

12 July 2025

**All Affiliated Units-AFI & Individual Athletes meeting criteria for selection**

**Subject:- Participation of Ultra Runners in the 2025 IAU 100 Km ASIA AND OCEANIA CHAMPIONSHIP 23rd November 2025, Bangkok, Thailand**

The AFI proposes to send a team comprising upto 6 men and 6 women meeting the AFI set qualification standards for the 2025 IAU 100 KM Asia and Oceania Championships to be held on 23rd November 2025 at Bangkok, Thailand. The detailed guidelines/ instructions/ eligibility criteria for selection and participation of ultra runners is placed as Annexure 'A' to this letter. Interested ultra runners, meeting selection criteria, **may apply online through the link which will be available on the AFI website from 21 July 2025 to 15 August 2025 (1700 h IST)**. Requests to accept applications beyond the stipulated date and time will not be entertained. The details required to be filled in the online form is placed as Annexure 'B' of this letter.

**AFI is only facilitating the participation** of Indian Ultra Runners who meet qualification levels. The participation is **Athlete Funded** and **selected athletes will have to bear all expenses** of training, travel, boarding and lodging and any other related expenses.

**2025 IAU 100 Km ASIA AND OCEANIA CHAMPIONSHIP**  
**23rd November 2025, Bangkok, Thailand**

**INVITATION OF APPLICATIONS**

**Introduction**

1. The 2025 IAU 100 Km ASIA AND OCEANIA CHAMPIONSHIPS is to be held on 23rd November 2025 at Bangkok, Thailand. This is an International Association of Ultrarunners (IAU) Competition.

**The Course**

2. Road Race

**Selection Criteria**

3. **Race Specific Benchmark.** The race specific benchmark and qualifying period mentioned therein is as given in the table below:-

	<b>Race</b>	<b>Gender</b>	<b>Specific Benchmark</b>	<b>Qualifying Period</b>
(a)	100 Km Race	M	8 hours	1 <sup>st</sup> July 2024 to 15 August 2025
(b)	100 Km Race	F	9h 30min	1 <sup>st</sup> July 2024 to 15 August 2025

4. **Selection Process**

(a) Only Indian Citizens will be considered and the athlete must be holding a valid Indian passport.

(b) Qualifying period. As specified in the table above at para 3.

(c) Race Results. The results of the races run by the athlete must be available on the website of the organizer as on the date of submission of the

application. Results, which are made available after the last date for submission of the application, may not be considered.

(d) Proof of Fitness. If the Race Specific Benchmark has been achieved more than four months before the last date of submission of application i.e. 15 August 2025, the athletes will be required to provide a proof of fitness. If not available, the athlete may not be considered for the selection process solely on the basis of having met the Race Specific Benchmarks and Qualifying Period. Races and timings from 31 May 2025 which will be considered as proof of fitness are as given next:

(i) Marathon (42 K): Men 3:05 h; Women 3:45 h

(e) Team Composition. Up to 06 Men and 06 Women, meeting the standards set by AFI could be selected to represent India.

(f) Selection Trials. No selection trials are envisaged for the Championships. However, if there is a tie between athletes meeting the criteria, the selection of the athlete would be solely at the discretion of the selection committee.

**5. Participation in races after selection.** Once selected for the races mentioned in this document, the restrictions given below will be applicable. Athletes are not permitted to participate in races/ sporting tournaments without explicit permission of the selection committee.

(a) less than 02 months from the date of Championships races longer than 12 hours /100 km are not permitted.

(b) less than 01 month from date of Championships, races longer than 21 k are not permitted.

(c) less than 15 days from date of Championships, racing / participation in any sporting event is not permitted.

**6. Expenditure for participation.** The Championships is an athlete funded events. All expenditure towards the participation is to be borne by individual athletes.

If the Championship attracts a sponsor, in which the travel and accommodation is either fully or largely paid by the sponsor, then the athlete would be required to abide by certain conditions laid down by the AFI to meet the requirements of the sponsor. Details would be intimated at the appropriate stage.

7. Announcement of Results. Selected athletes will be intimated by e-mail and result of the selection will be posted on the official website of AFI- [www.indianathletics.in](http://www.indianathletics.in) by 20th August 2025.

8. **Additional Information.**

(a) The AFI Ultra Running Committee may be contacted at [ultramarathon@indianathletics.in](mailto:ultramarathon@indianathletics.in)

(b) Training. Athletes selected will be responsible for their training in consultation and as stipulated by the Ultra-Running Committee of the AFI.

(c) **Injuries sustained prior to the Championships.** If a selected athlete gets injured during the preparation before the event, and his participation in the event is at risk, he/she must inform the Ultra-Running Committee of the AFI at the earliest.

**IMPORTANT DATES**

<b>S No.</b>	<b>ACTIVITY</b>	<b>DATE and TIME</b>
1	Online Application on AFI Website	21 July 2025
2.	Cut off date and time to receive completed online Application Forms	15 August 2025 (1700 h)
3	Announcement of Selection Results	20th August 2025
4.	Payment for Accommodation and miscellaneous expenditure.	Athlete sponsored
5.	Arrival at Bangkok	Will be intimated later
6.	2025 IAU 100 Km ASIA AND OCEANIA CHAMPIONSHIPS	23 November 2025

**ANNEXURE-B**

**DETAILS REQUIRED FOR THE ONLINE FORM**

1.	Full Name of the Applicant (as per passport)	
2.	Date of Birth (DD/MM/YYYY)	
3.	Gender	
4.	Nationality	
5.	Do you hold an Indian Passport (Please upload the first and last page of the passport scanned / jpeg file)	Link for uploading passport details will be given here
6.	Passport Number	
7.	Date of Expiry	
8.	Address (As per Passport)	
9.	Current Address	
10.	Cell Phone Number	
11.	E – Mail Id	

12	Qualifying race done between 31 July 2022 to 15 June 2025	100 Km	Please mention timing achieved	Link for uploading passport details will be given here
13	Proof of Fitness. Detail of Ultra Races Run during the Period from 31 Jan 2025 to 15 June 2025	Marathon	Please mention timing achieved	Link for uploading passport details will be given here

14	<b>UNDERTAKING BY ATHLETE</b>	1. If selected, I understand I may be required to bear all expenses towards my participation in the event.
		2. If I am unable to bear my expenses, I will not claim as my right nor will I insist that AFI should bear my expenses.
		3. I undertake to make necessary arrangements for my travel for the event.
		4. If I am injured prior to the event I shall inform the AFI Ultra Running Committee immediately.
		5. Once selected, I undertake not to participate in a race / event without the permission of the Selection Committee, whose decision will be final. I also understand by doing so, I could be dropped from the team.

		<p>6. I will abide with the directions of the AFI Ultra Running Committee with regards to all activities involving my participation in the event.</p>	
		<p><b>7. If the Championship attracts a sponsor, in which the travel and accommodation is either fully or largely paid by the sponsor, then I agree to abide by certain conditions laid down by the AFI to meet the requirements of the sponsor.</b></p>	
	<p>Please select the Agree or Disagree button.</p>		