

## 37TH NATIONAL GAMES, GOA 2023-ATHLETICS

29TH OCTOBER - 3RD NOVEMBER

18-01-2024

10/29/23 - 11/3/23

Athletics Stadium, Bambolim (Goa)

**Event # 1 MENS 100m Run**

# NR.:MANIKANTA H H BENGALORE 10.23 11/10/2023

% MR.:AMLAN BORGOHAIN GANDHINAGAR 10.28 2022

**RESULTS OF FINALS Heat 1**

1	ELAKKIYADASAN V K	684	31/01/95	TAMIL NADU	+1.2m/s n	<b>10.36</b>
2	GURAV PRANAV	467	03/07/01	MAHARASHTRA	+1.2m/s n	<b>10.41</b>
3	SAURABH RAJESH	615	23/03/01	SERVICES	+1.2m/s n	<b>10.45</b>
4	MANIKANTA H	601	05/11/01	SERVICES	+1.2m/s n	<b>10.46</b>
5	SHASHIKANTH V A	339	24/06/02	KARNATAKA	+1.2m/s n	<b>10.50</b>
6	MRUTY DONDAPATI	487	12/01/05	ODISHA	+1.2m/s n	<b>10.55</b>
	10.545					
7	AMIYA KUMAR MALLICK	493	14/11/92	ODISHA	+1.2m/s n	<b>10.55</b>
	10.547					
	GURINDERVIR SINGH	523	24/12/00	PUNJAB		<b>DQ</b>

**RESULTS OF PRELIMS Heat 1**

1	ELAKKIYADASAN V K	684	31/01/95	TAMIL NADU	+0.1m/s e	<b>10.48</b>
2	SAURABH RAJESH	615	23/03/01	SERVICES	+0.1m/s e	<b>10.57</b>
3	SHASHIKANTH V A	339	24/06/02	KARNATAKA	+0.1m/s e	<b>10.58</b>
	10.571					
4	AMIYA KUMAR MALLICK	493	14/11/92	ODISHA	+0.1m/s e	<b>10.58</b>
	10.579					
5	LALU PRASAD BHOI	495	05/09/03	ODISHA	+0.1m/s e	<b>10.64</b>
6	HARJIT SINGH	624	28/08/97	SERVICES	+0.1m/s e	<b>10.74</b>
7	MIDHUN T	397	13/03/97	KERALA	+0.1m/s e	<b>10.77</b>
8	VASANT RAJLU NAIDU G	300	30/07/97	JHARKHAND	+0.1m/s e	<b>11.00</b>
9	HEMACHANDIRAN .	498	25/08/03	PONDICHERRY	+0.1m/s e	<b>11.24</b>

**RESULTS OF PRELIMS Heat 2**

1	MANIKANTA H	601	05/11/01	SERVICES	+1.5m/s n	<b>10.38</b>
2	MRUTY DONDAPATI	487	12/01/05	ODISHA	+1.5m/s n	<b>10.51</b>
3	GURAV PRANAV	467	03/07/01	MAHARASHTRA	+1.5m/s n	<b>10.52</b>
4	GURINDERVIR SINGH	523	24/12/00	PUNJAB	+1.5m/s n	<b>10.54</b>
5	TAMIL ARASU S	665	20/05/02	TAMIL NADU	+1.5m/s n	<b>10.63</b>
6	SADANAND KUMAR	298	05/10/03	JHARKHAND	+1.5m/s n	<b>10.72</b>
7	MOSES WOLFANGO MASCAR	207	27/04/02	GOA	+1.5m/s n	<b>10.96</b>
8	RAKESH BHADUR	102	02/03/04	ANDAMAN & NICOBAR	+1.5m/s n	<b>11.75</b>
	RITIK MALIK	166	10/11/01	DELHI		<b>DNS</b>

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**Event # 2 MENS 200m Run**

# NR.:AMLAN BORGOHAIN THENHIPALAM 20.52 6/04/2022

% MR.:AMLAN BORGOHAIN GANDHINAGAR 20.55 2022

**RESULTS OF FINALS Heat 1**

1	ABHIN B DEVADIGA	328	15/08/01	KARNATAKA	+1.4m/s n	<b>20.89</b>
2	SHASHIKANTH V A	339	24/06/02	KARNATAKA	+1.4m/s n	<b>20.97</b>
3	ANIMESH KUJUR	490	02/06/03	ODISHA	+1.4m/s n	<b>20.99</b>
4	JAY SHAH PRADEEP	466	11/10/97	MAHARASHTRA	+1.4m/s n	<b>21.17</b>
5	LAKSHAY .	713	18/12/04	UTTAR PRADESH	+1.4m/s n	<b>21.33</b>
6	RAHUL RAMESH KADAM	469	03/10/98	MAHARASHTRA	+1.4m/s n	<b>21.49</b>
7	RAGUL KUMAR G	668	22/03/00	TAMIL NADU	+1.4m/s n	<b>21.52</b>
8	KAVEN S K	679	20/11/01	TAMIL NADU	+1.4m/s n	<b>21.96</b>

**RESULTS OF PRELIMS Heat 1**

1	ABHIN B DEVADIGA	328	15/08/01	KARNATAKA	+0.7m/s n	<b>21.18</b>
2	JAY SHAH PRADEEP	466	11/10/97	MAHARASHTRA	+0.7m/s n	<b>21.19</b>
3	KAVEN S K	679	20/11/01	TAMIL NADU	+0.7m/s n	<b>21.70</b>
4	KAPIL .	587	10/11/03	SERVICES	+0.7m/s n	<b>21.85</b>
5	ABHAY SINGH	435	15/06/06	MADHYA PRADESH	+0.7m/s n	<b>22.74</b>
6	ANGELO CARVALHO	197	19/10/03	GOA	+0.7m/s n	<b>23.15</b>
	AKASH KUMAR	720	01/01/99	UTTAR PRADESH		<b>DNS</b>
	AMLAN BORGOHAIN	125	25/04/98	ASSAM		<b>DNS</b>

**RESULTS OF PRELIMS Heat 2**

1	SHASHIKANTH V A	339	24/06/02	KARNATAKA	+1.0m/s n	<b>21.18</b>
2	LAKSHAY .	713	18/12/04	UTTAR PRADESH	+1.0m/s n	<b>21.39</b>
	21.386					
3	ANIMESH KUJUR	490	02/06/03	ODISHA	+1.0m/s n	<b>21.39</b>
	21.389					
4	RAHUL RAMESH KADAM	469	03/10/98	MAHARASHTRA	+1.0m/s n	<b>21.45</b>
5	RAGUL KUMAR G	668	22/03/00	TAMIL NADU	+1.0m/s n	<b>21.51</b>
6	SAISIDDHARTH R	675	05/10/03	TAMIL NADU	+1.0m/s n	<b>21.75</b>
7	SOURAV SAHA	755	24/03/99	WEST BENGAL	+1.0m/s n	<b>22.20</b>
	SAJJAN MISHRA	608	25/07/00	SERVICES		<b>DNS</b>

**Event # 3 MENS 400m Run**

# NR.:MUHAMMED ANAS KLADNO 45.21 13/07/2019

% MR.:MUHAMMED AJMAL V GANDHINAGAR 46.29 2022

**RESULTS OF FINALS Heat 1**

1	K.AVINASH .	660	03/12/00	TAMIL NADU		<b>46.88</b>
2	VIKRANT PANCHAL	278	30/01/00	HARYANA		<b>46.92</b>
3	RAHUL RAMESH KADAM	469	03/10/98	MAHARASHTRA		<b>47.15</b>
4	RINCE JOSEPH	379	05/08/02	KERALA		<b>47.25</b>
5	DHARMVEER CHOUDHARY	568	05/02/01	RAJASTHAN		<b>47.35</b>
6	MOHIT KUMAR	272	01/09/97	HARYANA		<b>48.16</b>
7	SHUBHAM DESHMUK	599	29/07/96	SERVICES		<b>48.65</b>
	RASHID .	422	08/01/01	MADHYA PRADESH		<b>DNS</b>

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**RESULTS OF PRELIMS Heat 1**

1	VIKRANT PANCHAL	278	30/01/00	HARYANA	47.19
2	RINCE JOSEPH	379	05/08/02	KERALA	47.28
3	K.AVINASH .	660	03/12/00	TAMIL NADU	47.39
4	RAHUL RAMESH KADAM	469	03/10/98	MAHARASHTRA	47.41
5	DHARMVEER CHOUDHARY	568	05/02/01	RAJASTHAN	47.44
6	ANGREJ SINGH	621	19/02/94	SERVICES	47.47
7	AMAN CHAUDHARY.	156	05/04/06	DELHI	49.45
8	ROHAN RAGHUNATH GAONK	212	04/12/01	GOA	51.80

**RESULTS OF PRELIMS Heat 2**

1	RASHID .	422	08/01/01	MADHYA PRADESH	47.97
2	MOHIT KUMAR	272	01/09/97	HARYANA	48.30
3	SHUBHAM DESHMUK	599	29/07/96	SERVICES	48.46
	NOAH NIRMAL TOM	610	13/11/94	SERVICES	DNF
	AMOJ JACOB PA	159	02/05/98	DELHI	DNS
	NITIN KUMAR	722	12/05/01	UTTAR PRADESH	DNS
	THEERTHESH SHETTY	338	05/03/03	KARNATAKA	DNS

**Event # 4 MENS 800m Run**

# NR.:JINSON JOHNSON GUWAHATI 1:45.65 27/06/2018

% MR.:MOHAMMED AFSAL P GANDHINAGAR 1:46.30 2022

**RESULTS OF FINALS Heat 1**

1	PRADEEP SENTHIL KUMAR	681	12/05/03	TAMIL NADU	1:48.10
2	SHAKEEL .	566	17/04/05	RAJASTHAN	1:48.65
3	PRAKASH GADADE	600	31/07/02	SERVICES	1:48.75
4	ANU KUMAR	742	02/11/02	UTTARAKHAND	1:48.81
5	SOMNATH CHAUHAN	265	02/02/04	HARYANA	1:49.17
6	SHYAM MILAN BIND	430	05/08/04	MADHYA PRADESH	1:50.12
7	RIOY J	376	21/12/03	KERALA	1:50.52
8	ABHISEK SINGH THAKUR	630	04/07/00	SERVICES	1:50.63

**RESULTS OF PRELIMS Heat 1**

1	PRADEEP SENTHIL KUMAR	681	12/05/03	TAMIL NADU	1:49.26
2	PRAKASH GADADE	600	31/07/02	SERVICES	1:49.57
3	SOMNATH CHAUHAN	265	02/02/04	HARYANA	1:49.90
4	SHAKEEL .	566	17/04/05	RAJASTHAN	1:50.28
5	ABHISEK SINGH THAKUR	630	04/07/00	SERVICES	1:50.63
6	HARJOT SINGH	525	25/10/00	PUNJAB	1:50.86
7	VISHAL BHAGU BHUTE	196	22/09/04	GOA	2:03.09

