



5th INDIAN OPEN 400M COMPETITION 2024

18th March 2024
LNCPE, Trivandrum (Kerala)

Organised by

KERALA STATE ATHLETICS ASSOCIATION



FINAL RESULTS (18-03-2024)



5th Indian Open 400m Competition 2024

LNCPE, Trivandrum (Kerala)

18-03-2024

3/18/24 - 3/18/24

18th March 2024

Event # 1 MENS 400m Run

NR:Muhammed Anas Yahiya Kladno 45.21 13/07/2019

RESULTS OF FINALS

| | | | | | |
|----|----------------------|-----|----------|---------------|--------------|
| 1 | NOAH NIRMAL TOM | 161 | 13/11/94 | KERALA | 46.40 |
| 2 | MUHAMMED ANAS YAHIYA | 156 | 17/09/94 | KERALA | 46.48 |
| 3 | MUHAMMED AJMAL V | 155 | 01/06/98 | KERALA | 46.58 |
| 4 | S AROKIA RAJIV | 209 | 22/05/91 | TAMIL NADU | 47.47 |
| 5 | SANTHOSH KUMAR T | 203 | 01/01/98 | TAMIL NADU | 47.49 |
| 6 | YASHAS P | 140 | 08/12/01 | KARNATAKA | 47.52 |
| 7 | MOHAMMED AFSAL P | 154 | 03/02/96 | KERALA | 47.61 |
| | 47.603 | | | | |
| 8 | ROHAN GAUTHAM KAMBLE | 174 | 15/02/02 | MAHARASHTRA | 47.61 |
| | 47.607 | | | | |
| 9 | K AVINASH . | 197 | 03/12/00 | TAMIL NADU | 47.67 |
| 10 | TUSHAR KANTI MANNA | 115 | 03/10/01 | DELHI | 47.92 |
| 11 | ARUL RAJALINGAM | 208 | 13/03/00 | TAMIL NADU | 47.94 |
| 12 | HIMANSHU . | 221 | 02/02/00 | UTTAR PRADESH | 48.40 |
| 13 | RAM SANGA | 130 | 12/03/03 | JHARKHAND | 48.46 |
| 14 | SURAJ A | 198 | 20/12/03 | TAMIL NADU | 48.71 |
| 15 | SUBHAS DAS | 235 | 23/01/02 | WEST BENGAL | 48.88 |
| 16 | GOWRI SHANKAR V | 141 | 17/03/98 | KARNATAKA | 49.31 |
| 17 | JAY SHAH | 179 | 11/10/97 | MAHARASHTRA | 49.45 |
| 18 | SHERIN P K | 163 | 31/08/01 | KERALA | 49.63 |
| 19 | VIKAS KUMAR | 227 | 26/12/03 | UTTAR PRADESH | 50.12 |
| 20 | MUHAMMED BADUSHA V K | 158 | 13/11/96 | KERALA | 50.30 |
| 21 | MAHENDAR LIKHMICHAND | 139 | 09/02/02 | KARNATAKA | 50.36 |
| 22 | SARAN RAJ A | 207 | 08/02/98 | TAMIL NADU | 51.18 |
| | SHARAN SHANKAR | 214 | 21/03/98 | TAMIL NADU | DNS |
| | NIHAL JOEL W | 138 | 13/07/00 | KARNATAKA | DNS |

5th Indian Open 400m Competition 2024

LNCPE, Trivandrum (Kerala)

