHESE	386	13/08/01	KERALA
6	SELVA PRABHU T	673	28/12/04	TAMIL NADU
7	MOHAMMAD SALAHUDDIN	680	24/03/94	TAMIL NADU
8	SUKHPREET SINGH	540	04/02/04	PUNJAB
9	KARTHIK UNNIKRISHNAN	632	03/06/93	SERVICES
Event # 23 WOMENS 200m Run				FINAL
NR.:SARASWATI SAHA LUDHIANA 22.82 28/08/2002				TIME: 19:40 HRS
MR.:ARCHANA SUSEENDRAN GANDHINAGAR 23.06 2022				
1	SHABNAM .	140	11/08/99	DELHI
2	CHELEMI PRATYUSHA	111	07/01/03	ANDHRA PRADESH
3	SRABANI NANDA	482	07/05/91	ODISHA
4	JYOTHI YARRAJI	115	28/08/99	ANDHRA PRADESH
5	KAMALJEET KAUR	504	10/03/99	PUNJAB
6	SIMRAN DEEP KAUR	144	08/01/98	DELHI
7	DANESHWARI A T	303	14/08/00	KARNATAKA
8	ANJALI P D	356	22/03/01	KERALA
Event # 2 MENS 200m Run				FINAL
NR.:AMLAN BORGOHAIN THENHIPALAM 20.52 6/04/2022				TIME: 19:50 HRS
MR.:AMLAN BORGOHAIN GANDHINAGAR 20.55 2022				
1	RAGUL KUMAR G	668	22/03/00	TAMIL NADU
2	RAHUL RAMESH KADAM	469	03/10/98	MAHARASHTRA
3	SHASHIKANTH V A	339	24/06/02	KARNATAKA
4	ABHIN B DEVADIGA	328	15/08/01	KARNATAKA
5	JAY SHAH PRADEEP	466	11/10/97	MAHARASHTRA
6	LAKSHAY .	713	18/12/04	UTTAR PRADESH
7	ANIMESH KUJUR	490	02/06/03	ODISHA
8	KAVEN S K	679	20/11/01	TAMIL NADU

Event # 25 WOMENS 800m Run					FINAL
NR.:TINTU LUKA SPLIT 1:59.17 4/09/2010					TIME: 20:00 HRS
MR.:CHANDA KM GANDHINAGAR 2:01.58 2022					
1	KAVITHA V	658		15/06/98	TAMIL NADU
2	ASHAKIRAN BARLA	291		01/10/06	JHARKHAND
3	CHANDA KM	146		16/08/01	DELHI
4	LILI DAS	747		18/03/98	WEST BENGAL
5	VIJAYAKUMARI G K	311		05/08/96	KARNATAKA
6	POOJA ..	239		17/06/02	HARYANA
7	HUIDROM DEVI	473		01/02/04	MANIPUR
8	YAMUNA LADKAT	449		20/04/98	MAHARASHTRA
Event # 4 MENS 800m Run					FINAL
NR.:JINSON JOHNSON GUWAHATI 1:45.65 27/06/2018					TIME: 20:10 HRS
MR.:MOHAMMED AFSAL P GANDHINAGAR 1:46.30 2022					
1	RIJOY J	376		21/12/03	KERALA
2	SHYAM MILAN BIND	430		05/08/04	MADHYA PRADESH
3	PRADEEP SENTHIL KUMAR	681		12/05/03	TAMIL NADU
4	PRAKASH GADADE	600		31/07/02	SERVICES
5	SOMNATH CHAUHAN	265		02/02/04	HARYANA
6	SHAKEEL .	566		17/04/05	RAJASTHAN
7	ABHISEK SINGH THAKUR	630		04/07/00	SERVICES
8	ANU KUMAR	742		02/11/02	UTTARAKHAND
Event # 50 WOMENS 800m Heptathlon-7					TIME: 20:20 HRS