**RESULTS OF PRELIMS Heat 2**

1	ANU KUMAR	742	02/11/02	UTTARAKHAND	1:51.35
2	SHYAM MILAN BIND	430	05/08/04	MADHYA PRADESH	1:51.50
3	RIOY J	376	21/12/03	KERALA	1:52.20
4	SAHIL KHAN	572	07/11/05	RAJASTHAN	1:52.45
5	SKHEMLANG SUBA	477	17/08/03	MEGHALAYA	1:53.31
6	SREE KIRAN	603	29/09/01	SERVICES	1:55.05
	MANPREET SINGH TOOR	543	17/02/99	PUNJAB	DNF

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**Athletics Stadium, Bambolim (Goa)****Event # 5 MENS 1500m Run**

# NR.:JINSON JOHNSON BERLIN 3:35.24 1/09/2019

% MR.:PARVEJ KHAN GANDHINAGAR 3:40.89 2022

1	RITESH OHRE	431	31/12/03	MADHYA PRADESH	3:40.93
2	SHASHI BHUSHAN SINGH	128	10/01/96	BIHAR	3:41.49
3	ARJUN WASKALE	441	03/07/03	MADHYA PRADESH	3:41.69
4	RAHUL HARVEER SINGH	158	01/12/96	DELHI	3:42.17
5	SHIVAM SHARMA	288	05/10/02	HIMACHAL PRADESH	3:43.99
6	ABHISEK SINGH THAKUR	630	04/07/00	SERVICES	3:47.34
7	MANJEET RAMESHWAR	280	07/07/02	HARYANA	3:47.57
8	NIKESH DHANRAJ RATHOD	199	09/09/97	GOA	3:48.89
9	JAGDISH .	565	08/08/96	RAJASTHAN	3:51.61
10	HARSHDEEP SINGH	528	28/09/01	PUNJAB	3:53.67
11	ABHINANDH SUNDARESAN	395	20/08/99	KERALA	3:56.11
	JINSON JOHNSON	378	15/03/91	KERALA	DNS
	AMAN CHOUDHARY	267	27/11/96	HARYANA	DNF
	AJAY KUMAR SAROJ	724	01-05-97	UTTAR PRADESH	DNS
	SACHELAL PATEL	612	07/03/96	SERVICES	DNF
	RAHUL BALODA	567	05/06/99	RAJASTHAN	DNF
	YOUNUS SHAH	728	10/05/01	UTTAR PRADESH	DNS

**Event # 6 MENS 5000m Run**

# NR.:AVINASH SABLE WALNUT 13:19.30 6/05/2023

%MR.:G. THIRUVANANTHAPURAM 13:50.05 2015

1	GULVEER SINGH	623	01/06/98	SERVICES	14:13.03
2	GAVIT MURLI KUMAR	222	08/01/97	GUJARAT	14:13.14
3	ABHISHEK PAL	725	15/07/97	UTTAR PRADESH	14:14.07
4	UTTAM CHAND	425	07/06/99	MADHYA PRADESH	14:18.60
5	GAURAV MATHUR	607	19/09/99	SERVICES	14:19.08
6	AJAY .	257	29-01-02	HARYANA	14:35.76
7	TEDDY DAVECELIA CARDOZ	198	31/01/00	GOA	15:54.49
8	GHULAM HAIDER	401	16/02/05	LADAKH	18:20.96
	SHADAB PATHAN	465	05/10/01	MAHARASHTRA	DNF
	ANAND KRISHNA K	381	01/02/01	KERALA	DNF
	KULDEEP SINGH	172	06/07/87	DELHI	DNF
	HARJODHVIR SINGH	524	13-01-99	PUNJAB	DQ
	GURPREET .	259	24/12/99	HARYANA	DNF
	AJAY KUMAR..	204	08-07-94	GOA	DQ
	PRITAM KUMAR	161	07/12/02	DELHI	DNF

Dope offence

Dope offence

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**Event # 7 MENS 10000m Run**

# NR.:SURENDRA SINGH VIGO 28:02.89 12/07/2008

% MR.:GULVEER SINGH GANDHINAGAR 28:54.29 2022

1	ANKIT KUMAR	741	05/01/01	UTTARAKHAND		29:51.41
2	ABHISHEK PAL	725	15/07/97	UTTAR PRADESH		30:22.41
3	GULVEER SINGH	623	01/06/98	SERVICES		30:23.13
4	UTTAM CHAND	425	07/06/99	MADHYA PRADESH		30:24.24
5	DINESH .	459	05/05/99	MAHARASHTRA		30:28.22
6	MOHAN SAINI	214	14/10/98	GOA		30:52.85
7	VINEET KUNWAR	743	20/07/98	UTTARAKHAND		30:53.00
	AJAY KUMAR..	204	08-07-94	GOA		DQ
					Dope offence	
	GURPREET .	259	24/12/99	HARYANA		DNS
	HARJODHVIR SINGH	524	13-01-99	PUNJAB		DO
					Dope offence	
	PRITAM KUMAR	161	07/12/02	DELHI		DNF
	ROHIT KUMAR	162	07/01/01	DELHI		DNS
	HARISH .	261	09/06/99	HARYANA		DNF
	DHARMENDER .	564	05/07/99	RAJASTHAN		DNS
	SANDEEP SINGH	625	07/03/99	SERVICES		DNF
	SACHIN KUNDU	134	05/12/01	CHHATTISGARH		DNF

**Event # 8 MENS 110m Hurdles**

# NR.:SIDDHANTH THINGALAYA MESA 13.48 10/06/2017

%MR.:S.THINGALAYA THIRUVANANTHAPURAM 13.83 2015

**RESULTS OF FINALS Heat 1**

1	TEJAS ASHOK SHIRSE	460	04/06/02	MAHARASHTRA	-0.2m/s se	13.71 %
2	A. GRACESON JEEVA	489	05/04/03	ODISHA	-0.2m/s se	14.13
3	MADHVENDRA SINGH	582	30/10/03	RAJASTHAN	-0.2m/s se	14.19
4	VIKASH KHODKE	462	16/08/01	MAHARASHTRA	-0.2m/s se	14.33
5	DHANUSH ADITHAN G	664	30/09/01	TAMIL NADU	-0.2m/s se	14.35
6	MANAV R	674	07/06/00	TAMIL NADU	-0.2m/s se	14.39
7	TARUNDEEP SINGH BHATIA	628	06-09-94	SERVICES	-0.2m/s se	14.58
8	KUNAL CHAUDHARY	155	24/03/99	DELHI	-0.2m/s se	14.96

**RESULTS OF PRELIMS Heat 1**

1	TEJAS ASHOK SHIRSE	460	04/06/02	MAHARASHTRA	+0.4m/s n	13.80 %
2	A. GRACESON JEEVA	489	05/04/03	ODISHA	+0.4m/s n	14.16
3	MANAV R	674	07/06/00	TAMIL NADU	+0.4m/s n	14.85
4	KUNAL CHAUDHARY	155	24/03/99	DELHI	+0.4m/s n	14.92
5	YASHWANTH KUMAR L	117	28/08/01	ANDHRA PRADESH	+0.4m/s n	15.06
6	SANDEEP CHOUDHARY	569	13/06/02	RAJASTHAN	+0.4m/s n	15.14

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1	MADHVENDRA SINGH	582	30/10/03	RAJASTHAN	+0.2m/s e	<b>14.17</b>
2	DHANUSH ADITHAN G	664	30/09/01	TAMIL NADU	+0.2m/s e	<b>14.46</b>
3	TARUNDEEP SINGH BHATIA	628	06-09-94	SERVICES	+0.2m/s e	<b>14.52</b>
4	VIKASH KHODKE	462	16/08/01	MAHARASHTRA	+0.2m/s e	<b>14.57</b>
5	SUSHANTH M D	332	03/09/01	KARNATAKA	+0.2m/s e	<b>15.06</b>
	PRAVEEN KUMAR	203	25-02-92	GOA		<b>DNF</b>

**Event # 9 MENS 400m Hurdles**

# NR.:A. DHARUN PATIALA 48.80 16/3/2019

% MR.:SANTHOSH KUMAR T GANDHINAGAR 49.49 2022

**RESULTS OF FINALS Heat 1**

1	DHAVAL UTEKAR	223	06/10/00	GUJARAT		<b>51.20</b>
2	NIKHIL BHARDWAJ	596	05/05/96	SERVICES		<b>51.50</b>
3	VIJAY SINGH MALIK	629	10/01/93	SERVICES		<b>51.67</b>
4	SATHISH K	602	01/09/94	SERVICES		<b>51.68</b>
5	ROHAN GAUTHAM KAMBLE	461	15/02/02	MAHARASHTRA		<b>51.76</b>
6	HARDEEP KUMAR	515	27/06/03	PUNJAB		<b>52.13</b>
7	AFTAB ALAM	714	03/05/97	UTTAR PRADESH		<b>52.37</b>
8	NIRMAL YADAV	472	13/01/97	MAHARASHTRA		<b>53.56</b>

**RESULTS OF PRELIMS Heat 1**

1	NIKHIL BHARDWAJ	596	05/05/96	SERVICES		<b>51.96</b>
2	SATHISH K	602	01/09/94	SERVICES		<b>52.02</b>
3	DHAVAL UTEKAR	223	06/10/00	GUJARAT		<b>52.16</b>
4	HARDEEP KUMAR	515	27/06/03	PUNJAB		<b>52.23</b>
5	NIRMAL YADAV	472	13/01/97	MAHARASHTRA		<b>53.02</b>
6	JASHAN SINGH DUHAN	283	30/12/01	HARYANA		<b>53.85</b>
7	PRAVEEN KUMAR..	669	10-01-93	TAMIL NADU		<b>54.03</b>

**RESULTS OF PRELIMS Heat 2**

1	ROHAN GAUTHAM KAMBLE	461	15/02/02	MAHARASHTRA		<b>51.93</b>
2	AFTAB ALAM	714	03/05/97	UTTAR PRADESH		<b>52.43</b>
3	VIJAY SINGH MALIK	629	10/01/93	SERVICES		<b>52.98</b>
4	KESHAV TANWAR	175	05/05/02	DELHI		<b>53.25</b>
5	GAURAV .	258	02/02/04	HARYANA		<b>53.41</b>
	SIDDESH ANIRUDDHA MORA	194	19/05/06	GOA		<b>DQ</b>
	JASHANJOT SINGH	531	07/02/95	PUNJAB		<b>DNS</b>

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**Event # 10 MENS 3000m Steeplechase**

# NR.:AVINASH SABLE BIRMINGHAM 8:11.20 6/08/2022

% MR.:SHANKAR LAL SWAMI GANDHINAGAR 8:43.05 2022

1	SUNIL JOLIYA JINABHAI	221	26/12/02	GUJARAT	8:37.15 %
2	MOHD NOOR HASAN	611	18/08/01	SERVICES	8:38.77 %
3	PRINCE RAJ MISHRA	635	01/03/99	SIKKIM	8:45.05
4	BAL KISHAN	268	09/11/98	HARYANA	8:54.96
5	SIDDHANT PUJARI	468	22/12/01	MAHARASHTRA	9:06.90
6	ANKIT RAJESH	614	10/10/97	SERVICES	9:07.21
	SHARUK KHAN	718	25/07/06	UTTAR PRADESH	DNS
	KUNWAR PRABENDER	726	25/05/96	UTTAR PRADESH	DNS
	SOURABH ANTIL	593	05/12/01	SERVICES	DNF
	ATUL POONIA	577	01/10/00	RAJASTHAN	DNF
	PAUL MATHEW J	387	27/09/96	KERALA	DNF
	SHANKAR LAL SWAMI	277	05/07/96	HARYANA	DNF
	SUMIT KUMAR	163	07/04/00	DELHI	DNS
	PUKESHWAR LAL	135	25/03/97	CHHATTISGARH	DNF

