



35th East Zone Junior Athletics Championships 2024

07th - 09th Oct 2024

Kalinga Stadium, Bhubaneswar (Odisha)



COMPETITION SCHEDULE



35th East Zone Junior Athletics Championships 2024
07-09 October, 2024
Kalinga Stadium, Bhubaneswar (Odisha)

TENTATIVE SCHEDULE (Version 1.1)

DAY - 1

TIME	EVENT	SPECS.	GROUP	ROUND
07:30	5000M		MEN UNDER 20 YRS	FINAL
07:45	LONG JUMP		WOMEN UNDER 18 YRS	FINAL
08:00	5000M		WOMEN UNDER 20 YRS	FINAL
08:00	HIGH JUMP		MEN UNDER 18 YRS	FINAL
08:30	SHOT PUT (STANDING)	4.000 KGS.	BOYS UNDER 16YRS	FINAL
08:30	60M		BOYS UNDER 14 YRS	TRIATHLON A - 1
08:40	60M		GIRLS UNDER 14 YRS	TRIATHLON B - 1
08:50	60M		GIRLS UNDER 16YRS	PENTATHLON 1
09:00	LONG JUMP (5M APPROACH)		BOYS UNDER 14 YRS	TRIATHLON A - 2
09:10	60M		BOYS UNDER 16YRS	HEATS
09:20	60M		GIRLS UNDER 16YRS	HEATS
09:30	SHOT PUT	5.000 KGS.	MEN UNDER 18 YRS	FINAL
09:30	JAVELIN THROW	700G	MEN UNDER 18 YRS	FINAL
09:30	100M		MEN UNDER 20 YRS	HEATS
09:40	100M		MEN UNDER 18 YRS	HEATS
09:50	100M		WOMEN UNDER 20 YRS	HEATS
10:00	100M		WOMEN UNDER 18 YRS	HEATS
10:15	LONG JUMP (5M APPROACH)		GIRLS UNDER 14 YRS	TRIATHLON B - 2
10:30	JAVELIN THROW (10M RUNWAY)	600 G	BOYS UNDER 16YRS	FINAL
10:30	SHOT PUT	4.000 KGS.	WOMEN UNDER 20 YRS	FINAL
10:30	100M HURDLES	0.838M	WOMEN UNDER 20 YRS	HEPTATHLON - 1
10:40	100M HURDLES	0.838M	WOMEN UNDER 20 YRS	HEATS
11:00	100M HURDLES	0.762M	WOMEN UNDER 18 YRS	HEPTATHLON - 1
11:10	100M HURDLES	0.762M	WOMEN UNDER 18 YRS	HEATS
11:10	HIGH JUMP		WOMEN UNDER 18 YRS	HEPTATHLON - 2
11:30	LONG JUMP		MEN UNDER 20 YRS	FINAL
11:30	400M		MEN UNDER 20 YRS	HEATS
11:30	DISCUS THROW	1.000 KGS	WOMEN UNDER 18 YRS	FINAL
11:40	400M		WOMEN UNDER 20 YRS	HEATS
11:50	400M		MEN UNDER 18 YRS	HEATS
12:00	400M		WOMEN UNDER 18 YRS	HEATS
12:30	80M HURDLES	0.762M	GIRLS UNDER 16YRS	PENTATHLON 2
12:40	80M HURDLES	0.762M	GIRLS UNDER 16YRS	HEATS
LUNCH BREAK				
14:00	LONG JUMP (5M APPROACH)		GIRLS UNDER 16YRS	PENTATHLON 3
14:00	80M HURDLES	0.762M	GIRLS UNDER 16YRS	FINAL
14:00	SHOT PUT	3.000 KGS.	WOMEN UNDER 18 YRS	HEPTATHLON - 3
14:00	HAMMER THROW	6.000 KGS.	MEN UNDER 20 YRS	FINAL
14:20	100M HURDLES	0.762M	WOMEN UNDER 18 YRS	FINAL
14:30	HIGH JUMP		WOMEN UNDER 20 YRS	HEPTATHLON - 2
14:30	BACK THROW	1.000 KGS	GIRLS UNDER 14 YRS	TRIATHLON B - 3
14:40	100M HURDLES	0.838M	WOMEN UNDER 20 YRS	FINAL
15:00	LONG JUMP (5M APPROACH)		BOYS UNDER 16YRS	FINAL
15:00	JAVELIN THROW	800G	MEN UNDER 20 YRS	FINAL
15:00	SHOT PUT	4.000 KGS.	WOMEN UNDER 20 YRS	HEPTATHLON - 3
15:00	100M		MEN UNDER 20 YRS	FINAL

