



63RD NATIONAL INTER STATE Senior Athletics Championships

27th to 30th June 2024.

Tau Devi Lal Stadium,
Panchkula, Haryana



START LIST DAY-1

Organised by
HARYANA ATHLETICS ASSOCIATION



HSBC



63rd National Inter State Senior Athletics Championships 2024					
Tau Devi Lal Stadium, Panchkula, Haryana - 27 to 30 June					
Competition Schedule As on 23 06 2024					
27-06-2024 Forenoon					
Event No	Scheduled Time	Event	Specification	Gender	Round
Day One 27 06 2024 Forenoon					
101	0700hrs	High Jump		Men	Q. Round Group 1 & 2
102	0730hrs	100m		Men	Decathlon 1
103	0800hrs	400m		Women	Round 1
104	0810hrs	Long Jump		Men	Decathlon 2
105	0830hrs	400m		Men	Round 1
106	0900hrs	100m		Women	Round 1
107	0910hrs	Shot Put	7.260kg	Men	Decathlon 3
108	0930hrs	100m		Men	Round 1
Day One 27 06 2024 Afternoon					
109	1730hrs	100m		Women	Semi Final
110	1740hrs	High Jump		Men	Decathlon 4
111	1750hrs	100m		Men	Semi Final
112	1810hrs	1500m		Men	Round 1
113	1840hrs	400m		Women	Semi Final
114	1900hrs	Hammer Throw	4.000kg	Women	Final 1
115	1900hrs	400m		Men	Semi Final
116	1930hrs	400m		Men	Decathlon 5
117	2000hrs	5000m		Women	Final 2
118	2025hrs	5000m		Men	Final 3
119	2045hrs	4 X 400m Relay		Women	Round 1
120	2055hrs	4 X 400m Relay		Men	Round 1
	2105hrs	Hammer Throw	4.000kg	Women	Medal Ceremony 1
	2112hrs	5000m		Women	Medal Ceremony 2
	2120hrs	5000m		Men	Medal Ceremony 3



63rd National Inter State Senior Athletics Championships 2024**Tau Devi Lal Stadium, Sector- 3,****27-30 June 2024, Panchkula, Haryana****Start List Day-1 (27-06-2024)**

Event # 11 MENS High Jump				QUALIFYING ROUND
OLY. Q.MARK: 2.33				
NR:TEJASWIN SHANKAR LUBBOCK 2.29 27/04/2018				TIME: 07:00 HRS
MR:B CHETHAN GUWAHATI 2.25 2018				
QUALIFYING MARK: 2.13M / BEST 12				
GROUP A				
1	AADARSH RAM	730	27/09/97	TAMIL NADU
2	GURJEET SINGG	308	05/01/00	HARYANA
3	TEJASWIN SHANKAR	195	21/12/98	DELHI
4	SUSHIL THORI	662	06/06/02	RAJASTHAN
5	JESSE SANDESH	363	22/10/95	KARNATAKA
6	BHARATHI VISWANATHAN	738	20/05/94	TAMIL NADU
7	ROHIT -	265	08/03/00	HARYANA
8	JOMON JOY	401	19/10/03	KERALA
9	SARVESH KUSHARE	492	17/06/95	MAHARASHTRA
10	DHEENA DHAYALAN V	545	01/07/01	PUDUCHERRY
11	VICKY SONONE	462	09/12/00	MADHYA PRADESH
GROUP B				
1	BIJENDER .	785	22/02/03	UTTAR PRADESH
2	SUDEEP .	352	29/04/04	KARNATAKA
3	ATHULJITH A	393	27/03/04	KERALA
4	MD ASRAF ALI	851	16-01-2003	WEST BENGAL
5	A MOTHI ARUN	711	23/02/97	TAMIL NADU
6	NIKHIL KUMAR DAS	531	14/03/03	ODISHA
7	DHAIRYSHIL GAYAKWAD GONDHALI	484	10/02/03	MAHARASHTRA
8	ABHAY GURAV	485	03-05-2000	MAHARASHTRA
9	SANDEEP KUMAR	799	20/12/03	UTTAR PRADESH
10	PRAVEEN KUMAR..	190	15/05/03	DELHI
11	SWADHIN KUMAR MAJHI	537	10/04/00	ODISHA
12	SHAIK MOHIDDIN	118	27/08/98	ANDHRA PRADESH
Event # 52 MENS 100m Decathlon-1				TIME: 07:30 HRS
Heat 1				
2	YAMAN DEEP SHARMA	657	10-03-1999	RAJASTHAN
3	NAVJOR SINGH	594	05-05-1994	PUNJAB
4	MUHAMMED PP	411	30-07-1996	KERALA
5	KUSHAL MOHITE	494	02-04-2003	MAHARASHTRA
6	JASHBIR NAYAK	541	03-04-2002	ODISHA
7	UMESH LAMBA	650	25-02-2000	RAJASTHAN
8	SANJAY .	282	11-05-2000	HARYANA
Heat 2				
1	DHAVAL SOLANKI	225	23-04-2000	GUJARAT
2	GOKUL S	412	17-12-1996	KERALA
3	ARUN KUMAR.	721	04-07-1996	TAMIL NADU
4	AJAY KUMAR	642	15-12-2000	RAJASTHAN
5	MOHIT .	277	10-09-2001	HARYANA
6	KAMAL DHANKHAR	292	13-10-1998	HARYANA
7	THOWFEEQ N	408	20-12-2003	KERALA
8	ROHIT ROMAN	121	05-07-1999	ANDHRA PRADESH

