

Circular No. 31/03-2026  
March 14, 2026

To,  
All Affiliated Units  
Athletics Federation of India

**Subject: Indian Athletics Series – 3**

Dear Sir / Ma'am,

I am pleased to inform you that the Indian Athletics Series – 3 is scheduled to be held at Jawaharlal Nehru Stadium, New Delhi on 11<sup>th</sup> April 2026.

The above meet, being an inaugural event, will provide an opportunity for athletes from the underrepresented areas of Delhi to participate and help promote athletics in the region.

The Competition will be organized under the aegis of Athletics Federation of India in association with Delhi Athletics as per following details:

Venue of Competition : Jawaharlal Nehru Stadium, New Delhi  
Date of Competition : 11<sup>th</sup> April 2026  
Organizer Details : Mrs. Sunita Rai  
Email id: [sunitaraicoach@gmail.com](mailto:sunitaraicoach@gmail.com)  
Mobile No. +91 9891438386

The Competition and events will be organized in accordance with the rules of **World Athletics Competition & Technical Rules 2026 Edition & Indian Athletics Manual** (updated as on 01.10.2020).

The SOP (Standard Operating Procedure) issued by Athletics Federation of India, Government of Delhi and Government of India will be followed for hosting this Indian Athletics Series-3.

**Competition Details:**

1. The Competition will be organized in into the following sections:
  - Men & Women
  - Men U20 & Women U20
2. Any athlete who has valid AFI UID can participate in the competition by achieving the qualification standard fixed by AFI and can represent his/her Institution/State provided their entries are sent by them. The various institutions like Army, Navy, Air Force, Services, ONGC, Reliance, JSW, Railways and Police etc., can also send their entries.



### **Events & Entry Standard:**

The details of events to be conducted and the Entry Standards for participation in these competitions are enclosed.

### **Eligibility:**

Athletes who meet the enclosed Entry Standards of AFI are eligible to participate in these competitions. Their performance must have been achieved either in the National or the State Championships or the AFI recognised Championships, where the electronic system had been used for the last 1 year.

**For Junior Athletes** - Age to participate in this competition is between 16 – 20 years. In other words, Athletes who are born between 12.04.2006 to 11.04.2010 are eligible to participate.

Athletes born after 2007 will only be considered for the selection of Indian Team for Asian Junior Championships and World Junior Championships as per the guidelines issued by Asian Athletics Associations and World Athletics.

### **Procedure for Sending Entries:**

The entries should be submitted “ONLINE” on AFI Website by the individual Athlete who meet the Entry Standards with a copy of proof achieving the Qualifying Standard. The athletes may visit AFI Website from **15<sup>th</sup> March 2026** onwards.

The last date of entries for **Indian Athletics Series – 3 is 31<sup>st</sup> March 2026.**

### **Entry Fee & Bib Number:**

Entry fee of INR 1200/- (non-refundable) per event will have to be deposited ONLINE only. Bib Numbers will be issued 2 hours prior to the start of event at the venue on the day of the competition. Athletes are once again advised to submit the Online Entry if they have achieved the qualification mark set by AFI, otherwise their entry will be rejected.

### **UID Card:**

It is mandatory to produce UID Card issued by AFI in the Call Room whenever it is demanded by AFI/NADA Officials. However, those athletes who are not in possession of AFI UID Card will be issued the same during the meet at the competition venue.

### **Accommodation & Transport:**

Athletes have to make their own arrangements of Boarding, Lodging & Local transport for their participation in Indian Athletics Series - 3 at Jawaharlal Nehru Stadium, New Delhi.

**ATHLETICS FEDERATION OF INDIA** G-3 , Community Center, C-Block, Naraina Vihar, New Delhi-110028  
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It may please be noted that the Federation has the right to reject any entry without assigning any reason.

You are requested to give this circular wide publicity.

The details of the event to be conducted during the athletics meet along with the qualification standard are enclosed.

Regards

*S. S. Patnaik*

G. Srinibas Patnaik  
Officiating Secretary  
Athletics Federation of India

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**ENCLOSURE**

<b>INDIAN ATHLETICS SERIES - 3</b>		
<b>New Delhi on 11<sup>th</sup> April 2026</b>		
<b>Qualification Standards</b>		
<b>Men's (Senior)</b>	<b>Events</b>	<b>Women's (Senior)</b>
11.00s	<b>100M</b>	12.70s
22.50s	<b>200M</b>	26.00s
49.50s	<b>400M</b>	58.50s
1:55.00s	<b>800M</b>	2:20.00s
4:00.00s	<b>1500M</b>	4:50.00s
31:50.00s	<b>10000M</b>	37:50.00s
15.50s	<b>110MH/100MH</b>	15.00s
55.00s	<b>400MH</b>	1:05.00s
7.00m	<b>Long Jump</b>	5.30m
14.70m	<b>Triple Jump</b>	11.20m
1.95m	<b>High Jump</b>	1.40m
15.20m	<b>Shot Put</b>	11.00m
45.50m	<b>Discus Throw</b>	40.00m
65.00m	<b>Javelin Throw</b>	38.00m
50.00m	<b>Hammer Throw</b>	40.00m

<b>INDIAN ATHLETICS SERIES - 3</b>		
<b>New Delhi on 11<sup>th</sup> April 2026</b>		
<b>Qualification Standards</b>		
<b>Men's (Junior)</b>	<b>Events</b>	<b>Women's (Junior)</b>
23.10s	<b>200M</b>	26.50s
50.20s	<b>400M</b>	59.00s
4:20.00s	<b>1500M</b>	4:58.00s
16.00s	<b>110MH/100MH</b>	16.10s
14.00m	<b>Triple Jump</b>	11.00m
58.00m	<b>Javelin Throw</b>	35.00m
	<b>Discus Throw</b>	35.00m