



# ATHLETICS FEDERATION OF INDIA

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**F.No. 4-2/AFI/2024**

**Circular No. 09/02-2024**

**Dated: 27 February 2024**

To

All Affiliated Units – AFI

**Subject: 3rd Indian Open Throws Competition 2024**

Dear Sir/Madam,

I am pleased to inform you that **3rd Indian Open Throws Competition 2024** shall be held on 22<sup>nd</sup> March 2024 at NS NIS, Patiala. The Competition will be organized by Athletics Federation of India.

The Competition and events will be organized in accordance with the Rules of **World Athletics- Competition & Technical Rules 2024 Edition & Indian Athletics Manual** (updated as on 01.10.2020).

**The SOP (Standard Operating Procedure) issued by Athletics Federation of India, Government of Punjab and Government of India will be followed for hosting this National Athletics Competition.**

**The details of the Competition are as follows:**

1. The **individuals** representing the “Affiliated States/UT Athletics Associations” and “Recognized Units” will enter in this Competition.
2. The Competition will be organized in Open category for both Male & Female group including U20.
3. Athletes born on or after 22/03/2004 and before 21/03/2006 are eligible to participate in this Competition. No athlete below 18 years of age is entitled to enter in this Competition.
4. The athletes who meet the Entry Standards will only be allowed to enter in the Competition. The performance must have been achieved either in National Championships/State Championships or AFI recognized Championships. The proof of achievement is mandatory to attach during the online entry. It is advised to send the entry only if you have achieved the Entry Standard.
5. Entry Fee of INR 1000/- (non-refundable) per event per athlete will have to be paid

online alongwith entry. The entries should be submitted **“ONLINE”** on AFI Website by the individual athletes from 28 February 2024 to 15 March 2024. Entries sent by the mode other than **“ONLINE”** will not be accepted. Last date for receipt of Entries is 10<sup>th</sup> March 2024.

6. **Events for Men & Women, Boys and Girls under 20 yrs.**

- a. Shot Put                      b. Discus Throw                      c. Hammer Throw                      d. Javelin Throw

7. **Entry Standards:**

The competition will be organized only in Open (single) category but Entry standards will be as per the age groups. Details are given as under:–

Men	Entry Standard	Women	Entry Standard	Men u/20	Entry Standard	Women u/20	Entry Standard
Shot Put	16.50m	Shot Put	13.00m	Shot Put	15.00m	Shot Put	11.00m
Discus Throw	52.00m	Discus Throw	45.00m	Discus Throw	45.00m	Discus Throw	35.00m
Hammer Throw	60.00m	Hammer Throw	52.00m	Hammer Throw	60.00m	Hammer Throw	39.00m
Javelin Throw	72.50m	Javelin Throw	42.00m	Javelin Throw	58.00m	Javelin Throw	35.00m

8. **BIB Numbers:**

BIB nos. will be issued to concerned Athletes two hours before their event at the Entry Gate of Stadium after showing their valid Photo – ID card.

9. **Medals & Certificates:**

Medal ceremony will be conducted but since this is a ‘B’ grade competition, Participation Certificates will **NOT** be issued to athletes. However, Merit Certificates will be issued to place holders and sent directly to the athletes on the registered address in AFI UID, only after receiving the “Anti-doping” report from NADA.

10. **Boarding, Lodging & Transport:**

Please be informed that the Boarding, Lodging & Local Transport facilities to participating Athletes will not be provided by the Organising Committee/Athletics Federation of India. Therefore, Athletes will have to make their own arrangements in this regard.

11. **Dope Samples:**

Dope Samples will be collected by the officials of National Anti-Doping Agency (NADA).

**It may please be noted that other guidelines issued by the concerned State Government in connection with Covid-19 Pandemic, shall be strictly followed to ensure that the competition is conducted smoothly. Any Athlete/Official violating the SOP, Guidelines issued with regard to Covid-19 Pandemic will be debarred from participation in this Championships.**

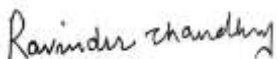
**Disclaimer:**

AFI or Organizing State Unit will not be held responsible directly or indirectly for any loss of life/damage/illness/injury in connection to participation in **3<sup>rd</sup> Indian Open Throws Competition 2024.**

Your cooperation in this regard is solicited.

Thanking You,

Yours Sincerely,



**Ravinder Chaudhry**  
**Secretary, AFI**