Event # 24 WOMENS 400m Run				HEATS
OLY. Q.MARK: 50.95				TIME: 08:00 HRS
NR:HIMA DAS JAKARTA 50.79 26/08/2018				
MR:HIMA DAS GUWAHATI 51.13 2018				
4 HEATS: 3Q + 4q + 8 Seeded Directaly for Semi Final				
Heat 1				
2	MUGADA .	102	05/06/03	ANDHRA PRADESH
3	SINCHAL .	337	05/02/01	KARNATAKA
4	DEEPANSHI .	235	04/11/02	HARYANA
5	NATHALIEA EVANG MARIEA	688	17-08-2002	TAMIL NADU
6	VANDANA SHARMA	430	08/09/98	MADHYA PRADESH
7	RAMA TANWAR	620	08/07/03	RAJASTHAN
8	KAJAL .	752	27/06/04	UTTAR PRADESH
Heat 2				
2	ANANKHA B A .	369	29/03/01	KERALA
3	KUNJA RAJITHA	108	01/01/03	ANDHRA PRADESH
4	SONIA BAISHYA	842	31-12-1995	WEST BENGAL
5	SUMMY .	248	21-05-2003	HARYANA
6	KHUSHDEEP KAUR	558	03/04/00	PUNJAB
7	PRIYA THAKUR	320	11/09/00	HIMACHAL PRADESH
8	AKANKSHA GAVADE	466	31/07/02	MAHARASHTRA
Heat 3				
2	DEVYANIBA ZALA	218	15/03/02	GUJARAT
3	VIDHI RAWAL	329	08/05/01	JHARKHAND
4	SNEHA K	377	19/05/99	KERALA
5	KIRAN PAHAL	263	05/08/00	HARYANA
6	HAWWA MUZNAA FAIZ	509	17-02-2006	MALDIVES
7	SWATHI RONGALI	110	07-08-2000	ANDHRA PRADESH
8	SAKSHI TAMBAKHE	479	03/04/01	MAHARASHTRA
Heat 4				
2	MANISHA KUMARI	318	21/11/00	HIMACHAL PRADESH
3	TWINKLE PUNDIR	429	10/12/92	MADHYA PRADESH
4	VISMAYA VK	418	14-05-1997	KERALA (WC)
5	AISHWARYA MISHRA	471	16/08/97	MAHARASHTRA
6	AISHATH NA AADH ASADH WAJ	508	25-03-2003	MALDIVES
7	ANTAKSHRI .	598	20/01/00	RAJASTHAN
Event # 53 MENS Dec Long Jump				TIME: 08:10 HRS
Event # 3 MENS 400m Run				HEATS
OLY. Q.MARK: 45.00				TIME: 08:30 HRS
NR:MUHAMMED ANAS KLDNO 45.21 13/07/2019				
MR:V.MUHAMMED AJMAL BHUBANESWAR 45.51 2023				
4 HEATS: 3Q + 4q + 8 Seeded Directaly for Semi Final				
Heat 1				
1	HUZAIFA QAISAR	147	29/11/04	BIHAR
2	NAVPREET SINGH	200	27/03/06	DELHI
3	NIHAL JOEL W	368	13/07/00	KARNATAKA
4	ARUL RAJALINGAM	741	13-03-2000	TAMIL NADU (WC)
5	SAJJAN MISHRA	450	25/07/00	MADHYA PRADESH
6	SURESH PUNIYA	652	10/05/99	RAJASTHAN
7	VISHAL TK	736	17/12/03	TAMIL NADU
8	YASH JOSHI	488	09/04/04	MAHARASHTRA
Heat 2				
1	NIKHIL SUHAS DHAKE	502	04/11/05	MAHARASHTRA
2	MOHIT KUMAR	298	01-09-1997	HARYANA
3	SURAJ A .	740	20-12-2003	TAMIL NADU (WC)
4	ABHAY SINGH	457	15/06/06	MADHYA PRADESH
5	ADAM RIFFATH	510	08-06-2003	MALDIVES
6	ANKUL .	622	19/11/05	RAJASTHAN
7	SUMIRAN CHETTRI	666	02/10/01	SIKKIM