**Event # 11 MENS High Jump**

# NR.:TEJASWIN SHANKAR LUBBOCK 2.29 27/04/2018

% MR.:SARVESH ANIL KUSHARE GANDHINAGAR 2.27 2022

1	AADARSH RAM J	678	27/09/97	TAMIL NADU	2.14m
2	BHARATHI V	683	20/05/94	SERVICES	2.14m
3	SWADHIN KUMAR MAJHI	492	10/04/00	ODISHA	2.08m
4	CHEZHAN BALASUBRAMAN	595	18/08/92	SERVICES	2.05m
5	MD ASRAF ALI	753	16/01/03	WEST BENGAL	2.05m
6	ANIKET SUBHASH MANE	470	05/07/04	MAHARASHTRA	2.00m
7	UCHCHAAL KUMAR ROY	754	11/10/02	WEST BENGAL	1.95m
	VAIBHAV VISHWAS GAONKA	216	21/10/95	GOA	NM

**Event # 12 MENS Pole Vault**

# NR.:SIVA SUBRAMANIAM GUJARAT 5.31 3/10/2022

% MR.:SIVA SUBRAMANIAM GANDHINAGAR 5.31 2022

1	DEV MEENA	429	07/05/05	MADHYA PRADESH	5.16m
2	KULDEEP KUMAR	721	12/03/05	UTTAR PRADESH	5.00m
3	ANAS BABU E B	594	09/10/95	SERVICES	4.90m
4	SHEKHAR KUMAR PANDEY	723	01/02/01	UTTAR PRADESH	4.80m
4	SIVA SUBRAMANIAM	682	05/06/96	TAMIL NADU	4.80m
4	GOWTHAM M	670	25/09/02	TAMIL NADU	4.80m
7	GOURAV .	585	20/02/02	SERVICES	4.80m
8	RAMBEER SINGH SAINI	584	30/06/96	RAJASTHAN	4.70m
8	TANUJ KUMAR	274	05/12/03	HARYANA	4.70m
10	AJAY KUMAR.	276	08-12-03	HARYANA	4.70m
11	ANSHU PATEL	432	03/05/05	MADHYA PRADESH	4.50m
	SIDHARTH A K	368	27/08/00	KERALA	NM

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**Event # 13 MENS Long Jump**

# NR.:JESWIN ALDRIN BELLARY 8.42 02/03/2023

% MR.:JESWIN ALDRIN J GANDHINAGAR 8.26 2022

1	MUHAMMED ANEES Y	372	03/12/95	KERALA	+1.7m/s	<b>8.15m</b>
		X, 7.92, 7.94, 7.89, 7.82, 8.15				
2	ARYA S	335	31/12/01	KARNATAKA	+0.1m/s	<b>7.89m</b>
		7.54, 7.55, 7.89, 7.52, X, X				
3	DAVID P	672	17/03/02	TAMIL NADU	+0.4m/s	<b>7.76m</b>
		7.52, 7.76, 7.47, 7.40, X, X				
4	ADITYA KUMAR SINGH	428	26/12/02	MADHYA PRADESH	+2.0m/s	<b>7.63m</b>
5	RISHABH RISHISHWAR	727	09/03/00	UTTAR PRADESH	+1.6m/s	<b>7.62m</b>
6	NIRMAL SABU	392	11/05/99	KERALA	+0.5m/s	<b>7.50m</b>
7	ASADULLAH MUJAHITH	671	05/01/02	TAMIL NADU	+1.6m/s	<b>7.49m</b>
8	ANANTHAKRISHNAN RAVINI	213	28/07/97	GOA	+0.2m/s	<b>6.85m</b>
9	MITTER ADDA	123	15/08/98	ARUNACHAL PRADESH	+0.1m/s	<b>5.97m</b>
	MUHAMMED FASAL PN	402	03/11/02	LAKSHADWEEP		<b>DNS</b>
	VISHNU P S	168	22/11/96	DELHI		<b>NM</b>
	SAJAN R	126	26/03/02	ASSAM		<b>DNS</b>

**Event # 14 MENS Triple Jump**

# NR.:PRAVEEN CHITHRAVEL HAVANA 17.37 06/05/2023

% MR.:PRAVEEN CHITHRAVEL GANDHINAGAR 16.68 2022

1	KARTHIK UNNIKRISHNAN	632	03/06/93	SERVICES	+0.1m/s	<b>16.57m</b>
		15.64, 14.95, 15.71, 16.10, 15.78, 16.57				
2	SELVA PRABHU T	673	28/12/04	TAMIL NADU	+0.1m/s	<b>16.56m</b>
		16.02, 16.10, 16.01, 16.02, X, 16.56				
3	MOHAMMAD SALAHUDDIN	680	24/03/94	TAMIL NADU	+0.1m/s	<b>16.41m</b>
4	VISHAL BAHADUR	297	09/05/03	JHARKHAND	+0.0m/s	<b>15.75m</b>
5	AKASH M VARGHESE	386	13/08/01	KERALA	+0.0m/s	<b>15.46m</b>
6	VISHAL KUMAR	299	12/12/03	JHARKHAND	+0.1m/s	<b>15.29m</b>
7	JWNGSAR BASUMATARY	124	25/07/03	ASSAM	+0.0m/s	<b>15.18m</b>
8	SUKHPREET SINGH	540	04/02/04	PUNJAB	+0.0m/s	<b>14.82m</b>
	ARUN A B	589	05-11-98	SERVICES		<b>DQ</b>

Dope offence

16.19, X, 15.94, 16.49, X, 16.79



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**Event # 15 MENS Shot Put**

#NR.:T.SINGH TOOR BHUBANESWAR 21.77 19/06/2023

%MR.:T.SINGH TOOR GANDHINAGAR 20.75 2022

1	SAMARDEEP SINGH GILL	439	03/01/01	MADHYA PRADESH	18.99m
		17.92, X, 18.35, 18.28, 18.57, 18.99			
2	DHANVIR SINGH	521	05/12/02	PUNJAB	18.79m
		17.74, X, 18.16, 18.79, X, 17.77			
3	SAHIB SINGH	173	05/11/00	DELHI	17.86m
		17.76, X, X, 17.74, 17.86, 17.79			
4	SHIVAM CHOUDHARY	717	25/08/97	UTTAR PRADESH	17.53m
5	PARAMJIT SINGH	132	11/11/93	CHANDIGARH	17.52m
6	ABHILASH SAXENA	434	05/07/93	MADHYA PRADESH	17.37m
7	AMANDEEP SINGH DHALIWA	541	16/05/02	PUNJAB	17.26m
8	PARTH LAKRA	165	05/01/00	DELHI	17.21m
9	DEVINDER SINGH	171	30/10/92	DELHI	16.11m
	ANIKET .	740	05/11/01	UTTARAKHAND	DNS

**Event # 16 MENS Discus Throw**

# NR.:VIKAS GOWDA NORMAN 66.28 12/04/2012

% MR.:KIRPAL SINGH BATTI GANDHINAGAR 59.32 2022

1	GAGANDEEP SINGH	622	20/05/95	SERVICES	55.72m
		54.50, 53.73, 54.21, 54.77, 55.72, X			
2	NIRBHAY SINGH	282	20/11/96	HARYANA	53.87m
		51.18, 53.87, X, X, X, 53.34			
3	PRABHJOT SINGH	538	05/05/92	PUNJAB	53.53m
		50.94, 50.80, 50.74, 52.66, 53.53, X			
4	HARPREET SINGH	527	18/07/93	PUNJAB	53.24m
5	IKRAM ALI KHAN	423	01/07/01	MADHYA PRADESH	52.43m
6	PRASHANT MALIK	606	10/07/91	SERVICES	52.43m
7	OINAM ALSON SINGH	474	05/01/02	MANIPUR	52.01m
8	BHANU SHARMA	579	19/10/96	RAJASTHAN	51.66m
9	ARJUN KUMAR	160	01/07/93	DELHI	50.51m
10	PRAVEEN KUMAR.	575	02-02-96	RAJASTHAN	50.26m
11	BALJINDER SINGH	519	23/07/89	PUNJAB	50.05m
12	NAVJOT SINGH	131	05/07/01	CHANDIGARH	48.04m
13	DEEPAK YADAV	729	12/02/01	UTTAR PRADESH	47.57m
14	SACHIN SUHAG	284	11/11/96	HARYANA	46.40m

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**Event # 17 MENS Hammer Throw**

# NR.:NEERAJ KUMAR HYDERABAD 70.73 29/06/2016

% MR.:DAMNEET SINGH GANDHINAGAR 67.62 2022

1	TARANVEER SINGH BAINS	627	01/10/96	SERVICES	65.09m
		X, 63.17, 65.09, X, 62.21, p			
2	AJAY KUMAR	269	10-07-99	HARYANA	64.55m
		64.55, X, 63.20, 63.89, 62.96, X			
3	NIRAJ KUMAR	605	17/09/90	SERVICES	63.12m
		59.28, 61.42, 61.59, 63.12, 62.66, 61.14			
4	GURDEV SINGH	522	14/08/01	PUNJAB	62.74m
5	GAURAV KUMAR	270	12/02/96	HARYANA	61.35m
6	NITESH POONIA	578	31/12/00	RAJASTHAN	60.95m
7	PRAVEEN KUMAR-	574	14-12-00	RAJASTHAN	58.57m
8	SHANTANU UCHALE	471	31/01/99	MAHARASHTRA	56.89m
	HARENDRA BENIWAL	716	01/04/02	UTTAR PRADESH	DNS
	DAMNEET SINGH	520	10/03/00	PUNJAB	DNS

**Event # 18 MENS Javelin Throw**

# NR.:NEERAJ CHOPRA STOCKHOLM 89.94 30/06/2022

%MR.:R.DALVIR THIRUVANANTHAPURAM 82.23 2015

1	SHIVPAL SINGH	626	07/06/95	SERVICES	81.17m
		75.63, 79.28, 75.54, 81.17, 80.65, X			
2	MANU D PRAKASH	598	24/01/00	SERVICES	80.48m
		77.49, 80.13, 80.48, 77.20, 79.24, X			
3	KISHORE KUMAR JENA	491	06/09/95	ODISHA	78.47m
		77.78, 78.33, X, 78.47, 75.40, X			
4	SACHIN YADAV	730	25/10/99	UTTAR PRADESH	77.93m
5	SHIVAM LOHAKARE	464	14/09/04	MAHARASHTRA	76.92m
6	VIKRANT MALIK	494	02/01/96	ODISHA	75.83m
7	YASHVIR SINGH	583	05/10/01	RAJASTHAN	75.77m
8	ABHISHEK DRALL	157	11/05/98	DELHI	74.19m
9	KUNWER AJAIRAJ SINGH RAJ	542	13/01/02	PUNJAB	65.85m
10	SHUBHAM BABULI GAUDE	195	08/11/95	GOA	48.61m
	ANUJ KALERA	571	28/11/01	RAJASTHAN	DNS
	SARABJEET SINGH	539	03/09/94	PUNJAB	DNS

