

To,
All Affiliated Units
Athletics Federation of India

Subject: 29th National Senior Athletics Federation Competition 2026

Dear Sir / Ma'am,

I am pleased to inform you that the **29th edition of National Senior Athletics Federation Competition** will be held at **Birsa Munda Stadium, Morabadi, Ranchi (Jharkhand)** from **22-25 May 2026**.

The Competition shall be organized in accordance with the Rules of World Athletics – Competition & Technical Rules 2026 Edition & Indian Athletics Manual (updated as on 01.10.2020).

The SOP (Standard Operating Procedure) issued by Athletics Federation of India, Government of Jharkhand & Government of India shall be followed for hosting this National Athletics Competition.

Competition Details:

1. The Competition will be organized in MEN & WOMEN section.
2. Any athlete having valid AFI UID can participate in the competition by achieving the qualification Standard fixed by AFI and represent his/her Institution (Army, Navy, Air Force, Services, ONGC, Reliance, JSW, Railways and Police etc.)/State provided their entries are sent by them.
3. The athletes who meet the Entry Standards fixed by AFI will be allowed to enter the Competition.

Procedure for Sending Entries:

1. The entries should be submitted "ONLINE" on AFI Website by the concerned between 24th April 2026 to 11th May 2026.

2. An Athlete can enter TWO individual events.

Entry Fees:

An entry fee of INR 1500/- per event to be paid ONLINE. Bib nos. will be issued every day 2-hour prior to the start of event at the venue. The entry fee paid is non-refundable, hence athletes are advised to submit the entries only if they achieve the Entry Standard.

Failure to Participate:

If any athlete fails to participate after sending the entry without any valid reason, he/she may not be allowed to take part in any subsequent event. The Federation has the right to reject any entry without assigning any reason.

Events to be conducted:

Event List with Entry Standard is enclosed.

Eligibility:

1. The Athlete should have attained the age of 18 years as on 22 May 2026 (he/she should have borne on 22 May 2008 or before).
2. Athletes who meet the entry standard fixed by AFI (copy enclosed) are eligible to participate.
3. In order for the athlete to take part in the 29th National Senior Athletics Federation Competition, it is mandatory to take part in at least 2 competitions during the year 2026 organized directly by Athletics Federation of India.

UID Card:

Kindly note that it is mandatory to produce UID Card issued by AFI in the Call Room whenever it is demanded by AFI/NADA Officials. However, those athletes who are not in possession of AFI UID Card will be issued the same during the meet at the competition venue

Anti-Doping:

Dope Samples will be collected by the officials of National Anti-Doping Agency (NADA).



Medals & Certificates:

Medals will be given during the medal ceremony. The Digital Merit Certificates will be issued to the athlete only after receiving the “Dope Test “report from NADA. No participation certificates will be issued.

Boarding & Lodging:

No Boarding, Lodging & Local Transport facilities to participating Athletes will be provided by the Athletics Federation of India. Athletes will, therefore, have to make their own arrangements in this regard.

Disclaimer:

AFI will not be held responsible directly or indirectly for any loss of life/damage/illness/injury in connection to participation in 29th National Senior Athletics Federation Competition 2026. All Athletes/officials/vendors have to participate on their own risk.

Your cooperation in this regard is solicited.

Regards

S. S. Patnaik

G. Srinibas Patnaik
Officiating Secretary
Athletics Federation of India

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**Qualification Entry Standards for the
29th Federation Senior Athletics Competition 2026**

MEN		WOMEN	
EVENT	ENTRY STANDARD	EVENT	ENTRY STANDARD
100m	10.75 s	100m	12.14 s
200m	21.80 s	200m	25.00 s
400m	48.00 s	400m	56.06 s
800m	1:50.73 s	800m	2:12.06 s
1500m	3:50.00 s	1500m	4:30.00 s
5000m	14:10.00 s	5000m	17:10.00 s
10000m	30:10.00 s	10000m	37:00.00 s
110m Hurdles	14.81 s	100m Hurdles	15.00 s
400m Hurdles	52.50 s	400m Hurdles	1:03.50 s
3000m SC	8:57.00 s	3000m SC	11:00.00 s
High Jump	2.08 m	High Jump	1.65 m
Pole Vault	4.70 m	Pole Vault	3.50 m
Long Jump	7.58 m	Long Jump	5.85 m
Triple Jump	15.50 m	Triple Jump	12.35 m
Shot Put	16.50 m	Shot Put	13.05 m
Discus Throw	49.89 m	Discus Throw	44.00 m
Hammer Throw	60.00 m	Hammer Throw	47.00 m
Javelin Throw	74.00 m	Javelin Throw	43.00 m
10 Km Racewalk	45:00.00s	10 Km Racewalk	52:00.00s
Decathlon	5680 Pts	Heptathlon	4000pts.

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