8	AJAY PRAJAPATI	222		27/03/04	GUJARAT
Heat 3					
1	ATUL .	269		24/07/03	HARYANA
2	RIHAN H	357		21/12/05	KARNATAKA
3	RAHUL KADAM	489		03/10/98	MAHARASHTRA
4	K AVINASH .	739		03-12-2000	TAMIL NADU (WC)
5	PRAKHAR SHARMA	837		01/09/99	UTTRAKHAND
6	KARNA BAG	852		10/07/04	WEST BENGAL
7	JAY KUMAR	187		10/06/06	DELHI
8	NIKUNJ ZALA	228		18/01/04	GUJARAT
Heat 4					
1	SHEKHER TOMER	161		04/10/98	CHHATTISGARH
2	ABIRAM P	409		18/12/05	KERALA
3	DHARMVEER CHOUDHARY	633		05/02/01	RAJASTHAN
4	JASHANPREET SINGH	588		04/07/00	PUNJAB
5	S AROKIA RAJIV	729		22/05/91	TAMIL NADU
6	HUSSAIN ZEEK SUAD	512		29-12-2005	MALDIVES
7	SARTHAK BHAMBRI	789		14/08/98	UTTAR PRADESH
Event # 22 WOMENS 100m Run					
OLY. Q.MARK: 11.07					HEATS
NR:DUTEE CHAND PATIALA 11.17 21/06/2021					TIME: 09:00 HRS
MR:DUTEE CHAND GUWAHATI 11.29 2018					
4 HEATS: 3Q + 4q					
Heat 1					
2	PRIYANKA SIKARWAR	778		01/08/03	UTTAR PRADESH
3	PRAGYAN PRASANT SAHU	524		19/12/99	ODISHA
4	NITHYA GANDHE	744		10/11/99	TELANGANA
5	SNEHA S.S	347		27/03/98	KARNATAKA
6	MAHERA SIDDIQUE	216		06/04/01	GUJARAT
7	BHAVANI YADAV BHAGAVATHI	681		19/12/98	TAMIL NADU
8	SAMRITI JAMWAL	317		04/12/03	HIMACHAL PRADESH
Heat 2					
2	SHATAKSHI RAI	135		30/05/02	BIHAR
3	SAKSHI CHAVAN	211		18/01/05	GUJARAT
4	DANESHWARI T	350		14/08/00	KARNATAKA
5	SUDESHNA SHIVANKAR	477		09/09/03	MAHARASHTRA
6	GIRIDHARANI RAVIKUMAR	698		07/07/01	TAMIL NADU
7	MADHU KAVYA LINGALA	106		02/04/02	ANDHRA PRADESH
8	MADHUMITA DEB	424		04/01/02	MADHYA PRADESH
Heat 3					
2	ANWESHA KUMARI	133		03/02/01	BIHAR
3	RISHITA KAUR	613		16/11/02	RAJASTHAN
4	AVANTIKA NARALE	473		11/07/03	MAHARASHTRA
5	HIMA DAS	126		09/01/00	ASSAM
6	VIJAYA KUMARI	426		15/04/99	MADHYA PRADESH
7	PAVITHRA R	693		22/03/02	TAMIL NADU
8	KUSUM THAKUR	319		27/07/03	HIMACHAL PRADESH
Heat 4					
2	TEENA PAREEK	617		04/04/02	RAJASTHAN
3	VIJYA SINGH	136		02/02/00	BIHAR
4	HIMASHREE ROY	264		15/03/95	HARYANA
5	KAVERI PATIL	345		11/06/00	KARNATAKA
6	SRABANI NANDA	523		07-05-1991	ODISHA
7	RIYA CHAUHAN	166		02/02/02	DELHI
8	GANISETTI NAGA VEERA SATYA SAI	107		19/11/01	ANDHRA PRADESH
Event # 54 MENS Decathlon-3 Shot Put					
					TIME: 09:10 HRS