15:10	100M		WOMEN UNDER 20 YRS	FINAL
15:20	100M		MEN UNDER 18 YRS	FINAL
15:30	100M		WOMEN UNDER 18 YRS	FINAL
15:40	60M		BOYS UNDER 16YRS	FINAL
15:50	60M		GIRLS UNDER 16YRS	FINAL
16:00	JAVELIN THROW (10M RUNWAY)	500 G	GIRLS UNDER 16YRS	FINAL
16:00	1500M		MEN UNDER 20 YRS	FINAL
16:10	1500M		WOMEN UNDER 20 YRS	FINAL
16:20	200M		WOMEN UNDER 18 YRS	HEPTATHLON - 4
16:30	LONG JUMP		WOMEN UNDER 20 YRS	FINAL
16:30	HIGH JUMP (SCISSOR ONLY)		BOYS UNDER 14 YRS	TRIATHLON A - 3
16:30	200M		WOMEN UNDER 20 YRS	HEPTATHLON - 4
16:40	400M		MEN UNDER 20 YRS	FINAL
16:50	400M		WOMEN UNDER 20 YRS	FINAL
17:00	400M		MEN UNDER 18 YRS	FINAL
17:10	400M		WOMEN UNDER 18 YRS	FINAL
17:20	10000M RACE WALK		MEN UNDER 20 YRS	FINAL

DAY - 2

TIME	EVENT	SPECS.	GROUP	ROUND
07:30	10000M		MEN UNDER 20 YRS	FINAL
08:00	LONG JUMP		WOMEN UNDER 18 YRS	HEPTATHLON - 5
08:00	HIGH JUMP		MEN UNDER 20 YRS	FINAL
08:00	JAVELIN THROW	600G	WOMEN UNDER 20 YRS	FINAL
08:30	SHOT PUT (STANDING)	3.000 KGS.	GIRLS UNDER 16YRS	PENTATHLON 4
08:30	100M		MEN UNDER 20 YRS	DECATHLON - 1
08:30	POLE VAULT		MEN UNDER 20 YRS	FINAL
08:40	60M		BOYS UNDER 16YRS	PENTATHLON 1
08:50	60M		BOYS UNDER 14 YRS	TRIATHLON B - 1
09:00	60M		GIRLS UNDER 14 YRS	TRIATHLON A - 1
09:25	110M HURDLES	0.914M	MEN UNDER 18 YRS	HEPTATHLON - 1
09:30	JAVELIN THROW	500G	WOMEN UNDER 18 YRS	HEPTATHLON - 6
09:30	LONG JUMP		MEN UNDER 20 YRS	DECATHLON - 2
09:50	80M HURDLES	0.838M	BOYS UNDER 16YRS	PENTATHLON 2
10:00	80M HURDLES	0.838M	BOYS UNDER 16YRS	HEATS
10:10	HIGH JUMP		MEN UNDER 18 YRS	HEPTATHLON - 2
10:20	600M		BOYS UNDER 16YRS	FINAL
10:30	LONG JUMP		WOMEN UNDER 20 YRS	HEPTATHLON - 5
10:30	600M		GIRLS UNDER 16YRS	FINAL
10:30	DISCUS THROW	1.500 KGS.	MEN UNDER 18 YRS	FINAL
10:30	POLE VAULT		WOMEN UNDER 20 YRS	FINAL
10:40	600M		GIRLS UNDER 16YRS	PENTATHLON 5
10:50	200M		MEN UNDER 20 YRS	HEATS
11:00	SHOT PUT	6.000 KGS.	MEN UNDER 20 YRS	DECATHLON - 3
11:00	200M		WOMEN UNDER 20 YRS	HEATS
11:10	200M		MEN UNDER 18 YRS	HEATS
11:20	200M		WOMEN UNDER 18 YRS	HEATS
11:30	1000M		MEN UNDER 18 YRS	FINAL
11:30	LONG JUMP (5M APPROACH)		BOYS UNDER 14 YRS	TRIATHLON B - 2
11:30	HAMMER THROW	4.000 KGS.	WOMEN UNDER 20 YRS	FINAL
11:40	1000M		WOMEN UNDER 18 YRS	FINAL
11:50	1000M		WOMEN UNDER 18 YRS	HEPTATHLON - 7
12:00	4 X 400M RELAY		MEN UNDER 20 YRS	FINAL
12:10	4 X 400M RELAY		WOMEN UNDER 20 YRS	FINAL

