



35th West Zone Junior Athletics Championships 2024

04th - 06th Oct 2024

Rashtrasant Tukdoji Maharaj Nagpur University
Sports Complex Nagpur (Maharashtra)



COMPETITION SCHEDULE



HSBC



Indian Oil Corporation Limited

Athletics Federation of India

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**35th WEST ZONE JUNIOR
ATHLETICS CHAMPIONSHIPS 2024**
RSTM NAGPUR UNIVERSITY GROUND, NAGPUR
4TH, 5TH & 6TH OCTOBER 2024



ORDER OF EVENTS (Ver. 3.0, dated 29.09.2024)

DAY - 1 (4th OCTOBER 2024)

TIME	EVENT#	EVENT	SPECS.	GROUP	PARTICIPANTS	ROUND	PROGRESSION
07:30	7	5000M		MEN UNDER 20 YRS	6	FINAL	
07:45	70	LONG JUMP		WOMEN UNDER 18 YRS	8	FINAL	
08:00	50	5000M		WOMEN UNDER 20 YRS	6	FINAL	
08:00	29	HIGH JUMP		MEN UNDER 18 YRS	9	FINAL	
08:30	40	SHOT PUT (STANDING)	4.000 Kgs.	BOYS UNDER 16YRS	11	FINAL	
08:30	112	60M		BOYS UNDER 14 YRS	10	TRIATHLON A - 1	
08:40	150	60M		GIRLS UNDER 14 YRS	10	TRIATHLON B - 1	
08:50	140	60M		GIRLS UNDER 16YRS	10	PENTATHLON - 1	
09:00	113	LONG JUMP (5M APPROACH)		BOYS UNDER 14 YRS	10	TRIATHLON A - 2	
09:10	35	60M		BOYS UNDER 16YRS	11	HEATS	2 Heats, 3Q+2q for Final
09:20	77	60M		GIRLS UNDER 16YRS	10	HEATS	2 Heats, 3Q+2q for Final
09:30	30	SHOT PUT	5.000 Kgs.	MEN UNDER 18 YRS	9	FINAL	
09:30	32	JAVELIN THROW	700g	MEN UNDER 18 YRS	10	FINAL	
09:30	1	100M		MEN UNDER 20 YRS	9	HEATS	2 Heats, 3Q+2q for Final
09:45	44	100M		WOMEN UNDER 20 YRS	10	HEATS	2 Heats, 3Q+2q for Final
10:00	65	100M		WOMEN UNDER 18 YRS	11	HEATS	
10:15	151	LONG JUMP (5M APPROACH)		GIRLS UNDER 14 YRS	10	TRIATHLON B - 2	
10:30	41	JAVELIN THROW (10M RUNWAY)	600g	BOYS UNDER 16YRS	12	FINAL	
10:30	58	SHOT PUT	4.000 Kgs.	WOMEN UNDER 20 YRS	9	FINAL	
10:30	124	100M HURDLES	0.838m	WOMEN UNDER 20 YRS	2	HEPTATHLON - 1	
10:40	51	100M HURDLES	0.838m	WOMEN UNDER 20 YRS	7	FINAL	
11:00	132	100M HURDLES	0.762m	WOMEN UNDER 18 YRS	10	HEPTATHLON - 1	
11:10	69	100M HURDLES	0.762m	WOMEN UNDER 18 YRS	8	FINAL	
11:10	125	HIGH JUMP		WOMEN UNDER 20 YRS	2	HEPTATHLON - 2	
11:30	14	LONG JUMP		MEN UNDER 20 YRS	7	FINAL	
11:30	3	400M		MEN UNDER 20 YRS	9	HEATS	2 Heats, 3Q+2q for Final
11:30	73	DISCUS THROW	1.000 Kgs.	WOMEN UNDER 18 YRS	10	FINAL	
11:40	25	400M		MEN UNDER 18 YRS	10	HEATS	2 Heats, 3Q+2q for Final
11:50	67	400M		WOMEN UNDER 18 YRS	10	HEATS	2 Heats, 3Q+2q for Final
12:15	141	80M HURDLES	0.762m	GIRLS UNDER 16YRS	10	PENTATHLON - 2	
12:30	79	80M HURDLES	0.762m	GIRLS UNDER 16YRS	12	HEATS	2 Heats, 3Q+2q for Final
LUNCH BREAK							
14:00	142	LONG JUMP (5M APPROACH)		GIRLS UNDER 16YRS	10	PENTATHLON - 3	
14:00	79	80M HURDLES	0.762m	GIRLS UNDER 16YRS	12	FINAL	
14:00	126	SHOT PUT	4.000 Kgs.	WOMEN UNDER 20 YRS	2	HEPTATHLON - 3	
14:00	18	HAMMER THROW	6.000 Kgs.	MEN UNDER 20 YRS	8	FINAL	
14:00	133	HIGH JUMP		WOMEN UNDER 18 YRS	10	HEPTATHLON - 2	
14:30	152	BACK THROW	1.000 Kgs.	GIRLS UNDER 14 YRS	10	TRIATHLON B - 3	
15:00	39	LONG JUMP (5M APPROACH)		BOYS UNDER 16YRS	11	FINAL	
15:00	19	JAVELIN THROW	800g	MEN UNDER 20 YRS	9	FINAL	
15:00	1	100M		MEN UNDER 20 YRS	9	FINAL	
15:10	44	100M		WOMEN UNDER 20 YRS	10	FINAL	
15:20	23	100M		MEN UNDER 18 YRS	8	FINAL	
15:30	65	100M		WOMEN UNDER 18 YRS	11	FINAL	
15:40	35	60M		BOYS UNDER 16YRS	11	FINAL	
15:50	77	60M		GIRLS UNDER 16YRS	10	FINAL	
16:00	134	SHOT PUT	3.000 Kgs.	WOMEN UNDER 18 YRS	10	HEPTATHLON - 3	
16:00	83	JAVELIN THROW (10M RUNWAY)	500g	GIRLS UNDER 16YRS	8	FINAL	
16:00	5	1500M		MEN UNDER 20 YRS	8	FINAL	
16:10	48	1500M		WOMEN UNDER 20 YRS	10	FINAL	
16:20	3	400M		MEN UNDER 20 YRS	9	FINAL	
16:30	56	LONG JUMP		WOMEN UNDER 20 YRS	5	FINAL	
16:30	114	HIGH JUMP (SCISSOR ONLY)		BOYS UNDER 14 YRS	10	TRIATHLON A - 3	
16:30	46	400M		WOMEN UNDER 20 YRS	7	FINAL	
16:40	25	400M		MEN UNDER 18 YRS	10	FINAL	
16:50	67	400M		WOMEN UNDER 18 YRS	10	FINAL	
17:00	127	200M		WOMEN UNDER 20 YRS	2	HEPTATHLON - 4	
17:10	135	200M		WOMEN UNDER 18 YRS	10	HEPTATHLON - 4	