Event # 1 MENS 100m Run				HEATS
OLY. Q.MARK: 10.00				TIME: 09:30 HRS
NR:MANIKANTA HOBLIDHAR BENGALURU 10.23 11/10/2023				
MR:GURINDERVIR SINGH PATIALA 10.27 2021				
6 HEATS: 3Q + 6q				
Heat 1				
2	VIGNESH A	436	04/07/96	MADHYA PRADESH
3	ADITYA SINGH	839	20/02/03	UTTRAKHAND
4	SAISIDDHARTH R	726	28/10/03	TAMIL NADU
5	BIJITH K	403	23/10/01	KERALA
6	MANIKANTA H H	356	29/11/01	KARNATAKA
7	LOVEPREET SINGH	589	27-11-1999	PUNJAB
8	PRANAV GURAV	486	03/07/01	MAHARASHTRA
Heat 2				
2	RAHUL SOLANKI	226	30-11-2000	GUJARAT
3	ADITYA SINGH DODIYA	443	15/03/00	MADHYA PRADESH
4	AMLAN BORGHAIN	129	25-04-1998	ASSAM
5	RAHUL GHOSH	516	29/03/97	MANIPUR
6	SHIVAM YADAV	315	15/07/99	HARYANA
7	AYYAPPA PRASAD GUDEY	114	18/11/97	ANDHRA PRADESH
8	VIVEK KACHOTIYA	638	09/08/01	RAJASTHAN
Heat 3				
2	PRANAV KS	405	05/06/97	KERALA
3	JEBIN SIBI	223	25/09/02	GUJARAT
4	LALU PRASAD BHOI	529	21/09/03	ODISHA
5	YERNENA RAO	160	02/08/00	CHHATTISGARH
6	GOPAL PALANDURKAR	495	25/06/98	MAHARASHTRA
7	MAHAKDEEP SINGH	591	11/08/01	PUNJAB
8	MOIRANGTHEM ASHNICHANDRA SINGH	515	13/03/04	MANIPUR
Heat 4				
2	CHINTHA .	746	18/05/97	TELANGANA
3	GOVIND KUMAR	296	03/07/02	HARYANA
4	GURINDERVIR SINGH	580	24-12-2000	PUNJAB
5	DONDAPATI MRUTY JAYARAM	533	12-01-2005	ODISHA
6	SANJEEV RAJAK	159	28/12/98	CHHATTISGARH
7	VIBHASKAR KUMAR	144	15/02/04	BIHAR
8	TARANDEEP SINGH	157	09/12/00	CHANDIGARH
Heat 5				
2	KHAGA VISHAL VISSAMSETTI	125	16/10/03	ANDHRA PRADESH
3	MOHAMMED SADATH	362	30/03/97	KARNATAKA
4	ABHINAV C	396	16/04/01	KERALA
5	ANIMESH KUJUR	536	02-06-2003	ODISHA
6	KUSH KUMAR	141	23/12/99	BIHAR
7	RAGUL KUMAR G	719	22/03/00	TAMIL NADU
8	ADITYA KUMAR	793	10/08/01	UTTAR PRADESH
Heat 6				
2	SHUBHAM ROY	148	04/05/02	BIHAR
3	RAHUL SHARMA	455	12/12/01	MADHYA PRADESH
4	ARUN C	712	08/09/01	TAMIL NADU
5	ROHIT ..	629	02/02/05	RAJASTHAN
6	JAY SHAH	500	11-10-1997	MAHARASHTRA
7	GOWTHAM ALLURI	748	28/12/05	TELANGANA
8	PENUMARTHI MANIKANTA	117	30/08/98	ANDHRA PRADESH
Event # 22 WOMENS 100m Run				SEMI FINAL
OLY. Q.MARK: 11.07				TIME: 17:30 HRS
NR:DUTEE CHAND PATIALA 11.17 21/06/2021				
MR:DUTEE CHAND GUWAHATI 11.29 2018				
Event # 55 MENS Decathlon-4 High Jump				TIME: 17:40 HRS