LUNCH BREAK				
14:00	LONG JUMP (5M APPROACH)		GIRLS UNDER 14 YRS	TRIATHLON A - 2
14:00	BACK THROW	1.000 KGS	BOYS UNDER 14 YRS	TRIATHLON B - 3
14:00	80M HURDLES	0.838M	BOYS UNDER 16YRS	FINAL
14:00	DISCUS THROW	1.750 KGS.	MEN UNDER 20 YRS	FINAL
14:25	200M		MEN UNDER 20 YRS	FINAL
14:30	HIGH JUMP		MEN UNDER 20 YRS	DECATHLON - 4
14:35	200M		WOMEN UNDER 20 YRS	FINAL
14:45	200M		MEN UNDER 18 YRS	FINAL
14:55	200M		WOMEN UNDER 18 YRS	FINAL
15:00	LONG JUMP (5M APPROACH)		BOYS UNDER 16YRS	PENTATHLON 3
15:00	JAVELIN THROW	600G	WOMEN UNDER 20 YRS	HEPTATHLON - 6
15:05	200M		MEN UNDER 18 YRS	HEPTATHLON - 4
15:25	3000M STEEPLECHASE	0.914M	MEN UNDER 20 YRS	FINAL
15:30	SHOT PUT	5.000 KGS.	MEN UNDER 18 YRS	HEPTATHLON - 3
15:40	3000M STEEPLECHASE	0.762M	WOMEN UNDER 20 YRS	FINAL
16:00	LONG JUMP (5M APPROACH)		GIRLS UNDER 16YRS	FINAL
16:00	JAVELIN THROW	500G	WOMEN UNDER 18 YRS	FINAL
16:00	800M		MEN UNDER 20 YRS	HEATS
16:10	800M		WOMEN UNDER 20 YRS	HEATS
16:20	800M		WOMEN UNDER 20 YRS	HEPTATHLON - 7
16:30	HIGH JUMP (SCISSOR ONLY)		GIRLS UNDER 14 YRS	TRIATHLON A - 3
16:30	400M		MEN UNDER 20 YRS	DECATHLON - 5
16:40	10000M RACE WALK		WOMEN UNDER 20 YRS	FINAL