DAY - 2 (5th OCTOBER 2024)

TIME	EVENT#	EVENT	SPECS.	GROUP	PARTICIPANTS	ROUND	PROGRESSION
07:30	8	10000M		MEN UNDER 20 YRS	7	FINAL	
08:00	136	LONG JUMP		WOMEN UNDER 18 YRS	10	HEPTATHLON - 5	
08:00	12	HIGH JUMP		MEN UNDER 20 YRS	8	FINAL	
08:00	61	JAVELIN THROW	600g	WOMEN UNDER 20 YRS	7	FINAL	
08:30	143	SHOT PUT (STANDING)	3.000 Kgs.	GIRLS UNDER 16YRS	10	PENTATHLON - 4	
08:30	87	100M		MEN UNDER 20 YRS	7	DECATHLON - 1	
08:30	13	POLE VAULT		MEN UNDER 20 YRS	3	FINAL	
08:40	106	60M		BOYS UNDER 16YRS	10	PENTATHLON 1	
08:50	116	60M		BOYS UNDER 14 YRS	11	TRIATHLON B - 1	
09:00	146	60M		GIRLS UNDER 14 YRS	12	TRIATHLON A - 1	
09:25	98	110M HURDLES	0.914m	MEN UNDER 18 YRS	8	HEPTATHLON - 1	
09:30	137	JAVELIN THROW	500g	WOMEN UNDER 18 YRS	10	HEPTATHLON - 6	
09:30	88	LONG JUMP		MEN UNDER 20 YRS	7	DECATHLON - 2	
09:50	107	80M HURDLES	0.838m	BOYS UNDER 16YRS	10	PENTATHLON 2	
10:00	37	80M HURDLES	0.838m	BOYS UNDER 16YRS	9	HEATS	2 Heats, 3Q+2q for Final
10:10	99	HIGH JUMP		MEN UNDER 18 YRS	8	HEPTATHLON - 2	
10:20	36	600M		BOYS UNDER 16YRS	12	FINAL	
10:30	128	LONG JUMP		WOMEN UNDER 20 YRS	2	HEPTATHLON - 5	
10:30	78	600M		GIRLS UNDER 16YRS	10	FINAL	
10:30	31	DISCUS THROW	1.500 Kgs.	MEN UNDER 18 YRS	9	FINAL	
10:30	55	POLE VAULT		WOMEN UNDER 20 YRS	4	FINAL	
10:40	144	600M		GIRLS UNDER 16YRS	10	PENTATHLON - 5	
10:50	2	200M		MEN UNDER 20 YRS	10	HEATS	2 Heats, 3Q+2q for Final
11:00	89	SHOT PUT	6.000 Kgs.	MEN UNDER 20 YRS	7	DECATHLON - 3	
11:00	45	200M		WOMEN UNDER 20 YRS	9	HEATS	2 Heats, 3Q+2q for Final
11:10	24	200M		MEN UNDER 18 YRS	9	HEATS	2 Heats, 3Q+2q for Final
11:20	66	200M		WOMEN UNDER 18 YRS	12	HEATS	2 Heats, 3Q+2q for Final
11:30	26	1000M		MEN UNDER 18 YRS	9	FINAL	
11:30	117	LONG JUMP (5M APPROACH)		BOYS UNDER 14 YRS	11	TRIATHLON B - 2	
11:30	60	HAMMER THROW	4.000 Kgs.	WOMEN UNDER 20 YRS	8	FINAL	
11:40	68	1000M		WOMEN UNDER 18 YRS	10	FINAL	
11:50	138	1000M		WOMEN UNDER 18 YRS	10	HEPTATHLON - 7	