Event # 1 MENS 100m Run					SEMI FINAL
OLY. Q.MARK: 10.00					TIME: 17:50 HRS
NR:MANIKANTA HOBLIDHAR BENGALURU 10.23 11/10/2023					
MR:GURINDERVIR SINGH PATIALA 10.27 2021					
Event # 5 MENS 1500m Run					HEATS
OLY. Q.MARK: 3:33.50					TIME: 18:10 HRS
NR:JINSON JOHNSON BERLIN 3:35.24 01/09/2019					
MR:BAHADUR PRASAD CHENNAI 3:40.10 1995					
2 HEATS: 6Q + 6Q					
Heat 1					
1	PRINCE KUMAR	796		25/02/00	UTTAR PRADESH
2	NARENDER SINGH	311		07/10/97	HARYANA
3	SIDDHARTH PHOR	836		20/12/02	UTTRAKHAND
4	AJAY .	205		29/01/02	GOA
5	YOONUS SHAH	806		10/05/01	UTTAR PRADESH
6	DAYANIDHI MUNDA	540		02/06/04	ODISHA
7	JEBAKUMAR P	723		18/06/01	TAMIL NADU
8	RITIK DEOL	182		10/02/05	DELHI
9	ADARSH GOPI	399		01/12/00	KERALA
10	PRAKASH KUMAR	188		12/01/01	DELHI
11	RAHUL .	179		01/12/96	DELHI
12	PARVEJ KHAN	855		26/12/04	HARYANA
13	ANANDKRISHNA K	402		01/02/01	KERALA
14	PRIYANSHU .	827		20/05/06	UTTRAKHAND
15	TEJAS POWAR	497		04/06/03	MAHARASHTRA
16	AVINASH SABLE	506		13-09-1994	MAHARASHTRA (WC)
17	GAURAV ATTRI	290		14/10/02	HARYANA
Heat 2					
1	SHIVENDRA SINGH	809		07/12/01	UTTAR PRADESH
2	TUSHAR JATAWAT	637		11/08/98	RAJASTHAN
3	NIKESH RATHOD	206		09/09/97	GOA
4	ASHOK DANDASENA	530		05/07/94	ODISHA
5	HARSHDEEP SINGH	586		28/09/01	PUNJAB
6	RAHUL CHAVAN	481		10/02/02	MAHARASHTRA
7	KARTIK KARKERA	491		17/03/97	MAHARASHTRA
8	RAM SINGH	840		10/06/02	UTTRAKHAND
9	DHOLARAM .	624		05/07/00	RAJASTHAN
10	HARPREET SINGH	585		11/08/04	PUNJAB
11	MEHEDI HASSAN	130		01/01/04	ASSAM
12	VIKASH .	285		01/01/04	HARYANA
13	RAHUL BALODA	630		05/06/99	RAJASTHAN
14	ABHINANDH SUNDARESAN	413		20/08/99	KERALA
15	ABHISHEK THAKUR	463		04/07/00	MADHYA PRADESH
16	ANAND PRAKASH	146		04/09/02	BIHAR
Event # 24 WOMENS 400m Run					SEMI FINAL
OLY. Q.MARK: 50.95					TIME: 18:40 HRS
NR:HIMA DAS JAKARTA 50.79 26/08/2018					
MR:HIMA DAS GUWAHATI 51.13 2018					