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# NR.:NATIONAL TEAM NEW DELHI 38.89 12/10/2010

% MR.:SERVICES TEAM RANCHI 39.94 2011

1	TAMIL NADU H			TAMIL NADU			<b>40.05</b>
	665	TAMIL ARASU S	20-05-2002	684	ELAKKIYADASAN V K	31-01-1995	
	675	SAISIDDHARTH R	05-10-2003	661	KATHIRAVAN .	09-12-1998	
2	ODISHA D			ODISHA			<b>40.13</b>
	487	MRUTY DONDAPATI	12-01-2005	495	LALU PRASAD BHOI	05-09-2003	
	488	ARYAN EKKA	25-09-2003	493	A KUMAR MALLICK	14-11-1992	
3	KERALA C			KERALA			<b>40.14</b>
	374	BIBIN D B	12-12-1999	373	ANURAG C V	23-01-2004	
	394	MUHAMMED SHAN	30-01-2004	397	MIDHUN T	13-03-1997	
4	PUNJAB E			PUNJAB			<b>40.46</b>
	526	HARMANPREET SINGH	19-01-1997	545	AKASHDEEP SINGH.	15-05-1995	
	516	AKASHDEEP SINGH	05-04-2003	523	GURINDERVIR SINGH	24-12-2000	
5	SERVICES F			SERVICES			<b>40.48</b>
	613	NIKHIL PATIL	21-06-2002	619	MD SADAT	30-03-1997	
	625	SANDEEP SINGH	07-03-1999	624	HARJIT SINGH	28-08-1997	
6	ANDHRA PRADESH A			ANDHRA PRADESH			<b>41.94</b>
	119	G AAYAPPA PRASAD	18-11-1997	117	YASHWANTH KUMAR L	28-08-2001	
	120	N SRINIVAS	09-10-2002	116	V KHAGA VISHAL	16-10-2003	
7	GOA G			GOA			<b>43.44</b>
	201	ELDRIDGE FERNANDES	02-01-2006	211	A PRABHU DESSAI	04-04-2005	
	197	ANGELO CARVALHO	19-10-2003	207	M MASCARENHAS	27-04-2002	
8	DELHI B			DELHI			<b>44.30</b>
	155	KUNAL CHAUDHARY	24-03-1999	154	JAINZBAJ .	01-01-2000	
	153	ANSHUL .	04-04-2004	176	AMIT TIWARI	16-09-1997	

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**Event # 20 MENS 4x400m Relay**

# NR.:NATIONAL TEAM BUDAPEST 2:59.05 26/08/2023

% MR.:HARYANA TEAM GANDHINAGAR 3:06.58 2022

1	SERVICES G			SERVICES			<b>3:07.79</b>
	599	SHUBHAM DESHMUK	29-07-1996	586	HIMANSHU .	02-02-2000	
	602	SATHISH K	01-09-1994	621	ANGREJ SINGH	19-02-1994	
2	TAMIL NADU F			TAMIL NADU			<b>3:07.80</b>
	663	SHARAN .	07-11-2002	662	NAGARJUNAN .	21-03-1998	
	679	KAVEN S K	20-11-2001	660	K.AVINASH .	03-12-2000	
3	KERALA C			KERALA			<b>3:08.50</b>
	389	ABHIRAM P	18-12-2005	385	ANANDUMON M S	03-02-2001	
	398	MANU T S	17-10-2001	379	RINCE JOSEPH	05-08-2002	
4	MADHYA PRADESH D			MADHYA PRADESH			<b>3:13.20</b>
	422	RASHID .	08-01-2001	426	AKASH DUBEY	13-12-2000	
	437	BRAJESH SINGH	04-07-2004	433	EMMANUL PAUL	10-07-1999	
5	PUNJAB E			PUNJAB			<b>3:13.26</b>
	529	JAGMEET SINGH	28-12-1996	534	LOVEPREET SINGH	23-05-2001	
	535	MANINDER SINGH	22-08-2002	546	HARPREET SINGH.	19-12-1997	
6	GOA H			GOA			<b>3:30.21</b>
	209	D PARSHURAM CHALWAD	30-01-2002	202	MANGAL KUMAR	07-04-2002	
	205	Y MAHESH GAONKAR	12-05-2006	212	R RAGHUNATH GAONKAI	04-12-2001	
	KARNATAKA B			KARNATAKA			<b>DNS</b>
	327	MAHANTESH .	03-04-2002	333	YASHAS PALAKSHA	08-12-2001	
	339	SHASHIKANTH V A	24-06-2002	326	BALAKRISHNA .	29-01-2003	
	HARYANA A			HARYANA			<b>DQ</b>
	264	SUMIT CHAHAL	18-01-2003	273	PARVEEN KUMAR	07-01-2000	Bib no 273 Dope offence
	272	MOHIT KUMAR	01-09-1997	278	VIKRANT PANCHAL	30-01-2000	

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**Event # 21 MENS 20Km Race Walk**

# NR.:AKSHDEEP SINGH RANCHI 1:19.55 14/02/2023

% MR.:GURMEET SINGH RANCHI 1:23.26 2011

1	SURAJ PANWAR	744	02/04/01	UTTARAKHAND	1:27:43.00
2	SERVIN .	588	05/11/99	SERVICES	1:27:44.00
3	HARDEEP .	260	02/09/98	HARYANA	1:28:27.00
4	MUKESH NITHARWAL	576	04/06/00	RAJASTHAN	1:30:31.00
5	DHANANJAY YADAV	633	05/07/98	SERVICES	1:30:59.00
6	VIJAY OMKAR VISHWAKARM	208	11/10/99	GOA	1:31:43.00
7	ARSHPREET SINGH	518	22/11/00	PUNJAB	1:32:00.00
8	IRFAN K T	380	08/02/90	KERALA	1:36:41.00
	FARMAN ALI	715	06-08-01	UTTAR PRADESH	DQ
					Dope offence
	NINGTHOUKHONGJA WILLIA	475	05/03/02	MANIPUR	DNF
	BILIN GEORGE ANTO	375	05/11/04	KERALA	DNF
	JASPAL SINGH	301	19/11/98	JHARKHAND	DNF
	SANDEEP KUMAR SANGWAN	275	16/12/86	HARYANA	DNF
	TANISH VATS	177	05/12/00	DELHI	DNF
	PARAMJEET SINGH BISHT	745	03/03/02	UTTARAKHAND	DNS

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**Event # 22 WOMENS 100m Run**

# NR.:DUTEE CHAND PATIALA 11.17 21/06/2021

% MR.:ARCHANA SUSEENDRAN GANDHINAGAR 11.41 2022

**RESULTS OF FINALS Heat 1**

1	SNEHA SS	324	05-07-98	KARNATAKA	+1.0m/s ne	<b>11.45</b>
2	SRABANI NANDA	482	07/05/91	ODISHA	+1.0m/s ne	<b>11.50</b>
3	GIRIDHARANI R	648	07/07/01	TAMIL NADU	+1.0m/s ne	<b>11.58</b>
4	DANESHWARI A T	303	14/08/00	KARNATAKA	+1.0m/s ne	<b>11.65</b>
5	SIMRAN DEEP KAUR	144	08/01/98	DELHI	+1.0m/s ne	<b>11.71</b>
6	NITHYA G	686	10/11/99	TELANGANA	+1.0m/s ne	<b>11.83</b>
7	ABINAYA RAJARAJAN	650	21/11/06	TAMIL NADU	+1.0m/s ne	<b>11.95</b>
	KAMALJEET KAUR	504	10-03-99	PUNJAB		<b>DQ</b>
					Dope offence	

**RESULTS OF PRELIMS Heat 1**

1	SRABANI NANDA	482	07/05/91	ODISHA	+0.9m/s n	<b>11.82</b>
2	ABINAYA RAJARAJAN	650	21/11/06	TAMIL NADU	+0.9m/s n	<b>11.86</b>
3	NANCY .	228	12/12/07	HARYANA	+0.9m/s n	<b>11.96</b>
4	SUDESHNA SHIVANKAR	456	09/09/03	MAHARASHTRA	+0.9m/s n	<b>11.98</b>
5	VIJAYA KUMARI	411	15/04/99	MADHYA PRADESH	+0.9m/s n	<b>12.28</b>
6	FAITH .	101	18/11/08	ANDAMAN & NICOBAR	+0.9m/s n	<b>14.30</b>
7	PADMAPRYA .	497	28/08/03	PONDICHERRY	+0.9m/s n	<b>14.32</b>

**RESULTS OF PRELIMS Heat 2**

1	GIRIDHARANI R	648	07/07/01	TAMIL NADU	+1.2m/s n	<b>11.62</b>
2	SIMRAN DEEP KAUR	144	08/01/98	DELHI	+1.2m/s n	<b>11.66</b>
3	CHELEMI PRATYUSHA	111	07/01/03	ANDHRA PRADESH	+1.2m/s n	<b>11.77</b>
4	HIMASHREE ROY	252	15/03/95	HARYANA	+1.2m/s n	<b>11.99</b>
5	AVANTIKA NARALE	450	11/07/03	MAHARASHTRA	+1.2m/s n	<b>12.11</b>
6	KUNIKA KRISHNA HARMALK	186	04/05/02	GOA	+1.2m/s n	<b>13.29</b>
	KAVERI L PATIL	317	11/06/00	KARNATAKA		<b>DQ</b>

**RESULTS OF PRELIMS Heat 3**

1	SNEHA SS	324	05-07-98	KARNATAKA	+0.7m/s n	<b>11.46</b>
2	DANESHWARI A T	303	14/08/00	KARNATAKA	+0.7m/s n	<b>11.61</b>
		11.602				
3	KAMALJEET KAUR	504	10-03-99	PUNJAB	+0.7m/s n	<b>11.61</b>
		11.610				
4	NITHYA G	686	10/11/99	TELANGANA	+0.7m/s n	<b>11.76</b>
5	ANJALI P D	356	22/03/01	KERALA	+0.7m/s n	<b>12.15</b>
6	FANJA DEVI	289	01/02/03	J&K	+0.7m/s n	<b>12.53</b>
	BHAVANI YADAV	114	19/12/98	ANDHRA PRADESH		<b>DQ</b>

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**Event # 23 WOMENS 200m Run**

# NR.:SARASWATI SAHA LUDHIANA 22.82 28/08/2002

% MR.:ARCHANA SUSEENDRAN GANDHINAGAR 23.06 2022

**RESULTS OF FINALS Heat 1**

1	SRABANI NANDA	482	07/05/91	ODISHA	+1.5m/s n	<b>23.69</b>
2	JYOTHI YARRAJI	115	28/08/99	ANDHRA PRADESH	+1.5m/s n	<b>23.95</b>
3	SIMRAN DEEP KAUR	144	08/01/98	DELHI	+1.5m/s n	<b>23.99</b>
4	DANESHWARI A T	303	14/08/00	KARNATAKA	+1.5m/s n	<b>24.25</b>
5	CHELEMI PRATYUSHA	111	07/01/03	ANDHRA PRADESH	+1.5m/s n	<b>24.46</b>
6	ANJALI P D	356	22/03/01	KERALA	+1.5m/s n	<b>24.83</b>
	KAMALJEET KAUR	504	10-03-99	PUNJAB		<b>DQ</b>
					Dope offence	
	SHABNAM .	140	11/08/99	DELHI		<b>DNS</b>