18-03-2024

3/18/24 - 3/18/24

18th March 2024

RESULTS OF PRELIMS

| | | | | | |
|----|-------------------------|-----|----------|----------------|---------|
| 1 | MUHAMMED ANAS YAHIYA | 156 | 17/09/94 | KERALA | 46.58 |
| 2 | YASHAS P | 140 | 08/12/01 | KARNATAKA | 47.45 |
| 3 | MUHAMMED AJMAL V | 155 | 01/06/98 | KERALA | 47.61 |
| 4 | S AROKIA RAJIV | 209 | 22/05/91 | TAMIL NADU | 47.74 |
| 5 | TUSHAR KANTI MANNA | 115 | 03/10/01 | DELHI | 47.95 |
| 6 | ROHAN GAUTHAM KAMBLE | 174 | 15/02/02 | MAHARASHTRA | 48.10 |
| 7 | NOAH NIRMAL TOM | 161 | 13/11/94 | KERALA | 48.31 |
| 8 | NIHAL JOEL W | 138 | 13/07/00 | KARNATAKA | 48.38 |
| 9 | K AVINASH . | 197 | 03/12/00 | TAMIL NADU | 48.42 |
| 10 | ARUL RAJALINGAM | 208 | 13/03/00 | TAMIL NADU | 48.47 |
| 11 | MOHAMMED AFSAL P | 154 | 03/02/96 | KERALA | 48.84 |
| 12 | HIMANSHU . | 221 | 02/02/00 | UTTAR PRADESH | 48.86 |
| 13 | SANTHOSH KUMAR T | 203 | 01/01/98 | TAMIL NADU | 48.88 |
| 14 | SHARAN SHANKAR | 214 | 21/03/98 | TAMIL NADU | 49.02 |
| 15 | SURAJ A | 198 | 20/12/03 | TAMIL NADU | 49.26 |
| 16 | RAM SANGA | 130 | 12/03/03 | JHARKHAND | 49.32 |
| 17 | SUBHAS DAS | 235 | 23/01/02 | WEST BENGAL | 49.53 |
| 18 | GOWRI SHANKAR V | 141 | 17/03/98 | KARNATAKA | 49.59 |
| 19 | VIKAS KUMAR | 227 | 26/12/03 | UTTAR PRADESH | 50.21 |
| 20 | JAY SHAH | 179 | 11/10/97 | MAHARASHTRA | 50.24 |
| 21 | SHERIN P K | 163 | 31/08/01 | KERALA | 50.73 |
| 22 | MUHAMMED BADUSHA V K | 158 | 13/11/96 | KERALA | 50.79 |
| 23 | MAHENDAR LIKHMICHAND | 139 | 09/02/02 | KARNATAKA | 50.85 |
| 24 | SARAN RAJ A | 207 | 08/02/98 | TAMIL NADU | 52.16 |
| 25 | BHAVI KUMAR | 116 | 12/07/03 | DELHI | 52.45 |
| 26 | JAGDISH RAMJIBHAI CHUDA | 120 | 15/01/94 | GUJARAT | 52.80 |
| 27 | VIJAY ROHIT | 117 | 26/11/00 | DELHI | 53.15 |
| 28 | KRISHAN PAL PRITHVI RAJ | 126 | 12/10/03 | HARYANA | 53.62 |
| 29 | PARVEEN KUMAR | 124 | 31/12/96 | HARYANA | 55.80 |
| 30 | VIJAY PAL | 125 | 28/05/03 | HARYANA | 57.57 |
| 31 | TIRUMALA RAO BORADI | 217 | 05/06/99 | TELANGANA | 1:02.13 |
| 32 | PEER MOHAMMAD | 228 | 08/07/02 | UTTAR PRADESH | 1:20.73 |
| | BARATH S | 211 | 10/08/03 | TAMIL NADU | DNS |
| | LAVISH SHARMA | 232 | 25/12/02 | UTTAR PRADESH | DNS |
| | SARTHAK BHAMBRI | 112 | 14/08/98 | DELHI | DNS |
| | MIJO CHACKO KURIAN | 136 | 16/07/95 | KARNATAKA | DNS |
| | RASHID . | 167 | 08/01/01 | MADHYA PRADESH | DNS |
| | NAGARJUNAN S | 212 | 07/11/02 | TAMIL NADU | DNS |
| | ABINESH J | 200 | 05/01/04 | TAMIL NADU | DNS |
| | RAJESH RAMESH | 210 | 28/03/99 | TAMIL NADU | DNS |
| | MUKESH SAIN | 187 | 10/02/01 | RAJASTHAN | DNS |
| | DHARUN AYYASAMY | 199 | 31/12/96 | TAMIL NADU | DNS |
| | MEDHANJAI SAXENA | 231 | 19/08/03 | UTTAR PRADESH | DNS |
| | KULDEEP KUMAR | 226 | 02/07/03 | UTTAR PRADESH | DNS |
| | DHEERAJ SHEEMAR | 127 | 23/08/02 | HARYANA | DNS |
| | RAHUL RAMESH KADAM | 177 | 03/10/98 | MAHARASHTRA | DNS |
| | AMOJ JACOB | 114 | 02/05/98 | DELHI | DNS |
| | DHILEEP M | 204 | 10/10/00 | TAMIL NADU | DNS |

