

To,  
All Affiliated Units  
Athletics Federation of India

**Subject: 24th National Junior (U20) Athletics Federation Competition 2026**

Dear Sir/Ma'am

This is to inform you that the 24th National Junior (U20) Athletics Federation Competition 2026 will be conducted at Mahatma Gandhi Stadium, Tumkur (Karnataka) from 24-26 April 2026.

The Competition will be organized under the aegis of the Athletics Federation of India in association with the Karnataka Athletics Association as per the following details:

Venue of competition : Mahatma Gandhi Stadium, Tumkur (Karnataka)  
Date of competition : 24-26 April 2026  
Organising Secretary : Mr. A. Raja Velu  
Email: [karathletic@gmail.com](mailto:karathletic@gmail.com)  
Mobile No.: +91 9448438276

The Championships and events shall be organized in accordance with the Rules of World Athletics Competition & Technical Rules 2026 Edition & Indian Athletics Manual (updated as on 01.10.2020).

The SOP (Standard Operating Procedure) issued by the Government of India/MYAS/SAI/AFI & the Government of Karnataka shall be followed for hosting this National Athletics Competition.

**Competition & Eligibility Details:**

1. Any athlete having a valid AFI UID can participate in the competition by achieving the qualification standard fixed by AFI and can represent his/her Institution/State, provided their entries are sent by them. The various institutions like the Army, Navy, Air Force, Services, ONGC, Reliance, JSW, Railways and Police, etc., can also send their entries. An Athlete can enter TWO individual events.
2. Boys & Girls (Under 20): Born after 26-04-2006 and born before 27-04-2010 are eligible to participate. An U18 Athlete will only be allowed to compete in a maximum of 2 track events, of which only 1 can be over 200m. No Athlete younger than 16 years of age as of 26 April 2010 may be entered or permitted to compete.
3. Athletes born in 2007, 2008, 2009 & 2010 will only be considered for the selection of the Indian Team for Asian Junior Championships and World Junior Championships as per the guidelines

issued by the Asian Athletics Associations and World Athletics.

4. The entries should be submitted “ONLINE” on the AFI Website directly by the individual Athletes from 26 March 2026 to 13 April 2026 with the proof of achieving the Entry Standard. Entries sent by a mode other than “ONLINE” will not be accepted. In other words, no manual entry will be accepted.
5. An entry fee of INR 500/- per event to be submitted online directly by athletes. The entry fee paid is non-refundable, hence athletes are advised to submit the entries only if they achieve the Entry Standard in National/State/UT Meets or AFI-recognised meets in the last one year.

6. **Events to be conducted:**

The list of events to be conducted with the specifications is attached herewith.

7. **Entry Standards:**

Entry Standards are attached to this circular. It is once again advised to enter your name for the competition only if you have achieved the prescribed entry standards fixed by AFI either in National/State/UT Meets or AFI-recognised meets where an electronic system has been used, and the proof must be attached in online portal.

8. **Age Verification:**

The AFI Age Verification Committee and a team of doctors will be present to verify the age of athletes. The decisions taken by the Committee about the age of an athlete will be final. The Age Verification Committee will check all athletes at the competition venue. No athlete can participate without an age verification check. It is mandatory to produce original proof of date of birth before the Age Verification Committee/Team of Doctors, without which athletes may not be allowed to participate. All athletes should, therefore, be advised to bring with them their original certificate as proof of age. Date of birth certificates in vernacular must be accompanied by an attested English/Hindi translation duly attested by a Gazetted Officer.

9. **UID Card:**

Kindly note that it is mandatory to produce the UID Card issued by AFI in the Call Room whenever it is demanded by AFI/NADA Officials. However, those athletes who are not in possession of an AFI UID Card will be issued the same during the meet at the competition venue.

10. **BIB Numbers:**

Bib nos. will be issued to concerned Athlete(s) as per day-wise Start list and two hours before their event at the Entry Gate of the Championships Venue after showing their valid Photo-ID card.

11. **Medals & Certificates:**

Medals will be given during the medal ceremony. Merit Certificates will also be issued online after

receiving the Dope Test results from NADA, which may take some time.

**12. Dope Samples:**

Dope Samples will be collected by the officials of the National Anti-Doping Agency (NADA).

**13. Boarding & Lodging:**

Be informed that the Boarding, Lodging & Local Transport facilities to participating Athletes will not be provided by the Athletics Federation of India. Athletes will therefore have to make their own arrangements in this regard.

**Disclaimer:**

AFI will not be held responsible directly or indirectly for any loss of life/damage/illness/injury in connection with participation in the 24th National Junior (U20) Athletics Federation Competition 2026. All Athletes/, officials/vendors have to participate at their own risk.

You are requested to bring this circular to the notice of your athletes. Your cooperation in this regard is solicited.

Regards,



G. Srinibas Patnaik  
Officiating Secretary  
Athletics Federation of India

**24th National Junior (U20) Athletics Federation Competition**

**List of Events & Entry Standards**

S.No.	Junior Men (Under-20 Boys)	Entry Standard	Junior Women (Under-20 Girls)	Entry Standard
1	100m	10.90s	100m	12.75s
2	200m	22.79s	200m	26.50s
3	400m	50.00s	400m	59.00s
4	800m	1:55.00s	800m	2:18.00s
5	1500m	4:10.00s	1500m	4:50.00s
6	3000m	9:14.00s	3000m	11:30.00s
7	5000m	15:40.00s	5000m	18:50.00s
8	3000m SC	10:25.00s	3000m SC	13:30.00s
9	110m Hurdles (0.991m)	15.00s	100m Hurdles (0.838m)	16.00s
10	400m Hurdles (0.914m)	55.00s	400m Hurdles (0.762m)	1:05.00s
11	5000m Race Walking	24:30.00s	5000m Race Walking	28:00.00s
12	High Jump	1.85m	High Jump	1.50m
13	Pole Vault	3.80m	Pole Vault	2.70m
14	Long Jump	6.70m	Long Jump	5.30m
15	Triple Jump	14.00m	Triple Jump	11.20m
16	Shot Put (6.0 kg)	15.00m	Shot Put (4.0 kg)	11.00m
17	Discus Throw (1.75 kg)	45.00m	Discus Throw (1.0 kg)	35.00m
18	Hammer Throw (6.0 kg)	55.00m	Hammer Throw (4.0 kg)	39.00m
19	Javelin Throw (800g)	58.00m	Javelin Throw (600g)	35.00m
20	Decathlon	5000pts	Heptathlon	3250pts