Event # 38 WOMENS Hammer Throw				FINAL
OLY. Q.MARK: 74.00				TIME: 19:00 HRS
NR:SARITA SINGH PATIALA 65.25 01/06/2017				
MR:RACHNA . BHUBANESWAR 65.03 2023				
1	AISHWARYA .	232	24/09/01	HARYANA
2	ANITA .	233	08/12/00	HARYANA
3	KULVINDER .	600	15/02/98	RAJASTHAN
4	PRIYANKA .	603	05/06/98	RAJASTHAN
5	MANJU BALA	606	01/07/89	RAJASTHAN
6	TANYA CHAUDHARY	761	21/09/03	UTTAR PRADESH
7	ANISHA DAHIYA	258	03/12/00	HARYANA
8	HAQIKAT GREWAL	549	28/09/05	PUNJAB
9	ANMOL KAUR	551	04/01/92	PUNJAB
10	SARABJIT KAUR.	564	12/04/84	PUNJAB
11	AAISHA PATEL	773	01/07/99	UTTAR PRADESH
12	HARSHITA SEHRAWAT	170	01/04/03	DELHI
13	DIVYA SHANDILYA	525	05/07/98	ODISHA
14	SHRUTI SINGH	781	21/01/00	UTTAR PRADESH
Event # 3 MENS 400m Run				SEMI FINAL
OLY. Q.MARK: 45.00				TIME: 19:00 HRS
NR:MUHAMMED ANAS KLDNO 45.21 13/07/2019				
MR:V.MUHAMMED AJMAL BHUBANESWAR 45.51 2023				
Event # 56 MENS 400m Decathlon-5				TIME: 19:30 HRS
Event # 27 WOMENS 5000m Run				FINAL
OLY. Q.MARK: 14:52.00				TIME: 20:00 HRS
NR:PARUL CHAUDHARY WALNUT 15:10.35 06/05/2023				
MR:L SURIYA GUNTUR 15:46.92 2017				
1	ANKITA .	822	05/02/02	UTTRAKHAND
2	SANJIVANI JADHAV	505	12/07/96	MAHARASHTRA (WC)
3	SANGHAMITRA MAHATA	328	25/12/04	JHARKHAND
4	RINKEE PAWARA	474	23/06/03	MAHARASHTRA
5	ANTIMA PAL	767	01/01/04	UTTAR PRADESH
6	BASANTI KUMARI	327	10/01/02	JHARKHAND
7	SEEMA .	316	10/01/01	HIMACHAL PRADESH
8	CHANDRA SHARMA	664	22/01/98	SIKKIM
9	SUNITA DEVI	762	12/04/05	UTTAR PRADESH
10	REBI PAL	769	12/12/01	UTTAR PRADESH
11	PRIYA KUMAWAT	616	17/12/01	RAJASTHAN
12	SHRADDHA KATHIRIYA	213	20/12/01	GUJARAT
Event # 6 MENS 5000m Run				FINAL
OLY. Q.MARK: 13:05.00				TIME: 20:25 HRS
NR:GULVEER SINGH GRESHAM 13:18.92 09/06/2024				
MR:GULVEER SINGH BHUBANESWAR 13:43.23 2023				
1	TRILOK KUMAR	143	10/08/01	BIHAR
2	VINOD SINGH	461	20/07/05	MADHYA PRADESH
3	GAURAV MATHUR	192	19/09/99	DELHI
4	SAWAN BARWAL	321	18/02/98	HIMACHAL PRADESH
5	ABHISHEK .	784	15/07/97	UTTAR PRADESH
6	AFTAB ANSARI	139	10/12/03	BIHAR