5th Indian Open 400m Competition 2024

LNCPE, Trivandrum (Kerala)

18-03-2024

3/18/24 - 3/18/24

18th March 2024

Event # 2 MENS 400m Run UNDER-20

NR:Amoj Jacob Patiala 46.26 04/06/2017

RESULTS OF FINALS

| | | | | | |
|----|----------------------|-----|----------|-------------|-------|
| 1 | NAVEEN KUMAR | 202 | 07/05/04 | TAMIL NADU | 47.40 |
| 2 | HUZAIFA QAISAR | 107 | 29/11/04 | BIHAR | 47.66 |
| 3 | ABIRAM P | 162 | 18/12/05 | KERALA | 47.77 |
| 4 | SETU MISHRA | 106 | 12/06/05 | BIHAR | 48.08 |
| 5 | VISHWAJEET SHINDE | 180 | 09/01/05 | MAHARASHTRA | 48.18 |
| 6 | NAVPREET SINGH | 118 | 27/03/06 | DELHI | 48.35 |
| 7 | YASH SAMEER JOSHI | 178 | 09/04/04 | MAHARASHTRA | 48.55 |
| 8 | SAKET MINJ | 129 | 22/03/08 | JHARKHAND | 48.61 |
| 9 | SURAJ . | 111 | 21/12/04 | DELHI | 49.22 |
| 10 | SANTHOSH S | 213 | 18/12/04 | TAMIL NADU | 49.22 |
| 11 | AMAN CHAUDHARY | 113 | 04/04/06 | DELHI | 50.18 |
| 12 | NATARAJAN KALAINITHI | 201 | 06/11/04 | TAMIL NADU | 50.79 |
| 13 | ABIMON B | 157 | 24/09/04 | KERALA | 51.50 |
| 14 | GAGAN KUSHA AMIN | 175 | 13/05/04 | MAHARASHTRA | 51.65 |
| | ABISHEK R | 206 | 06/10/04 | TAMIL NADU | DNS |
| | SAHIL MALIK | 233 | 19/04/06 | UTTARKHAND | DNF |

