

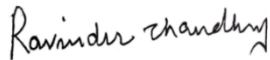
14 December, 2024

**All Affiliated Units-AFI  
Athletes Meeting the Selection Criteria****Subject : SELECTION CRITERIA FOR PARTICIPATION OF ATHLETES IN THE  
3<sup>RD</sup> WORLD MOUNTAIN & TRAIL RUNNING CHAMPIONSHIPS 25<sup>TH</sup> TO 28<sup>TH</sup>  
SEPTEMBER 2025, CANFRANC-PIRINEOS, SPAIN**

Dear Sir/Madam,

The Athletics Federation of India proposes to send a team of men and women meeting the Athletics Federation of India qualification standards for the 3<sup>rd</sup> World Mountain & Trail Running Championships to be held from 25<sup>th</sup> to 28<sup>th</sup> September 2025 at Canfranc-Pirineos, Spain. The detailed guidelines/ instructions/ eligibility criteria for selection and participation of runners are placed as Annexure 'A' to this letter. Interested athletes, meeting selection criteria, **may apply online through the link which will be available on the Athletics Federation of India's website from 25 April 2025 to 25 May 2025. (1700 h IST)**. The details required to be filled in the **online** form is placed as Annexure 'B' of this letter.

**Athletics Federation of India is only facilitating the participation** of Indian athletes who meet qualifying standards. The participation is **Athlete Funded** and **selected athletes will have to bear all expenses** of training, travel, boarding and lodging and any other related expenses.

Thanking You,  
Yours SincerelyRavinder Chaudhry  
Secretary, AFI

**3<sup>rd</sup> WORLD MOUNTAIN & TRAIL RUNNING CHAMPIONSHIPS**
**25th to 28th September 2025, Canfranc - Pirineos, Spain**

1. World Mountain & Trail Running Championships is to be held from 25th to 28th September 2025 at Canfranc-Pirineos, Spain.
2. Online applications will open on by **25 April 2025 to 25 May 2025**.
3. **Events** The events include : -

EVENT	LENGTH##	Elevation Gain (m)##
Long Trail - Men and Women	82 Km	± 5700 m
Short Trail – Men and Women	44.5 Km	± 3700 m
Mountain Classic (Up & Down) - Men and Women	15 Km	± 820 m
Vertical Uphill - Men and Women	6.5 Km	+ 986 m

## exact distance and elevation gain / loss will be informed later.

**4. Team composition:**

- (a) **Mountain Races:** Upto 04 Men and 04 Women for each event.
- (b) **Trail races:** Upto 06 Men and 06 Women for each event.

5. **Qualifying Period.** The qualifying period is from **01 May 2024 to 25 May 2025.**

6. **Qualifying Race.** ITRA race scores obtained in races of a similar distance category and elevation, as mentioned in para 7 below and run during the qualifying period between 01 May 2024 to 25 May 2025 will be considered.

**Race Specific Benchmark for selection consideration.**

7. Athletes should have achieved the following standards within the qualifying period.

EVENT	DESCRIPTION (Dist / Elev Gain/Loss)	GENDER	RACE SPECIFIC BENCHMARK
Short trail race – Men and Women	44.5 Km ± 3700 m	MEN	DISTANCE CATEGORY: Marathon or 50 Km Trail with similar elevation gain or loss in qualifying race with minimum ITRA RACE SCORE of 700
		WOMEN	DISTANCE CATEGORY: Marathon or 50 Km Trail with similar elevation gain or loss in qualifying race with minimum ITRA RACE SCORE of 550
Long trail race - Men and Women	82 Km ± 5700	MEN	DISTANCE CATEGORY: 50 mile or 100 Km Trail with similar elevation gain or loss in qualifying race with minimum ITRA RACE SCORE of 700
		WOMEN	DISTANCE CATEGORY: 50 mile or 100 Km Trail with similar elevation gain or loss in qualifying race with minimum ITRA RACE SCORE of 550
Please refer to <a href="https://itra.run/find-a-runner">https://itra.run/find-a-runner</a> for the ITRA Race Score			

EVENT	DESCRIPTION (Dist / Elev Gain/Loss)	GENDER	RACE SPECIFIC BENCHMARK
<b>Vertical Uphill - Men and Women</b>	6.5 km ± 986 m	MEN	Distance Category: 5.5 Km ± 1000 m in minimum time 55 minutes OR 10 K race category with minimum ± 800 m elevation gain or loss with minimum ITRA RACE SCORE of 700
		WOMEN	Distance Category: 5.5 Km ± 1000 m in minimum time 1 hour 10 minutes OR 10 K race category with minimum ± 800 m elevation gain or loss with minimum ITRA RACE score of 550
<b>Mountain Classic (Up and Down) - Men and Women</b>	15 Km ± 820	MEN	DISTANCE CATEGORY: Half marathon with minimum <u>similar</u> elevation gain or loss with minimum ITRA RACE SCORE of 700
		WOMEN	DISTANCE CATEGORY: Half marathon with minimum <u>similar</u> elevation gain or loss with minimum ITRA RACE SCORE of 550
Please refer to <a href="https://itra.run/find-a-runner">https://itra.run/find-a-runner</a> for the ITRA Race Score and Timing			