LUNCH BREAK

14:00	147	LONG JUMP (5M APPROACH)		GIRLS UNDER 14 YRS	12	TRIATHLON A - 2	
14:00	118	BACK THROW	1.000 Kg.	BOYS UNDER 14 YRS	11	TRIATHLON B - 3	
14:00	37	80M HURDLES	0.838m	BOYS UNDER 16YRS	9	FINAL	
14:00	17	DISCUS THROW	1.750 Kgs.	MEN UNDER 20 YRS	8	FINAL	
14:25	2	200M		MEN UNDER 20 YRS	10	FINAL	
14:30	90	HIGH JUMP		MEN UNDER 20 YRS	7	DECATHLON - 4	
14:35	45	200M		WOMEN UNDER 20 YRS	9	FINAL	
14:45	24	200M		MEN UNDER 18 YRS	9	FINAL	
14:55	66	200M		WOMEN UNDER 18 YRS	12	FINAL	
15:00	108	LONG JUMP (5M APPROACH)		BOYS UNDER 16YRS	10	PENTATHLON - 3	
15:00	129	JAVELIN THROW	600g	WOMEN UNDER 20 YRS	2	HEPTATHLON - 6	
15:25	11	3000M STEEPLECHASE	0.914m	MEN UNDER 20 YRS	8	FINAL	
15:30	100	SHOT PUT	5.000 Kgs.	MEN UNDER 18 YRS	8	HEPTATHLON - 3	
15:40	53	3000M STEEPLECHASE	0.762m	WOMEN UNDER 20 YRS	3	FINAL	
16:00	81	LONG JUMP (5M APPROACH)		GIRLS UNDER 16YRS	9	FINAL	
16:00	74	JAVELIN THROW	500g	WOMEN UNDER 18 YRS	7	FINAL	
16:00	4	800M		MEN UNDER 20 YRS	11	HEATS	2 Heats, 3Q+2q for Final
16:10	47	800M		WOMEN UNDER 20 YRS	9	HEATS	2 Heats, 3Q+2q for Final
16:20	130	800M		WOMEN UNDER 20 YRS	2	HEPTATHLON - 7	
16:30	148	HIGH JUMP (SCISSOR ONLY)		GIRLS UNDER 14 YRS	12	TRIATHLON A - 3	
16:30	91	400M		MEN UNDER 20 YRS	7	DECATHLON - 5	
16:40	101	200M		MEN UNDER 18 YRS	8	HEPTATHLON - 4	
16:50	20	10000M RACE WALK		MEN UNDER 20 YRS	4	FINAL	
16:50	62	10000M RACE WALK		WOMEN UNDER 20 YRS	5	FINAL	

DAY - 3 (6th OCTOBER 2024)