RESULTS OF PRELIMS

| | | | | | |
|----|-------------------------|-----|----------|----------------|---------|
| 1 | NAVEEN KUMAR | 202 | 07/05/04 | TAMIL NADU | 48.19 |
| 2 | ABIRAM P | 162 | 18/12/05 | KERALA | 48.34 |
| 3 | HUZAIFA QAISAR | 107 | 29/11/04 | BIHAR | 48.55 |
| 4 | NAVPREET SINGH | 118 | 27/03/06 | DELHI | 48.70 |
| 5 | SAHIL MALIK | 233 | 19/04/06 | UTTARKHAND | 48.79 |
| 6 | VISHWAJEET SHINDE | 180 | 09/01/05 | MAHARASHTRA | 48.82 |
| 7 | SETU MISHRA | 106 | 12/06/05 | BIHAR | 48.93 |
| 8 | YASH SAMEER JOSHI | 178 | 09/04/04 | MAHARASHTRA | 48.96 |
| 9 | SURAJ . | 111 | 21/12/04 | DELHI | 49.32 |
| 10 | SANTHOSH S | 213 | 18/12/04 | TAMIL NADU | 49.37 |
| 11 | SAKET MINJ | 129 | 22/03/08 | JHARKHAND | 49.45 |
| 12 | NATARAJAN KALAINITHI | 201 | 06/11/04 | TAMIL NADU | 50.32 |
| 13 | GAGAN KUSHA AMIN | 175 | 13/05/04 | MAHARASHTRA | 51.30 |
| 14 | AMAN CHAUDHARY | 113 | 04/04/06 | DELHI | 51.85 |
| 15 | ABISHEK R | 206 | 06/10/04 | TAMIL NADU | 52.54 |
| 16 | ABIMON B | 157 | 24/09/04 | KERALA | 53.22 |
| 17 | PRATAP GHOSI | 168 | 15/05/05 | MADHYA PRADESH | 59.40 |
| 18 | RUSTAM KANAUIJIYA KANAU | 225 | 06/11/04 | UTTAR PRADESH | 1:01.09 |
| | DIWAKAR PASWAN | 229 | 02/08/04 | UTTAR PRADESH | DNS |
| | SHAIJAN N P | 160 | 13/09/05 | KERALA | DNS |
| | SHARAN M | 205 | 03/01/06 | TAMIL NADU | DNS |
| | NIKHIL SUHAS DHAKE | 181 | 04/11/05 | MAHARASHTRA | DNS |
| | BAPI HANSDA | 183 | 26/07/06 | ODISHA | DNS |
| | ARPIT . | 220 | 10-03-06 | UTTAR PRADESH | DNS |
| | BOBBY YADAV | 119 | 07/09/04 | DELHI | DNS |
| | AGNAL BERNARD | 159 | 04/08/04 | KERALA | DNS |
| | MUNNA KUMAR BRAHMA | 105 | 04/08/06 | ASSAM | DNS |

5th Indian Open 400m Competition 2024

LNCPE, Trivandrum (Kerala)

18-03-2024

3/18/24 - 3/18/24

18th March 2024

Event # 3 BOYS 400m Run UNDER-18

NR:Chandan Bauri Apia 46.99 08/09/2015

| | | | | | |
|---|--------------------|-----|----------|---------------|-------|
| 1 | PIYUSH RAJ | 108 | 28/01/07 | BIHAR | 49.39 |
| 2 | YUGANK CHOUDHARY | 223 | 10/08/07 | UTTAR PRADESH | 49.57 |
| 3 | UMESH SAHANI | 230 | 01/12/06 | UTTAR PRADESH | 49.93 |
| 4 | NITHIN GOWDA M | 137 | 31/05/07 | KARNATAKA | 50.18 |
| 5 | ANIKET MANTOSH RAJ | 176 | 26/04/06 | MAHARASHTRA | 50.55 |
| 6 | SHAURYA SONI | 110 | 04/02/07 | CHHATTISGARH | 53.64 |
| 7 | ANISH SHARMA | 185 | 03/10/07 | PUNJAB | 55.67 |

Event # 4 WOMENS 400m Run

NR:Hima Das Jakarta 50.79 26/08/2018

RESULTS OF FINALS

| | | | | | |
|----|--------------------|-----|----------|------------------|-------|
| 1 | R VITHYA RAMRAJ | 192 | 20/09/98 | TAMIL NADU | 52.25 |
| 2 | POOVAMMA RAJU | 135 | 05-05-90 | KARNATAKA | 52.69 |
| 3 | DANDI JYOTHIKA SRI | 101 | 16/07/00 | ANDHRA PRADESH | 52.73 |
| 4 | RUPAL . | 219 | 23/12/04 | UTTAR PRADESH | 52.79 |
| 5 | SONIA BAISHYA | 234 | 31/12/95 | WEST BENGAL | 53.60 |
| 6 | SUBHA VENKATESAN | 196 | 31/08/99 | TAMIL NADU | 53.85 |
| 7 | SNEHA K | 145 | 19/05/99 | KERALA | 54.01 |
| 8 | PRIYA THAKUR | 128 | 11/09/00 | HIMACHAL PRADESH | 54.08 |
| 9 | JISNA MATHEW | 146 | 07/01/99 | KERALA | 54.27 |
| 10 | VANDANA SHARMA | 166 | 08/09/98 | MADHYA PRADESH | 54.41 |
| 11 | VISMAYA V K | 151 | 14/05/97 | KERALA | 54.48 |
| 12 | AISHWARYA MISHRA | 172 | 16/08/97 | MAHARASHTRA | 54.51 |
| 13 | MUGADA SIREESHA | 104 | 05/06/03 | ANDHRA PRADESH | 54.75 |
| 14 | GOWRINANDANA . | 142 | 26/03/02 | KERALA | 55.22 |
| 15 | VIJAYAKUMARI GK | 133 | 05/08/96 | KARNATAKA | 55.52 |
| | PRACHI . | 218 | 20/12/96 | UTTAR PRADESH | DNS |

