

To,  
All Affiliated Units  
Athletics Federation of India

**Subject: Guidelines for Marathon Runners to Achieve Qualification Standard  
for Asian Games 2026**

Dear Sir / Ma'am,

Kindly consider the following guidelines for Marathon Runners who want to make an attempt to qualify for the Asian Games 2026:

1. Athletes must **declare in advance** the marathon event in which they intend to achieve the qualification standard. The qualification must be achieved **only in the declared marathon**.
2. Participation in the declared marathon must be taken **with prior permission** from AFI.
  - For domestic events: Performance of the National marathon held in New Delhi will be considered.
  - For international events: Only marathons **approved by World Athletics (WA)** will be considered.
3. Selection will be based **solely on the performance** achieved in the declared marathon.
4. Athletes must participate in the declared marathon and **achieve the qualification standard on or before 30th April 2026**.
5. **No performances achieved after the above-mentioned date will be considered** for selection.

Regards,

*S. Srinibas Patnaik*

G. Srinibas Patnaik  
Officiating Secretary  
Athletics Federation of India