**RESULTS OF PRELIMS Heat 1**

1	JYOTHI YARRAJI	115	28/08/99	ANDHRA PRADESH	+1.0m/s n	<b>24.15</b>
2	SIMRAN DEEP KAUR	144	08/01/98	DELHI	+1.0m/s n	<b>24.17</b>
3	ANJALI P D	356	22/03/01	KERALA	+1.0m/s n	<b>24.44</b>
4	SUDESHNA SHIVANKAR	456	09/09/03	MAHARASHTRA	+1.0m/s n	<b>24.82</b>
5	SHIVANI P	647	26/12/01	TAMIL NADU	+1.0m/s n	<b>25.07</b>
6	SAKSHI KISAN KOLEKAR	184	03/10/03	GOA	+1.0m/s n	<b>27.55</b>
	PRACHI .	690	20/12/96	UTTAR PRADESH		<b>DNS</b>

**RESULTS OF PRELIMS Heat 2**

1	SRABANI NANDA	482	07/05/91	ODISHA	+0.8m/s n	<b>23.97</b>
2	KAMALJEET KAUR	504	10-03-99	PUNJAB	+0.8m/s n	<b>24.07</b>
3	DANESHWARI A T	303	14/08/00	KARNATAKA	+0.8m/s n	<b>24.31</b>
4	CHELEMI PRATYUSHA	111	07/01/03	ANDHRA PRADESH	+0.8m/s n	<b>24.44</b>
5	SHABNAM .	140	11/08/99	DELHI	+0.8m/s n	<b>24.48</b>
6	AKSHAYA S	653	17/11/04	TAMIL NADU	+0.8m/s n	<b>25.55</b>
7	ANU RAGHAVAN	359	20/04/93	KERALA	+0.8m/s n	<b>26.13</b>

**Event # 24 WOMENS 400m Run**

# NR.:HIMA DAS JAKARTA 50.79 26/08/2018

% MR.:AISHWARYA MISHRA GANDHINAGAR 52.50 2022

1	VITHYA RAMRAJ	652	20/09/98	TAMIL NADU		<b>52.85</b>
2	JYOTHIKASRI D	106	16/07/00	ANDHRA PRADESH		<b>53.48</b>
3	JISNA MATHEW	353	07/01/99	KERALA		<b>54.40</b>
4	KUNJA RAJITHA	112	05/01/03	ANDHRA PRADESH		<b>55.42</b>
5	SIMARJEET KAUR	508	05/10/01	PUNJAB		<b>55.46</b>
6	GOWRI NANDANA	355	26/03/02	KERALA		<b>55.79</b>
7	SUKHWINDER KAUR	509	15/04/94	PUNJAB		<b>56.18</b>
8	SWIZEL D SOUZA	181	20/03/03	GOA		<b>1:06.12</b>
	PRACHI .	690	20/12/96	UTTAR PRADESH		<b>DNS</b>

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**Event # 25 WOMENS 800m Run**

# NR.:TINTU LUKA SPLIT 1:59.17 4/09/2010

% MR.:CHANDA KM GANDHINAGAR 2:01.58 2022

**RESULTS OF FINALS Heat 1**

1	CHANDA KM	146	16/08/01	DELHI	2:01.74
2	YAMUNA LADKAT	449	20/04/98	MAHARASHTRA	2:03.24
3	POOJA ..	239	17/06/02	HARYANA	2:03.69
4	ASHAKIRAN BARLA	291	01/10/06	JHARKHAND	2:03.93
5	VIJAYAKUMARI G K	311	05/08/96	KARNATAKA	2:08.93
6	HUIDROM DEVI	473	01/02/04	MANIPUR	2:09.23
7	LILI DAS	747	18/03/98	WEST BENGAL	2:09.79
8	KAVITHA V	658	15/06/98	TAMIL NADU	2:12.92

**RESULTS OF PRELIMS Heat 1**

1	CHANDA KM	146	16/08/01	DELHI	2:07.28
2	LILI DAS	747	18/03/98	WEST BENGAL	2:07.56
3	VIJAYAKUMARI G K	311	05/08/96	KARNATAKA	2:07.66
4	POOJA ..	239	17/06/02	HARYANA	2:08.00
5	HUIDROM DEVI	473	01/02/04	MANIPUR	2:12.54
6	TAI HIRAMAN BAMHANE	443	02/02/02	MAHARASHTRA	2:13.39
7	AYAN SOARES	193	02/07/05	GOA	2:37.57

**RESULTS OF PRELIMS Heat 2**

1	YAMUNA LADKAT	449	20/04/98	MAHARASHTRA	2:13.66
2	ASHAKIRAN BARLA	291	01/10/06	JHARKHAND	2:14.40
3	KAVITHA V	658	15/06/98	TAMIL NADU	2:14.91
4	ARPITHA E B	309	22/07/01	KARNATAKA	2:15.78
5	LAVIKA SHARMA	149	22/05/03	DELHI	2:18.17
6	SHIVANKI AWASTHI	693	05/07/03	UTTAR PRADESH	2:19.10

**Event # 26 WOMENS 1500m Run**

# NR.:HARMILAN BAINS WARANGAL 4:05.39 16/09/2021

% MR.:K.C ROSAKUTTY BANGALORE 4:14.46 1997

1	LILI DAS	747	18/03/98	WEST BENGAL	4:15.70
2	CHANDA KM	146	16/08/01	DELHI	4:15.86
3	ANKITA ..	735	05/02/02	UTTARAKHAND	4:16.20
4	POOJA ..	239	17/06/02	HARYANA	4:18.37
5	HUIDROM DEVI	473	01/02/04	MANIPUR	4:20.56
6	SNEHA MALIK	249	05-09-04	HARYANA	4:22.77
7	CHITRA P U	358	09/06/95	KERALA	4:24.81
8	LAXITA VINOD SANDILEA	220	13/02/05	GUJARAT	4:30.88
9	CHAITRA DEVADIGA	308	13/10/99	KARNATAKA	4:35.65
10	SMITHA D R	307	09/12/00	KARNATAKA	4:38.26
11	ANISHA ..	734	04/08/04	UTTARAKHAND	4:39.09
12	KANEEJO .	285	01/09/98	HIMACHAL PRADESH	4:47.92
13	SUNITA RAMU KUMARI	191	18/08/02	GOA	5:48.39
	DEEKSHA KM	410	01/01/99	MADHYA PRADESH	DNS
	HARMILAN KAUR	503	23/07/98	PUNJAB	DNS
	MONIKA CHOUDHARY	697	28/06/94	UTTAR PRADESH	DNS



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# NR.:PARUL CHAUDHARY WALNUT 15:10.35 06/05/2023

% MR.:O.P. JAISHA THIRUVANANTHAPURAM 15:31.37 2015

1	SEEMA .	286	10/01/01	HIMACHAL PRADESH	15:44.05
2	SANJIVANI JADHAV	446	12/07/96	MAHARASHTRA	15:50.33
3	POONAM SONUNE	457	04/04/00	MAHARASHTRA	16:42.84
4	NEHA PANWAR	704	05-07-03	UTTAR PRADESH	16:46.39
5	SUPRITI KACHHAP	293	03/04/03	JHARKHAND	17:00.29
6	KAVITA YADAV	712	08/11/98	UTTAR PRADESH	17:02.07
7	BASANTI KUMARI	294	10/01/02	JHARKHAND	17:37.68
8	MEENU SHARMA	738	15/04/99	UTTARAKHAND	17:39.80
9	RUKHMANI SAHU	133	06/06/98	CHHATTISGARH	18:01.48
10	NISHA KUMARI	147	04/04/05	DELHI	18:06.26
11	SAPNA PATEL	188	10/03/99	GOA	19:17.63
	BHARTI .	225	01/01/97	HARYANA	DNS
	ANKITA ..	735	05/02/02	UTTARAKHAND	DNF
	DRASHTI CHAUDHARI	218	16/08/03	GUJARAT	DQ
				Dope offence	
	GLORIFY KURBAH	476	07/05/02	MEGHALAYA	DNF
	PARUL CHAUDHARY	695	15/04/95	UTTAR PRADESH	DNS

**Event # 28 WOMENS 10000m Run**

# NR.:P.SREEDHARAN GUANGZHOU 31:50.47 21/11/2010

% MR.:O.P. JAISHA THIRUVANANTHAPURAM 33:08.55 2015

1	SEEMA .	286	10/01/01	HIMACHAL PRADESH	33:20.75
2	SANJIVANI JADHAV	446	12/07/96	MAHARASHTRA	33:32.27
3	POONAM SONUNE	457	04/04/00	MAHARASHTRA	34:29.71
4	PHOOLAN PAL	702	05/01/96	UTTAR PRADESH	34:44.69
5	PRAJKTA PARASHARAM SHIN	451	05/04/02	MAHARASHTRA	35:02.81
6	SUPRITI KACHHAP	293	03/04/03	JHARKHAND	36:39.19
7	CHANDRAKALA SHARMA	634	22/01/98	SIKKIM	36:56.95
8	SONIYA .	733	25/07/00	UTTARAKHAND	37:14.07
9	BASANTI KUMARI	294	10/01/02	JHARKHAND	37:44.54
10	NEETU KUMARI	700	06/07/96	UTTAR PRADESH	38:15.80
11	TASHI LADOL	400	01/08/01	LADAKH	40:51.08
12	JOTI MANE	122	04/10/01	ARUNACHAL PRADESH	41:41.77
	KAVITA YADAV	712	08/11/98	UTTAR PRADESH	DNF
	BHARTI .	225	01/01/97	HARYANA	DNF
	CHATRU .	547	05/07/01	RAJASTHAN	DNF
	SONIKA .	235	12/06/99	HARYANA	DNS

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**Event # 29 WOMENS 100m Hurdles**

# NR.:JYOTHI YARRAJI CHENGDU 12.78 04/08/2023

% MR.:JYOTHI YARRAJI GANDHINAGAR 13.30 2022

**RESULTS OF FINALS Heat 1**

1	JYOTHI YARRAJI	115	28/08/99	ANDHRA PRADESH	+0.1m/s e	<b>13.22 %</b>
2	NITHYA RAMRAJ	651	20/09/98	TAMIL NADU	+0.1m/s e	<b>13.36</b>
3	SAPNA KUMARI	296	13/08/99	JHARKHAND	+0.1m/s e	<b>13.42</b>
4	PRAGYAN SAHU	483	19/12/99	ODISHA	+0.1m/s e	<b>13.51</b>
5	ANJALI C	306	05/07/00	KARNATAKA	+0.1m/s e	<b>13.64</b>
6	PRANJALI PATIL	453	23/01/03	MAHARASHTRA	+0.1m/s e	<b>13.72</b>
7	MEDHA KAMATH	314	04/12/97	KARNATAKA	+0.1m/s e	<b>14.15</b>
	MOUMITA MONDAL	750	09/12/01	WEST BENGAL		<b>DQ</b>