7	VIKRAM SINGH.	661		03/07/99	RAJASTHAN
8	DHARMENDER .	623		20/07/99	RAJASTHAN
9	AMAN KUMAR.	301		06/05/07	HARYANA
10	RAJEEV NAMBOORI	835		10/08/98	UTTRAKHAND
11	SUSHANT JEDHE	487		05/11/01	MAHARASHTRA
12	NARESH CHOPRA	632		05/12/04	RAJASTHAN
13	LOVEPREET SINGH	590		13/01/99	PUNJAB
14	KARTIK KUMAR	794		12/05/99	UTTAR PRADESH
15	KARTIK KARKERA	491		17/03/97	MAHARASHTRA
16	RAKESH MANDAL	834		16/04/99	UTTRAKHAND
17	ROHIT KUMAR	189		07/01/01	DELHI
18	SUNIL DAWAR	442		02/08/01	MADHYA PRADESH
19	PRINCE KUMAR	796		25/02/00	UTTAR PRADESH
20	GAGAN SINGH	310		21/12/03	HARYANA
21	GULVEER SINGH	821		01-06-1998	UTTAR PRADESH (WC)
22	AJEET KUMAR	219		03/07/99	GUJARAT
23	DEEPAK BHATT	828		14/09/00	UTTRAKHAND
24	HARMANJOT SINGH	459		10/10/95	MADHYA PRADESH

Event # 42 WOMENS 4x400m Relay

NR:NATIONAL TEAM ATHENS 3:26.89 27/08/2004

MR:KARNATAKA STATE TEAM GUWAHATI 3:35.32 2018

FINAL AS PER SCHEDULE

3	DELHI B	2243			DELHI
4	HARYANA C	2244			HARYANA
5	TAMIL NADU F	2247			TAMIL NADU
6	ANDHRA PRADESH A	2242			ANDHRA PRADESH
7	KERALA D	2245			KERALA
8	PUNJAB E	2246			PUNJAB

Event # 21 MENS 4x400m Relay

NR:NATIONAL TEAM BUDAPEST 2:59.05 26/08/2023

MR:TAMIL NADU TEAM BHUBANESWAR 3:06.75 2023

HEATS

TIME: 20:55 HRS

Heat 1

3	GUJARAT B	2234			GUJARAT
4	ODISHA E	2237			ODISHA
5	DELHI A	2233			DELHI
6	RAJASTHAN G	2239			RAJASTHAN
7	KERALA D	2236			KERALA

Heat 2

3	PUNJAB F	2238			PUNJAB
4	HARYANA C	2235			HARYANA
5	TAMIL NADU H	2240			TAMIL NADU
6	TELANGANA I	2241			TELANGANA

*Sambhudas
26/06/2024
Technical delegate*



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