



# ATHLETICS FEDERATION OF INDIA

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**Revised Circular No. 07/02-2024**

February 22, 2024

To

All Affiliated State Units - AFI

**Subject: 22<sup>nd</sup> National Junior (U20) Federation Athletics Championships, Lucknow**

Dear Madam/Sir

This is to inform you that 22<sup>nd</sup> National Junior (U20) Federation Athletics Championships will be conducted at SAI Regional Centre Sarojini Nagar, Lucknow from 08-10 March 2024. The Competition will be organized by **U.P. Athletics Association** under the aegis of Athletics Federation of India. This Championships is a qualifying championships for 21<sup>st</sup> Asian U20 Athletics Championships to be held in Dubai from 24-27 April 2024.

The Championships and events shall be organized in accordance with the Rules of World Athletics Competition & Technical Rules 2024 Edition & Indian Athletics Manual (updated as on 01.10.2020).

The SOP (Standard Operating Procedure) issued by Govt. of India/MYAS/SAI/AFI & Government of Madhya Pradesh shall be followed for hosting this National Athletics Championships.

### **Championships & Eligibility Details:**

1. The **individuals** representing the "Affiliated States/UT Athletics Associations" and "Recognized Units" will enter in the Competition. An Athlete can enter in **TWO individual events**.
2. Athletes aged 18 or 19 years as on 31<sup>st</sup> December 2024 (Born in 2005 and 2006) may compete in any event. Athletes aged 16 or 17 years on 31<sup>st</sup> December 2024 (born in 2007 and 2008) may compete in any event. An U18 Athlete will only be allowed to compete in a maximum of 3 track events (including Relays) of which only 2 can be over 200m (whether an individual event or Relay leg). No Athlete younger than 16 years of age as on 31<sup>st</sup> December 2024 may be entered or permitted to compete (born in 2009 or later).
3. The entries should be submitted "ONLINE" on AFI Website directly **by the individual Athletes** from **23 February 2024 to 03 March 2024 with the proof of achieving the Entry Standard**. Entries sent by the mode other than "ONLINE" will not be accepted. In other words, no manual entry will be accepted.
4. An entry fee of INR 500/- per event to be submitted online **directly by athletes**. The entry fee paid is **non-refundable**, hence athletes are advised to submit the entries only if they achieve the Entry Standard in National/State/UT Meets or AFI recognised meets in last 3 years.

### **Events to be conducted:**

The list of events to be conducted with the specifications is attached herewith.

### **Entry Standards:**

Entry Standards is attached with this circular. It is once again advised to enter your name for the championships only if you have achieved the prescribed entry standards fixed by AFI either in National/State/UT Meets or AFI recognised meets where electronic system had been used and the proof is must to be attached in online portal.

**BIB Numbers:**

**Bib nos.** will be issued to concerned **Athletes as per day wise Start list and two hours before their event** at the Entry Gate of Championships Venue after showing their valid Photo-ID card.

**Medals & Certificates:**

**Medals will be given during the medal ceremony & Participation Certificates will be issued online.** However, Participation Certificates will be issued only to those athletes who achieve the qualification standards set by AFI. **Merit Certificates** will be sent to the concerned athletes at their registered address as per AFI-UID after receiving the Dope Test results from NADA which may take 3-4 months.

**Dope Samples:**

Dope Samples will be collected by the officials of National Anti-Doping Agency (NADA).

**Boarding & Lodging:**

Pls be informed that the Boarding, Lodging & Local Transport facilities to participating Athletes will not be provided by the Athletics Federation of India. Athletes will therefore have to make their own arrangements in this regard.

It may please be noted that other guidelines issued by the concerned State Government in connection with Covid-19 Pandemic, shall be strictly followed to ensure that the competition is conducted smoothly. Any Athlete/Official violating the SOP, Guidelines issued with regard to Covid-19 Pandemic will be debarred from participation in this Championships.

**Important Information:**

The athletes who achieve the Asian Championships U20 qualifying marks are advised to submit their **passport copy to AFI Office via email followed by hard copy of the same via courier/speed post for visa and accreditation purpose.** The athletes who do not have the passport are advised to apply for the same **immediately.**

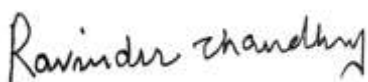
**Disclaimer:**

AFI will not be held responsible directly or indirectly for any loss of life/damage/illness/injury in connection to participation in 22nd National Federation Cup Athletics Championships 2024. All Athletes/officials/vendors have to participate on their own risk.

You are requested to bring it to the notice of your athletes. Your cooperation in this regard is solicited.

Thanking You,

Yours sincerely,



Ravinder Chaudhry  
Secretary, AFI

## 22nd National Junior (U20) Federation Athletics Championships

### List of Events & Entry Standards

Sr. no.	Junior Men (Under-20 Boys)	Entry Standard for 21st Fed Cup Jr. Champs	Junior Women (Under-20 Girls)	Entry Standard 21st Fed Cup Jr. Champs
1	100m	10.90s	100m	12.75s
2	200m	23.00s	200m	26.50s
3	400m	50.20s	400m	59.00s
4	800m	1:55.00s	800m	2:20.00s
5	1500m	4:10.00s	1500m	4:58.00s
6	3000m	9:14.00s	-	-
7	5000m	15:30.00s	3000m	11:50.00s
8	10000m	33:00.00s	5000m	18:50.00s
9	3000m SC	10:15.00s	3000m SC	13:30.00s
10	110m Hurdles (0.991m)	15.00s	100m Hurdles (0.838m)	16.00s
11	400m Hurdles (0.914m)	56.00s	400m Hurdles (0.762m)	1:07.00s
12	10,000m Race Walking	50:00.00s	10,000m Race Walking	1:06:00.0s
13	High Jump	1.90m	High Jump	1.50m
14	Pole Vault	3.80m	Pole Vault	2.70m
15	Long Jump	6.80m	Long Jump	5.30m
16	Triple Jump	14.00m	Triple Jump	11.20m
17	Shot Put (6.0 kg)	15.00m	Shot Put (4.0 kg)	11.00m
18	Discus Throw (1.75 kg)	45.00m	Discus Throw (1.0 kg)	35.00m
19	Hammer Throw (6.0 kg)	60.00m	Hammer Throw (4.0 kg)	39.00m
20	Javelin Throw (800g)	58.00m	Javelin Throw (600g)	35.00m
21	Decathlon	5000pts	Heptathlon	3250pts