**RESULTS OF PRELIMS Heat 1**

1	JYOTHI YARRAJI	115	28/08/99	ANDHRA PRADESH	-0.5m/s se	<b>13.33</b>
2	SAPNA KUMARI	296	13/08/99	JHARKHAND	-0.5m/s se	<b>13.68</b>
3	ANJALI C	306	05/07/00	KARNATAKA	-0.5m/s se	<b>13.75</b>
4	PRANJALI PATIL	453	23/01/03	MAHARASHTRA	-0.5m/s se	<b>13.86</b>
5	MOUMITA MONDAL	750	09/12/01	WEST BENGAL	-0.5m/s se	<b>14.01</b>
6	UNNATHI AIYAPPA	304	05/06/05	KARNATAKA	-0.5m/s se	<b>14.30</b>
7	ANN ROSE TOMY	361	25/02/02	KERALA	-0.5m/s se	<b>14.41</b>

**RESULTS OF PRELIMS Heat 2**

1	PRAGYAN SAHU	483	19/12/99	ODISHA	+0.3m/s ne	<b>13.48</b>
2	NITHYA RAMRAJ	651	20/09/98	TAMIL NADU	+0.3m/s ne	<b>13.54</b>
3	MEDHA KAMATH	314	04/12/97	KARNATAKA	+0.3m/s ne	<b>14.19</b>
4	PRATHIBA KUMARI	295	06/01/01	JHARKHAND	+0.3m/s ne	<b>14.27</b>
5	RUCHITA NAMAYI	687	05/05/04	TELANGANA	+0.3m/s ne	<b>14.76</b>
6	SOWMIYA MURUGAN	110	25/03/96	ANDHRA PRADESH	+0.3m/s ne	<b>14.79</b>
7	SHIMRON NATHAN	187	07/06/02	GOA	+0.3m/s ne	<b>16.40</b>

**Event # 30 WOMENS 400m Hurdles**

# NR.:P.T. USHA LOS ANGELES 55.42 8/08/1984

% MR.:VITHYA RAMRAJ GANDHINAGAR 56.57 2022

**RESULTS OF FINALS Heat 1**

1	VITHYA RAMRAJ	652	20/09/98	TAMIL NADU		<b>56.88</b>
2	VEERPAL KAUR	511	05/03/94	PUNJAB		<b>58.96</b>
3	NANHI .	229	16/10/99	HARYANA		<b>59.02</b>
4	DHIVYA J	641	31/01/98	TAMIL NADU		<b>59.60</b>
5	ANUSHKA DATTARAY	444	04/05/05	MAHARASHTRA		<b>1:01.30</b>
6	RAJI AUSTIN	343	01/08/88	KERALA		<b>1:01.99</b>
7	VANDANA SHARMA	419	08/09/98	MADHYA PRADESH		<b>1:02.48</b>
	SINCHAL KAVERAMMA	315	05/02/01	KARNATAKA		<b>DNS</b>

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1	VITHYA RAMRAJ	652	20/09/98	TAMIL NADU	<b>57.59</b>
2	NANHI .	229	16/10/99	HARYANA	<b>1:01.56</b>
3	ANUSHKA DATTARAY	444	04/05/05	MAHARASHTRA	<b>1:01.84</b>
4	PRAJNA K	313	05/07/01	KARNATAKA	<b>1:02.01</b>
5	SHREEYA RAJESH	320	15/05/05	KARNATAKA	<b>1:02.53</b>
6	MOUMI JANA	748	23/08/04	WEST BENGAL	<b>1:03.25</b>
7	RAMANDEEP KAUR	506	20/12/03	PUNJAB	<b>1:03.28</b>
8	GEETA DEVASI	557	12/03/03	RAJASTHAN	<b>1:04.11</b>
9	ANU RAGHAVAN	359	20/04/93	KERALA	<b>1:11.33</b>

**RESULTS OF PRELIMS Heat 2**

1	VEERPAL KAUR	511	05/03/94	PUNJAB	<b>1:00.36</b>
2	DHIVYA J	641	31/01/98	TAMIL NADU	<b>1:00.63</b>
3	SINCHAL KAVERAMMA	315	05/02/01	KARNATAKA	<b>1:00.67</b>
4	VANDANA SHARMA	419	08/09/98	MADHYA PRADESH	<b>1:01.80</b>
5	RAJI AUSTIN	343	01/08/88	KERALA	<b>1:01.85</b>
6	SHRAVANI SACHIN SANGLE	454	16/11/05	MAHARASHTRA	<b>1:02.95</b>
7	NEHA ..	499	30-06-02	PUNJAB	<b>1:03.32</b>
	SIMMY .	234	22/09/03	HARYANA	<b>DNF</b>

**Event # 31 WOMENS 3000m Steeplechase**

# NR.:PARUL CHAUDHARY BUDAPEST 9:15.31 27/08/2023

% MR.:LALITA BABAR THIRUVANANTHAPURAM 9:42.63 2015

1	PREETI LAMBA	247	18/12/95	HARYANA	<b>10:19.78</b>
2	KOMAL JAGADALE	447	26/01/99	MAHARASHTRA	<b>10:21.66</b>
3	BHAGYASHREE .	217	20/12/01	GUJARAT	<b>10:30.79</b>
4	SUSMITA TIGGA	485	25/12/03	ODISHA	<b>10:41.10</b>
5	RIYA DOHATARE	445	11/12/01	MAHARASHTRA	<b>10:43.25</b>
6	REBI PAL	703	12/12/01	UTTAR PRADESH	<b>10:47.44</b>
7	BHAGWATI DEORA	556	05/06/03	RAJASTHAN	<b>10:58.23</b>
8	MANEESHA .	404	04/12/01	MADHYA PRADESH	<b>11:18.79</b>
9	VAISHNAVI VILASRAO SAWA	458	05/03/01	MAHARASHTRA	<b>11:30.40</b>
10	GEETHANJALI A	637	16/12/04	TAMIL NADU	<b>11:37.57</b>
11	SWETHA K	351	24/07/98	KERALA	<b>11:38.06</b>
12	MONIKA ..	551	01/07/04	RAJASTHAN	<b>11:44.12</b>
13	ANJALI .	731	10/03/99	UTTARAKHAND	<b>11:49.68</b>
14	VANDANA PATEL	189	05/07/05	GOA	<b>11:53.61</b>
15	KEERTHANA C	685	12/06/06	TELANGANA	<b>13:40.07</b>
	PARUL CHAUDHARY	695	15/04/95	UTTAR PRADESH	<b>DNS</b>
	SONAM .	141	18/12/04	DELHI	<b>DNS</b>

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**Event # 32 WOMENS High Jump**

# NR.:SAHANA KUMARI HYDERABAD 1.92 23/06/2012

% MR.:SWAPNA BARMAN GANDHINAGAR 1.83 2022

1	POOJA ...	240	21/02/07	HARYANA	1.80m
2	MOHUR MUKHERJEE	751	13/11/06	WEST BENGAL	1.74m
3	ANGEL P DEVASIA	357	06/12/94	KERALA	1.74m
4	MANSHI .	689	05/09/02	UTTAR PRADESH	1.71m
4	PAYAL JAMOD	219	05/12/03	GUJARAT	1.71m
6	SALIHA .	340	14/09/02	KERALA	1.71m
7	PALLAVI S PATIL	321	12/09/02	KARNATAKA	1.71m
8	GIJI GEORGE STEPHEN	640	30/12/00	TAMIL NADU	1.68m
9	KHYATI MATHUR	701	02/09/03	UTTAR PRADESH	1.68m

**Event # 33 WOMENS Pole Vault**

# NR.:ROSE MEENA PAULRAJ BENGALURU 4.21 15/10/2022

% MR.:ROSY MEENA PAULRAJ GANDHINAGAR 4.20 2022

1	BARANICA ELANGOVAN	639	03/02/97	TAMIL NADU	3.90m
2	PAVITHRA VENKATESH	659	08/12/01	TAMIL NADU	3.80m
2	MARIYA JAISON	347	05/09/97	KERALA	3.80m
4	SINDHUSHREE G	310	23/10/00	KARNATAKA	3.70m
5	VANSHIKA GHANGHAS	243	08/10/05	HARYANA	3.70m
6	NISHA BANU A	305	24/01/97	KARNATAKA	3.50m
	NITIKA ANUP AKARE	405	31/12/05	MADHYA PRADESH	NM
	BHAVYA JAIN	408	05/03/05	MADHYA PRADESH	NM
	BABITA PATEL	413	12/08/00	MADHYA PRADESH	NM
	NIDHI .	230	20/02/04	HARYANA	NM

**Event # 34 WOMENS Long Jump**

# NR.:ANJU B. GEORGE ATHENS 6.83 27/08/2004

% MR.:ANJU B. GEORGE LUDHIANA 6.61 2001

1	ANCY SOJAN E	363	01/03/01	KERALA	+0.0m/s	6.53m
		6.37, 6.16, 6.51, 6.37, 6.53, 6.50				
2	NAYANA JAMES	348	18/10/95	KERALA	+0.1m/s	6.52m
		6.23, 6.36, 6.24, 6.43, 6.40, 6.52				
3	MOUMITA MONDAL	750	09/12/01	WEST BENGAL	+0.0m/s	6.41m
		X, 6.22, 6.20, 6.14, 6.41, 6.32				
4	BHAVANI YADAV	114	19/12/98	ANDHRA PRADESH	+0.0m/s	6.38m
5	KUSUMA RAVADA	113	05/09/01	ANDHRA PRADESH	+0.0m/s	6.10m
6	KARTHIKA G	107	02/01/96	ANDHRA PRADESH	+0.0m/s	5.98m
7	DEEPANSHI SINGH	709	03/04/01	UTTAR PRADESH	+0.0m/s	5.81m
8	PRIYA RATHORE	562	25/06/98	RAJASTHAN	+0.0m/s	5.79m
9	MANISHA MEREL	481	05/07/01	ODISHA	+0.0m/s	5.75m
10	PUNITHA R	649	13/04/00	TAMIL NADU	+0.0m/s	5.73m
	SHERIN A	638	24/02/00	TAMIL NADU		DNS
	SUSMITA .	549	23/12/04	RAJASTHAN		DNS

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# NR.:MAYOOKHA JOHNY KOBE 14.11 9/07/2011

