

**Qualification Standards for**  
**21<sup>st</sup> Asian U20 Junior Athletics Championships, Dubai, UAE**  
**24 To 27 April 2024**

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The Athletics Federation of India (AFI) is an apex body for controlling, promoting and managing the sport of Athletics in India. It is affiliated with the World Athletics (WA), Asian Athletics Association (AAA), Ministry of Youth Affairs and Sports (MYAS) and Indian Olympic Association (IOA). As declared in the Memorandum of Association of AFI in its Constitution, AFI is responsible for selecting and controlling the Indian Athletics Contingent for the Olympic Games, Commonwealth Games, Asian Games, South Asian Games and various other International competitions under the patronage of World Athletics, Asian Athletics Association and South Asian Athletics Federation.

It is mandatory to achieve the qualification standard fixed by the AFI failing which no athlete can be considered by the selection committee for selection.

The 22<sup>nd</sup> National Junior U20 Federation Athletics Championships is scheduled to take place from 8 to 10 March 2024, in Lucknow and will serve as the final competition for athletes to qualify for participation in the 21<sup>st</sup> Asian U20 Junior Athletics Championships.

AFI follows NO NEEDLE POLICY and all Athletes are required to adhere to AFI's NO NEEDLE POLICY strictly. (Policy is available on the AFI website).

<b>Sr. no.</b>	<b>Junior Men (Under-20 Boys)</b>	<b>Qualification Standard</b>	<b>Junior Women (Under-20 Girls)</b>	<b>Qualification Standard</b>
<b>1</b>	100m	10.50s	100m	11.90s
<b>2</b>	200m	21.60s	200m	24.53s
<b>3</b>	400m	48.10s	400m	56.30s
<b>4</b>	800m	1:50.86s	800m	2:13.32s
<b>5</b>	1500m	3:55.00s	1500m	4:30.00s
<b>6</b>	3000m	9:16.00s	3000m	10:00.69s
<b>7</b>	5000m	14:38.00s	5000m	17:47.97s
<b>8</b>	3000m SC	9:18.43s	3000m SC	11:30.00s
<b>9</b>	110m Hurdles (0.991m)	13.77s	100m Hurdles (0.838m)	14.50s
<b>10</b>	400m Hurdles (0.914m)	51.26s	400m Hurdles (0.762m)	01:01.13s
<b>11</b>	10,000m Race Walking	44:00.00s	10,000m Race Walking	49:00.00s
<b>12</b>	High Jump	2.12m	High Jump	1.75m
<b>13</b>	Pole Vault	5.05m	Pole Vault	3.75m
<b>14</b>	Long Jump	7.30m	Long Jump	5.77m
<b>15</b>	Triple Jump	15.28m	Triple Jump	12.40m
<b>16</b>	Shot Put (6.0 kg)	17.85m	Shot Put (4.0 kg)	15.00m
<b>17</b>	Discus Throw (1.75 kg)	53.81m	Discus Throw (1.0 kg)	46.00m
<b>18</b>	Hammer Throw (6.0 kg)	56.86m	Hammer Throw (4.0 kg)	54.49m
<b>19</b>	Javelin Throw (800g)	65.49m	Javelin Throw (600g)	47.35m
<b>20</b>	Decathlon	6800 pts.	Heptathlon	5031 pts.

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