DAY - 3

TIME	EVENT	SPECS.	GROUP	ROUND
07:30	5000M RACE WALK		MEN UNDER 18 YRS	FINAL
08:00	HIGH JUMP (SCISSOR ONLY)		BOYS UNDER 16YRS	FINAL
08:00	SHOT PUT (STANDING)	4.000 KGS.	BOYS UNDER 16YRS	PENTATHLON 4
08:00	KIDS JAVELIN THROW (5M RUNWAY)	0.3 KGS	BOYS UNDER 14 YRS	FINAL
08:00	LONG JUMP		MEN UNDER 18 YRS	HEPTATHLON - 5
08:00	3000M RACE WALK		WOMEN UNDER 18 YRS	FINAL
08:35	3000M		MEN UNDER 20 YRS	FINAL
08:50	3000M		WOMEN UNDER 20 YRS	FINAL
09:15	SHOT PUT (STANDING)	3.000 KGS.	GIRLS UNDER 16YRS	FINAL
09:15	110M HURDLES	0.991M	MEN UNDER 20 YRS	DECATHLON - 6
09:15	LONG JUMP		MEN UNDER 18 YRS	FINAL
09:25	110M HURDLES	0.991M	MEN UNDER 20 YRS	HEATS
09:30	JAVELIN THROW	700G	MEN UNDER 18 YRS	HEPTATHLON - 6
09:50	110M HURDLES	0.914M	MEN UNDER 18 YRS	HEATS
10:00	60M		BOYS UNDER 14 YRS	TRIATHLON C - 1
10:00	DISCUS THROW	1.750 KGS.	MEN UNDER 20 YRS	DECATHLON - 7
10:10	60M		GIRLS UNDER 14 YRS	TRIATHLON C - 1
10:20	800M		MEN UNDER 20 YRS	FINAL
10:30	800M		WOMEN UNDER 20 YRS	FINAL
10:30	HIGH JUMP		WOMEN UNDER 18 YRS	FINAL
10:40	LONG JUMP (5M APPROACH)		BOYS UNDER 14 YRS	TRIATHLON C - 2
10:45	MEDLEY RELAY		BOYS UNDER 16YRS	FINAL
11:00	KIDS JAVELIN THROW (5M RUNWAY)	0.3 KGS	GIRLS UNDER 14 YRS	FINAL
11:00	HIGH JUMP (SCISSOR ONLY)		GIRLS UNDER 16YRS	FINAL
11:00	SHOT PUT	3.000 KGS.	WOMEN UNDER 18 YRS	FINAL
11:00	MEDLEY RELAY		GIRLS UNDER 16YRS	FINAL
11:15	MEDLEY RELAY		MEN UNDER 18 YRS	FINAL
11:30	POLE VAULT		MEN UNDER 20 YRS	DECATHLON - 8
11:30	DISCUS THROW	1.000 KGS.	WOMEN UNDER 20 YRS	FINAL
11:40	LONG JUMP (5M APPROACH)		GIRLS UNDER 14 YRS	TRIATHLON C - 2
12:00	MEDLEY RELAY		WOMEN UNDER 18 YRS	FINAL
12:20	400M HURDLES	0.914M	MEN UNDER 20 YRS	HEATS
12:30	400M HURDLES	0.762M	WOMEN UNDER 20 YRS	HEATS

LUNCH BREAK				
14:00	HIGH JUMP		WOMEN UNDER 20 YRS	FINAL
14:00	TRIPLE JUMP		MEN UNDER 20 YRS	FINAL
14:00	400M HURDLES	0.914M	MEN UNDER 20 YRS	FINAL
14:10	400M HURDLES	0.762M	WOMEN UNDER 20 YRS	FINAL
14:30	600M		BOYS UNDER 16YRS	PENTATHLON 5
14:40	600M		BOYS UNDER 14 YRS	TRIATHLON C - 3
14:50	600M		GIRLS UNDER 14 YRS	TRIATHLON C - 3
15:00	SHOT PUT	6.000 KGS.	MEN UNDER 20 YRS	FINAL
15:00	JAVELIN THROW	800G	MEN UNDER 20 YRS	DECATHLON - 9
15:00	1000M		MEN UNDER 18 YRS	HEPTATHLON - 7
15:30	TRIPLE JUMP		WOMEN UNDER 20 YRS	FINAL
15:30	110M HURDLES	0.991M	MEN UNDER 20 YRS	FINAL
15:40	110M HURDLES	0.914M	MEN UNDER 18 YRS	FINAL
16:00	4 X 100M RELAY		MEN UNDER 20 YRS	FINAL
16:15	4 X 100M RELAY		WOMEN UNDER 20 YRS	FINAL
16:30	1500M		MEN UNDER 20 YRS	DECATHLON - 10
16:40	4 X 400M MIXED RELAY		MIXED UNDER 20 YRS	FINAL



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