5th Indian Open 400m Competition 2024

LNCPE, Trivandrum (Kerala)

18-03-2024

3/18/24 - 3/18/24

18th March 2024

RESULTS OF PRELIMS

| | | | | | |
|----|-------------------------|-----|----------|------------------|---------|
| 1 | R VITHYA RAMRAJ | 192 | 20/09/98 | TAMIL NADU | 52.80 |
| 2 | POOVAMMA RAJU | 135 | 05-05-90 | KARNATAKA | 53.24 |
| 3 | RUPAL . | 219 | 23/12/04 | UTTAR PRADESH | 53.65 |
| 4 | DANDI JYOTHIKA SRI | 101 | 16/07/00 | ANDHRA PRADESH | 53.69 |
| 5 | PRACHI . | 218 | 20/12/96 | UTTAR PRADESH | 53.73 |
| 6 | SONIA BAISHYA | 234 | 31/12/95 | WEST BENGAL | 54.06 |
| 7 | SUBHA VENKATESAN | 196 | 31/08/99 | TAMIL NADU | 54.25 |
| 8 | SNEHA K | 145 | 19/05/99 | KERALA | 54.34 |
| 9 | JISNA MATHEW | 146 | 07/01/99 | KERALA | 54.42 |
| 10 | AISHWARYA MISHRA | 172 | 16/08/97 | MAHARASHTRA | 54.46 |
| 11 | PRIYA THAKUR | 128 | 11/09/00 | HIMACHAL PRADESH | 54.48 |
| 12 | VANDANA SHARMA | 166 | 08/09/98 | MADHYA PRADESH | 54.55 |
| 13 | VIJAYAKUMARI GK | 133 | 05/08/96 | KARNATAKA | 54.75 |
| 14 | VISMAYA V K | 151 | 14/05/97 | KERALA | 55.04 |
| 15 | MUGADA SIREESHA | 104 | 05/06/03 | ANDHRA PRADESH | 55.07 |
| 16 | PRIYA HABBATHANAHALLY I | 134 | 15/03/03 | KARNATAKA | 55.09 |
| 17 | SWATHI RONGALI | 103 | 07/08/00 | ANDHRA PRADESH | 55.25 |
| 18 | GOWRINANDANA . | 142 | 26/03/02 | KERALA | 56.37 |
| 19 | SIMARJEET KAUR | 184 | 25/10/01 | PUNJAB | 56.83 |
| 20 | ANANKHA B A | 143 | 29/03/01 | KERALA | 56.92 |
| 21 | SIMRAN KAUR | 109 | 05/03/04 | CHANDIGARH | 59.83 |
| 22 | SONIA . | 121 | 05/01/01 | HARYANA | 1:00.07 |
| 23 | STEPHY SARA KOSHY | 148 | 22/03/03 | KERALA | 1:01.18 |
| 24 | BHARGAVI DABBETA | 215 | 06/06/02 | TELANGANA | 1:08.13 |
| | KUNJA RAJITHA | 102 | 01/01/03 | ANDHRA PRADESH | DNS |