% MR.:ANJU B GEORGE HYDERABAD 13.67 2002

1	SHEENA N V	354	22/11/92	KERALA	+0.0m/s	<b>13.49m</b>
		13.38, 13.49, 13.03, 13.36, 13.36, X				
2	NAYANA JAMES	348	18/10/95	KERALA	+0.0m/s	<b>13.18m</b>
		12.63, 12.95, 12.90, 12.68, 13.18, 12.87				
3	MALLALA ANUSHA	105	10/07/02	ANDHRA PRADESH	+0.0m/s	<b>13.16m</b>
		12.81, 13.16, 12.92, 13.12, 12.94, 12.89				
4	BABISHA P	646	26/12/01	TAMIL NADU	+0.0m/s	<b>12.94m</b>
5	SHARVARI PARULEKAR	452	21/03/02	MAHARASHTRA	+0.0m/s	<b>12.94m</b>
6	BHAIRABI ROY	752	05/02/95	WEST BENGAL	+0.0m/s	<b>12.78m</b>
7	SONAM KM	699	15/05/98	UTTAR PRADESH	+0.0m/s	<b>12.68m</b>
8	POORVA SAWANT	455	23/01/03	MAHARASHTRA	+0.1m/s	<b>12.60m</b>
9	MIMANSA DAHIYA	241	03/12/01	HARYANA	+0.0m/s	<b>12.44m</b>
10	RENU GREWAL	244	12/12/98	HARYANA	+0.0m/s	<b>12.44m</b>
11	NIHARIKA VASHISHT	514	17/10/95	PUNJAB	+0.1m/s	<b>12.21m</b>
	GAYATHRY SIVAKUMAR	362	26/02/01	KERALA		<b>NM</b>
	KARTHIKA G	107	02/01/96	ANDHRA PRADESH		<b>DNS</b>

**Event # 36 WOMENS Shot Put**

# NR.:MANPREET KAUR CHENNAI 18.06 11/06/2022

% MR.:KIRAN BALIYAN GANDHINAGAR 17.14 2022

1	ABHA KHATUA	448	09/07/95	MAHARASHTRA		<b>17.09m</b>
		X, 15.61, 17.09, X, X, 16.64				
2	MANPREET KAUR	245	06/07/90	HARYANA		<b>16.24m</b>
		16.24, X, X, 15.70, X, X				
3	MANPREET KAUR JR.	512	05/03/96	PUNJAB		<b>15.78m</b>
		X, 14.80, 14.78, 15.78, X, 15.56				
4	SRISHTI VIG	150	15/07/95	DELHI		<b>15.07m</b>
5	VIDHI .	692	27/12/04	UTTAR PRADESH		<b>14.80m</b>
6	NIDHI PAWAIYA	414	07/07/97	MADHYA PRADESH		<b>14.27m</b>
7	SHIKSHA .	233	12/12/02	HARYANA		<b>14.03m</b>
8	KACHNAR CHAUDHARY	554	17/05/99	RAJASTHAN		<b>13.61m</b>
	KIRAN BALIYAN	694	06/03/99	UTTAR PRADESH		<b>DNS</b>
	PARAMJOT KAUR	505	16/11/00	PUNJAB		<b>DNS</b>

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**Event # 37 WOMENS Discus Throw**

# NR.:KAMALPREET KAUR PATIALA 66.59 21/06/2021

% MR.:HARWANT KAUR LUDHIANA 55.45 2001

1	SEEMA PUNIA	706	27/07/83	UTTAR PRADESH	52.51m
		51.64, 52.29, X, 52.51, 51.65, X			
2	NIDHI ..	238	05/01/97	HARYANA	51.69m
		X, 49.19, 49.83, 49.20, 48.95, 51.69			
3	NEETIKA VERMA	711	05/03/01	UTTAR PRADESH	51.27m
		50.41, 51.27, 49.90, 49.22, 47.88, 51.24			
4	SHWETA SINGH	255	25/03/02	HARYANA	47.98m
5	KIRAN .	548	01/07/03	RAJASTHAN	47.61m
6	SUNITA DEVI	242	20/03/00	HARYANA	47.34m
7	ANISHA .	136	03/07/05	DELHI	46.86m
8	SHALINI CHAUDHARY	407	10/11/02	MADHYA PRADESH	46.25m
9	ANUSHA YADAV	151	05/04/03	DELHI	44.54m
10	BHAVANA YADAV	152	09/04/99	DELHI	44.34m
11	BHARTI KUMARI	559	29/10/02	RAJASTHAN	40.74m
12	SALMI KISPOTTA	480	13/01/99	ODISHA	39.34m
	ARSHDEEP KAUR	502	07/01/05	PUNJAB	DNS
	PARAMJOT KAUR	505	16/11/00	PUNJAB	DNS

**Event # 38 WOMENS Hammer Throw**

# NR.:SARITA SINGH PATIALA 65.25 1/06/2017

% MR.:HARDEEP KAUR LUDHIANA 61.56 2001

1	TANYA CHAUDHARY	696	21/09/03	UTTAR PRADESH	62.47m %
		42.69, 49.79, 58.39, 62.47, 61.51, 54.47			
2	MANJU BALA SINGH	552	01/07/89	RAJASTHAN	60.27m
		60.14, 56.69, 60.27, 59.12, X, 60.24			
3	MANPREET KAUR.	513	19/08/98	PUNJAB	58.69m
4	SARITA R SINGH	710	05/10/89	UTTAR PRADESH	58.02m
5	VARSHA .	143	07/02/99	DELHI	57.90m
6	ANMOL KAUR	501	04/01/92	PUNJAB	57.50m
7	RENU .	232	06/03/94	HARYANA	54.85m
8	REKHA SINGH	739	30/12/97	UTTARAKHAND	54.19m
9	DIVYA SHANDILYA	484	05/07/98	ODISHA	52.79m
10	KULVINDER KAUR	558	15/02/98	RAJASTHAN	52.20m
	RACHANA .	691	01/03/93	UTTAR PRADESH	DQ

Dope offence

X, 57.25, 59.85, X, X, X

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**Event # 39 WOMENS Javelin Throw**

# NR.:ANNU RANI JAMSHEDPUR 63.82 8/05/2022

% MR.:SUMAN DEVI THIRUVANANTHAPURAM 56.53 2015

1	SHILPA RANI	251	15/06/96	HARYANA	54.82m
		49.81, X, 50.59, 54.82, 47.71, p			
2	PRIYANKA SINGH	254	04/04/97	HARYANA	53.75m
		50.63, 50.12, 50.97, 50.05, 53.39, 53.75			
3	RASHMI K SHETTY	108	24/11/93	ANDHRA PRADESH	52.55m
		48.87, 52.01, 52.55, 52.53, X, 50.33			
4	JYOTI ..	237	05/04/02	HARYANA	51.66m
5	KARISHMA S SANIL	322	04/06/00	KARNATAKA	51.42m
6	SHAKSHI SHARMA	708	09/02/02	UTTAR PRADESH	47.43m
7	HEMAMALINI N	644	12/04/00	TAMIL NADU	46.72m
8	ANJANI KUMARI	127	01/01/00	BIHAR	46.12m
9	UMA CHOUDHARY	555	04/10/99	RAJASTHAN	44.51m
10	SOWMYAVATHI M	642	26/12/01	TAMIL NADU	43.59m
	ANNU RANI	707	29/08/92	UTTAR PRADESH	DNS

**Event # 40 WOMENS 4x100m Relay**

# NR.:NATIONAL TEAM PATIALA 43.37 21/06/2021

% MR.:KERALA TEAM THIRUVANANTHAPURAM 45.26 2015

1	ANDHRA PRADESH A		ANDHRA PRADESH	45.61
	111 CHELEMI PRATYUSHA	07-01-2003	114 BHAVANI YADAV	19-12-1998
	109 L MADHU KAVYA REDDY	02-04-2002	115 JYOTHI YARRAJI	28-08-1999
2	KARNATAKA C		KARNATAKA	46.22
	314 MEDHA KAMATH	04-12-1997	303 DANESHWARI A T	14-08-2000
	306 ANJALI C	05-07-2000	324 SNEHA SS	05-07-1998
3	TAMIL NADU G		TAMIL NADU	46.26
	653 AKSHAYA S	17-11-2004	650 ABINAYA RAJARAJAN	21-11-2006
	645 MARIYA NIVETHA	28-08-2003	648 GIRIDHARANI R	07-07-2001
4	MADHYA PRADESH E		MADHYA PRADESH	48.09
	418 DURGA SEN	05-07-2005	412 SHIVKANYA MUKATI	01-03-2004
	417 IUDI PRASAR	07-05-1992	411 VIJAYA KUMARI	15-04-1999
	GOA H		GOA	DNF
	184 S KISAN KOLEKAR	03-10-2003	182 P DEEPAK LOLYEKAR	23-01-2005
	187 SHIMRON NATHAN	07-06-2002	186 K KRISHNA HARMALKAR	04-05-2002
	ODISHA F		ODISHA	DNF
	478 SUKHI BASKEY	02-11-2002	483 PRAGYAN SAHU	19-12-1999
	486 SABITA TOPPO	06-04-2005	482 SRABANI NANDA	07-05-1991
	KERALA D		KERALA	DO
	366 NEHA V	07-04-2004	356 ANJALI P D	Bib no. 366 Dope offence 22-03-2001
	360 REMAYA RAJAN	03-07-1996	342 SHILBI A P	16-05-1996
	DELHI B		DELHI	DO
	142 TANISHA .	12-04-2004	139 RITIKA .	T.R 24.7 18-01-2001
	145 RANGA K	24-05-1995	144 SIMRAN DEEP KAUR	08-01-1998

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**Event # 41 WOMENS 4x400m Relay**

# NR.:NATIONAL TEAM ATHENS 3:26.89 27/08/2004

% MR.:TAMIL NADU TEAM GANDHINAGAR 3:35.32 2022

1	ANDHRA PRADESH A			ANDHRA PRADESH			<b>3:37.94</b>
	112 KUNJA RAJITHA	05-01-2003		111 CHELEMI PRATYUSHA	07-01-2003		
	103 M SIREESHA .	05-06-2003		106 JYOTHIKASRI D	16-07-2000		
2	TAMIL NADU F			TAMIL NADU			<b>3:38.53</b>
	656 AKSHAYA SHRI	20-11-2002		636 SUMATHIRA .	23-08-2001		
	641 DHIVYA J	31-01-1998		652 VITHYA RAMRAJ	20-09-1998		
3	KERALA D			KERALA			<b>3:38.79</b>
	345 LINET GEORGE	09-03-1999		355 GOWRI NANDANA	26-03-2002		
	365 JAMSHEELA T J	13-05-2001		353 JISNA MATHEW	07-01-1999		
4	KARNATAKA C			KARNATAKA			<b>3:39.75</b>
	318 INCHARA N S	06-06-1997		758 POOVAMMA RAJU	05-05-1990		
	313 PRAJNA K	05-07-2001		315 SINCHAL KAVERAMMA	05-02-2001		
5	PUNJAB E			PUNJAB			<b>3:40.24</b>
	508 SIMARJEET KAUR	05-10-2001		511 VEERPAL KAUR	05-03-1994		
	507 RUSHDEEP KAUR	01-02-2002		509 SUKHWINDER KAUR	15-04-1994		
6	GOA G			GOA			<b>4:30.08</b>
	183 RUSHALA GAWANDER	23-07-2007		180 S CHANDRASHEKHAR NA	07-04-2004		
	178 A ASHOK GAONKAR	30-12-2002		185 K KRISHNA CHAWAN	13-04-2005		
	DELHI B			DELHI			<b>DNS</b>
	137 NEESHU .	29-10-1997		138 POOJA .	16-02-1998		
	140 SHABNAM .	11-08-1999		149 LAVIKA SHARMA	22-05-2003		



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29TH OCTOBER - 3RD NOVEMBER

30-10-2023

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Athletics Stadium, Bambolim (Goa)