## 8. Selection Process

- (a) Only Indian Citizens will be considered, and the athlete must be holding a valid Indian passport.
- (b) Race Results. The results of the races run by the athlete must be available on the ITRA website, as on the date of submission of the application. Results, which are made available after the last date for submission of the application, may not be considered.

(c) **Selection Trails.** No selection trials are envisaged for the Championships. ITRA race scores and performance at above mentioned category races during the qualifying period and listed on ITRA site will be considered.

9. **Participation in races after selection.** Once selected the athletes will not take part in any race, till the championships unless permitted by the selection committee.

10. **Expenditure for participation.** The Championships is an athlete funded events. All expenditure towards the participation is to be borne by individual athletes. However, if the Championship attracts a sponsor, in which the travel and accommodation is either fully or largely paid by the sponsor, then the athlete would be required to abide by certain conditions laid down by Athletics Federation of India to meet the requirements of the sponsor. Details would be intimated at the appropriate stage.

11. **Announcement of Results.** Selected athletes will be intimated by e-mail and result of selection will be posted on the official website of AFI- [www.indianathletics.in](http://www.indianathletics.in) by **31 May 2025**

12. **Additional Information.**

(a) The AFI Ultra Running Committee may be contacted at [afi@indianathletics.in](mailto:afi@indianathletics.in)

(b) **Training.** Athletes selected will be responsible for their own training in consultation with the Ultra-Running Committee of the Athletics Federation of India .

(c) **Injuries sustained prior to the Championships.** If a selected athlete gets injured during the preparation before the event, and his participation in the event is at risk, he / she must inform the Ultra-Running Committee of the AFI at the earliest.

### IMPORTANT DATES

S No.	ACTIVITY	DATE and TIME
1.	Online Application on Athletics Federation of India Website	25 April 2025
2.	Cut-off date and time to receive completed online Application Forms	25 May 2025 (1700 h)
3	Announcement of Selection Results	31 May 2025
4.	Payment for Accommodation and miscellaneous expenditure.	Will be intimated later
5.	Arrival in Spain	Will be intimated later
6.	WORLD MOUNTAIN & TRAIL RUNNING CHAMPIONSHIPS	25 <sup>th</sup> to 28 <sup>th</sup> September 2025

**DETAILS REQUIRED FOR THE ONLINE FORM**

1.	Name as per passport		
2.	Date of Birth (DD/MM/YYYY)		
3.	Gender		
4.	Nationality		
5.	Do you hold an Indian Passport (Please upload the first and last page of the passport scanned / jpeg file)	Link for uploading passport details will be given here	
6.	Passport Number		
7.	Date of Expiry		
8.	Current Address		
9.	Cell Phone Number		
10.	E – Mail Id		
11.	Qualifying Mountain / Trail race done between 01 May 2024 to 25 May 2025	Please mention ITRA Race score in Qualifying Race	Link for athlete profile on ITRA website to be given.
	<b>Vertical Uphill - Men and Women</b>	ITRA Race Score	Please give the link for athlete profile on ITRA website.
	<b>Mountain Classic (Up and Down) - Men and Women</b>	ITRA Race Score	Please give the link for athlete profile on ITRA website.
	<b>Short trail race – Men and Women</b>	ITRA Race Score	Please give the link for athlete profile on ITRA website.
	<b>Long trail race - Men and Women</b>	ITRA Race Score	Please give the link for athlete profile on ITRA website.

12.	<b>UNDERTAKING BY ATHLETE</b>	1. If selected, I understand I may be required to bear all expenses towards my participation in the event.
		2. If I am unable to bear my expenses, I will not claim as my right nor will I insist that Athletics Federation of India should bear my expenses.
		3. I undertake to make necessary arrangements for my travel for the event.
		4. If I am injured prior to the event, I shall inform the Ultra and Trail Running Committee immediately.
		5. Once selected, I undertake that will not participate in any race, till the championships unless permitted by the selection committee. I also understand by doing so, I could dropped from the team.
		6. I will abide with the directions of the AFI Ultra Running Committee with regards to all activities involving my participation in the event.
		<b>7. If the Championship attracts a sponsor, in which the travel and accommodation is either fully or largely paid by the sponsor, then I agree to abide by certain conditions laid down by the AFI to meet the requirements of the sponsor.</b>
	Please select the Agree or Disagree button.	