TIME	EVENT#	EVENT	SPECS.	GROUP	PARTICIPANTS	ROUND	PROGRESSION
07:30	33	5000M RACE WALK		MEN UNDER 18 YRS	9	FINAL	
08:00	38	HIGH JUMP (SCISSOR ONLY)		BOYS UNDER 16YRS	10	FINAL	
08:00	109	SHOT PUT (STANDING)	4.000 Kgs.	BOYS UNDER 16YRS	10	PENTATHLON - 4	
08:00	43	KIDS JAVELIN THROW (5M RUNWAY)	300g	BOYS UNDER 14 YRS	36	FINAL	
08:00	102	LONG JUMP		MEN UNDER 18 YRS	8	HEPTATHLON - 5	
08:00	75	3000M RACE WALK		WOMEN UNDER 18 YRS	8	FINAL	
08:35	6	3000M		MEN UNDER 20 YRS	6	FINAL	
08:50	49	3000M		WOMEN UNDER 20 YRS	10	FINAL	
09:15	82	SHOT PUT (STANDING)	3.000 Kgs.	GIRLS UNDER 16YRS	10	FINAL	

09:15	92	110M HURDLES	0.991m	MEN UNDER 20 YRS	7	DECATHLON - 6	
09:15	28	LONG JUMP		MEN UNDER 18 YRS	12	FINAL	
09:25	9	110M HURDLES	0.991m	MEN UNDER 20 YRS	11	HEATS	2 Heats, 3Q+2q for Final
09:30	103	JAVELIN THROW	700g	MEN UNDER 18 YRS	8	HEPTATHLON - 6	
09:50	27	110M HURDLES	0.914m	MEN UNDER 18 YRS	10	HEATS	2 Heats, 3Q+2q for Final
10:00	120	60M		BOYS UNDER 14 YRS	10	TRIATHLON C - 1	
10:00	93	DISCUS THROW	1.750 Kgs..	MEN UNDER 20 YRS	7	DECATHLON - 7	
10:10	154	60M		GIRLS UNDER 14 YRS	12	TRIATHLON C - 1	
10:20	4	800M		MEN UNDER 20 YRS	11	FINAL	
10:30	47	800M		WOMEN UNDER 20 YRS	9	FINAL	
10:30	71	HIGH JUMP		WOMEN UNDER 18 YRS	5	FINAL	
10:40	121	LONG JUMP (5M APPROACH)		BOYS UNDER 14 YRS	10	TRIATHLON C - 2	
10:45	42	MEDLEY RELAY		GIRLS UNDER 16YRS	2	FINAL	
11:00	85	KIDS JAVELIN THROW (5M RUNWAY)	300g	GIRLS UNDER 14 YRS	41	FINAL	
11:00	80	HIGH JUMP (SCISSOR ONLY)		GIRLS UNDER 16YRS	11	FINAL	
11:00	72	SHOT PUT	3.000 Kgs.	WOMEN UNDER 18 YRS	9	FINAL	
11:15	52	400M HURDLES	0.762m	WOMEN UNDER 20 YRS	7	FINAL	
11:30	94	POLE VAULT		MEN UNDER 20 YRS	7	DECATHLON - 8	
11:30	59	DISCUS THROW	1.000 Kg.	WOMEN UNDER 20 YRS	8	FINAL	
11:30	10	400M HURDLES	0.914m	MEN UNDER 20 YRS	10	HEATS	2 Heats, 3Q+2q for Final
11:40	155	LONG JUMP (5M APPROACH)		GIRLS UNDER 14 YRS	12	TRIATHLON C - 2	
LUNCH BREAK							
14:00	54	HIGH JUMP		WOMEN UNDER 20 YRS	4	FINAL	
14:00	15	TRIPLE JUMP		MEN UNDER 20 YRS	6	FINAL	
14:00	10	400M HURDLES	0.914m	MEN UNDER 20 YRS	10	FINAL	
14:30	110	600M		BOYS UNDER 16YRS	10	PENTATHLON - 5	
14:40	122	600M		BOYS UNDER 14 YRS	10	TRIATHLON C - 3	
14:50	156	600M		GIRLS UNDER 14 YRS	12	TRIATHLON C - 3	
15:00	16	SHOT PUT	6.000 Kgs.	MEN UNDER 20 YRS	10	FINAL	
15:00	95	JAVELIN THROW	800g	MEN UNDER 20 YRS	7	DECATHLON - 9	
15:00	104	1000M		MEN UNDER 18 YRS	8	HEPTATHLON - 7	
15:30	57	TRIPLE JUMP		WOMEN UNDER 20 YRS	4	FINAL	
15:30	9	110M HURDLES	0.991m	MEN UNDER 20 YRS	11	FINAL	
15:40	27	110M HURDLES	0.914m	MEN UNDER 18 YRS	10	FINAL	
16:00	96	1500M		MEN UNDER 20 YRS	7	DECATHLON - 10	



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