**Event # 42 WOMENS 20Km Race Walk**

# NR.:PRIYANKA GOSWAMI RANCHI 1:28.45 13/02/2021

% MR.:MUNITA PRAJAPATI GANDHINAGAR 1:38.20 2022

1	PRIYANKA GOSWAMI	698	10/03/96	UTTAR PRADESH	1:36:35.00 %
2	SEJAL ANIL SINGH	442	05/08/03	MAHARASHTRA	1:41:13.00
3	MUNITA PRAJAPATI	705	15/01/02	UTTAR PRADESH	1:42:24.00
4	PAYAL .	732	05/05/99	UTTARAKHAND	1:44:13.00
5	PREETI .	231	05/02/02	HARYANA	1:45:11.00
6	MONIKA .	227	17/01/02	HARYANA	1:48:15.00
7	MOKAVI MUTHURATHINAM	643	09/07/02	TAMIL NADU	1:49:40.00
8	JYOTI .	226	01/11/02	HARYANA	1:51:33.00
9	MANSI NEGI	736	05/05/03	UTTARAKHAND	1:52:03.00
10	SANDRA SURENDRAN	364	26/06/02	KERALA	2:03:17.00
11	RESHMA PATEL	737	15/09/04	UTTARAKHAND	2:07:02.00
	JASLEEN .	129	08/09/01	CHANDIGARH	DNF
	VANDANA .	302	10/12/03	KARNATAKA	DNF
	POOJA KUMAWAT	560	02/12/99	RAJASTHAN	DNF
	SHIPHALI SHIVAJI NAIK	192	08/11/01	GOA	DNF
	NIKITA LAMBA	561	01/07/02	RAJASTHAN	DNF

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29TH OCTOBER - 3RD NOVEMBER

02-11-2023

Athletics Stadium, Bambolim (Goa)

**Event # 43 WOMENS Heptathlon**

MR.:

J.SHOBHA HYDE 5888 2002

NR.:

J.SHOBHA NEW 6211 17/03/2004

Place	Athlete	Total Points	100m Hurdles	High Jump	Shot Put	200m Dash	DAY ONE	Long Jump	Javelin Throw	800m Run	DAY TWO
<b>1</b>	<b>SOWMIYA MURUGAN (110)</b> ANDHRA PRADESH	7pt <b>5127</b>	14.54 903	1.56 689	12.21 675	26.03 795	<b>3062</b>	5.44 683	40.41 675	2:28.88 707	<b>2065</b>
<b>2</b>	<b>TANU . (236)</b> HARYANA	5pt <b>5037</b>	15.79 740	1.62 759	11.07 600	26.37 765	<b>2864</b>	5.48 694	43.58 736	2:26.05 743	<b>2173</b>
<b>3</b>	<b>SONU KUMARI (246)</b> HARYANA	4pt <b>5032</b>	14.83 864	1.62 759	11.08 600	26.53 751	<b>2974</b>	5.58 723	33.68 546	2:22.54 789	<b>2058</b>
<b>4</b>	<b>POOJA - (224)</b> HARYANA	3pt <b>4965</b>	15.31 801	1.65 795	10.86 586	26.60 745	<b>2927</b>	5.36 660	36.73 605	2:23.76 773	<b>2038</b>
<b>5</b>	<b>PAVANA NAGARAJ (319)</b> KARNATAKA	2pt <b>4948</b>	14.99 843	1.68 830	9.79 516	25.84 811	<b>3000</b>	6.16 899	28.30 444	2:37.20 605	<b>1948</b>
<b>6</b>	<b>DEEPIKA S (654)</b> TAMIL NADU	1pt <b>4773</b>	14.65 888	1.59 724	9.05 467	25.94 802	<b>2881</b>	5.55 715	28.61 450	2:27.27 727	<b>1892</b>
<b>7</b>	<b>ANAMIKA KA (352)</b> KERALA	<b>4766</b>	15.22 813	1.59 724	9.84 519	25.99 798	<b>2854</b>	5.31 645	30.23 481	2:22.76 786	<b>1912</b>
<b>8</b>	<b>TANUSHREE . (550)</b> RAJASTHAN	<b>4699</b>	15.46 782	1.65 795	8.46 429	27.16 699	<b>2705</b>	5.14 598	38.43 637	2:24.81 759	<b>1994</b>
<b>9</b>	<b>SONU BHALOTHIA (553)</b> RAJASTHAN	<b>4383</b>	16.60 642	1.56 689	11.47 626	27.35 683	<b>2640</b>	5.43 680	35.18 575	2:47.68 488	<b>1743</b>

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**Event # 43 WOMENS Heptathlon**

MR.: J.SHOBHA HYDE 5888 2002

NR.: J.SHOBHA NEW 6211 17/03/2004

Place	Athlete	Total Points	100m Hurdles	High Jump	Shot Put	200m Dash	DAY ONE	Long Jump	Javelin Throw	800m Run	DAY TWO
	SNEHAMOL GEORGE (346) KERALA	0	DNS 0	DNS 0	DNS 0						

## 37TH NATIONAL GAMES, GOA 2023-ATHLETICS

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31-10-2023

Athletics Stadium, Bambolim (Goa)

## Event # 51 MENS Decathlon

MR.:

U.KHAN GAND 7121 2022

NR.:

T.SHANKAR HANG 7666 03/10/2023

Place	Athlete	Total Points	100m Dash	Long Jump	Shot Put	High Jump	400m Dash	Day One	110m Hurdles	Discus Throw	Pole Vault	Javelin Throw	1500m Run	Day Two
1	TEJASWIN SHANKAR DELHI	7199	11.18 821	7.27 878	12.07 611	2.17 963	50.56 789	4062	15.07 841	35.87 581	3.70 535	45.23 518	4:42.88 662	3137
2	ROHIT ROMAN (617) SERVICES	6795	11.33 789	6.83 774	10.98 545	1.87 687	50.22 804	3599	15.38 804	33.06 525	4.00 617	49.47 581	4:41.83 669	3196
3	THOWFEEQ N (388) KERALA	6755	11.18 821	7.06 828	10.56 519	1.84 661	49.92 818	3647	16.44 684	32.58 515	4.30 702	48.53 567	4:46.48 640	3108
4	KUSHAL KUMAR (463) MAHARASHTRA	6511	11.36 782	6.67 736	10.40 510	1.84 661	50.10 810	3499	14.76 879	32.15 507	3.40 457	49.12 576	4:54.22 593	3012
5	MOHIT . (263) HARYANA	6348	11.80 691	6.47 691	10.62 523	1.75 585	52.82 689	3179	16.23 707	34.91 562	4.30 702	52.57 627	4:58.06 571	3169
6	RITIK SINGH SALATI J&K	5238	11.66 719	6.55 709	9.46 453	1.72 560	53.68 653	3094	17.38 585	29.30 451	NM 0	45.37 520	4:55.18 588	2144
	NEERAJ KUMAR YAD DELHI	0	11.87 677	6.96 804	10.28 502	1.93 740	53.67 653		15.47 794	35.88 581	3.60 509	52.26 622	DNS 0	2506
	GOKUL S (618) SERVICES	0	11.42 769	6.93 797	11.50 576	1.75 585	51.24 758		15.97 736	36.86 601	4.00 617	37.80 410	DNS 0	2364
	SUREN R (676) TAMIL NADU	0	11.35 784	6.72 748	11.76 592	1.87 687	52.54 701		15.30 814	34.87 561	3.90 590	34.84 368	DNS 0	2333
	NAVJOR SINGH (536) PUNJAB	0	11.64 723	6.60 720	10.64 524	1.72 560	53.86 645		DQ 0	DNS 0	DNS 0	DNS 0	No Result 0	

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## Event # 51 MENS Decathlon

MR.:

U.KHAN GAND 7121 2022

NR.:

T.SHANKAR HANG 7666 03/10/2023

Place	Athlete	Total Points	100m Dash	Long Jump	Shot Put	High Jump	400m Dash	Day One	110m Hurdles	Discus Throw	Pole Vault	Javelin Throw	1500m Run	Day Two
	<b>YAMANDEEP SHARM</b> RAJASTHAN	<b>0</b>	11.56 740	6.88 785	10.88 539	1.78 610	DNS 0		No Result 0	DNS 0	DNS 0	DNS 0	No Result 0	
	<b>STALIN JOES (666)</b> TAMIL NADU	<b>0</b>	11.34 786	NM 0	DNS 0	DNS 0	No Result 0		No Result 0	DNS 0	DNS 0	DNS 0	No Result 0	
	<b>USAID KHAN (719)</b> UTTAR PRADESH	<b>0</b>	DNS 0	DNS 0	DNS 0	DNS 0	No Result 0		No Result 0	DNS 0	DNS 0	DNS 0	No Result 0	

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**Event # 62 MIXED 4x400m Relay**

# NR.:NATIONAL TEAM HANGZHOU 3:14.34 02/10/2023

% MR.:HARYANA STATE TEAM GANDHINAGAR 3:19.29 2022

1	TAMIL NADU G			TAMIL NADU			<b>3:21.26</b>
	660	K.AVINASH .	03-12-2000	636	SUMATHIRA .	23-08-2001	
	679	KAVEN S K	20-11-2001	652	VITHYA RAMRAJ	20-09-1998	
2	KERALA C			KERALA			<b>3:21.54</b>
	389	ABHIRAM P	18-12-2005	355	GOWRI NANDANA	26-03-2002	
	379	RINCE JOSEPH	05-08-2002	353	JISNA MATHEW	07-01-1999	
3	MAHARASHTRA D			MAHARASHTRA			<b>3:23.20</b>
	461	R GAUTHAM KAMBLE	15-02-2002	449	YAMUNA LADKAT	20-04-1998	
	469	RAHUL RAMESH KADAM	03-10-1998	444	ANUSHKA DATTARAY	04-05-2005	
4	KARNATAKA B			KARNATAKA			<b>3:23.81</b>
	327	MAHANTESH .	03-04-2002	318	INCHARA N S	06-06-1997	
	326	BALAKRISHNA .	29-01-2003	758	POOVAMMA RAJU	05-05-1990	
5	PUNJAB F			PUNJAB			<b>3:25.74</b>
	535	MANINDER SINGH	22-08-2002	507	RUSHDEEP KAUR	01-02-2002	
	529	JAGMEET SINGH	28-12-1996	508	SIMARJEET KAUR	05-10-2001	
6	MADHYA PRADESH E			MADHYA PRADESH			<b>3:32.25</b>
	440	ANKIT TIWARI	22-12-1995	420	ANILA VENU	06-12-1998	
	436	AJIT SINGH	29-10-2002	419	VANDANA SHARMA	08-09-1998	
7	DELHI A			DELHI			<b>3:35.06</b>
	156	AMAN CHAUDHARY.	05-04-2006	137	NEESHU .	29-10-1997	
	154	JAINZBAJ .	01-01-2000	138	POOJA .	16-02-1998	
8	GOA H			GOA			<b>3:54.14</b>
	209	D PARSHURAM CHALWAD	30-01-2002	193	AYAN SOARES	02-07-2005	
	212	R RAGHUNATH GAONKAR	04-12-2001	181	SWIZEL D SOUZA	20-03-2003	