Event # 5 WOMENS 400m Run UNDER-20

NR:Hima Das Jakarta 50.79 26/08/2018

RESULTS OF FINALS

| | | | | | |
|---|---------------------|-----|----------|------------|-------|
| 1 | DODLA SAI SANGEETHA | 216 | 09/07/06 | TELANGANA | 55.30 |
| 2 | MISHTHI KAJLA | 186 | 18/08/05 | RAJASTHAN | 55.70 |
| 3 | SANDRA MOL SABU | 147 | 08/07/05 | KERALA | 55.97 |
| 4 | PAVITHRA P | 191 | 19/07/05 | TAMIL NADU | 56.06 |
| 5 | KANISTA TEENA M | 195 | 01/12/05 | TAMIL NADU | 56.35 |
| 6 | SHARIKA SUNILKUMAR | 149 | 19/01/06 | KERALA | 57.22 |
| 7 | SANIYA TREESA TOMY | 150 | 01/09/04 | KERALA | 57.28 |
| 8 | LAXMIPRIYA KISAN | 182 | 10/04/05 | ODISHA | 59.23 |

5th Indian Open 400m Competition 2024

LNCPE, Trivandrum (Kerala)

18-03-2024

3/18/24 - 3/18/24

18th March 2024

RESULTS OF PRELIMS

| | | | | | |
|----|------------------------|-----|----------|----------------|-------|
| 1 | DODLA SAI SANGEETHA | 216 | 09/07/06 | TELANGANA | 55.74 |
| 2 | MISHTHI KAJLA | 186 | 18/08/05 | RAJASTHAN | 55.80 |
| 3 | PAVITHRA P | 191 | 19/07/05 | TAMIL NADU | 55.91 |
| 4 | SANDRA MOL SABU | 147 | 08/07/05 | KERALA | 56.28 |
| 5 | KANISTA TEENA M | 195 | 01/12/05 | TAMIL NADU | 56.70 |
| 6 | SANIYA TREESA TOMY | 150 | 01/09/04 | KERALA | 57.03 |
| 7 | SHARIKA SUNILKUMAR | 149 | 19/01/06 | KERALA | 57.54 |
| 8 | DISHA ALIGE | 131 | 02/06/05 | KARNATAKA | 58.15 |
| 9 | PRATHIBHA VARGHESE | 152 | 12/08/04 | KERALA | 58.22 |
| 10 | LAXMIPRIYA KISAN | 182 | 10/04/05 | ODISHA | 58.41 |
| 11 | NAYANA JOSE | 144 | 13/04/04 | KERALA | 59.38 |
| | SANJANA AHIRWAR | 164 | 08/07/05 | MADHYA PRADESH | DNS |
| | SUMAN . | 122 | 06/12/05 | HARYANA | DNS |
| | P R. NEEHARIKA | 190 | 30/06/04 | TAMIL NADU | DNS |
| | SHRAVANI SACHIN SANGLE | 173 | 16/11/05 | MAHARASHTRA | DNS |
| | MARI SELVI M | 194 | 24/10/05 | TAMIL NADU | DNS |
| | ANUSHKA KUMBHAR | 171 | 04/05/05 | MAHARASHTRA | DNS |
| | JEYAVINDHIYA JEGADISH | 189 | 11/01/05 | TAMIL NADU | DNS |

Event # 6 GIRLS 400m Run UNDER-18

#NR:R.Mallick Heena Tashkent 52.98 28/04/2023

| | | | | | |
|---|-------------------------|-----|----------|----------------|---------|
| 1 | MAYUKHA VINOD | 153 | 18/04/06 | KERALA | 58.83 |
| 2 | LATIKA DHARAN | 188 | 11/03/08 | TAMIL NADU | 1:00.08 |
| 3 | EEKISHA KIRAN BHADSAVAL | 170 | 16/08/06 | MAHARASHTRA | 1:01.32 |
| 4 | ANKITA INGULKAR | 169 | 03/12/06 | MAHARASHTRA | 1:04.34 |
| 5 | LIFONA ROSELIN GIN S V | 193 | 07/12/06 | TAMIL NADU | 1:06.29 |
| | KAJAL RAJKA | 165 | 12/07/06 | MADHYA PRADESH | DNS |
| | ISHA ELIZABETH RENJITH | 132 | 07/01/07 | KARNATAKA | DNS |